



# STUDENT HANDBOOK

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**2025 – 2026**

**MESABI EAST SCHOOL**  
District #2711  
601 N 1<sup>st</sup> W  
Aurora, MN 55705

*It's a great day to be a Giant!*





The contents of this handbook are intended to provide students, parents, and guardians with important information regarding Mesabi East policies, procedures, and expectations. Please be aware that all information contained in this handbook is subject to change or modification at the discretion of the Administration. Any updates or changes will be communicated as promptly as possible.

If you have any questions or concerns about the content of this handbook, please contact the Administration for clarification.

By attending Mesabi East, students agree to make their best effort to uphold the standards, policies, and rules outlined in this handbook, demonstrating respect, responsibility, and commitment to academic success and personal growth. We appreciate your cooperation and dedication to maintaining a positive and productive learning environment at Mesabi East.

All the links included in this handbook are available at [www.isd2711.org/handbook](http://www.isd2711.org/handbook). Links are indicated by: 

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**PHOTO CREDITS:** Jeannie Little, Frank Zobitz, stock images

**BOARD APPROVED:** 08-04-2025

**LAST UPDATED:** 08-18-2025: Revised bell schedule  
08-25-2025: Revised bell schedule; EC Advisors



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# WELCOME



- 1.1 Welcome Giants!
- 1.2 Vision / Mission Statement
- 1.3 Discrimination Statement
- 1.4 School Song



# MESABI EAST STUDENT HANDBOOK

## WELCOME

### ● 1.1 WELCOME GIANTS!

Hello and welcome to the 2025-2026 school year at Mesabi East! We are thrilled to have you with us and are excited about the year ahead. Together - with the support of engaged parents and guardians, respectful and hardworking students, and a dedicated, caring staff - we will continue to build on our tradition of success.

At Mesabi East, we are all about fostering a creative, positive, and safe learning environment. With the help of our amazing community, we strive to help students grow academically, socially, and personally during these important years.

With all the opportunities our school offers comes the responsibility of contributing to a respectful and orderly environment. This handbook outlines the policies, procedures, and expectations that help us maintain a school where everyone can thrive. Many of these values - like giving your best effort, being responsible, showing kindness and respect to others, and caring for property - are introduced early at Mesabi East Elementary and carried through to high school.

We encourage all students to get involved! Check out the many clubs, organizations, and activities available at Mesabi East. Being part of these opportunities not only enhances your learning but also strengthens our positive and supportive school community.

Our priority is to ensure every student has a safe and successful year. If challenges come up, we are here to work together to find positive solutions. We are committed to treating everyone with respect and fostering an environment where everyone feels valued.

This handbook is your go-to guide for understanding how our school operates. Whether you keep a copy handy or reference it online on the Mesabi East website, we encourage you and your family to take some time to review it. When we all understand and follow the school's policies, it sets the stage for a positive experience for everyone.

Here is to a rewarding and enjoyable school year - go Giants!



*Believe in yourself, work hard, and embrace every challenge as a step toward greatness – your potential is limitless! – Unknown*



**12<sup>TH</sup> GRADE:  
PAGE 19**

**11<sup>TH</sup> GRADE:  
PAGE 31**

**10<sup>TH</sup> GRADE:  
PAGE 37**

**9<sup>TH</sup> GRADE:  
PAGE 57**



### ● 1.2 VISION / MISSION STATEMENT

#### Vision Statement

A Giant Leader in Education

#### Mission Statement

It is the mission of Mesabi East Schools to **inspire critical thinking, community minded, high achieving individuals.**

Being **A Giant Leader in Education** means making a big difference in school by inspiring others and helping them succeed. A Giant Leader is not just in charge - they lead by example, work hard, and encourage everyone to do their best. They bring new ideas and create a positive and supportive school environment. Most importantly, they care about others, build strong relationships, and help everyone grow. A true Giant Leader inspires and makes a lasting impact!

#### Cultivate Critical Thinkers

Inspiring critical thinking means helping people learn to ask questions, think for themselves, and not just believe everything they hear. It is about teaching them to look at problems from different angles, check if something is true, and make smart decisions based on facts. Critical thinkers do not just accept things at face value - they explore, challenge ideas, and consider different opinions before making up their minds. When people think this way, they can solve problems better, understand the world around them, and make good choices in life.

#### Foster Community-Mindedness

Inspiring community-minded people means encouraging them to care about others and work together to make their school, neighborhood, or city a better place. It is about being kind, helpful, and respectful, while also thinking about how their actions affect others. A community-minded person helps when they see a need, works well with others, and looks for ways to make a difference. When more people think this way, it creates a friendlier, stronger, and more supportive community for everyone.

#### Empower High-Achieving Individuals

Inspiring high-achieving people means encouraging them to set big goals, work hard, and always try their best. It is about helping them believe in themselves, stay focused, and keep going even when things get tough. High achievers do not just do the minimum - they push themselves to learn more, improve their skills, and never give up. They stay curious, challenge themselves, and take pride in their work. When people aim high and put in the effort, they can achieve great things and inspire others to do the same.



MY SCHOOL  
MY PLAN  
MY FUTURE



*The future belongs to those who believe in the beauty of their dreams. – Eleanor Roosevelt*



# MESABI EAST STUDENT HANDBOOK

## WELCOME

### ● 1.3 DISCRIMINATION STATEMENT

Discrimination means that an individual (or group) is being treated unfairly or unequally based on a protected characteristic. In Minnesota, these protected characteristics are race, color, creed, religion, national origin, sex, age, marital status, status with regard to public assistance, sexual orientation, or disability. Discrimination can occur as a result of stereotypes or intentional discrimination, or it can occur when an organization's policy or practice affects a group of people differently than it affects another group. Although everyone is protected from discrimination, discrimination occurs when you are treated differently because of a particular protected characteristic.

If you feel that you have been the victim of discrimination, you can file a complaint with the school Administration, the Minnesota Department of Human Rights, or with the U.S. Department of Education, Office for Civil Rights.

Mesabi East does not discriminate on the basis of race, color, national origin, sex, or disability.


### ● 1.4 SCHOOL SONG

Our school song is a proud tradition that celebrates the spirit, unity, and pride of our school community. It is a symbol of our shared experiences and a way to honor the accomplishments of our students, staff, and alumni.

Whether sung at pep rallies, games, or special events, the school song reminds us of the values we uphold and the bond we share as part of our school family. We encourage all students to learn and embrace the school song to show their school spirit and pride!

FIGHT ON FIGHT ON TO VICTORY  
LOYAL GIANTS OF MESABI EAST  
YOUR PRAISES WE WILL EVER SPREAD  
FOR THE GLORY OF YOUR COLORS BLACK AND RED  
FIGHT ON FIGHT ON TO WIN THE GAME  
WE WILL WORK HARD TO BRING YOU FAME  
WE'RE WITH YOU TEAM, FIGHTING TEAM

YOUR PRAISES NEVER CEASE  
WE ARE THE GIANTS OF MESABI EAST  
G-I-A-N-T-S  
GIANTS, GIANTS, GIANTS ARE THE BEST

To become familiar with our school song, listen to it on our website. 



*Success is not final; failure is not fatal: It is the courage to continue that counts. – Winston Churchill*



# CONTACTS & CALENDAR



- 2.1 High School Administration
- 2.2 Staff Listing & School Directory
- 2.3 Contact Information
- 2.4 School Calendar
- 2.5 Daily Bulletin
- 2.6 Daily Schedule
- 2.7 School Hours



# MESABI EAST STUDENT HANDBOOK

## CONTACTS & CALENDAR

### ● 2.1 HIGH SCHOOL ADMINISTRATION

Our high school administration team is dedicated to supporting students, parents, and staff to ensure a positive and successful educational experience. Whether you have questions about academic policies, school programs, extracurricular activities, or need assistance with personal concerns, our administrators are here to help. They are committed to promoting a safe, respectful, and engaging learning environment while guiding students toward their goals. If you need help resolving conflicts, accessing resources, or navigating school expectations, do not hesitate to reach out - our team is here to provide guidance and support every step of the way.



Dr. Jeff Burgess  
Superintendent

[jburgess@isd2711.org](mailto:jburgess@isd2711.org)  
218-219-0004



Tim Mellstrom  
High School Principal

[tmellstrom@isd2711.org](mailto:tmellstrom@isd2711.org)  
218-229-5332



Michelle Metzger  
Dean of Students

[mmetzger@isd2711.org](mailto:mmetzger@isd2711.org)  
218-229-5368

### ● 2.2 STAFF LISTING & SCHOOL DIRECTORY

For a complete staff listing, visit the school website. 



*Education is the most powerful weapon which you can use to change the world. – Nelson Mandela*



### ● 2.3 CONTACT INFORMATION

*Dial one convenient number  
for all your needs  
and follow the prompts  
for assistance.*



# 218-229-3321

Prompts:

- 1: Attendance
- 2: Transportation
- 3: District Office
- 4: Elementary Office
- 5: High School Office
- 6: Nurse
- 7: Athletics
- 8: Community Education
- 9: Food Service

Attendance email: [hs\\_attendance@isd2711.org](mailto:hs_attendance@isd2711.org)



[www.isd2711.org/handbook](http://www.isd2711.org/handbook)



*Believe you can and you are halfway there. – Theodore Roosevelt*

# MESABI EAST STUDENT HANDBOOK

## CONTACTS & CALENDAR

### 2.4 SCHOOL CALENDAR

#### Legend:

	NO SCHOOL
	HOLIDAY – NO SCHOOL
	EARLY DISMISSAL
	PARENT/TEACHER CONFERENCES

#### SEPTEMBER – *Building a Common Language*

- 2 ..... First day of School  
 2 – 8 ..... Schedule Changes (Semester 1)  
 30 ..... Mid Quarter 1  
 ▪ FastBridge Testing – Math, Reading (Grades 7, 8, 9, 10, 11)  
 ▪ FastBridge Testing – Reading (Grade 12)

#### OCTOBER – *Everything is Possible*

- 13 ..... Parent/Teacher Conferences  
 3:30 – 7:00 pm  
 16, 17 ..... No School  
 31 ..... End of Quarter 1

#### NOVEMBER – *Passion First*

- 10 ..... No School  
 13 ..... Parent/Teacher Conferences  
 3:30 – 7:00 pm  
 19 ..... End of Trimester 1  
 27, 28 ..... No School

#### DECEMBER – *We are Connected*

- 4 ..... Mid Quarter 2  
 22 – January 2 .... No School

SEPTEMBER 2025						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER 2025						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER 2025						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER 2025						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# MESABI EAST STUDENT HANDBOOK

## CONTACTS & CALENDAR

### Legend:

	NO SCHOOL
	HOLIDAY – NO SCHOOL
	EARLY DISMISSAL
	PARENT/TEACHER CONFERENCES

### JANUARY – *100% Accountable*

- 1, 2 .....No School  
 16 .....End of Semester 1  
 19 .....No School  
 20 – 26 .....Schedule Changes (Semester 2)
- FastBridge Testing – Math, Reading (Grades 7, 8, 9, 10, 11)
  - FastBridge Testing – Reading (Grade 12)

### FEBRUARY – *Attitude of Gratitude*

- 10 .....Parent/Teacher Conferences  
 3:30 – 7:00 pm  
 12 .....Parent/Teacher Conferences  
 3:30 – 7:00 pm  
 13 .....No School  
 16 .....No School  
 19 .....Mid Quarter 3  
 25 .....End of Trimester 2

### MARCH – *Live to Give*

- 13 .....No School  
 20 .....End of Quarter 3
- MCA Testing – Reading, Math (Grade 7)
  - MCA Testing – Reading, Math, Science (Grade 8)
  - MCA Testing – Reading, Science (Grade 10)
  - MCA Testing – Math (Grade 11)

### APRIL – *The Time is Now*

- 1, 2, 3 .....No School  
 6 .....No School  
 27 .....Mid Quarter 4

### MAY – *Finish Strong*

- 8 .....No School  
 23 .....Graduation  
 25 .....No School  
 27 .....End of Semester 2  
 .....End of Trimester 3  
 .....Last day of school
- FastBridge Testing – Math, Reading (Grades 7, 8, 9, 10, 11)
  - FastBridge Testing – Reading (Grade 12)

JANUARY 2026						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2026						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2026						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



# MESABI EAST STUDENT HANDBOOK

## CONTACTS & CALENDAR

### ● 2.5 DAILY BULLETIN

The Daily Bulletin has important information for students and will be available on PowerSchool and the Mesabi East website every school day.

To view the daily bulletin, please visit the link on the website. 



### ● 2.6 DAILY SCHEDULE

MONDAY, TUESDAY, THURSDAY, FRIDAY		WEDNESDAY / EARLY DISMISSAL	
1st Period: Advisory	8:15 – 8:30	1st Period: Advisory	8:15 – 8:30
2nd Period	8:34 – 9:23	2nd Period	8:34 – 9:14
3rd Period	9:27 – 10:16	3rd Period	9:18 – 9:58
4th Period	10:20 – 11:09	4th Period	10:02 – 10:42
JH Lunch (Grades 7,8)	11:09 – 11:44	JH Lunch (Grades 7,8)	10:42 – 11:17
JH 5th Period	11:48 – 12:37	JH 5th Period	11:21 – 12:01
SH 5th Period	11:13 – 12:02	SH 5th Period	10:46 – 11:26
SH Lunch (Grades 9-12)	12:02 – 12:37	SH Lunch (Grades 9-12)	11:26 – 12:01
6th Period	12:41 – 1:30	6th Period	12:05 – 12:46
7th Period	1:34 – 2:23	7th Period	12:50 – 1:31
8th Period	2:27 – 3:16	8th Period	1:35 – 2:16

### ● 2.7 SCHOOL HOURS

The High School and District Offices are open from 7:45 am to 4:00 pm during the school year.

Students should arrive at school between 7:50 and 8:10 am. School hours are 8:15 am to 3:16 pm on Monday, Tuesday, Thursday, and Friday, with buses leaving at 3:20 pm. On Wednesdays, school runs from 8:15 am to 2:16 pm, and buses depart at 2:20 pm. Students who are not involved in a supervised school activity should not be on campus before or after school hours.



*You are braver than you believe, stronger than you seem, and smarter than you think. – A.A. Milne*



# ACADEMIC INFORMATION



- 3.1 Academic Grades & Requirements
- 3.2 Academic Integrity
- 3.3 Academic Eligibility for Extracurricular Activities
- 3.4 Cell Phones / Personal Listening Devices
- 3.5 Class Rank / Honor Roll
- 3.6 College in the Schools (CIS) & Advanced Placement (AP) Courses
- 3.7 E-Learning Days
- 3.8 Grading System
- 3.9 Graduating with Honors / Valedictorian / Salutatorian
- 3.10 Homebound Instruction
- 3.11 Independent Study
- 3.12 Make-up Work / Missing Work
- 3.13 Report Cards / Progress Reports
- 3.14 Scholarships
- 3.15 Testing
- 3.16 Post Secondary Enrollment  
Options (PSEO)



# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION

### ● 3.1 ACADEMIC GRADES & REQUIREMENTS

To graduate, students need to earn 24 credits during grades 9 through 12. This includes meeting all the required courses set by the state (Minnesota Statutes section 120B.024) and successfully completing either the state academic standards or local ones when state standards do not apply. Courses listed below are required for graduation.



Yearlong courses = **1 credit**

Semester courses = **.5 credit**

	9 <sup>TH</sup> GRADE	10 <sup>TH</sup> GRADE	11 <sup>TH</sup> GRADE	12 <sup>TH</sup> GRADE
SOCIAL STUDIES	World History 9 (1 cr)	US History 10 (1 cr)	World Geography 11 (.5 cr) Social Studies Elective (.5 cr)	American Government (.5 cr)
ENGLISH	English 9 (1 cr)	American Lit 10 (1 cr)	English 11 (1 cr)	English 12 (1 cr)
MATH	Geometry (1 cr)	Algebra II (1 cr)	Math Elective (1 cr)	
SCIENCE	Earth Science (1 cr)	Biology (1 cr)	Chemistry (1 cr) or Physics (1 cr)	
PHY ED	Elective (.5 cr)			
FACS / IT	Elective (1 cr)			
ART / BAND	Elective (1 cr)			
BUSINESS				Economics (.5 cr) Personal Finance (.5 cr)
ELECTIVES	Elective classes (7 cr)			

#### Course Load and Schedule Guidelines

Students are expected to be enrolled in at least six classes each day. However, the Minnesota Department of Education allows school districts to make exceptions under certain conditions:

- The student must be at least 16 years old.
- The principal will create a personalized plan that includes work-study experience or another educationally valuable activity. The principal is also responsible for making sure the student follows this plan.
- Both the parent/guardian and the principal must approve the plan in writing.
- The student must be a senior and on track to graduate.



*Mistakes are proof you are trying. – Jennifer Lim*

# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION

Students are not allowed to have more than one study hall per semester unless the principal gives special approval.

Schedule changes are only allowed during the first five school days of each semester. After that, changes require approval from the principal, counselor, teacher, and parent.

If a student drops a class before the end of the semester, they will receive an “F” for that course - unless there is an emergency, or special arrangements are made with the instructor. The course may be repeated with the principal’s permission.

Students receiving an incomplete “I” will have two (2) weeks at the end of each quarter/trimester/semester to make-up the work. After two weeks, the grade will be changed to zero if work has not been completed.

### ● 3.2 ACADEMIC INTEGRITY

Doing your own work and being honest in school is a big deal. Academic integrity means taking pride in your work, giving credit when you use someone else’s ideas, and always doing your best without cutting corners. Cheating, copying, or using AI or other tools to do your work for you isn’t just unfair - it keeps you from actually learning. Your teachers are here to help, so if you are struggling, ask for help instead of taking shortcuts. Doing the right thing, even when no one is watching, will help you succeed now and in the future!

Cheating comes in many forms, including plagiarism, using copyrighted material without permission, relying on artificial intelligence without approval, and other types of academic misconduct that aim to gain an unfair advantage. Plagiarism, in particular, goes against the academic code of conduct, which requires students to give proper credit for the ideas and words of others. Here are some examples of plagiarism and related misconduct:

- Submitting another student’s paper as your own.
- Copying parts of someone else’s work into your own paper or sharing your work for others to submit as theirs.
- Using research material in your work without including in-text citations to credit the author and source.
- Paraphrasing researched material without proper citations.
- Copying information directly from the internet or other electronic sources and submitting it as original work.
- Summarizing research material without referencing the original source.
- Copying or sharing test materials, such as taking pictures/screenshots and sharing them through text, apps, or other methods.
- Using artificial intelligence to complete assignments without a teacher’s approval.

Cheating is a serious problem. Students will be written up for this offense. Additional consequences for cheating are established by teachers. For students in concurrent enrollment classes, policies and consequences set by the partnering post-secondary institutions must be followed.



*Dream big. Work hard. Stay focused. – Unknown*



**BUILDING A COMMON LANGUAGE**  
- 7 MINDSETS -



# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION

### ● 3.3 ACADEMIC ELIGIBILITY FOR EXTRACURRICULAR ACTIVITIES

To participate in regular season games or MSHSL (Minnesota State High School League) tournament events, a student must be fully enrolled (as defined by the Minnesota Department of Education) and be an active, enrolled member of their high school in good standing.

A student will be considered ineligible if they are suspended, expelled, excluded, or if their behavior violates the MSHSL Student Code of Responsibilities. In such cases, the principal will determine the length of ineligibility.

If a student disagrees with the decision, they may appeal. The appeal must be submitted in writing to the principal and should explain any special circumstances they want considered. The Administration will review the appeal and aim to reach a timely decision. During the appeal process, the original decision will remain in effect.

#### Failures (F)

If a student earns an F for a quarter or trimester grade, they will be ineligible to participate in any MSHSL activities, including sports, for one week.

If a student fails a class at mid-quarter, they remain ineligible until all grades are brought up to passing.

While ineligible, students may not miss school to attend school-sponsored activities.

After one week, the student can provide proof of passing grades to the Athletic Director, Principal, or Dean of Students. If all grades are passing, eligibility will be restored.

Students who fail a class in Quarter 4 will be ineligible for one event - either during their current season or the following Fall season. However, they will not be required to submit updated grade checks for eligibility in that case.

#### Incompletes (I)

If a student receives an Incomplete (I), they are not eligible to participate in MSHSL activities until the grade is updated to a passing mark of D- or higher. This can happen at any point after report cards are issued.

If the Incomplete later turns into an F, the student will follow the same one-week ineligibility rule that applies to failing grades.

Students who receive an Incomplete in Quarter 4 will be ineligible for one event in the Fall - unless the grade is later changed to a passing one before the season begins.

#### Eligibility with Summer School Course Completion

Students who successfully complete a summer school course to make up for an Incomplete or failing grade from Quarter 4 may become eligible to participate in Fall activities right away.

Eligibility will be determined by the principal and athletic director, based on the student's overall academic progress toward graduation - a requirement for participating in MSHSL-sponsored activities.



Spanish:

¿No  
hablas  
español?

Good luck  
with that.



One benefit of learning Spanish in high school is that it opens up more career and travel opportunities, since Spanish is one of the most widely spoken languages in the world.



*Every accomplishment starts with the decision to try. – John F. Kennedy*

### ● 3.4 CELL PHONES / PERSONAL LISTENING DEVICES

Cell phones, AirPods, headphones, and other communication or listening devices are subject to the following guidelines:

Cell phones/personal listening devices are not allowed for students in any grades during the entire school day. Medical exceptions for heart and glucose monitoring are made when the school nurse receives a written letter from a medical doctor, and it is approved by Administration.

Students in detention, or in-school suspension (ISS) are not allowed to have cell phones/personal listening devices regardless of their grade level.

The cell phone/personal listening devices expectations and consequences apply to students in study hall.

If a student uses a cell phone/personal device during non-approved times, they will be in violation of school rules and face disciplinary action. If a staff member asks a student to hand over a cell phone/personal listening device due to inappropriate use, the student must comply. Failure to do so will be seen as disrespectful or defiant and will result in additional consequences.

#### Cell phone/personal listening device violation consequences:

- **First violation:** The teacher will collect the cell phone/personal listening device and hold it until the end of the class period.
- **Second violation:** The teacher will collect the cell phone/personal listening device, and it will be held in the office until the end of the school day.
- **Third violation:** The cell phone/personal listening device will be held in the office and a parent/guardian conference will be held.

Violations are counted for each incident, not based on individual teachers.

Recording physical altercations or any other inappropriate behavior is strictly prohibited. Students caught videoing such incidents will have their phones confiscated and could face up to 5 days of out-of-school suspension (OSS). A parent or guardian will need to retrieve the phone from the school.



### 12TH GRADE CHECKLIST FOR SUCCESS

#### Finish Strong and Launch Your Future

This is your final lap. You're preparing to launch into life beyond high school - make every moment count.

- ✓ Check Graduation Requirements
- 🎓 Submit College/Scholarship Applications
- 📅 File the FAFSA (Free Application for Federal Student Aid)
- 📧 Watch for Acceptance Letters and Aid Offers
- ✍️ Write Thank-You Notes
- 💼 Apply for Jobs or Apprenticeships
- 🧠 Make a Post-Graduation Plan
- 📁 Organize Your Records
- 🎉 Enjoy Senior Year - Responsibly
- 📄 Finish Strong
- 👤 Step into Adulthood



*Strive for progress, not perfection. – Unknown*



# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION

### ● 3.5 CLASS RANK / HONOR ROLL

Class rank is determined based on a student's cumulative GPA from grades 7 through 12. This means that all final course grades earned during those years are included in calculating a student's overall GPA, which is then used to establish their standing relative to their classmates. Class rank can play a role in scholarship opportunities, college admissions, and academic recognition.

The Honor Roll recognizes students for their academic achievement each grading period.

**"A" Honor Roll:** To qualify for the "A" Honor Roll, a student must earn a grade point average (GPA) of **3.50** or higher. In addition to meeting the GPA requirement, students must not have any grades of D, F, or Incomplete in any course during the grading period.

**"B" Honor Roll:** Students who achieve a GPA between **3.00 and 3.49** are eligible for the "B" Honor Roll. Students must not have any D, F, or Incomplete grades to qualify.

Being named to the Honor Roll is a reflection of consistent effort, academic dedication, and strong performance across all subject areas.

### ● 3.6 COLLEGE IN THE SCHOOLS (CIS) & ADVANCED PLACEMENT (AP) COURSES

Mesabi East offers several on-campus courses that let students earn college credit, challenge themselves academically, and get a jump start on their college education. To be eligible for these courses, 11th graders need a minimum GPA of 3.0, and 12th graders need a GPA of 2.5, with some courses also requiring a placement test. These classes allow students to earn both high school and college credit, all while staying on campus with their teachers and classmates. If a student decides not to earn college credit for a course, they must request this during the first quarter of the class - requests made after that will not be accepted.

Students have five school days after the semester begins to add or drop CIS courses. After that, it will be counted as a "Fail" for the high school and a withdrawal at the college level.

Advanced Placement (AP) courses are also available on campus, where students can earn college credit based on their scores in the final assessment administered by the College Board.

Grades for CIS, PSEO, AP, and honors classes are weighted. They are on the honors grade scale (see grading system for more details).

### ● 3.7 E-LEARNING DAYS

The Mesabi East may use up to five eLearning days when school is canceled due to inclement weather. If more than five weather-related cancellations occur, the school board will decide if the additional days need to be made up.

When school is canceled, families signed up for notifications through PowerSchool will receive an instant alert via automated phone call, text message, or email. The district will also share updates on local TV and radio stations, the school district website, and our social media platforms.



*Be the change you wish to see in the world. – Mahatma Gandhi*



**Phy Ed:**  
**Run faster.**

**Jump**  
**higher.**

**No limits.**



One benefit of  
taking phy ed in  
high school is that  
it helps you build  
lifelong habits for  
staying healthy,  
active, and  
energized.




# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION

On eLearning days, families, students, and staff will have time to adjust their schedules. Teachers will be available online and by phone during regular school hours to support students and parents. Students should check Schoology for the learning plan for each class. Attendance for each class will still be taken.

For technical assistance, families can call our technical assistance hotline at 218-229-3321 ext. 311. This service is available only on eLearning days to address any technology-related issues.

For more details, please refer to the eLearning document. 

### ● 3.8 GRADING SYSTEM

Mesabi East uses a standard grading scale to calculate Grade Point Average (GPA), with two systems in place: a default scale and an Honors scale.

In both scales, letter grades are assigned point values, and a student's GPA is the average of those points across all completed courses.

The Honors scale is used for designated AP, PSEO, Honors, and CIS courses and awards additional GPA points to reflect the increased difficulty.

		DEFAULT	HONORS
Grade	Description	GPA Points	GPA Points
A+	Outstanding	4	n/a
A	Superior	4	4.4
A-		3.667	4.034
B+	Good	3.333	3.666
B		3	3.3
B-		2.667	2.934
C+	Average	2.333	2.566
C		2	2.2
C-		1.667	1.834
D+	Poor	1.333	1.466
D		1	1.1
D-		0.667	0.734
F	Failure	0	0
I	Incomplete	0	0
P	Passing	0	0



*The expert in anything was once a beginner. – Helen Hayes*



EVERYTHING IS POSSIBLE  
- 7 MINDSETS -



# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION

### ● 3.9 GRADUATING WITH HONORS / VALEDICTORIAN / SALUTATORIAN

At the end of the third quarter of senior year, honors designations are determined based on each student's cumulative GPA. Seniors with a GPA of 3.5 or higher will graduate with **High Honors**, while those with a GPA between 3.25 and 3.49 will graduate with **Honors**.

**Valedictorian** and **Salutatorian** honors are also determined at this time, based on class rank calculated from cumulative GPA, including third-quarter grades.

The student ranked first in the class will be named Valedictorian, and the student ranked second will be named Salutatorian. In the case of a tie, Co-Valedictorians and/or Co-Salutatorians may be recognized. A tie is defined as a GPA difference within 0.005 (five ten-thousandths).

To be eligible for either honor, a student must have been enrolled in the school for at least four semesters, including the current semester. Both the Valedictorian and Salutatorian are given the opportunity to speak at the graduation ceremony.

### ● 3.10 HOMEBOUND INSTRUCTION

Homebound instruction can be accommodated for students who are confined to the home and cannot attend school due to medical or safety reasons, as recommended by a doctor, an Individualized Education Plan (IEP), or a 504 plan, and approved by the Administration.

### ● 3.11 INDEPENDENT STUDY

Independent Study courses are only an option when there are schedule conflicts and must be approved by Administration.

### ● 3.12 MAKE-UP WORK / MISSING WORK

After an absence, all make-up work must be completed within a reasonable timeframe, as determined by the teacher in discussion with the student. Any work missed due to an absence will be marked as Incomplete in the gradebook until it is turned in, at which point the grade will be updated to reflect the student's performance.

For students who are suspended, all assigned work must be completed during the suspension and submitted on the day they return to school.

It is the student's responsibility to make sure all missed assignments are completed and turned in on time. Staying in communication with teachers and following through on deadlines is key to staying on track.

### ● 3.13 REPORT CARDS / PROGRESS REPORTS

Report Cards are emailed to families at the end of each Quarter/Trimester and provide a summary of student performance in each class. In addition to this, Weekly Progress Reports are sent every Wednesday via email to keep families informed of students' current grades, missing assignments, and overall academic progress. These regular updates help support student success and encourage ongoing communication between home and school.



**Social  
Studies:**

**Sure, you  
could just  
Google it...**

**or you  
could  
actually  
understand  
it.**



One benefit of learning social studies in high school is that it helps you understand the world around you and how to make a difference in it.



*Do not let what you cannot do interfere with what you can do. – John Wooden*

# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION

### ● 3.14 SCHOLARSHIPS

Scholarships are a valuable resource to help students fund their post-secondary education. Mesabi East encourages all students to explore the wide variety of scholarship opportunities available, ranging from academic and athletic awards to community service and special interest scholarships. The Mesabi East Scholarship Program offers 50+ scholarships to students, and there are many outside opportunities from your college, parent employer and others.

Students can access information about local, state, and national scholarships through the counselor's office, school website, and scholarship bulletin boards, and email. We also recommend using trusted online scholarship search tools. Deadlines vary, so students should start researching and applying early to maximize their chances of success. If you need assistance with applications or essays, the counselor can help guide you through the process.

Preparing the following information ahead of time will make the scholarship application process smoother and more efficient:

**1. Personal Information:**

- Full name, address, phone number, and email.
- Social Security Number.

**2. Academic Information:**

- Transcript or GPA (official or unofficial).
- Standardized test scores (SAT, ACT, etc.).
- Class rank and/or percentile.

**3. Financial Information:**

- Family income details or tax returns (for need-based scholarships).
- FAFSA (Free Application for Federal Student Aid) information.

**4. Activities and Involvement:**

- A list of extracurricular activities, leadership roles, and honors/awards.
- Volunteer and community service hours, including dates and descriptions.

**5. Work Experience:**

- List of jobs held, including employer names, positions, and dates.

**6. References:**

- Contact information for people willing to provide recommendation letters.
- Written letters of recommendation.

**7. Essays:**

- A personal statement or essays tailored to specific scholarship prompts.
- A general essay about your goals, achievements, and why you deserve the scholarship. This is a great template to be used for multiple applications and then tailored to their specific requested information.



*You miss 100% of the shots you do not take. – Wayne Gretzky*

# MESABI EAST STUDENT HANDBOOK

## ACADEMIC INFORMATION



### 8. Portfolio or Work Samples:

- Examples of academic work, art, writing, or other accomplishments relevant to the scholarship.

### 9. Scholarship-Specific Requirements:


- Review the requirements for each scholarship to ensure all requested documents or information are ready.

Being organized and starting early will give you the time needed to craft strong applications and meet all deadlines.

## ● 3.15 TESTING

At Mesabi East, we use different assessments to keep track of how students are doing academically. These tools help us improve teaching and spot students who might need a little extra help.

For our 11th graders, there is an opportunity to take the American College Testing (ACT) college entrance exam, and we also offer the Armed Services Vocational Aptitude Battery - Career Exploration (ASVAB) test to help with career exploration. Seniors, you can take the ACT twice during the school year, but make sure to register by the deadline shared by the school counselor.

We also participate in statewide testing, the Minnesota Comprehensive Assessments (MCA) in reading, math, and science. These tests make sure our curriculum lines up with academic standards and that all students get a fair and high-quality education. If you would like to learn more about statewide testing, check out the Minnesota Department of Education website. 

Additionally, we use FastBridge assessments three times a year (generally in September, January, May) to track progress in reading and math. You will usually get your scores, and we will set personal goals based on how you did before. These assessments help us see where you are growing and where you might need support.

### OVERALL TESTING SCHEDULE

7th Grade	FastBridge (Math, Reading)	September, January, May
	MCA (Math, Reading)	March, April
8th Grade	FastBridge (Math, Reading)	September, January, May
	MCA (Reading, Math, Science)	March, April
9th Grade	FastBridge (Math, Reading)	September, January, May
10th Grade	FastBridge (Math, Reading)	September, January, May
	MCA (Reading, Science)	March, April
11th Grade	FastBridge (Math, Reading)	September, January, May
	MCA (Math)	March, April
	ACT (registration link will be sent out via email)	Fall, Spring
	ASVAB (registration link will be sent out via email)	Fall
12th Grade	FastBridge (Reading)	September, January, May
	ACT (registration link will be sent out via email)	Fall, Spring



*Push yourself because no one else is going to do it for you. – Unknown*



### ● 3.16 POST-SECONDARY ENROLLMENT OPTIONS (PSEO)

PSEO is a program that gives 11th and 12th grade students the opportunity to earn both high school and college credit by taking non-religious, college-level courses at participating colleges and universities. To be eligible, 11th graders must have a minimum GPA of 3.0, and 12th graders must have at least a 2.5 GPA. Students who are behind on credits required for graduation are not eligible to participate. Each college or university may have additional admissions criteria for their PSEO programs.

Students may enroll in PSEO courses either part-time or full-time, up to 15 college credits per semester. However, students must earn a grade of C or higher in their PSEO classes to remain eligible for continued participation. Those who drop or withdraw from a college course after the first 10 business days of the college semester will receive an “F” on their high school transcript. Any course drops must be approved by the school counselor and will not be approved after the 10-day window.

All interested students must attend an informational meeting with their school counselor before enrolling. This meeting will cover the application process, credit planning, expectations, and responsibilities. Parents are strongly encouraged to attend as well.

Students taking PSEO courses are welcome to use designated spaces on the Mesabi East campus to study and complete their work. PSEO students need to sign in/out in the office.

If you are considering PSEO, contact the school counselor early to ensure proper planning and to discuss how PSEO can fit into your path to graduation.



*You do not have to be perfect to be amazing. – Unknown*





**MY** SCHOOL. **MY** PLAN. **MY** FUTURE.

---



**WE SHOW UP. WE WORK HARD. WE LEAD.**

**ME** attendance  
academics  
behavior

*It's a great day to be a Giant!*



# ATTENDANCE EXPECTATIONS



4.1 Attendance & Student Expectations

4.2 Inclement Weather

4.3 E-Learning Days

4.4 Signing In & Out



# MESABI EAST STUDENT HANDBOOK

## ATTENDANCE EXPECTATIONS

### ● 4.1 ATTENDANCE & STUDENT EXPECTATIONS

At Mesabi East, we are dedicated to making the most of every instructional minute. Consistent class attendance is closely linked to stronger academic performance and personal growth. As we work to support both the academic success and social-emotional development of our students, regular attendance and punctuality remain essential. We invite students, parents, and guardians to partner with us in making daily attendance a top priority. Together, we share the responsibility of ensuring students are present, engaged, and ready to learn each day.

#### **Students' Responsibility**

Students have the right to be in school - and with that right comes the responsibility to attend all scheduled classes each day school is in session. When absent from a class or study hall, students are expected to follow proper procedures and communicate appropriately. It is also the student's responsibility to request any missed work. All assignments must be made up or, when appropriate, completed through an alternative assignment as determined by the classroom teacher.

#### **Parent or Guardian's Responsibility**

Parents and guardians play a vital role in supporting student attendance. It is their responsibility to ensure their child attends school regularly, notify the school of any absences, and collaborate with school staff to address any attendance concerns that may arise.

#### **Teacher's Responsibility**

Teachers are responsible for taking daily attendance and maintaining accurate records for each assigned class. They are also expected to provide missed assignments to students upon request following an absence. In addition, teachers play a key role in addressing attendance issues by working collaboratively with students, parents or guardians, and the Administration.

#### **Administration's Responsibility**

The Administration is responsible for overseeing and supporting consistent attendance practices throughout the building. This includes ensuring accurate record-keeping systems are in place, monitoring attendance data, and working with students, families, and staff to address chronic absenteeism or patterns of concern. Administration is also responsible for communicating attendance policies, providing necessary interventions, and fostering a school-wide culture that values regular attendance as essential to student success.

**Attendance Hotline: (218) 229-3321, Option #1**  
**Attendance Email: [hs\\_attendance@isd2711.org](mailto:hs_attendance@isd2711.org)**



**English:**

**Master the words.**

**Own the world.**



One benefit of learning English in high school is that it strengthens your communication skills, which are essential for every career and relationship.



*Act as if what you do makes a difference. It does. – William James*



# MESABI EAST STUDENT HANDBOOK

## ATTENDANCE EXPECTATIONS

### Arrival

Students should arrive at school between 7:50 and 8:10 am. Breakfast is available for all students in the cafeteria during this time. A warning bell will ring at 8:12 am, signaling it is time to head to your first-hour class.

Students who arrive after 8:15 am need to check in at the high school office to sign in before going to class.

PSEO students should sign in/out in the office.

### Leaving and/or Returning

Students who need to leave school early (excluding school-sponsored events and activities), should provide the high school office with a written note, phone call, or email from the parent or guardian by 8:30 AM on the day of the absence.

Students who leave school for an appointment and will be returning should provide the high school office with a written excuse, phone call, or email from a parent or guardian by 8:30 AM on the day of the absence.

When you return to school, sign in at the high school office.

### Absent (entire day)

Parents/guardians should notify the Attendance Hotline/email by 8:00 am if a student will be absent. Instant Alerts are sent out each day at approximately 9:20 am to parents/guardians of students who are absent. If you receive an alert and have notified the office, disregard the alert.

For planned absences, bring a note to the office at least a day in advance.

### Illness

If you are feeling sick during the school day, head to the nurse's office to get checked out. The nurse will evaluate how you are doing and keep track of any illnesses affecting students. If you need to go home, the nurse will contact your parents to make the necessary arrangements.



*Learn from yesterday, live for today, hope for tomorrow. – Albert Einstein*



# MESABI EAST STUDENT HANDBOOK

## ATTENDANCE EXPECTATIONS



### Types of Absences

<b>Absent (EA)</b>	<p>The following absences will be considered excused when supported by appropriate documentation from a parent or healthcare provider: personal illness, college visits, family emergencies, funerals, and verified medical, dental, or court appointments.</p> <p>If written documentation is not submitted within three (3) school days of the absence, the absence will remain as an unexcused absence.</p>
<b>Unexcused (UA)</b>	<p>Absences due to oversleeping, car trouble, or missing the bus will be classified as unexcused.</p> <p>Once a student accumulates three full days of unexcused absences, a notification letter will be sent home to inform parents or guardians.</p>
<b>Truancy/Skip (SK)</b>	<p>A student who is intentionally absent from school or a class without parental and/or school knowledge or consent is truant.</p> <p>Students considered habitual or continuing truants will be referred to the St. Louis County Truancy Review Committee for intervention.</p>
<b>Dr Verified (DrV)</b>	<p>A note from a physician or licensed mental health profession stating the student cannot attend school.</p>

Mesabi East recognizes that, in addition to standard excused and unexcused absences, there are a number of other situations that may warrant an excused absence. These may include, but are not limited to, a death in the family, approved school-sponsored events, court appearances, medical appointments, or family emergencies. In all cases, timely and clear communication with the school office is essential. Notifying the office ensures that the absence is properly documented and accurately coded in the attendance system, helping us maintain accurate records and provide appropriate support to students and families.

### Tardies

- Students arriving at school after 8:15 a.m. without a verified excuse need to sign in at the office and will be marked tardy. If a student arrives late without a valid excuse and misses an entire class period, they will be marked unexcused absent for that class.
- During the school day, students arriving after the beginning of their class without a pass from another teacher will be marked tardy.
- Frequent tardiness - defined as three or more tardies - may result in disciplinary consequences. Being consistently late disrupts the learning environment and impacts both the student's academic progress and the classroom as a whole. Consequences for repeated tardiness may include warnings, parent contact, detention, or other appropriate interventions as determined by the Administration. Our goal is to support students in developing strong habits of punctuality and responsibility.



*Small steps everyday lead to big results. – Unknown*



# MESABI EAST STUDENT HANDBOOK

## ATTENDANCE EXPECTATIONS

### ● 4.2 INCLEMENT WEATHER

If the weather is bad and could make it unsafe for students to get to school, students and parents will be notified through a PowerSchool communication. You can also check local radio and TV stations for updates.


### ● 4.3 E-LEARNING DAYS

The Mesabi East may use up to five eLearning days when school is canceled due to inclement weather. If more than five weather-related cancellations occur, the school board will decide if the additional days need to be made up.

When school is canceled, families signed up for notifications through PowerSchool will receive an instant alert via automated phone call, text message, or email. The district will also share updates on local TV and radio stations, the school district website, and our social media platforms.

On eLearning days, families, students, and staff will have time to adjust their schedules. Teachers will be available online and by phone during regular school hours to support students and parents. Students should check Schoology for the learning plan for each class. Attendance for each class will still be taken.

For technical assistance, families can call our technical assistance hotline at 218-229-3321 ext. 311. This service is available only on eLearning days to address any technology-related issues.

For more details, please refer to the e-Learning document. 

### ● 4.4 SIGNING IN & OUT

If you arrive at school after 8:15 am, please stop by the office first to sign in and get a pass before heading to class. This ensures we keep accurate attendance records.

If you need to leave before the end of the school day, make sure to sign out at the office before you go. The only exception is for students who have permission to leave campus during lunch - no sign-out is needed in that case.











PSEO students are also expected to sign in and out so we are aware of when they are in the building.



## 11TH GRADE CHECKLIST FOR SUCCESS

### Plan Your Path and Prove Yourself

This is a critical year. Everything you do now is a snapshot of who you are - and what you might become. Take it seriously, but don't forget to enjoy it too.

-  Focus on Academics
-  Take the ACT or Prep for It
-  Deepen Career/College Research
-  Find a Job, Internship, or Volunteer Role
-  Narrow Down Your Career Interests
-  Ask for Letters of Recommendation
-  Polish Your Resume and Portfolio
-  Track Deadlines for Scholarships, Testing, and College
-  Challenge Yourself in Leadership Roles
-  Practice Writing Personal Statements



*Success is the sum of small efforts, repeated day in and day out. – Robert Collier*



# ME 7 MINDSETS



  
**ATTITUDE OF GRATITUDE**  
- 7 MINDSETS -

  
**100% ACCOUNTABLE**  
- 7 MINDSETS -

**FUEL YOUR**

  
**WE ARE CONNECTED**  
- 7 MINDSETS -

  
**THE TIME IS NOW**  
- 7 MINDSETS -

**FUTURE**

  
**PASSION FIRST**  
- 7 MINDSETS -

  
**LIVE TO GIVE**  
- 7 MINDSETS -

**WITH THE**

  
**EVERYTHING IS POSSIBLE**  
- 7 MINDSETS -

**RIGHT MINDSET**

  
**BUILDING A COMMON LANGUAGE**  
- 7 MINDSETS -



# CODE OF CONDUCT



- 5.1 Advisory Expectations
- 5.2 Bus Riding Privileges
- 5.3 Bullying
- 5.4 Cell Phones / Personal Listening Devices
- 5.5 Conduct at School Events
- 5.6 Special Events
- 5.7 Dress Code
- 5.8 Food & Beverage
- 5.9 Harassment & Violence
- 5.10 Insubordination
- 5.11 Lunch Guidelines / Cafeteria
- 5.12 Nuisance Devices & Items
- 5.13 Open Campus
- 5.14 Owning Our Actions
- 5.15 Photos / Recording in School
- 5.16 Picture Day
- 5.17 Pledge of Allegiance
- 5.18 Physical Safety / Fighting
- 5.19 Social Media
- 5.20 Transportation to & from School Events
- 5.21 Vandalism



# MESABI EAST STUDENT HANDBOOK

## CODE OF CONDUCT

### ● 5.1 ADVISORY EXPECTATIONS

Advisory is a daily opportunity to build a strong classroom community, prepare for the day, and develop important social and emotional skills (commonly referred to as SEL). Students are expected to:

#### 1. Be On Time and Ready to Participate

- Arrive on time and bring a positive attitude.
- Be prepared for daily activities, including SEL discussions and reflections.

#### 2. Show Respect for Others

- Listen actively when classmates are speaking.
- Speak kindly and allow others to share their thoughts without interruption.

#### 3. Maintain a Safe and Supportive Space

- Advisory is a judgment-free zone - be open-minded and respectful of different experiences and perspectives.
- Participate in building a sense of community and trust.

#### 4. Engage in SEL Activities

- Participate in check-ins, journaling, mindfulness, goal setting, or group discussions.
- Take SEL lessons seriously - they are meant to help you grow as a person.

#### 5. Follow Technology Guidelines

- Use devices only when appropriate and with permission.
- Be present - avoid distractions during reflection and conversation.

#### 6. Take Responsibility

- Be honest, accountable, and kind - to yourself and others.
- Support your classmates and contribute positively to the advisory environment.

### ● 5.2 BUS RIDING PRIVILEGES

When riding in buses and vans, it is important to follow the safety rules. At the start of each school year, we will go over safety tips, expectations, rules, and what happens if those rules are not followed.

If a student causes trouble on the bus or van, they may need to visit the Administration, and consequences could include losing their bus riding privileges. Also, everyone will have assigned seats to keep things organized and safe.



Math:

Because  
sometimes  
life  
doesn't  
come  
with  
multiple  
choice.



One benefit of  
learning math in  
high school is that  
it builds problem-  
solving skills you'll  
use in real life, no  
matter what career  
you choose.



*Your education is a dress rehearsal for a life that is yours to lead. – Nora Ephron*



### ● 5.3 BULLYING

Bullying is when someone repeatedly hurts or intimidates another person, whether through physical actions, words, or online behavior. It is more than just teasing or joking around - it is meant to make someone feel scared, embarrassed, or powerless. It can happen anywhere, like in school hallways, on social media, or even in group chats. Everyone deserves to feel safe, so recognizing and stopping bullying is important for creating a positive environment for everyone.



TYPES OF BULLYING			
PHYSICAL	VERBAL	SOCIAL	CYBER
Hitting, kicking, slapping, pinching, spitting, tripping, pushing, blocking  Stealing or destroying someone's possessions  Making mean or rude hand gestures  Touching in unwanted and inappropriate ways	Name calling  Insults  Teasing  Intimidation  Homophobic or racist remarks  Inappropriate sexual comments  Taunting  Threatening to cause harm	Lying and spreading rumors  Leaving someone out on purpose  Telling others not to be friends with someone  Embarrassing someone in public  Damaging someone's social reputation or relationships	Posting/sending hurtful texts, emails, or posts, images, or videos  Making online threats  Imitating others online or using their log-in  Deliberately excluding others online  Spreading nasty gossip or rumors online

#### EXPECTATIONS:

- We will not bully others.
- We will try to help students who are being bullied.
- We will include students who feel left out.
- If we know someone is being bullied, we will tell an adult at school and at home.

Bullying is not acceptable behavior. Students who engage in bullying will face disciplinary action.

If you need to report bullying, please reach out to any adult in the building who can guide you on the next steps.

100% ACCOUNTABLE  
- 7 MINDSETS -



*Your attitude determines your direction. – Unknown*



# MESABI EAST STUDENT HANDBOOK

## CODE OF CONDUCT

### ● 5.4 CELL PHONES / PERSONAL LISTENING DEVICES

Cell phones, AirPods, headphones, and other communication or listening devices are subject to the following guidelines:

Cell phones are not allowed for students in any grades during the entire school day. Medical exceptions for heart and glucose monitoring are made when the school nurse receives a written letter from a medical doctor, and it is approved by Administration.

Students in detention, or in-school suspension (ISS) are not allowed to have cell phones or personal listening devices regardless of their grade level.

The cell phone expectations and consequences apply to students in study hall.

If a student uses a cell phone or personal device during non-approved times, they will be in violation of school rules and face disciplinary action. If a staff member asks a student to hand over a device due to inappropriate use, the student must comply. Failure to do so will be seen as disrespectful or defiant and will result in additional consequences.

#### Cell phone violation consequences:

- **First violation:** The teacher will collect the cell phone and hold it until the end of the class period.
- **Second violation:** The teacher will collect the cell phone, and it will be held in the office until the end of the school day.
- **Third violation:** The cell phone will be held in the office and a parent/guardian conference will be held.

Violations are counted for each incident, not based on individual teachers.

Recording physical altercations or any other inappropriate behavior is strictly prohibited. Students caught videoing such incidents will have their phones confiscated and could face up to 5 days of out-of-school suspension (OSS). A parent or guardian will need to retrieve the phone from the school.

### ● 5.5 CONDUCT AT SCHOOL EVENTS

We expect everyone attending school events to be respectful. If someone is acting inappropriately, they will be asked to leave, and refunds will not be given. Students should stay in the area of the school where the event is taking place and not wander into other parts of the school. If behavior becomes an issue, students might lose the privilege of attending future events, as decided by the Administration.



Science:

Gravity  
doesn't  
care about  
your  
feelings.

Neither  
does  
science.



One benefit of  
learning science in  
high school is that  
it teaches you how  
to ask questions,  
think critically, and  
find solutions to  
real-world  
problems.



*The only limit to our realization of tomorrow is our doubts of today. – Franklin D. Roosevelt*



# MESABI EAST STUDENT HANDBOOK

## CODE OF CONDUCT

### ● 5.6 SPECIAL EVENTS

Attending school sponsored special events is dependent on grade level, age, eligibility, and other criteria set by the Administration. These are based on our core values: **attendance**, **academics**, and **behavior**.

Mesabi East students can bring guests to Snoball and Prom, but they need prior approval from the Administration. To do this, students can get an approval form from the high school office, which must be signed and turned in two weeks before the event. Homeschooled students are considered guests of Mesabi East students. No one over the age of 20 can attend school dances. Advisors will make sure there is enough supervision with chaperones at all dances.

If a student does not meet the expectations of our core values: **attendance**, **academics**, and **behavior**, their eligibility to attend the next scheduled special event will be revoked. However, students can appeal by submitting an Activity Participation Appeal form to the high school office. A committee, including the principal, Dean of Students, and the event advisor, will review the appeal and make a decision. Appeals should be submitted no later than two weeks prior to the event.

To be eligible for Homecoming/SnoWeek Royalty, a student needs to have completed at least one semester at Mesabi East, be passing all of their classes, have no major behavioral referrals, and maintain 90% or better attendance. If a student has a nicotine, alcohol, or chemical violation, they will be ineligible for Royalty for the next Royalty cycle (Fall or Winter).

### ● 5.7 DRESS CODE

At Mesabi East, students are expected to maintain good grooming and dress appropriately for the weather. For safety reasons, backpacks, crossbody bags, purses, blankets, and heavy jackets are not allowed in class and must be stored in lockers during school hours.

Inappropriate clothing includes:

- Anything that exposes private parts, undergarments, or excessive skin
- Clothing with lewd, vulgar, or obscene messages
- Clothing promoting illegal products or activities for minors
- Clothing with racist, sexist, or other offensive messages
- Clothing representing gang membership or supporting harassment or violence based on religion, race, or gender
- Clothing that could damage school property or harm others

If a student's appearance is considered disruptive, inappropriate, or unsafe by staff, they will be asked to change into appropriate clothing or contact a parent/guardian for a change of clothes. Refusal to meet dress code guidelines is considered insubordination.

Clothing must cover areas from one armpit across to the other armpit, down to approximately 3 to 4 inches in length on the upper thighs. There can be no holes in clothing above the 3-to-4-inch bottom length.



### 10TH GRADE CHECKLIST FOR SUCCESS

#### Build Momentum and Explore Options

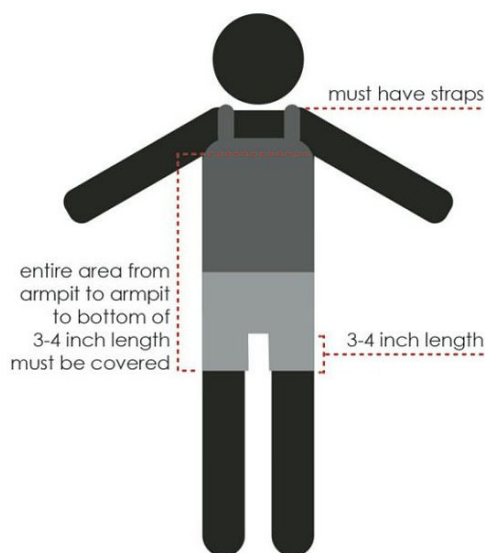
This is the year to explore interests, improve your academic standing, and begin shaping your future path.

- ✓ Keep Your Grades Up
- 🎯 Get Involved in Activities
- 📁 Update Your Portfolio
- 💡 Start Career Exploration
- 📚 Challenge Yourself Academically
- 👤 Build Strong Teacher Relationships
- 💬 Practice Professional Communication
- 🎓 Research College & Career Options
- 🌐 Clean Up Your Digital Footprint
- 📄 Keep Updating Your Resume
- 📝 Sign and Return Updated School Forms



*It always seems impossible until it's done. – Nelson Mandela*





Additional Acceptable attire includes:

- Headwear, including hats or head coverings, are allowed provided that it does not cover the student's face to the extent that the student is not identifiable.
  - Headgear must not interfere with the educational process. Students may wear headgear for medical or religious reasons.
  - Hoodies must allow the face and ears to be visible from the front and sides and must not interfere with the line of sight to any student or staff including while the student wearing the hoodie is seated.
  - Teachers may use discretion in their classrooms regarding hats and hoods.

If you are experiencing challenges related to personal grooming or hygiene and need support, please let a staff member know. We are here to help and can provide guidance or resources to assist you.

### ● 5.8 FOOD & BEVERAGE

Food and drinks should stay in the cafeteria, large commons, or small commons areas. As for classrooms, it is up to each teacher to decide whether food and drinks are allowed.

## FACS:

## Real life isn't DIY

## it's DIFY (Do It For Yourself).



One benefit of taking FACS in high school is that it teaches you practical life skills like cooking, budgeting, and personal wellness that you'll use every day.



*Shoot for the moon. Even if you miss, you will land among the stars. – Norman Vincent Peale*

# MESABI EAST STUDENT HANDBOOK

## CODE OF CONDUCT

### ● 5.9 HARASSMENT & VIOLENCE

Mesabi East is committed to creating a learning environment free from religious, racial, or sexual harassment and violence. Harassment is defined as any unwanted behavior, physical or verbal (or even suggested), that makes a reasonable person feel uncomfortable, humiliated, or mentally distressed.

Any form of harassment or violence based on religion, race, or gender is not allowed. The district will investigate all complaints, whether formal or informal, verbal or written, involving students, teachers, administrators, or other school staff. Parents or guardians of both the victim and the offender will be notified as soon as possible.

If the incident involves illegal activity, law enforcement will be contacted.

### ● 5.10 INSUBORDINATION

Respect and cooperation are essential for maintaining a positive learning environment at Mesabi East.

Insubordination refers to any willful and intentional refusal to follow reasonable instructions from school staff or any act of defiance that disrupts the school environment. This includes, but is not limited to, refusing to comply with directions, walking away while being spoken to, using disrespectful language or gestures, and failing to cooperate during school activities.

All students are expected to follow staff instructions promptly and respectfully. Insubordination will result in disciplinary action.

### ● 5.11 LUNCH GUIDELINES / CAFETERIA

The cafeteria is a space for students to enjoy their lunch and socialize. We encourage students to take advantage of our hot lunch program, and forms are available in the office if needed.

- **Cafeteria Dining:** Students eating school lunch must do so in the cafeteria before leaving for open lunch.
- **Meetings During Lunch:** If you have a meeting during lunch, obtain a pass from your advisor and bring your lunch to the meeting.
- **Meal Line:** Use the assigned meal line to ensure an organized flow.
- **Restrooms:** Please use the bathrooms located next to the cafeteria.
- **Cleanliness:** Clean up after yourself before leaving the cafeteria.
- **Salad Bar:** The salad bar is available exclusively for students in grades 9-12.
- **Seating:** Remain in your assigned areas or at designated tables.
- **Microwave Use:** Microwaves are available for student use; please be courteous by covering your food to prevent messes.



ATTITUDE OF GRATITUDE  
- 7 MINDSETS -



*Never stop learning because life never stops teaching. – Unknown*



### ● 5.12 NUISANCE DEVICES & ITEMS

Students should not use devices or items that have not been approved by the Administration or their teacher as educational tools. This includes things that could disrupt the learning environment, create distractions, or are unsafe.

### ● 5.13 OPEN CAMPUS

As a senior, you have worked hard to earn more freedom, and Open Campus is one of those privileges. This allows 12th-grade students to leave campus during lunch or free periods, as long as you are in good academic standing, follow school rules, and have your parent or guardian's written permission. It is important to use this freedom responsibly - come back on time for your next class or activity, and make sure you are meeting expectations.

If the privilege is misused, like being late or breaking school rules, it could be taken away. Think of this as a way to show your responsibility while enjoying a little extra independence!

Juniors (11th-grade students) are allowed to leave campus during lunch.

### ● 5.14 OWNING OUR ACTIONS

Sometimes, choices have consequences, and when school rules are not followed, disciplinary actions like detention, in-school suspension (ISS), or out-of-school suspension (OSS) may be assigned. Here is what each one means:

- **No Pass List** - The No Pass List is a list of students who are restricted from receiving hall passes or leaving class during instructional time due to disciplinary reasons, attendance issues, or academic concerns. Students on this list may have violated school policies, frequently skipped class, or demonstrated behavior that requires closer supervision.
- **Detention** - This is usually served before or after school and is a chance to reflect on choices while completing schoolwork or other assigned tasks. It is not fun, but it is a way to stay accountable without missing class time.
- **In-School Suspension (ISS)** - If you receive ISS, you will spend the school day in a designated area instead of attending your regular classes. You will still complete assignments, but it is a structured environment to help you refocus on expectations without being removed from school entirely. You may also need to complete a 7 Mindsets module before your ISS is considered "served".
- **Out-of-School Suspension (OSS)** - This means you are not allowed on campus for a set period, including extracurricular activities. It is a serious consequence meant to give time to reflect on behavior while keeping the learning process going at home. Schoolwork must still be completed, and returning to school often involves a meeting with Administration.



**Welding:**

**Built.**

**Broken.**

**Rebuilt.**



One benefit of learning welding in high school is that it gives you hands-on skills for high-demand, high-paying careers in industries all over the world.



*If you are not making mistakes, you are not learning. – Unknown*

# MESABI EAST STUDENT HANDBOOK

## CODE OF CONDUCT



- **Restorative Justice** - Restorative Justice focuses on repairing relationships and improving behavior. Instead of jumping straight to disciplinary action, the Administration and staff work to find alternatives that address the issue, hold students accountable, and keep the safety and learning environment in mind. Restorative measures might include things like meeting with the school social worker, mediation, restitution, school service, or a restorative meeting with staff and the student. Each situation is handled individually, and the Administration has the final say on any disciplinary actions.

Our goal is not just to hand out consequences - it is to help students learn, grow, and make better choices moving forward. Let's work together to create a respectful and positive school environment!

### ● 5.15 PHOTOS / RECORDING IN SCHOOL

Taking photos or recording at school without permission is not okay and can lead to some serious problems. School is a place where everyone should feel safe and respected, and taking pictures or videos of others without their consent can invade their privacy. Think about how you would feel if someone recorded you and shared it online without asking.

Plus, snapping photos or recording during class or other school activities can be a big distraction. It can pull your focus away from what is important - learning - and might make others feel self-conscious or uncomfortable. If you want to take a picture or record something for a class project or a school event, always check the rules and ask for permission first. By respecting others' privacy and following our guidelines, we can all help keep school a positive and safe place for everyone.

Recording physical altercations or any other inappropriate behavior is strictly prohibited. Students caught taking photos/recording such incidents will have their phones confiscated and could face up to 5 days of out-of-school suspension (OSS). A parent or guardian will need to retrieve the phone from the school.

The Minnesota State legislature states that school officials can search a student's phone if they have reasonable suspicion that it contains evidence of a crime, a violation of school rules, or a threat to school safety.

### ● 5.16 PICTURE DAY

Picture Day provides photos for school IDs and yearbooks. All students are required to have their picture taken, even if they are not purchasing a photo package. For identification and security purposes, photos must clearly show each student's face. Therefore, masks, wigs, hats, or alternate costumes are not permitted during the photo session.

A few weeks after the main Picture Day, a retake day is scheduled. This is an opportunity for students who missed the main Picture Day or those who are unhappy with their original photo to have their picture taken or retaken.

Students should dress in accordance with Mesabi East's dress code to ensure appropriate and professional photos. If you have any questions or concerns about Picture Day, please contact the Administration.



*A little progress each day adds up to big results. – Satya Nani*

# MESABI EAST STUDENT HANDBOOK

## CODE OF CONDUCT

### ● 5.17 PLEDGE OF ALLEGIANCE

The Pledge of Allegiance is recited during the 1st period each day to recognize the privileges and responsibilities of being a citizen of the United States. If a student chooses not to participate for personal reasons, that is okay. It is important that everyone respects each other's right to make that choice.

### ● 5.18 PHYSICAL SAFETY / FIGHTING

At Mesabi East, we want every student to feel safe and comfortable at school. No one should worry about getting hurt or dealing with violence.

We expect all members of our school community to uphold standards of respect, conflict resolution, and positive behavior to ensure that our school remains a place where everyone can learn and thrive without fear.

Fighting, physical altercations, and violence of any sort is not tolerated at Mesabi East. Any student who engages in a fight or physical altercation will be subject to consequences.

Any students who participate in a fight indirectly, through recording, encouraging, and/or refusing to disperse may receive consequences.

According to the Code of Conduct, all students must follow the directions of any staff member. This includes complying with instructions, not walking away during a conversation with a staff member and speaking respectfully.

#### Consequences

- **Fighting or hurting someone** - automatic **5-day out-of-school suspension (OSS)** and a **citation for disorderly conduct**.
- **Encouraging, recording, or refusing to leave a fight** – could result in up to **2 days of OSS**.
- **Recording fights or inappropriate behavior** – strictly **prohibited**. If caught, your phone will be taken, a parent/guardian must pick it up, and you could face up to **5 days of OSS**.

### ● 5.19 SOCIAL MEDIA

Mesabi East understands that social media platforms like Facebook, Instagram, Twitter, Google Groups, Snapchat, TikTok, and others are great tools for sharing important updates. The school has its own social media platforms to share news and highlight events for students and the community.

However, if students use social media in negative ways - like bullying, harassment, or violating the academic integrity policy - they will face disciplinary actions.



**Art:**

**In a world  
of  
copy-paste,  
be original.**



One benefit of taking art in high school is that it helps you express yourself creatively and think in new, innovative ways.



*Champions keep playing until they get it right. – Billie Jean King*



# MESABI EAST STUDENT HANDBOOK

## CODE OF CONDUCT

### ● 5.20 TRANSPORTATION TO & FROM SCHOOL EVENTS

Students are expected to use district-provided transportation both to and from any school event (field trips, class trips, athletic teams, etc.).

Transportation to/from ME3C is conducted for classes hourly from the main campus. Please adhere to transportation rules and policies while commuting to and from ME3C.

Students self-transporting to ME3C need to have a parental signed document on file with the High School office. Students are not allowed to transport other students to or from ME3C.

If there is a need to take different transportation to the event, it needs to be cleared ahead of time with the Administration. Parents or guardians should contact the high school office to make arrangements, and the coach or advisor must also approve it.

After an event, students can leave with their parents or guardian, but only if the coach or advisor is informed in person and it is documented.

One more thing - students are not allowed to give rides to other students. This helps ensure everyone's safety.

### ● 5.21 VANDALISM

Vandalism of school property is strictly prohibited and will not be tolerated. This includes any intentional damage, defacement, or destruction of school buildings, equipment, books, iPads, or other property owned or used by the school. Vandalism not only disrupts the learning environment but also impacts everyone by causing unnecessary costs and taking valuable resources away from educational purposes.

Students found responsible for vandalism will face disciplinary actions, which may include restitution for damages, detention, suspension, expulsion and, depending on the severity of the incident, legal action, and charges.

Students are encouraged to take pride in their school and report any instances of vandalism they witness to a teacher, administrator, or other staff member. Respect for school property helps maintain a safe and welcoming environment for everyone.



*Your only limit is your mind. – Unknown*



# THIS ISN'T TIKTOK HIGH



Oh sure, phones in school are *totally* helping everyone learn - if by "learn" you mean how to master the art of sneaky texting, checking TikTok 47 times an hour, and pretending to take notes while actually playing games. It's amazing how students suddenly forget how to raise their hands but remember every notification sound. With phones constantly buzzing, snapping, and distracting, it's no wonder the only thing getting a workout in class is the Wi-Fi. So yeah... not exactly the most focused learning environment.

We get it - taking away phones feels like asking you to give up oxygen. Some of you will act like you've been dropped into the wilderness with no map or Wi-Fi. But here's the thing: we actually want to create a *distraction-free* learning environment where your brain - not your phone - is doing the heavy lifting. No buzzing, no snapping, no scrolling, just actual focus (yeah, remember that?). We know it won't be easy, and yes, some of you will struggle at first. But just like you don't bring a TV to class, your phone doesn't need a front-row seat either. Trust us - your future self will thank you. Probably in a text. After school.

**SURE, IGNORE THE LESSON.  
THAT TIKTOK DANCE IS  
WAY MORE IMPORTANT.**

**BREAKING NEWS: NO ONE NEEDS  
A STATUS UPDATE ON WHAT YOU ATE FOR LUNCH.**

**THIS ISN'T A CONCERT.  
PUT YOUR PHONE AWAY  
AND BE PRESENT - LITERALLY.**

**YOUR PHONE WILL SURVIVE THE DAY  
WITHOUT YOU. WE PROMISE. IT TOLD US.**



# EXTRACURRICULAR ACTIVITIES



6.1 Academic Eligibility for Extracurricular Activities

6.2 Lettering

6.3 Clubs & Organizations

6.4 Sports & Extracurriculars



# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES

### ● 6.1 ACADEMIC ELIGIBILITY FOR EXTRACURRICULAR ACTIVITIES

To participate in regular season games or MSHSL (Minnesota State High School League) tournament events, a student must be fully enrolled (as defined by the Minnesota Department of Education) and be an active, enrolled member of their high school in good standing.

A student will be considered ineligible if they are suspended, expelled, excluded, or if their behavior violates the MSHSL Student Code of Responsibilities. In such cases, the principal will determine the length of ineligibility.

If a student disagrees with the decision, they may appeal. The appeal must be submitted in writing to the principal and should explain any special circumstances they want considered. The Administration will review the appeal and aim to reach a timely decision. During the appeal process, the original decision will remain in effect.

#### Failures (F)

If a student earns an F for a quarter or trimester grade, they will be ineligible to participate in any MSHSL activities, including sports, for one week.

If a student fails a class at mid-quarter, they remain ineligible until all grades are brought up to passing.

While ineligible, students may not miss school to attend school-sponsored activities.

After one week, the student can provide proof of passing grades to the Athletic Director, Principal, or Dean of Students. If all grades are passing, eligibility will be restored.

Students who fail a class in Quarter 4 will be ineligible for one event - either during their current season or the following Fall season. However, they will not be required to submit updated grade checks for eligibility in that case.

#### Incompletes (I)

If a student receives an Incomplete (I), they are not eligible to participate in MSHSL activities until the grade is updated to a passing mark of D- or higher. This can happen at any point after report cards are issued.

If the Incomplete later turns into an F, the student will follow the same one-week ineligibility rule that applies to failing grades.

Students who receive an Incomplete in Quarter 4 will be ineligible for one event in the Fall - unless the grade is later changed to a passing one before the season begins.

#### Eligibility with Summer School Course Completion

Students who successfully complete a summer school course to make up for an Incomplete or failing grade from Quarter 4 may become eligible to participate in Fall activities right away.

Eligibility will be determined by the principal and athletic director, based on the student's overall academic progress toward graduation - a requirement for participating in MSHSL-sponsored activities.



## Band:

Because  
sometimes  
words  
just aren't  
loud  
enough.



One benefit of  
being in band in  
high school is that  
it builds teamwork,  
discipline, and a  
lifelong  
appreciation for  
music.



*Work hard in silence, let your success be your noise. – Frank Ocean*

# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES

### ● 6.2 LETTERING

Receiving a letter for participating in a Mesabi East activity is a significant achievement - but it takes more than just showing up. Students must meet specific criteria that demonstrate meaningful contribution and commitment to the activity. These lettering requirements are set by the head coach or lead advisor and must be approved by the athletic director before any letter is awarded.

### ● 6.3 CLUBS & ORGANIZATIONS

Getting involved in clubs and organizations at Mesabi East is a great way for students to explore their interests, build leadership skills, and make lasting connections with peers. Whether you are passionate about the arts, academics, service, or special interests, there is something for everyone. Participation in these activities enhances the overall high school experience and helps students grow both personally and socially. We encourage all students to find a group that inspires them and get involved!

#### ARCHERY

**Contact:** Dustin Miller

Archery offers students the opportunity to learn and practice the lifelong skill of using a bow and arrow safely and effectively. Students will be introduced to proper form, safety rules, aiming techniques, and scoring. The program emphasizes focus, patience, and personal improvement. Archery is open to all skill levels and provides a supportive environment for both recreational shooting and friendly competition. Safety and sportsmanship are top priorities at all times.

**Grades 4-12**

#### CULINARY ARTS CLUB

**Contact:** Stacey Jasperson

This club meets after school from 3:15-5:00 approximately 1 to 2 times per month in FCS room 296. Students in grades 7-12 are welcome to join. The club makes a variety of foods and baked goods. Students are part of the decision making of what food items to make. A snack is provided.

**Grades 7-12**

#### FALL PLAY

**Contact:** Pete Klabecek

Participation in the Fall Play gives student actors and stage technicians the experience of a small cast production in an immersive theatre setting. Auditions are open to all Mesabi East students in grades 5-12. Students cast in the Fall Play work intensively on their dramatic skills, while those working on the technical side can gain hands-on experience in their areas of interest, which may include set construction, scenic painting, lighting, sound, costumes, makeup, stage management and running crew. Auditions for the Fall Play are usually held at the end of September/beginning of October; rehearsals run through October and early November, with Tech Week and performances the week before Thanksgiving.

**Grades 5-12**



*It's supposed to be hard. If it wasn't hard, everyone would do it. The hard is what makes it great.. – Jimmy Dugan, "A League of Their Own"*



# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES

### FLAG CORP

**Contact:** Josh Peterson

Being in a flag corps for a marching band is an exciting and dynamic experience that combines athleticism, artistry, and teamwork. Members of the flag corps use flags to visually interpret the music played by the marching band. They perform routines that include dance, spins, tosses, and other choreographed movements to enhance the band's overall presentation. It requires dedication, building coordination, and syncing with the band.

Beyond technical skills, flag corps teaches discipline, teamwork, and the thrill of performing for enthusiastic crowds during summer parades, bolstering our sense of community. It is a way to connect with others, express creativity, and contribute to something larger than oneself - creating unforgettable memories along the way. The flag corp is open to 8th-12th grade students at Mesabi East. Traditionally, auditions will be held if there is more interest than spots available.

**Grades 8-12**

### INDIAN EDUCATION

**Contact:** Maria Maninga

Indian Education, we are not a club or a sport, however we are a cultural outreach for our Native American community. The students are introduced or reacquainted with their roots. Language is a big part of the learning curve. Learning how foods are harvested and why they matter in different cultures helps us honor traditions, understand our roots, and stay connected to the generations that came before us.

**Grades Pre K-12**

### JAZZ BAND

**Contact:** Josh Peterson

This ensemble meets every Tuesday and Thursday morning before school, bringing together passionate musicians who want to refine their skills and experience the joy of jazz. Students will explore a variety of jazz styles, from classic big band tunes to modern arrangements, while developing their improvisation techniques, ensemble performance abilities, and musical expression.

The jazz band will showcase their talents through performances at school concerts, music contests, and community events, sharing the spirit and energy of jazz with audiences near and far.

Participation in this group requires commitment, collaboration, and enthusiasm for music, as we work together to create unforgettable performances. Whether you are a seasoned jazz enthusiast or new to the genre, jazz band offers the opportunity to grow as a musician and be part of an exciting musical community. Students in jazz band are also enrolled in either 8th grade band or the high school concert band.

**Grades 9-12**

### KNOWLEDGE BOWL (JUNIOR HIGH)

**Contact:** Carolyn Olson

Junior High Knowledge Bowl is a team-based, interdisciplinary academic competition where students test their knowledge across various subjects through written and oral rounds. Our season runs from October through November. Our teams attend three meets, and the top teams advance to a region tournament held in November.

**Grades 7,8**



*I look to the future because that is where I am going to spend the rest of my life. – George Burns*

# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES

### KNOWLEDGE BOWL (JUNIOR VARSITY)

**Contact:** Caroyln Olson

Junior Varsity Knowledge Bowl is a team-based, interdisciplinary academic competition where students test their knowledge across various subjects through written and oral rounds. Our season runs from October through November. Our teams attend three meets, and the top teams advance to a region tournament held in November.

**Grades 9,10**

### KNOWLEDGE BOWL (SENIOR HIGH)

**Contact:** Caroyln Olson

Varsity Knowledge Bowl is a team-based, interdisciplinary academic competition where students test their knowledge across various subjects through written and oral rounds. The season runs from January through March. Teams attend three meets (typically one meet per month), and the top teams advance to region tournaments held in March. Three regional winners advance to the state competition in April. Regular season senior high meets consist of one written round and four oral rounds. At the region and state competitions, five oral rounds are used, along with tie-breaker questions.

**Grades 9-12**

### LEO-SADD STUDENT CLUB

**Contact:** Stacey Jaspersen

This club stands for Leadership Experience Opportunity (LEO) and Students Against Destructive Decisions (SADD). Students in grades 7-12 are welcome to join. This club works directly with the Youth in Action (YIA) Club. Our major event is sponsoring the annual Monster Bash Halloween Party for elementary students. The club hosts a Mock Car Crash Event every couple of years. This club meets with the YIA club members during lunch.

**Grades 7-12**

### MARCHING BAND

**Contact:** Josh Peterson

Step into the spotlight and make music a vibrant part of our community with the 7-12th grade Mesabi East Marching Band! This dynamic ensemble brings students together for an exciting summer experience, performing at beloved local celebrations such as Land of the Loon, the July 3rd and 4th festivities, and the Hoyt Lakes Water Carnival. As a member of the marching band, students will develop essential musical skills, precision in marching techniques, and teamwork while performing crowd-pleasing music. Our band showcases spirit, talent, and dedication, making each event memorable for both participants and audiences alike. Musicians in the marching band are also enrolled in either 7th grade band, 8th grade band, or the high school concert band.

**Grades 7-12**

### NATIONAL HONOR SOCIETY

**Contact:** Shara Jarvela

The National Honor Society is a nationwide organization for high school students. Selection is based on four criteria: scholarship, leadership, service, and character. The NHS advisor works with the Administration to ensure students that are in National Honor Society are keeping up with the required GPA (3.4 or above, cumulative) and are completing their mandatory ten volunteer hours each semester. The advisor and Administration also work together to check student log entries, which include cheating. The National Honor Society at Mesabi East is in charge of the five yearly blood drives, Project ELF shopping and highway cleanup.

**Grades 11, 12**



*If at first you do not succeed, then skydiving definitely isn't for you. – Steven Wright*

# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES

### ONE ACT PLAY

**Contact:** Pete Klabecek

Auditions are open to all eligible Mesabi East students in grades 7-12th. The year's title will be announced, and the cast will be assigned before Winter Break. Possible choices will depend on appropriate participation, eligibility, and availability of casting. One-Act is a MSHSL Fine Arts competition event. Students in One Act experience an exciting and competitive theatrical event for high schools across Minnesota, in which each participating school presents a fully staged play of no longer than 35 minutes. Schools perform at Sub-Section and Sectional competitions, and some schools then advance to the MSHSL State Festival.

**Grades 7-12**

### PEP BAND

**Contact:** Josh Peterson

Get ready to bring the energy and excitement to our school events with the high school pep band! This ensemble, composed of all high school band students, is at the heart of school spirit, performing lively and dynamic music at multiple sporting events and pep fests throughout the year. Students in the pep band will play a variety of high-energy tunes, from popular hits to classic anthems, creating an electrifying atmosphere for athletes and fans alike. This group offers an opportunity to showcase your musical talents while fostering camaraderie and pride within our school community.

Participating in the pep band is a fun and rewarding experience, promoting teamwork, musicianship, and enthusiasm. Together, we will ignite school spirit and make every event unforgettable! To be in pep band students need to be enrolled in the 9-12 high school concert band.

**Grades 9-12**

### PEP CLUB

**Contact:** Rachel Doherty, Nikki Swanson

PEP Club promotes school spirit, encourages athletic and academic teams, boosts morale through activities like pep rallies, cheering at games, and organizing school events such as Homecoming, SnoWeek, tailgates, Food Truck nights, Charity Week, Giant Torch Pass, games and much more!

**Grades 7-12**

### ROCK RIDGE MOUNTAIN BIKE TEAM

**Contact:** Mariah Peterson

The Rock Ridge Mountain bike team includes ALL schools from Hibbing to Mesabi East. It is a cross-country mountain bike team for all students going into grades 6-12. Practices start in July and are usually 2-3 days a week in multiple locations including Red Head Mountain bike park in Chisholm. The team usually attends five races throughout the season, racing is optional. The season ends mid-October. Anyone is welcome!

**Grades 6-12**

### ROBOTICS

**Contact:** TBD

Each year the Messy Bees robotics team builds a new robot to compete in the game that is revealed at the start of January. Come find your passion as students have opportunities to Drive, Weld, CAD, Wire, Program, CNC, Fabricate, Design, and Strategize. The main competition is at the DECC in Duluth with over one hundred other teams from 3-5 different states, and 5000-10000 participants and spectators. There are a few off-season events throughout the year as well. Come join the fun.

**Grades 7-12**



*Accept no one's definition of your life, define yourself. – Harvey Fierstein*

# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES

### SPEECH

**Contact:** Pete Klabecek

Speech is a MSHSL Fine Arts competition that involves a presentation by one or two students that is judged against a similar type of presentation by others in a round of competition. There are two general categories of speech events, public address events and interpretive events. Student competitors may be from 6th-12th grade and academically eligible. MSHSL Speech season runs from February to early April.

**Grades 6-12**



### STUDENT COUNCIL (JUNIOR HIGH)

**Contact:** Frank Zobitz

The Junior High Student Council is a group of 7th and 8th grade students elected by their classmates to represent their voices and help make our school a better place. Members work together to plan events, promote school spirit, and lead community service projects. It is a great opportunity for students to practice leadership, teamwork, and responsibility while having a positive impact on their school.

**Grades 7-8**



### STUDENT COUNCIL (HIGH SCHOOL)

**Contact:** Brandi Richards

The student council is a representative group of the student body whose purpose is to foster initiatives that support and improve the climate at Mesabi East. The membership is composed of students representing each class grades 9-12.

The Student Council officers are elected from this representative body.

Some activities that Student Council has been part of include Planning Winter Fun Day activities and the Snoball Dance; taking part in the Northeast Division of Student Council conferences in the fall and spring; fundraising for various causes; etc.

**Grades 9-12**



### TRAP & SKEET

**Contact:** Rachel Doherty

The East Range Sportsmen's and Conversation Club teaches students in grades 7-12 shotgun awareness, safety and etiquette. Students **MUST** have completed hunter's safety education in order to participate.

The team competes at the East Range Sportsmen's Conservation Club facilities on Mondays. Athletes can partake in both the spring and fall league. The marked growth in maturity of the Trap Team members is seen on and off the line after participating due to the high level of safety needed when shooting clays.

The Trap Team joined the USA Clay Target League where athletes then compete on the state level in Alexandria, MN. The Clay Target League has over 49,000 athletes, with 1,625 teams participating. Mesabi East - Rock Ridge participates in the Class 2A Conference 6 on a local, regional, state and even national level. The team has numerous varsity individuals that participate at State yearly.

**Grades 7-12**



*Life begins at the end of your comfort zone. – Neale Donald Walsch*



# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES

### YOUTH IN ACTION CLUB

**Contact:** Stacey Jaspersen

Youth in Action (YIA) is a nation-wide club. The club collaborates with other Youth in Action Clubs on the Iron Range. Students in grades 7-12 are welcome to join. This club volunteers at numerous community events throughout the school year. The club attends the yearly Make a Difference Conference with other YIA students. The club meetings are during lunch.

**Grades 7-12**

### ● 6.4 SPORTS & EXTRACURRICULARS

At Mesabi East, sports and extracurricular activities play a vital role in building a well-rounded student experience. Whether you are competing on the field, performing on stage, speaking at a meet, these opportunities help students grow in confidence, leadership, and teamwork. From athletics to speech, one-act play, and more, students can find a place to develop their talents, pursue their passions, and be part of a supportive and spirited school community. We encourage all students to get involved and make the most of what Mesabi East has to offer!

Students may participate in two different sports during the same season with the approval of both head coaches, but should carefully consider the time, energy, and commitment required to successfully manage both.

Junior High teams are composed of students in grades 7 and 8, while Junior Varsity teams are usually made up of students in grades 9 and 10. Varsity teams generally consist of students in grades 11 and 12. However, students may be asked to play on a different team - either a higher or lower level - based on the needs of the team and their individual abilities. This decision is made to ensure the team's success while giving each athlete the opportunity to grow and develop. If there are any questions or concerns about team placement, students or parents should reach out to the respective team coach for clarification and further discussion.

Some of our sports are paired with neighboring schools like Rock Ridge to give students more opportunities to play. Depending on the sport, practices and games might be held at Mesabi East, Rock Ridge, or shared between both schools. Being able to team up with another school is a privilege, so it is important to be respectful of each other's teammates, coaches, and facilities. If you are traveling to Rock Ridge, you should only ride in approved carpools. Remember, each school is responsible for their own athletes, so all school rules still apply no matter where you are playing.



*Learning is a treasure that will follow its owner everywhere. – Chinese Proverb*

# MESABI EAST STUDENT HANDBOOK

## EXTRACURRICULAR ACTIVITIES



### FALL (AUG – NOV)

JH = Junior High  
JV = Junior Varsity  
V = Varsity

RR = Rock Ridge  
MI-B = Mountain Iron - Buhl

- Volleyball, Girls (JH, JV, V)
- Swimming & Diving, Girls (JH, JV, V)
- Cross Country Running, Girls (JH, JV, V)
- Soccer, Girls (paired with RR, MI-B)
- Tennis, Girls (JH, JV, V)
- Cross Country Running, Boys (JH, JV, V)
- Soccer, Boys (paired with RR, MI-B) (JV, V)
- Football (JH, JV, V)
- Cheerleading (V)
- Trap & Skeet (paired with RR)
- Fall Play

### WINTER (DEC – MAR)

JH = Junior High  
JV = Junior Varsity  
V = Varsity

RR = Rock Ridge  
MI-B = Mountain Iron - Buhl

- Basketball, Girls (JH, JV, V)
- Hockey, Girls (paired with RR, MI-B, Ely) (JV, V)
- Alpine Skiing, Girls (paired with RR, MI-B) (JV, V)
- Nordic Skiing, Girls (paired with RR, MI-B) (JH, JV, V)
- Hockey, Boys (paired with RR, MI-B, Cherry) (JV, V)
- Alpine Skiing, Boys (paired with RR, MI-B) (JV, V)
- Swimming & Diving, Boys (JH, JV, V)
- Basketball, Boys (JH, JV, V)
- Cheerleading (JV, V)
- Archery
- One Act Play
- Robotics

### SPRING (APR – JUN)

JH = Junior High  
JV = Junior Varsity  
V = Varsity

RR = Rock Ridge  
MI-B = Mountain Iron - Buhl

- Track and Field, Girls (JH, JV, V)
- Golf, Girls (JH, JV, V)
- Softball (JH, JV, V)
- Track and Field, Boys (JH, JV, V)
- Baseball (JH, JV, V)
- Golf, Boys (JH, JV, V)
- Trap & Skeet (paired with RR)
- Speech



*You are capable of more than you know – Glinda, The Wizard of Oz*



GIANTS GIRLS BASKETBALL			
	GAME	SEASON	CAREER
<b>PTS</b>	2025-44 Marta Forsline-43	2025-69 Ava Hill-690	2025-2581 Hannah Hannuksela-2009
<b>REBOUNDS</b>	2025 Marta Forsline-28	2025 Marta Forsline-404	2022 Kora Forsline-867
	2007 Jessie Larson-27	2017 Hope Howell-334	2010 Hailey Lislegard-817
<b>2PT. FG MADE</b>	2025 Marta Forsline-19	2025 Marta Forsline-254	2020 Ava Hill-746
<b>3PT. FG MADE</b>	2025 Marta Forsline-19	2025 Marta Forsline-254	2020 Ava Hill-746
<b>FREETHROWS MADE</b>	2023 Marta Forsline-21	2022 Kora Forsline-177	2021 Hannah Hannuksela-558
	2007 Alyssa Lund-16	2009 Kaeley Whiting-154	2020 Ava Hill-419
<b>STEALS</b>	2001 Jackie Plesha-14	1999 Jackie Plesha-166	2001 Jackie Plesha-567
	2022 Alexa Fossell-13	1999 Jackie Plesha-165	2019 Ava Hill-419
<b>BLOCKS</b>	1991 Jenna Heruth-11	2025 Marta Forsline-80	1995 Katie Undeland
	2024 Marta Forsline-11	2025 Marta Forsline-80	1995 Katie Undeland
<b>FG%</b>	2025-44 100%-5/5	2025-69 58.3%-254/436	2025-2581 52.9%-162/386
	2022-3/3 100%-3/3	1999-140/245 57.3%-140/245	2025-451/906 49.8%-451/906

*Your Future Starts with Getting Involved.*

Getting involved in a club, organization, or sports team is one of the best ways to make new friends, build confidence, and discover what you're passionate about. It helps you develop leadership skills, stay active, manage your time, and create memories that will last long after graduation. Plus, being involved looks great on college and job applications - showing that you're committed, motivated, and ready to make a difference!



# FACILITIES & RESOURCES



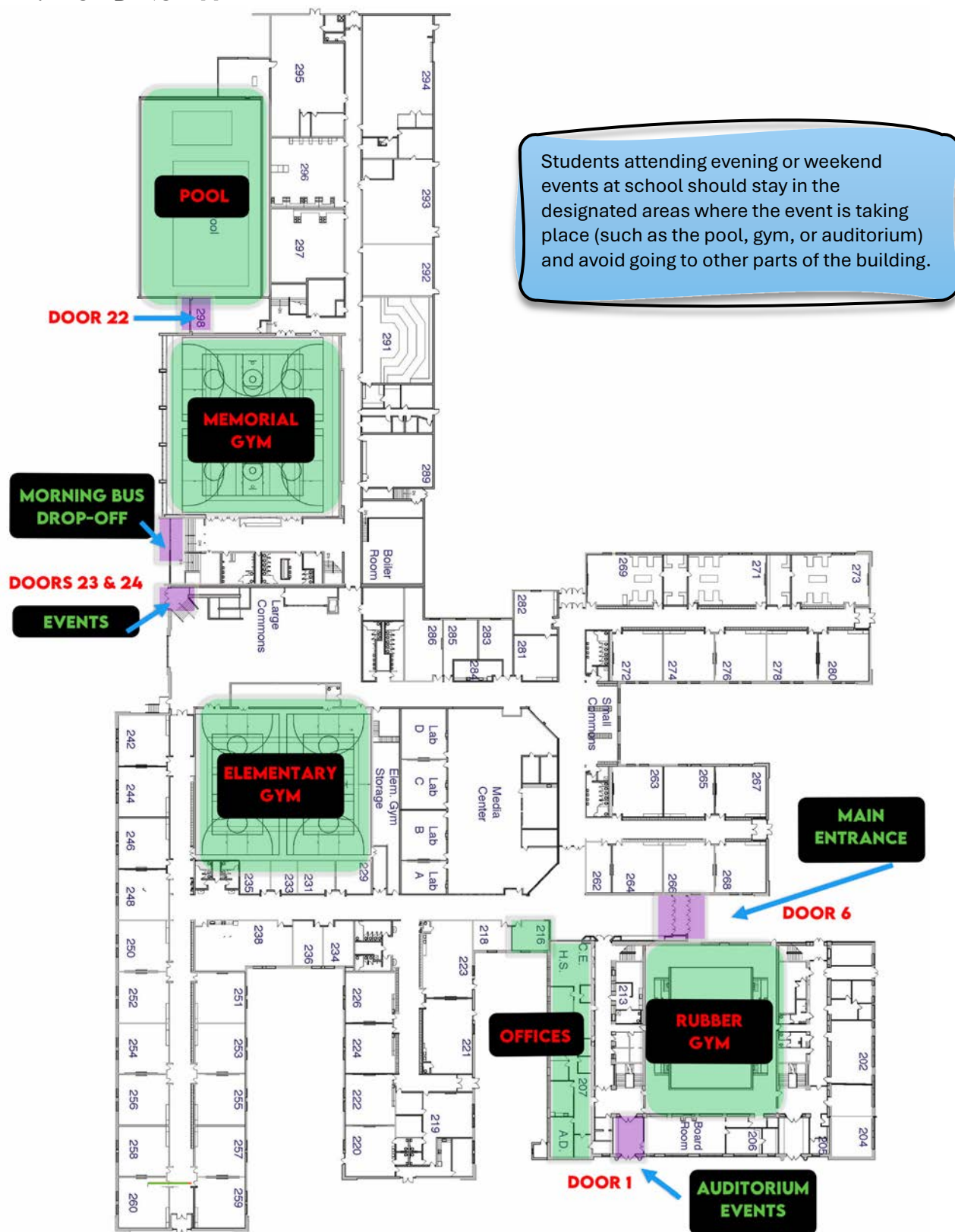
- 7.1 Building Map
- 7.2 Bulletin Board Procedures
- 7.3 Student Drop off / Pickup
- 7.4 Email
- 7.5 Gym Seating
- 7.6 iPads
- 7.7 Lockers
- 7.8 Lost & Found
- 7.9 Signing In & Out
- 7.10 Student Vehicles & Parking
- 7.11 Video Surveillance
- 7.12 Visitors



# MESABI EAST STUDENT HANDBOOK

## FACILITY & RESOURCES

### 7.1 BUILDING MAP



Success does not come from what you do occasionally, it comes from what you do consistently. – Marie Forleo

# MESABI EAST STUDENT HANDBOOK

## FACILITY & RESOURCES

### ● 7.2 BULLETIN BOARD PROCEDURES

You are welcome to place posters and notices around the building with permission from the Administration. Here are a few exceptions:

- Posters and notices can be placed on the gym walls with approval from the athletic director.
- Art displays can be set up around the school with the Art teacher's permission and guidance.

If your poster or notice is about something other than a school activity, just make sure to get approval from the Administration before posting. This helps keep our school looking great and organized! Please remove your approved posters once your event/activity is done. Unauthorized posters/notices will be removed and discarded.

### ● 7.3 STUDENT DROP OFF / PICKUP

In the morning, students arriving by bus will unload at doors 23 and 24.

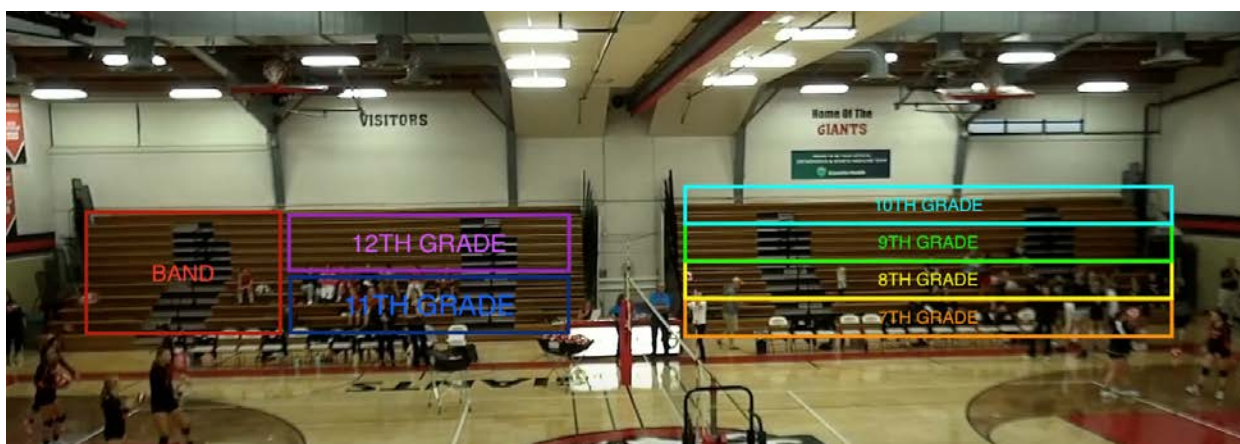
Parents dropping off or picking up students should use door 6 for convenience and safety.

### ● 7.4 EMAIL

Each student gets a school email address to make it easier to stay in touch with teachers, the high school office, and different school activities. This email is meant to be used only for school-related things. Students are expected to check their email every day for important announcements and messages. In many cases, things like passes to leave early, discipline alerts, lunch account updates, and other important notices will come through email, so it is important to keep an eye on it!

### ● 7.5 GYM SEATING

Students should sit in their designated areas in the gym during assemblies, events, or other activities.




*One kind word can change someone's entire day. – Unknown*

# MESABI EAST STUDENT HANDBOOK

## FACILITY & RESOURCES

### ● 7.6 IPADS

To support student success, Mesabi East provides each student with an Apple iPad. These devices give students and teachers access to digital tools, lessons, and resources that make learning more engaging and reduce the need for traditional textbooks, calculators, and dictionaries.

Before receiving an iPad, students and their parents/guardians must review and sign the iPad Policy, which explains how to care for the device and the expectations for responsible use. We also offer an optional iPad insurance plan. This helps cover the cost of a protective case and provides a one-time replacement if the device is accidentally damaged. Families will receive information about coverage options, along with a form to review and sign. 

### ● 7.7 LOCKERS

Students are only allowed to use the locker that is assigned to them. Students are responsible for keeping their lockers in good condition and making sure the contents are appropriate.

It is a good idea for students to bring their own locks.

According to Minnesota state law, school lockers are the property of the school district, and the district always maintains control over them. This means school staff can remove personal locks and inspect the inside of lockers at any time, without notice, consent, or a search warrant. However, personal items inside a locker can only be searched if there is a reasonable suspicion that something inside violates the law or school rules. If a student's personal belongings are searched, they will be notified as soon as possible, unless it interferes with an ongoing investigation.

If a student is found accessing another student's locker, it could be considered trespassing and result in disciplinary action. If a student notices any vandalism to their locker, they should report it to the Administration right away.

### ● 7.8 LOST & FOUND

If students lose clothing, books, or other materials, they should check with their teachers or bus drivers/transportation. We will do our best to return any items found to their owners, however if an owner cannot be found the item will be held in the office for a short period of time. It is helpful to label everything with your name when possible. Anything left unclaimed will be donated to a local charity or the kids' closet.

### ● 7.9 SIGNING IN & OUT

If you arrive at school after 8:15 am, please stop by the office first to sign in and get a pass before heading to class. This ensures we keep accurate attendance records.

If you need to leave before the end of the school day, make sure to sign out at the office before you go. The only exception is for students who have permission to leave campus during lunch - no sign-out is needed in that case.

PSEO students are also expected to sign in and out so we are aware of when they are in the building.



*Never give up because great things take time. – Unknown*



**Business:**

**Make moves.**

**Make money.**

**Make it happen.**



One benefit of taking business classes in high school is that it teaches you how money, marketing, and management work – skills you can use in any career (or even to start your own business).



# MESABI EAST STUDENT HANDBOOK

## FACILITY & RESOURCES

### ● 7.10 STUDENT VEHICLES & PARKING

Students are allowed to park in the designated student parking lots and must follow the school zone speed limits. If there is a safety concern, vehicles parked on school grounds may be searched by school staff or law enforcement.

During the school day, students are not allowed to go to their cars unless they have permission from the Administration or office staff. Students can only use their cars during the day with written permission from a parent and approval from the office.

### ● 7.11 VIDEO SURVEILLANCE

Mesabi East uses audio and video surveillance to help maintain a safe and secure environment for everyone. Cameras are placed in public areas like hallways, entrances, and common spaces to monitor activity and discourage inappropriate behavior. These cameras are not used to invade privacy but to ensure safety, protect property, and address security concerns if they arise.

Footage is reviewed only when necessary and is handled in accordance with school policies to maintain confidentiality. By being aware of these measures, we can all contribute to a safer and more respectful school community.

### ● 7.12 VISITORS

Student visitors are not allowed at Mesabi East. If an adult wants to volunteer in a classroom, they need approval from the Administration and must pass a background check.



## 9TH GRADE CHECKLIST FOR SUCCESS

### Setting the Stage for Success

Welcome to high school! Ninth grade is a big step, and how you start can make a big difference in your future. Here's a checklist to help you stay organized, get involved, and start thinking ahead:

- ✓ Get an Updated Sports Physical
- 📚 Start Strong Academically
- 📁 Create a Personal Portfolio
- 🔒 Bring a Lock for Your Locker
- ✏️ Check the Supply List
- 📖 Read the Student Handbook
- 🧠 Choose Courses with Your Future in Mind
- 📖 Read Often
- 🗣️ Practice Adult Communication
- 📱 Be Smart on Social Media
- 📄 Start a Resume
- ✍️ Sign and Return the Handbook Acknowledgment Page
- 🔑 Turn in Your Locker Combination Form



*Attitude is a little thing that makes a big difference. – Winston Churchill*





# GIANTS @WORK

**DO YOU HAVE A JOB?  
DO YOU VOLUNTEER?**



**ME Giants@Work** celebrates the effort our Giants put in beyond the classroom. If you have a job or volunteer, scan the QR code and let us know - so we can give you the recognition you deserve!



# HEALTH & SAFETY



- 8.1 Chemical Use / Controlled Substances
- 8.2 Communicable Diseases
- 8.3 Fire Drills, Lockdowns, & Other Emergency Procedures
- 8.4 First Aid
- 8.5 Food Allergies
- 8.6 Illness
- 8.7 Immunizations
- 8.8 Medications



# MESABI EAST STUDENT HANDBOOK

## HEALTH & SAFETY

### ● 8.1 CHEMICAL USE / CONTROLLED SUBSTANCES

Those found in possession, selling, distributing, and/or under the influence of mind-altering chemicals or in the possession of drug paraphernalia will be suspended from school. The school defines under the influence as detectable consumption. In the event that a student's behavior is unusual or irrational or the student appears to be a danger to themselves or others, parents/guardians will be notified and required to pick their student up from school. This includes violations in or on school property, 24 hours per day, or away from school property while participating in, or attending, school-sponsored activities and/or on school buses and stops.

Law enforcement will be called at the time of the suspension, and all paraphernalia and substances will be turned over to law enforcement and the incident will be recorded. Parents will be called and asked to come to school immediately to remove the student. If the student is incapable of transporting himself/herself and/or if the parents cannot come to the school or refuse to come to the school, transportation to detox will be arranged.

Mood altering chemicals are considered to be any quantity of tobacco, alcohol, synthetic chemical, controlled substance, or drug paraphernalia. (It is not a violation for students to be in possession of a controlled substance specifically prescribed for the student's own use by their own physician.)

NICOTINE VIOLATIONS		
1 <sup>ST</sup> OFFENSE	2 <sup>ND</sup> OFFENSE	3 <sup>RD</sup> OFFENSE
<ul style="list-style-type: none"><li>• Possible suspension</li><li>• Referral to law enforcement</li><li>• Parent contact</li><li>• The student will be required to complete a series of smoking cessation class sessions or a series of sanctioned counseling sessions addressing tobacco use issues.</li></ul> <p>Students who do not complete the class will be cited by law enforcement for smoking in a public building.</p>	<ul style="list-style-type: none"><li>• Possible suspension</li><li>• Law enforcement citation</li><li>• Conference at school with a parent and Administration</li><li>• The student will be required to complete a series of smoking cessation class sessions or a series of sanctioned counseling sessions addressing tobacco use issues.</li></ul>	<ul style="list-style-type: none"><li>• Possible suspension</li><li>• Law enforcement citation</li><li>• The Administration will make a recommendation to the Superintendent that the student be considered for alternative placement where addiction support is offered.</li><li>• Conference at school with a parent and Administration</li><li>• The student will be required to complete a series of smoking cessation class sessions or a series of sanctioned counseling sessions addressing tobacco use issues.</li></ul>



*The beautiful thing about learning is that no one can take it away from you. – B.B. King*

# MESABI EAST STUDENT HANDBOOK

## HEALTH & SAFETY



CHEMICAL / ALCOHOL VIOLATIONS		
1 <sup>ST</sup> OFFENSE	2 <sup>ND</sup> OFFENSE	3 <sup>RD</sup> OFFENSE
<ul style="list-style-type: none"> <li>Possible suspension</li> <li>Parent contact</li> <li>The student will be required to complete a series of substance abuse education class sessions or a series of sanctioned counseling sessions addressing substance use issues.</li> </ul> <p>Students who do not complete the class will be cited by law enforcement.</p>	<ul style="list-style-type: none"> <li>Possible suspension</li> <li>Law enforcement citation</li> <li>Conference at school with a parent and Administration</li> <li>Possible referral for expulsion</li> <li>The student will be required to complete a series of substance abuse education class sessions or a series of sanctioned counseling sessions addressing substance use.</li> </ul>	<ul style="list-style-type: none"> <li>Possible suspension</li> <li>Law enforcement citation</li> <li>Conference at school with a parent and Administration</li> <li>The Administration will make a recommendation to the Superintendent that the student be considered for an alternative placement where addiction support is offered.</li> <li>The student will be required to complete a series of substance abuse education class sessions or a series of sanctioned counseling sessions addressing substance use.</li> <li>Possible referral for expulsion.</li> </ul>

**MSHSL Category I Activities:** Refer to the MSHSL Eligibility Information Bulletin for the penalty that applies.

**MSHSL Category II Activities:** See policy below for the penalty that applies.

### Mesabi East High School Category II Policy

If a student has become ineligible due to a nicotine/alcohol/chemical violation, it will be determined that the student will not be eligible to perform in MSHSL sponsored solo and small ensemble contests at the Subsection and Section level for that school year. If the violation occurs after the year's contest has taken place, then the student will not be eligible to perform at the following year's contest.

Any student that becomes ineligible due to a nicotine/alcohol/chemical violation will not be eligible to compete in MSHSL sponsored large group contest.

If a student is determined to be academically ineligible, he/she will be eligible to compete in a music contest at the time that he/she is shown to have grades high enough to become academically eligible.



*Education is the passport to the future, for tomorrow belongs to those who prepare for it today. – Malcolm X*



### ● 8.2 COMMUNICABLE DISEASES

To maintain a healthy school environment, it is important to follow guidelines regarding communicable diseases. If a student is diagnosed with or shows symptoms of a contagious illness, such as the flu, strep throat, or COVID-19, they should stay home to recover and prevent the spread of the illness to others.

Parents or guardians are encouraged to notify the school office if their child has a communicable disease so appropriate steps can be taken to ensure the health and safety of all students and staff. The school follows state and local health department guidelines to manage communicable diseases and will communicate any necessary updates or precautions to families. Together, we can help keep our school community safe and healthy.

### ● 8.3 FIRE DRILLS, LOCKDOWNS, & OTHER EMERGENCY PROCEDURES

The school will hold regular fire drills, ALICE drills, lockdowns, and severe weather drills throughout the year.

During a drill or real emergency, everyone is expected to listen for announcements and follow directions.

When directed to leave the building, classes should stay together at least one hundred feet away from the building and remain there until told to return or go to a different shelter. Be sure to stay with your designated teacher.

If needed, students may be evacuated to nearby staging areas or other emergency shelters. In case of a real emergency, parents/guardians should check their phones for Instant Alert messages from the District.

### ● 8.4 FIRST AID

Mesabi East is committed to providing a safe environment for all students and staff. Basic first aid is available in the nurse's office to address minor injuries or illnesses that occur during the school day. Trained staff members will assess the situation and provide appropriate care.

If an injury or illness requires additional medical attention, parents or guardians will be contacted immediately. In the event of an emergency, the school will call 911 and follow appropriate protocols to ensure the student receives the necessary care. Parents are encouraged to keep the school updated with current emergency contact information and any relevant medical conditions to better support their child's safety.

### ● 8.5 FOOD ALLERGIES

We are committed to creating a safe environment for students with food allergies. Students with known food allergies should inform the school nurse and provide any necessary medical documentation, including an emergency action plan if required, as this information is made available to teachers and staff in PowerSchool.

## Parent / Teacher Conferences

OCTOBER  
13

NOVEMBER  
13

FEBRUARY  
10

FEBRUARY  
12



*Doubt kills more dreams than failure ever will. – Suzy Kassem*

# MESABI EAST STUDENT HANDBOOK

## HEALTH & SAFETY

It is important for students to provide the nurse with any prescribed medications, such as an epinephrine auto-injector, in order to ensure it is readily accessible in case of an allergic reaction.

While the school cannot guarantee an allergen-free environment, we encourage all students to be mindful of classmates with allergies and follow any guidelines provided in classrooms, the cafeteria, or during school events. If you have any questions or concerns about managing food allergies, please reach out to the school nurse or Administration. Working together, we can help keep everyone safe and healthy.

### ● 8.6 ILLNESS

Students who are feeling ill should stay home and rest until they are well enough to return to school. If a student becomes sick during the school day, they should notify their teacher and report to the nurse's office for assessment. Parents or guardians will be contacted if the student needs to be sent home.

Students should not attend school if they have a fever (100°F or higher), vomiting, diarrhea, or other contagious symptoms. They may return after being symptom-free for at least 24 hours without the use of medication. By staying home when sick, students help protect the health of their classmates and school staff. If you have any questions about illness policies, please contact the Administration.

### ● 8.7 IMMUNIZATIONS

In Minnesota, all students in grades K - 12 are required to be immunized against certain diseases or provide documentation for an exemption. Required immunizations include:

## Are Your Kids Ready?

### Minnesota K-12 Immunization Law

Students are required to receive certain vaccines for school or submit an exemption. This requirement applies for all public, private, online, and home schools in Minnesota. Look for your child's grade in the chart below and see how many total doses of each vaccine are needed for their grade.

Required Immunizations	Kindergarten to Sixth Grade	Seventh Grade to Eleventh Grade	Twelfth Grade
Hepatitis B (Hep B)	3 Doses	3 Doses	3 Doses
Polio (IPV)	4 Doses	4 Doses	4 Doses
Measles, mumps, rubella (MMR)	2 Doses	2 Doses	2 Doses
Varicella (Chickenpox)	2 Doses	2 Doses	2 Doses
Diphtheria, tetanus, and pertussis (DTaP)	5 Doses	5 Doses	5 Doses
Tetanus, diphtheria, and pertussis (Tdap)		1 Dose	1 Dose
Meningococcal ACWY (MenACWY)		1 Dose	2 Doses

**Note:** The number of doses may be different if your child is behind schedule. If your child has fallen behind on their vaccinations it is not too late to catch-up, talk to their health care provider.



*Make today so awesome, yesterday gets jealous. – Unknown*



# MESABI EAST STUDENT HANDBOOK

## HEALTH & SAFETY

### Exemptions

Parents or guardians may submit a notarized statement to request an exemption based on their personal beliefs. Emancipated minors may also submit a notarized statement for exemption based on their personal beliefs.

- **Medical Exemption:** If an immunization is medically contraindicated for a child, or if there is laboratory confirmation that child is already immune to certain diseases against which immunization is normally required, the student may submit a statement to this effect, signed by a health care provider, in order to be considered exempt from the contraindicated or unnecessary immunization.
- **Non-Medical Exemption:** If a child's parent or guardian, or the child (in the case of an emancipated minor), wishes to be exempt, based on their beliefs, from one or more immunization requirements, the parent or child may submit a statement to this effect, signed by the submitting person and notarized.

Vaccinations help prevent the spread of disease and protect the health and well-being of all students. For questions about immunization requirements or exemptions, please contact the Administration.

### ● 8.8 MEDICATIONS

Medications will only be administered at school with written instructions from a doctor, co-signed by a parent/guardian, and must be in the original prescription container. Students are not allowed to keep any medications in their lockers or on them; all medications should be brought to the nurse's office.



ALWAYS  
FOLLOW  
YOUR  
PASSION



*If it does not challenge you, it will not change you. – Fred DeVito*

# PARENT & COMMUNITY INVOLVEMENT



- 9.1 Communication / Parent Portal
- 9.2 Disclosure of Directory Information
- 9.3 Eighteen-Year-Old Student
- 9.4 Enrollment Changes
- 9.5 Fees & Obligations
- 9.6 Fundraising
- 9.7 Messages & Information to Students
- 9.8 Non-School Sponsored Distribution of Materials
- 9.9 Parent / Teacher Conferences
- 9.10 Student Records
- 9.11 Visitors



# MESABI EAST STUDENT HANDBOOK

## PARENT & COMMUNITY INVOLVEMENT

### ● 9.1 COMMUNICATION / PARENT PORTAL

PowerSchool is our main way of communicating with families regarding attendance, grading, and behavior. We also use other methods like phone calls, emails, letters sent home, and text messages to stay connected.

PowerSchool can be accessed via their app or online using the parent portal. Login credentials are sent home with students at the beginning of each school year.


### ● 9.2 DISCLOSURE OF DIRECTORY INFORMATION

In line with the Minnesota Government Data Practice Act, we want to let you know that we publish "Directory Information" for current students when requested. If you, as a student or a parent/guardian, prefer not to have this information shared, you can submit a written request to the school to opt out.

### ● 9.3 EIGHTEEN-YEAR-OLD STUDENT

Students who are eighteen or older and attending Mesabi East are expected to follow the same rules as students under eighteen. The only exception is for 18-year-olds who no longer live at home with their parents or guardians. These students can write their own notes, but only if their parents or guardians notify the school in writing they approve of the student doing so, and after confirmation from the Administration.

### ● 9.4 ENROLLMENT CHANGES

If a student moves out of the district or leaves Mesabi East during the year, the parent or guardian needs to contact the school. The student will also need to complete a check-out process and form to make sure all materials are returned, and any obligations are taken care of. The checkout form will include communication with teachers, return of materials, and updated grades. The form is available on the website. 

If a student moves into the district, information from their previous school should be given to the school regarding current enrolled courses, current grades, and should include an academic transcript.

### ● 9.5 FEES & OBLIGATIONS

The school may charge fees for certain courses or activities that are considered extra-curricular, non-curricular, or outside the core education requirements. These fees could cover things like:

- Copies
- Extra-curricular activities
- Security deposits
- PE equipment and clothing
- Special projects in shop or art classes
- Voluntary health and accident insurance
- Instrument rentals
- iPad insurance
- Fundraising items/money unreturned/outstanding



to be continued



*There is no elevator to success. You have to take the stairs. – Zig Ziglar*



# MESABI EAST STUDENT HANDBOOK

## PARENT & COMMUNITY INVOLVEMENT

Students and families are also responsible for any obligations related to lost, damaged, or overdue materials, as well as overdue lunch accounts. Not paying these obligations could impact a student's ability to participate in things like graduation, extra-curricular activities, and school events, including dances.

### ● 9.6 FUNDRAISING

Anyone wanting to do a fundraiser needs to fill out a Fundraising Request Form and get approval from the Administration before making any plans. You can pick up the form from the high school office.

### ● 9.7 MESSAGES & INFORMATION TO STUDENTS

If there is an emergency, messages can be passed on to students through the high school office. There is also a phone in the office that students can use - with permission - to call parents in case of emergencies.

The Daily Bulletin, which includes important info for students, will be shared during 1st period each day. You can also find it posted around the school, and on the District Website.

Students are expected to check their school email daily, as it is the main way for teachers, staff, and administrators to communicate important messages.


Mass communications are also sent out via PowerSchool. Please make sure your contact information is accurate (phone number, email, and mailing address).

### ● 9.8 NON-SCHOOL SPONSORED DISTRIBUTION OF MATERIALS

All groups not sponsored by the school must obtain approval from the Administration before selling, distributing, or scheduling the delivery of materials on school property.

### ● 9.9 PARENT / TEACHER CONFERENCES

Parent-teacher conferences are held in the fall and winter of each year and all parents are invited. Parent-teacher conferences are a great way for parents and teachers to connect, talk about how their student is doing, work through any challenges, and find ways to support their growth and success together.

In addition, teachers are also available for meetings at any time throughout the year that work for both parties. You can contact a staff member by phone or email to set something up. Contact information for teachers can be found in the staff directory on the website. 



ONE  
DAY  
OR  
DAY  
ONE  
—  
YOU  
DEC  
IDE



*Success is not about being the best. It is about always getting better. – Behance*

# MESABI EAST STUDENT HANDBOOK

## PARENT & COMMUNITY INVOLVEMENT

### ● 9.10 STUDENT RECORDS

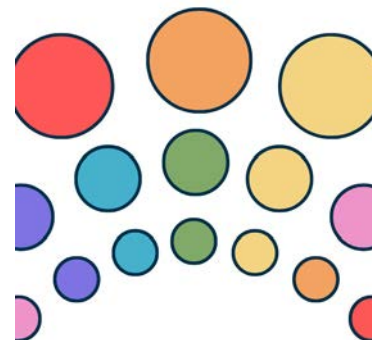
Student records are maintained in accordance with state and federal laws to ensure accuracy, privacy, and confidentiality. These records include personal information, academic history, attendance, health information, and disciplinary actions.

Parents/guardians and eligible students (18 years or older) have the right to access and review these records, request corrections if inaccuracies are found, and control the release of specific information.

The school will only share student records with authorized personnel or agencies as permitted by law or with written consent from the parent/guardian or eligible student. For more information or to request access to records, please contact the Administration.

### ● 9.11 VISITORS

Student visitors are not allowed at Mesabi East. If an adult wants to volunteer in a classroom, they need approval from the Administration and must pass a background check.



**"Do things at  
your own  
pace. Life's  
not a race."**

—Olivia Wilson



*In a world where you can be anything, be kind. – Jennifer Dukes Lee*



# STUDENT RIGHTS & RESPONSIBILITIES



- 10.1 Policies
- 10.2 Acceptable Use Policy
- 10.3 Student Rights & Responsibilities
- 10.4 Rights to Privacy & Safety
- 10.5 Responsibility for School Property
- 10.6 Internet & Technology Usage Policies



# MESABI EAST STUDENT HANDBOOK

## STUDENT RIGHTS & RESPONSIBILITIES


### ● 10.1 POLICIES

A policy is a set of rules or guidelines designed to help a school run smoothly, fairly, and safely. Policies explain what is expected of students, staff, and families, and they provide a consistent framework for decision-making and behavior. Whether it is about attendance, grading, conduct, or participation in activities, school policies are in place to support a positive learning environment for everyone. Understanding and following these policies helps ensure that all students have the best opportunity to succeed.

The most up-to-date policies are available through the Superintendent's Office. Please note that there are additional school policies not listed below that are still in effect.

- 413 - Harassment and Violence
- 414 - Mandated Reporting of Child Neglect or Physical or Sexual Abuse
- 501 - School Weapons Policy
- 502 - Search of Student Lockers, Desks, Personal Possessions, and Student's Person
- 506 - Student Discipline
- 507.5 - School Resource Officers
- 514 - Bullying Prohibition Policy
- 524 - Internet, Technology, and Cell Phone Acceptable Use and Safety Policy
- 524.5 - Personal Electronic Communication Devices
- 525 - Violence Prevention
- 526 - Hazing Prohibition
- 531 - The Pledge of Allegiance
- 533 - Wellness

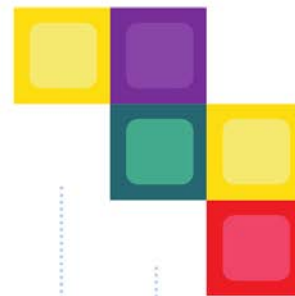
### ● 10.2 ACCEPTABLE USE POLICY

Students are expected to follow the guidelines in the Acceptable Use Policy when using computers, iPads, and other school equipment. Each student will need to review and sign the Acceptable Use Policy document. If a student does not follow the rules in the policy, they could lose their access to school equipment or facilities, as decided by the principal and the technology coordinator. There is also a separate policy for iPads that students need to be aware of. Additional information is available on the website. 

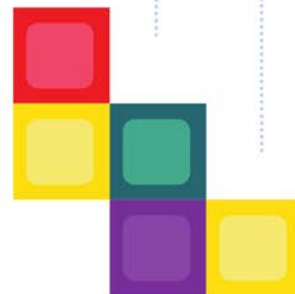
### ● 10.3 STUDENT RIGHTS & RESPONSIBILITIES

At Mesabi East, we believe that every student has the right to a safe, respectful, and supportive learning environment. With those rights come important responsibilities. Students are expected to act with integrity, show respect for others, and contribute positively to the school community. Understanding both your rights and responsibilities helps create a school culture where everyone can learn, grow, and succeed.

This section outlines the key expectations and freedoms that guide student life at Mesabi East.



AVERAGE IS  
CROWDED.  
STAND  
SOMEWHERE  
ELSE.



*Do not be afraid to fail. Be afraid not to try. – Michael Jordan*

# MESABI EAST STUDENT HANDBOOK

## STUDENT RIGHTS & RESPONSIBILITIES

### Learning: Rights

- Students have the right to a complete and fair education that meets their needs.
- Students have the right to learn in a safe school environment without being disturbed by others.
- Students have the right to catch up on the schoolwork they missed during an excused absence.
- Students have the right to receive homebound instruction, following state rules, if they are absent for a long time.

### Learning: Responsibilities

- Students are responsible for coming to school every day, finishing their classwork on time, and bringing the materials they need for class.
- Students are responsible for behaving in a way that keeps everyone safe and does not disrupt others' learning.
- Students are responsible for getting and finishing any make-up work for days they are absent.
- Students are responsible for completing the work assigned to them during homebound instruction.

### Free Speech: Rights

- Students have the right to free speech, as long as it does not take away the rights of others, causes disruptions, or interfere with the school's learning environment.

### Free Speech: Responsibilities

- Students must follow school rules about when, where, and how they share their opinions in written materials. They should share these materials in a way that is not harmful, offensive, or unfair to others, and that does not disrupt learning or other people's rights.

### Equal Opportunity: Rights

- Students have the right to have an equal chance to join any school activities or education programs they qualify for, as long as it follows the law.

### Equal Opportunity: Responsibilities

- Students are responsible for following the rules of any school activity they or others are part of.

### Fair Treatment: Rights

- Students have the right to a fair process if they break school rules. This includes hearing what rule was broken and sharing their side of the story.
- Students have the right to know the current school rules and policies that apply to them.
- Students have the right to know what is expected of them in the classroom. They are responsible for understanding and following those expectations and knowing how their work will be graded.
- Students have the right to be treated with respect by both staff and other students.



*What you do today can improve all your tomorrows. – Ralph Marston*

# MESABI EAST STUDENT HANDBOOK

## STUDENT RIGHTS & RESPONSIBILITIES

### Fair Treatment: Responsibilities

- Students are responsible for coming to school every day, finishing their assignments on time, and bringing the materials they need for class.
- Students are responsible for acting safely and not doing anything that could harm themselves or others or disrupt other students' learning.
- Students are responsible for getting and finishing any make-up work for the days they are absent.
- Students are responsible for completing the work given to them during homebound instruction.

### 10.4 RIGHTS TO PRIVACY & SAFETY

At Mesabi East, we want every student to feel safe, respected, and protected. Here is what you should know about your rights with regards to privacy & safety:

#### YOUR PRIVACY

- **Your School Records Are Private:** Things like your grades, health info, and behavior reports are kept private. Only certain staff and your parents/guardians (if you are under 18) can see them.
- **Lockers and Backpacks:** Lockers and desks belong to the school, but we respect your space. If there is a good reason to believe something unsafe or against school rules is going on, we may check your locker or belongings.
- **Using School Devices or Wi-Fi:** When you are on school devices or Wi-Fi, your activity is monitored to help keep everyone safe and focused on learning.
- **Photos and Videos:** The school sometimes takes photos or videos at events. If you or your family do not want your picture used in school media, you can let us know.

#### YOUR SAFETY

- **Physical Safety:** You have the right to feel safe at school - no fighting, bullying, or threats allowed.
- **Emotional Safety:** Your feelings matter. We have counselors and trusted adults you can talk to if you ever feel overwhelmed, anxious, or hurt.
- **Emergency Drills:** We practice safety drills (like fire, lockdown, or severe weather drills) so we all know what to do. Listen to instructions and take them seriously.
- **If You See Something, Say Something:** If you notice something that does not feel right - whether it's bullying, someone in distress, or something unsafe - tell a teacher, counselor, or the Administration.
- **Serious Safety Rules:** Things like weapons, drugs, or violence have no place here. Breaking those rules can lead to serious consequences, including police involvement.



*Adults are always asking little kids what they want to be when they grow up because they are looking for ideas. – Paula Poundstone*

# MESABI EAST STUDENT HANDBOOK

## STUDENT RIGHTS & RESPONSIBILITIES

### ● 10.5 RESPONSIBILITY FOR SCHOOL PROPERTY

We all share our school, and it is everyone's job to help take care of it. Here is what that means for you:

#### Take Care of School Property

- Respect the school building, classrooms, bathrooms, lockers, furniture, and technology.
- Do not write on desks, walls, or books.
- Keep your locker clean and do not damage it.
- Treat borrowed materials (like library books, iPads, and sports equipment) with care.

#### Report Problems or Damage

- If something is broken or not working - tell a teacher or staff member right away.
- Accidents happen! If you break something by mistake, be honest and let someone know.

#### Be Responsible for What You Use

- If you check out a book or other school item, return it on time and in good condition.
- If you lose or damage school property, you and your family may be asked to pay to replace or fix it.

#### Keep Our School Clean

- Throw trash in the garbage.
- Clean up after yourself in the cafeteria, hallways, bathrooms, and classrooms.

### ● 10.6 INTERNET & TECHNOLOGY USAGE POLICIES

Technology is an awesome tool for learning - but it comes with responsibilities. Here is what you need to know about using the internet and school devices:

#### Use Tech for Learning

- School devices and the internet are here to help you learn - use them for classwork and school-approved activities.
- Do not use school tech to play games, stream videos, or use social media unless a teacher says it is okay.

#### Be Respectful Online

- Treat others with kindness in emails, chats, and online discussions - no bullying, name-calling, or inappropriate language.
- Never pretend to be someone else online.

#### Stay Safe

- Do not share personal info (like your address or phone number) online.
- Only visit websites that are school-approved or part of your assignment.
- If you see something that makes you uncomfortable, report it to a teacher or adult right away.



*You cannot be that kid standing at the top of the water slide overthinking it. You have to go down the chute.*  
– Tina Fey

# MESABI EAST STUDENT HANDBOOK

## STUDENT RIGHTS & RESPONSIBILITIES

### Protect the Equipment

- Handle school devices with care.
- Do not try to change settings, install unauthorized apps, or mess with filters or passwords.

### Following the Rules

- Breaking tech rules - like visiting inappropriate sites, cyberbullying, or damaging equipment - can lead to losing tech privileges or other consequences.
- Remember, school tech activity is monitored to keep everyone safe.

Mesabi East has a **Technology Policy** and an **iPad Usage Agreement** that all students are expected to follow. These rules help make sure school devices - like iPads and computers - are used safely, responsibly, and for learning.

Before using school technology, students and families must read and sign the agreement form. By signing, you agree to use devices properly, take care of them, and follow the guidelines for internet use at school.

If you do not follow the policy, you may lose your tech privileges or face other consequences. If you have any questions about the policy or the agreement, just ask the Administration.



**MEDIOCRE EFFORT =  
MEDIOCRE RESULTS.  
IT'S MATH.**



*All dreams are within reach. All you have to do is keep moving towards them. – Viola Davis*

# SUPPORT SERVICES



## 11.1 Student Support Services





### ● 11.1 STUDENT SUPPORT SERVICES

Mesabi East is committed to supporting the whole student - academically, socially, and emotionally. We offer a range of support services to help students navigate challenges and reach their full potential. From academic guidance and college/career planning with our school counselors, to mental health resources, special education services, and individualized learning support, our staff is here to help every step of the way. Whether a student needs someone to talk to, extra academic help, or personalized accommodations, we are dedicated to making sure all students feel supported and empowered to succeed.

For immediate mental health crisis support in Minnesota, you can call CRISIS (274747) from a cell phone or text "MN" to 741741 for free, 24/7 access to the Crisis Text Line.

A.D.A.P.T. through Range Mental Health		Contact: School Counselor, Dean of Students
<b>Description:</b>	Range Mental Health Center's School-Linked Behavioral Health Program is certified to provide Children's Therapeutic Services and Support (CTSS). CTSS aims to help children address social, emotional, and behavioral challenges that impact their school performance and overall functioning at home and in the community. We offer services in school districts and communities throughout Northern St. Louis County. Our therapeutic and rehabilitation interventions are designed to teach self-regulation, socialization, communication, and organizational skills, which contribute to improved functioning and interactions. Our primary prevention and intervention efforts focus on early childhood, elementary, and secondary school-aged youth. We collaborate with other agencies to support children and families, providing year-round prevention and intervention services.	
<b>Grade Level(s):</b>	Early Childhood – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	In order to engage in RMHC services, a client must complete a comprehensive evaluation to assess presenting concerns and determine if a mental health diagnosis is present as well as establishing the level of care (psychotherapy, CTSS or other services areas) that is appropriate for the client. Children who are experiencing emotional or behavioral symptoms that are impeding the child's ability to function in the home or school environment may be appropriate for RMHC/ADAPT services. Cases where interventions have been attempted in the school (school social work or behavioral intervention strategies, etc.) and have not resolved the concerns, would likely be an appropriate referral for RMHC's school-based program.	

ADAPTIVE PHYSICAL EDUCATION (DAPE)		Contact: Special Ed Case Manager
<b>Description:</b>	Specifically designed physical education instruction and services for students with disabilities who have a substantial delay or disorder in physical development. DAPE may include development of physical fitness, motor fitness, fundamental motor skills and patterns, skills in aquatics, dance, individual and group games, and sports.	
<b>Grade Level(s):</b>	Early Childhood – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	Children who have gross motor development delays.	



# MESABI EAST STUDENT HANDBOOK

## SUPPORT SERVICES



ADSIS SERVICES		Contact: School Counselor
<b>Description:</b>	Alternative Delivery of Specialized Instructional Services (ADSIS) purpose is to provide instruction to assist students who need additional academic or behavioral support to succeed in the general education environment. The goal is to reduce the number of inappropriate referrals to special education by providing proactive instructional supports early to struggling students.	
<b>Grade Level(s):</b>	K – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	Multiple assessment tools are used in order to determine and document the reading and math levels of all students. When students are testing lower than standards addressed for their grade level – they are eligible for ADSIS services.	

CARE TEAM		Contact: School Counselor or Dean of Students
<b>Description:</b>	CARE Team is a group dedicated to identifying and supporting students who may be experiencing emotional, behavioral, or safety-related challenges.	
<b>Grade Level(s):</b>	Early Childhood – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	Students are typically referred to the CARE Team when they exhibit signs of emotional distress, behavioral issues, or other challenges that may impact their well-being or academic performance. Referrals can be made by teachers, school staff, parents, or even peers who notice concerning behaviors. The CARE Team then assesses the situation and collaborates to develop appropriate interventions or support plans tailored to the students' needs.	

CHECK AND CONNECT		Contact: High School Office
<b>Description:</b>	Check and Connect is a structured mentoring intervention that has supported school engagement for K-12 students who show warning signs of disengagement with school and are at a risk of dropping out. Check and Connect enhances student engagement through relationship building, problem-solving, capacity building and persistence in school.	
<b>Grade Level(s):</b>	Early Childhood – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	<p>There are a few different ways you can qualify for Check &amp; Connect.</p> <p>Attendance: If a student falls into the category of 20% absenteeism (7-12<sup>th</sup> grade) or 10% Absenteeism (K-6).</p> <p>Behavior becomes a concern (5+ Office Referrals for K-6 and 3+ Referrals 7-12, 1+ Suspension K-12.</p> <p>Course Performance: Failing two or more courses, Fasttrack Reading and Math (&lt;16%-40<sup>th</sup>%)</p> <p>Family Engagement: Foster Care/Group Home Students: Long Term Intervene</p>	



# MESABI EAST STUDENT HANDBOOK

## SUPPORT SERVICES



CREDIT RECOVERY		Contact: School Counselor
<b>Description:</b>	Credit recovery is a structured program that allows high school students to retake courses they have previously failed, enabling them to earn the necessary credits for graduation.	
<b>Grade Level(s):</b>	9 <sup>th</sup> – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	Students who have failed one or more courses required for graduation are eligible for credit recovery programs. Enrollment typically involves consultation with school counselors to determine the appropriate courses and formats based on the student's needs and academic history.	

INDIAN EDUCATION SUPPORT SERVICES		Contact: Indian Education Director
<b>Description:</b>	The intent of American Indian Education Aid is to enable districts and schools to scale up and enhance American Indian education programs and initiatives, or, in the case of those newly eligible to receive aid, to build sustainable programs that are culturally and academically tailored to American Indian students.	
<b>Grade Level(s):</b>	Pre K – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	You must be American Indian.	

NORTHEASTERN MINNESOTA OFFICE OF JOB TRAINING (JET)		Contact: School Counselor, Special Ed Case Manager
<b>Description:</b>	JET (formerly Northeast Minnesota Office of Job Training) specializes in helping young people figure out how they want to spend their working years. Just think, the average person working full-time spends over 80,000 hours during a lifetime at work! So, planning now for something you will enjoy is very important! The Career Counselors can help you identify your true interests and abilities and even assess your personality to determine what occupation or career best suits you. After you figure out what careers you are interested in, we can help you find training programs and access financial aid. For eligible youth, the Office of Job Training can provide scholarships for occupational training programs up to two years long.	
<b>Grade Level(s):</b>	9 <sup>th</sup> – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	Low income / free & reduced lunch; IEP	



# MESABI EAST STUDENT HANDBOOK

## SUPPORT SERVICES



OCCUPATIONAL THERAPY		Contact: Special Ed Case Manager
Description:	Occupational therapists in schools assist students in areas such as fine motor skills, self-care tasks (e.g., dressing, feeding), sensory processing, and adapting to the school environment. Their goal is to enhance students' independence and ability to navigate the school setting effectively.	
Grade Level(s):	Pre K – 12 <sup>th</sup> grade	
How to Qualify:	Eligibility for school-based OT services is determined through the special education evaluation process, and services are provided at no cost to families as part of the student's Individualized Education Program (IEP).	

PHYSICAL THERAPY		Contact: Special Ed Case Manager
Description:	Physical therapists in schools work collaboratively to assist students in areas such as gross motor skills, functional mobility, positioning, motor coordination, and environmental adaptations. Their goal is to enhance students' independence and ability to navigate the school environment effectively.	
Grade Level(s):	Pre K – 12 <sup>th</sup> grade	
How to Qualify:	Eligibility for school-based PT services is determined through the special education evaluation process, and services are provided at no cost to families as part of the student's Individualized Education Program (IEP).	

SCHOOL COUNSELOR		Contact: School Counselor
Description:	School counselors work to maximize student success, promoting access and equity for all students. As vital members of the school leadership team, school counselors create a school culture of success for all. School counselors help all students: apply academic achievement strategies, manage emotions, and apply interpersonal skills, plan for postsecondary options (higher education, military, work force).	
Grade Level(s):	K – 12 <sup>th</sup> grade	
How to Qualify:	There are no qualifications to see the school counselor. The school counselor is here to support ALL students.	



# MESABI EAST STUDENT HANDBOOK

## SUPPORT SERVICES



SCHOOL THERAPIST		Contact: High School Office
<b>Description:</b>	School-based therapists are licensed mental health professionals embedded within the school environment to support students' emotional, behavioral, and psychological well-being. Their primary role is to provide accessible mental health services directly on site, reducing barriers such as transportation, cost, and scheduling conflicts that might otherwise prevent students from receiving necessary care.	
<b>Grade Level(s):</b>	7 <sup>th</sup> – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	Students can qualify by <ul style="list-style-type: none"> <li>• Mental Health Diagnosis</li> <li>• Medical Necessity</li> <li>• Age Range</li> <li>• Insurance Coverage</li> <li>• Referral Process</li> </ul>	

SPECIAL EDUCATION SERVICES		Contact: Special Ed Director
<b>Description:</b>	Students in special education have a disability and are in need of specialized instruction. A comprehensive evaluation, conducted by a team from the public school, evaluates and identifies these students. For every student who needs special education services, the team develops a special document called an Individualized Education Program (IEP).	
<b>Grade Level(s):</b>	Early Childhood – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	A student needs to complete interventions through the MTSS model. The interventions need to be at least 6 weeks long. They are required to have 2 - 6-week interventions before moving into a special education referral. For the referral to happen, the student will not have any growth with the two different interventions that the MTSS team implements.	

SPEECH THERAPY		Contact: School Counselor or High School Principal
<b>Description:</b>	Speech-language therapy is a specialized service provided to students whose communication challenges interfere with their educational performance. These services are delivered by licensed speech-language pathologists (SLPs) and are designed to support students in developing effective communication skills essential for academic success and social interaction.	
<b>Grade Level(s):</b>	Pre K – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	To qualify for school-based speech-language services, a student must meet specific eligibility criteria established by the Minnesota Department of Education. These criteria ensure that services are provided to students whose communication impairments have a direct impact on their ability to access the general education curriculum.	



# MESABI EAST STUDENT HANDBOOK

## SUPPORT SERVICES



STUDENT SUCCESS TEAM		Contact: Student Success Team Coordinator
<b>Description:</b>	It is a team of educators that come together and use the MTSS framework to decide on a proper intervention for a student that is referred. A multi-tiered system of supports (MTSS) is a proactive and preventative framework that integrates data and instruction to maximize student success from a strengths-based perspective. MTSS offers a framework for educators to engage in data-based decision making related to program improvement, high-quality instruction and intervention, and student engagement to ensure positive outcomes for districts, schools, teachers, and students. The MTSS framework is comprised of four essential components: screening, progress monitoring, multi-level prevention system, and data-based decision making. Depending on state law, MTSS data may also support identification of students with learning or other disabilities.	
<b>Grade Level(s):</b>	K – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	A teacher fills out a referral that is sent to the SST Coordinator. A student typically has low reading or math ability or behaviors in/outside of the classroom to be referred to SST.	

TARGETED SERVICES		Contact: School Counselor or High School Principal
<b>Description:</b>	Targeted Services is a program designed to provide additional learning opportunities to academically targeted students in grades K-8. The program aims to support students who are at risk of not meeting academic standards by offering extended-day and extended-year programming that supplements the traditional school day. These services are tailored to build academic skills and foster social-emotional development, ensuring that students can thrive within the regular school system.	
<b>Grade Level(s):</b>	7 <sup>th</sup> – 8 <sup>th</sup> grade	
<b>How to Qualify:</b>	<ul style="list-style-type: none"> <li>Performing substantially below grade-level expectations on standardized assessments.</li> <li>Being behind in completing coursework or obtaining credits for graduation.</li> <li>Experiencing social challenges that may impede academic success.</li> <li>Other risk factors such as homelessness, chemical dependency, or limited English proficiency.</li> </ul>	

TITLE SERVICES		Contact: School Counselor or High School Principal
<b>Description:</b>	Title I is used to raise achievement of students not meeting standards in schools with high percentages of low-income children.	
<b>Grade Level(s):</b>	K – 12 <sup>th</sup> grade	
<b>How to Qualify:</b>	Multiple assessment tools are used in order to determine and document the reading and math levels of all students. When students are testing lower than standards addressed for their grade level – they are eligible for Title I services.	



# MESABI EAST STUDENT HANDBOOK

## SUPPORT SERVICES



UPWARD BOUND		Contact: School Counselor
Description:	TRIO Upward Bound program provides free year-round academic support services, career exploration & preparation, and activities that prepare high school students to successfully transition into college and complete a 2- or 4-year degree.	
Grade Level(s):	9 <sup>th</sup> – 12 <sup>th</sup> grade	
How to Qualify:	<ul style="list-style-type: none"><li>• In grades 9 -11</li><li>• Demonstrate a <b>need for academic support</b> to successfully pursue postsecondary education.</li><li>• Come from a low-income family and a first-generation college student.</li><li>• Have the desire and potential to succeed</li></ul>	

VOCATIONAL REHAB SERVICES		Contact: School Counselor or Special Ed Case Manager
Description:	Vocational Rehabilitation Services is a program designed to assist students with disabilities in preparing for, obtaining, and maintaining employment as they transition from school to postsecondary life.	
Grade Level(s):	9 <sup>th</sup> – 12 <sup>th</sup> grade	
How to Qualify:	<p>Students may qualify if they</p> <ul style="list-style-type: none"><li>• Have a documented physical or mental impairment that presents a substantial barrier to employment.</li><li>• Are eligible for special education services under the Individuals with Disabilities Education Act (IDEA) or have a Section 504 plan.</li><li>• Are between the ages of 14 and 22 and are enrolled in a secondary or postsecondary educational program.</li></ul> <p>It is recommended that students apply for services around the beginning of their junior year of high school to allow adequate time for planning and support.</p>	



# GLOSSARY



# MESABI EAST STUDENT HANDBOOK

## GLOSSARY

ITEM	DEFINITION	EXAMPLES
<p>Abusive Language</p> <p>Inappropriate Language</p> <p>Inappropriate Gestures</p>	<p>Abusive language refers to verbal expressions that are intended to hurt, threaten, intimidate, or degrade another person. This includes name-calling, insults, slurs, or any other language meant to cause emotional harm.</p> <p>Inappropriate language includes profanity, vulgar words, or any speech not suitable for a respectful school environment. It may not always be abusive but is still considered unprofessional or offensive.</p> <p>Inappropriate gestures are physical signs or movements that are vulgar, offensive, or disrespectful. These can include hand signs, facial expressions, or body movements intended to insult or provoke.</p>	<p>Abusive language includes using offensive names, making derogatory remarks about someone's identity, or threatening language.</p> <p>Inappropriate language includes swearing, using crude terms, or speaking in a disrespectful tone.</p> <p>Inappropriate gestures that are obscene, suggestive, or disrespectful toward staff or peers are prohibited. Making rude hand signals or mocking facial expressions are also considered inappropriate gestures.</p>
Academic Integrity	Academic integrity refers to honesty, responsibility, and fairness in all aspects of a student's academic work. It means completing assignments, tests, and projects using one's own knowledge and effort, and giving proper credit when using others' ideas or work.	<p>Academic Integrity Violations:</p> <ul style="list-style-type: none"> <li>• Copying answers during a test or allowing someone else to copy your work</li> <li>• Submitting someone else's work (including AI-generated or online content) as your own</li> <li>• Plagiarizing by using someone's words or ideas without proper citation</li> <li>• Using unauthorized materials (notes, websites, calculators, etc.) on an exam or assignment</li> <li>• Collaborating on an individual assignment without teacher permission</li> </ul>
Bullying	<p>Bullying is intentional, repeated aggressive behavior that involves an imbalance of power. It can be physical, verbal, emotional, or digital and is meant to hurt, intimidate, or humiliate another person.</p> <p>Bullying may occur in person, online, or through social media and messaging platforms.</p>	<p>Physical: Hitting, pushing, tripping, or damaging someone's belongings.</p> <p>Verbal: Name-calling, teasing, threats, or spreading rumors.</p> <p>Social/Emotional: Excluding someone from a group on purpose, embarrassing them in public, or encouraging others to ignore them.</p> <p>Cyberbullying: Sending hurtful messages or images, posting mean comments online, or spreading false information about someone through social media.</p>



# MESABI EAST STUDENT HANDBOOK

## GLOSSARY

ITEM	DEFINITION	EXAMPLES
Chemicals	<p>Chemicals refer to any substances - natural or synthetic - that may pose a health or safety risk when misused, stored improperly, or brought to school without authorization.</p> <p>This includes substances that are toxic, flammable, or intended to alter mood, behavior, or physical condition.</p> <p>Possession or use of unauthorized chemicals on school property is strictly prohibited.</p>	<p>Household products such as bleach, ammonia, or drain cleaner</p> <p>Aerosol sprays like spray paint or air fresheners used for inhaling fumes ("huffing")</p> <p>Laboratory chemicals not used under teacher supervision</p> <p>Inhalants, solvents, or other substances intended to produce a high</p> <p>Unauthorized possession of CBD oils, THC oils, or synthetic substances</p>
Credible Threats	<p>A credible threat is any statement or action - spoken, written, or implied - that suggests a real possibility of harm to an individual, group, or the school community. These threats are taken seriously when they are specific, appear capable of being carried out, or cause others to feel unsafe.</p>	<p>A student says they plan to "bring a weapon to school".</p> <p>Posting online that someone "better watch their back".</p> <p>Writing or drawing violent images or messages that target specific individuals or groups.</p> <p>Threatening to cause harm during a class or school event, even if intended as a "joke."</p>
Discrimination	<p>Discrimination is the unfair or unequal treatment of an individual or group based on personal characteristics such as race, color, ethnicity, national origin, gender, gender identity, sexual orientation, religion, disability, or age.</p> <p>Discrimination creates a hostile or exclusionary environment and is not tolerated in any school setting.</p>	<p>Refusing to work with or excluding someone because of their race or religion</p> <p>Making derogatory comments or jokes about a person's gender identity or sexual orientation</p> <p>Denying someone access to a club, team, or activity based on a disability</p> <p>Treating a classmate unfairly because of their cultural background or language</p> <p>Singling out a student for discipline or criticism due to their personal identity</p>
<p>Disrespect</p> <p>Defiance</p> <p>Disruptive</p> <p>Insubordination</p> <p>Noncompliance</p>	<p>These behaviors involve a refusal to follow reasonable directions, a lack of regard for school rules or authority, and actions that interfere with the learning environment. Whether verbal, nonverbal, or physical, these behaviors show unwillingness to cooperate with staff or peers in a respectful and responsible manner.</p>	<p>Talking back to a teacher or using a sarcastic tone when corrected</p> <p>Refusing to follow directions such as sitting down, putting a phone away, or moving to another seat</p> <p>Purposely disrupting class by making noises, distracting others, or refusing to participate</p> <p>Ignoring repeated requests from staff without explanation</p> <p>Walking out of class without permission or skipping assigned consequences</p>

# MESABI EAST STUDENT HANDBOOK

## GLOSSARY

ITEM	DEFINITION	EXAMPLES
Dress Code	<p>The dress code is a set of guidelines that outline acceptable clothing and appearance for students during the school day and at school-sponsored events.</p> <p>Its purpose is to promote a safe, respectful, and focused learning environment while allowing students to express themselves appropriately.</p>	<p>Clothing that covers undergarments and private areas at all times, whether standing or sitting</p> <p>Shirts with appropriate language and imagery</p> <p>Pants, shorts, and skirts that fit properly and are not excessively short or sagging</p> <p>Hats or head coverings worn only for religious, medical, or approved purposes</p> <p>Footwear that is safe and appropriate for school activities</p>
Drug Paraphernalia	<p>Drug paraphernalia refers to any equipment, product, or accessory that is intended for or used in connection with the consumption, production, concealment, or distribution of illegal drugs or controlled substances.</p> <p>Possession of such items - regardless of whether drugs are present - is a violation of school policy.</p>	<p>Pipes, bongs, or rolling papers</p> <p>Vape pens or cartridges used for THC or other illicit substances</p> <p>Grinders, scales, or plastic baggies commonly used for drug distribution</p> <p>Hollowed-out pens or containers used to hide drugs</p> <p>Devices or tools used for “dabbing” or concealing substances in clothing or bags</p>
<p>Fighting</p> <p>Physical Aggression</p>	<p>Involves any intentional physical contact meant to harm, intimidate, or provoke another person. This includes mutual physical altercations between individuals (fighting) as well as acts of aggression such as pushing, hitting, or throwing objects, even if only one person is involved. This includes students who instigate physical altercations.</p>	<p>Punching, kicking, or slapping another student</p> <p>Shoving someone in the hallway</p> <p>Throwing objects at someone</p> <p>Engaging in a physical altercation, even if both parties agreed to fight</p> <p>Grabbing, tripping, or tackling another student in a non-athletic setting</p>
Gang Related Activity	<p>Gang-related activity refers to any behavior, symbols, clothing, or actions that promote, support, or are associated with gangs or gang culture. This includes any attempt to recruit others, intimidate individuals, or show affiliation with a group that promotes violence, criminal behavior, or disruption of the school environment. This will be decided at the discretion of the Administration.</p>	<p>Wearing specific colors, symbols, or styles known to represent a gang</p> <p>Displaying hand signs or gestures associated with gang affiliation</p> <p>Graffiti or drawings of gang names, numbers, or symbols on school property or materials</p> <p>Talking about or promoting gang activities or violence</p> <p>Attempting to recruit students into a gang or threatening others in connection with gang behavior</p>

# MESABI EAST STUDENT HANDBOOK

## GLOSSARY

ITEM	DEFINITION	EXAMPLES
Harassment	Harassment is defined as any unwanted behavior, physical or verbal (or even suggested), that makes a reasonable person feel uncomfortable, humiliated, or mentally distressed.	<p>Making offensive jokes, slurs, or comments about someone's identity or appearance</p> <p>Spreading rumors or sharing private information to embarrass someone</p> <p>Repeatedly sending unwelcome messages, notes, or online communications</p> <p>Making suggestive or inappropriate remarks about someone's body or clothing</p> <p>Following or cornering someone in a threatening or uncomfortable way</p>
Inappropriate public displays of affection	Inappropriate public displays of affection refer to physical contact between students that is overly intimate or not suitable for the school setting. While positive relationships are respected, students are expected to maintain boundaries that reflect a professional and respectful learning environment.	<p>Prolonged hugging or kissing in hallways or classrooms</p> <p>Sitting on another student's lap</p> <p>Touching or caressing in a romantic or suggestive manner</p> <p>Holding hands in a way that distracts from instruction or school activities</p>
Lying Cheating Plagiarism	<p>These behaviors involve dishonesty in both academic and non-academic settings.</p> <p>Lying refers to intentionally providing false information.</p> <p>Cheating involves using unauthorized materials, help, or methods to gain an unfair advantage on schoolwork.</p> <p>Plagiarism is presenting someone else's work, ideas, or words as your own without proper credit.</p>	<p>Lying: Giving false excuses for missing assignments, pretending to be someone else in communication with a teacher, or fabricating information.</p> <p>Cheating: Copying another student's test or homework, using notes during a closed-book exam, or sharing answers during a quiz.</p> <p>Plagiarism: Copying text from a website without citation, turning in a paper written by someone else, or reusing work from another class without permission.</p>
Property Damage Vandalism	<p>Property damage and vandalism refer to the intentional or reckless destruction, defacement, or misuse of school property or the personal property of others. This includes any act that results in harm to facilities, equipment, materials, or belongings and disrupts the learning environment or school operations.</p> <p>Students/guardians will be required to pay for damages.</p>	<p>Any damage that cannot be reversed or repaired with a reasonable amount of effort or funds.</p> <p>Writing or carving on desks, walls, lockers, or bathroom stalls</p> <p>Breaking windows, doors, or furniture</p> <p>Damaging or disabling school-issued devices</p> <p>Spray-painting or marking school buildings with graffiti</p> <p>Tampering with fire alarms, security systems, or classroom technology</p>

# MESABI EAST STUDENT HANDBOOK

## GLOSSARY

ITEM	DEFINITION	EXAMPLES
Tardy	A student is considered tardy when they are not in their assigned classroom or location by the designated start time of the class period without a verified excuse.	Arriving at class after the bell rings without a valid excuse
Technology Violation	<p>A technology violation occurs when a student uses school-provided or personal electronic devices in a way that violates school policies, disrupts learning, or compromises the safety, security, or integrity of school systems and information.</p> <p>This includes inappropriate use of the internet, devices, software, or digital communication tools.</p>	<p>Being off task while using the computer for classroom assignments.</p> <p>Accessing web addresses not authorized by the teacher.</p> <p>Using a phone, iPad, or laptop in class without teacher permission</p> <p>Accessing social media, games, or non-educational content during school hours</p> <p>Bypassing internet filters or attempting to hack into school systems</p> <p>Taking photos, videos, or recordings of others without consent</p> <p>Using school devices to send inappropriate messages or content</p>
Theft	<p>Theft is the act of intentionally taking, possessing, or using property that does not belong to you without permission. This includes both physical and digital property and applies whether the item is taken from a student, staff member, or the school itself.</p>	<p>Taking another student's backpack, phone, or personal belongings</p> <p>Stealing school supplies, textbooks, or equipment</p> <p>Using someone else's login credentials to access their digital files or accounts</p> <p>Taking money from lockers, bags, or unattended belongings</p> <p>Removing items from lost and found without claiming them properly</p>
<p>Unsafe Behavior</p> <p>Rough Behavior</p>	<p>Inappropriate touching that does not result in injury or damage to property.</p> <p>Unsafe or rough behavior includes any physical actions or conduct that may cause injury to oneself or others, disrupt the learning environment, or violate school safety expectations. These behaviors may not be intended to harm but still pose a risk to safety or create an uncomfortable or disorderly environment.</p>	<p>Running, pushing, or horseplay in hallways or classrooms</p> <p>Wrestling or "play fighting" with peers</p> <p>Throwing objects (e.g., pencils, balls, or food) in classrooms or common areas</p> <p>Climbing on furniture or school structures not meant for such use</p> <p>Engaging in physical activity without supervision or proper precautions</p>

# MESABI EAST STUDENT HANDBOOK

## GLOSSARY



ITEM	DEFINITION	EXAMPLES
<p>Use of a weapon</p> <p>Possession of a weapon</p>	<p>Possession of a weapon refers to having any item, object, or device - either on one's person or in one's belongings - that is designed or can be used to cause harm, intimidate, or threaten others.</p> <p>Use of a weapon involves displaying, threatening, or attempting to harm someone with such an item.</p> <p>Weapons may include but are not limited to firearms (real or replica), knives, explosives, blunt objects, or any item used in a threatening or harmful way.</p>	<p>Carrying a pocketknife, taser, or pepper spray on school grounds without permission</p> <p>Displaying or brandishing a weapon during a disagreement or confrontation</p> <p>Using an object like a pencil, bat, or belt to intentionally harm or intimidate someone</p> <p>Having a realistic-looking toy gun or replica weapon in a backpack or locker</p> <p>Throwing or swinging a sharp or heavy object with the intent of hurting someone</p>
<p>Use, possession, distribution of alcohol</p>	<p>These behaviors refer to consuming, carrying, or sharing any alcoholic beverages on school property, during school hours, or at school-sponsored events - regardless of a student's age.</p> <p>Alcohol is considered a controlled substance in school settings, and any involvement with it violates school policy and state law.</p>	<p>Drinking alcohol before or during school or a school event; being under the influence of alcohol while on school grounds</p> <p>Carrying a bottle, can, or container of alcohol in a backpack, locker, or vehicle on school property</p> <p>Giving or selling alcohol to another student, even if no money is exchanged; bringing alcohol to a party, trip, or event sponsored by the school</p>
<p>Use, possession, distribution of illegal or over the counter drugs</p>	<p>Possession/distribution/use of or under the influence of illegal drugs; possession of drug paraphernalia at school or at any school sponsored activity.</p> <p>These behaviors involve the unauthorized use, possession, or sharing of any illegal substances, prescription medications not prescribed to the student, or over the counter (OTC) drugs used improperly. This includes any act involving drugs, alcohol, vaping substances, or drug-related paraphernalia that occurs on school grounds, during school hours, or at school-sponsored events.</p>	<p>Taking OTC medication (e.g., cough syrup, pain relievers) at school without nurse approval; using vaping devices or marijuana on school property; being under the influence of any drug or alcohol.</p> <p>Carrying illegal drugs, prescription medications without documentation, vaping devices with THC or nicotine, or drug paraphernalia (such as pipes or rolling papers).</p> <p>Giving, selling, or offering to share OTC medication, prescription pills, or any illegal substances with other students - even without money exchanged.</p>



# MESABI EAST STUDENT HANDBOOK

## GLOSSARY

ITEM	DEFINITION	EXAMPLES
Use, possession, or distribution of nicotine	<p>These behaviors involve the use, carrying, or sharing of any nicotine-containing products - such as cigarettes, e-cigarettes, vapes, or smokeless tobacco - on school property, during school hours, or at school-sponsored events.</p> <p>This applies to all students, regardless of age or legal purchasing status.</p>	<p>Smoking or vaping on school grounds, in bathrooms, or at a school activity; using nicotine pouches or chewing tobacco during the school day</p> <p>Carrying vape pens, nicotine cartridges, cigarettes, lighters, or tobacco products in a backpack, locker, or on your person</p> <p>Giving or selling vape pods, cigarettes, or nicotine products to other students - even without a money exchange</p>
Willful Class Avoidance  Skipping  Leaving campus without permission	<p>An absence for an entire school day, a major portion of the school day, class period, or activity during the school day for which the student is scheduled, without permission or documentation.</p> <p>These behaviors involve deliberately missing class, a portion of the school day, or leaving school grounds without proper authorization.</p> <p>Whether a student is physically present on campus but not attending class, or leaves school without permission, these actions violate attendance and safety policies.</p>	<p>Hiding in the bathroom, hallway, or another area of the school instead of attending a scheduled class</p> <p>Not showing up to school or a specific class period without parent or guardian approval</p> <p>Walking or driving off school property during the school day without checking out through the office or receiving staff approval</p>

The examples provided throughout this handbook are intended to illustrate common situations and behaviors but do not represent an exhaustive list. Additional actions or circumstances not specifically mentioned may also be subject to school policies and disciplinary procedures, based on administrative discretion and the nature of the incident.

# MESABI EAST STUDENT HANDBOOK

## ACKNOWLEDGMENT

### ● STUDENT AND PARENT/GUARDIAN ACKNOWLEDGMENT FORM

The contents of this handbook are intended to provide students, parents, and guardians with important information regarding the policies, procedures, and expectations at Mesabi East. Please be aware that all information contained in this handbook is subject to change or modification at the discretion of the school Administration. Any updates or changes will be communicated as promptly as possible.

If you have any questions or concerns about the content of this handbook, please contact the Administration for clarification.

The guidelines and policies outlined in the handbook are in effect and enforced on the first day of school for all students. By attending Mesabi East, students agree to make their best effort to uphold the standards, policies, and rules outlined in this handbook, demonstrating respect, responsibility, and commitment to academic success and personal growth.

We appreciate your cooperation and dedication to maintaining a positive and productive learning environment at Mesabi East High School.

By signing below, you acknowledge that you have received and reviewed the Mesabi East Student Handbook for the 2025-2026 school year.

Return this form to the high school office by **September 12, 2025**.

**Student Name (Print):** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_

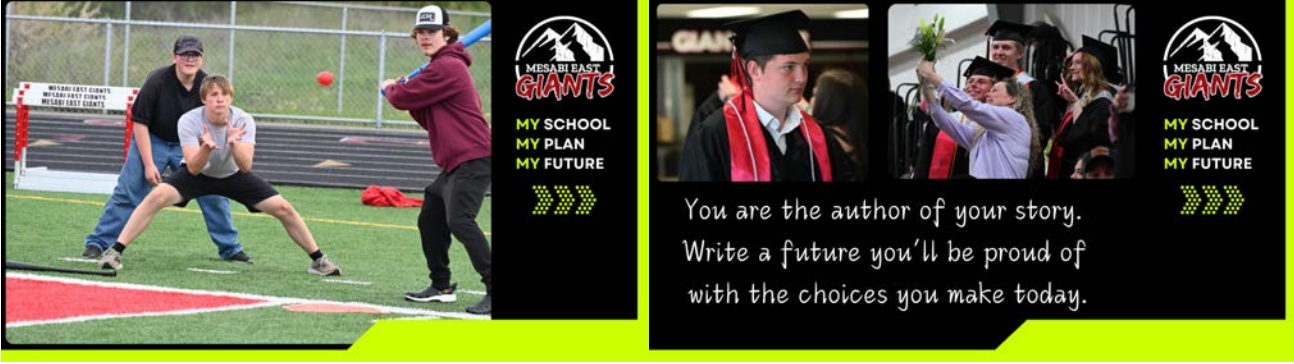
**Date:** \_\_\_\_\_

**Parent/Guardian Name (Print):** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_





You are the author of your story.  
Write a future you'll be proud of  
with the choices you make today.

MY SCHOOL. MY PLAN. MY FUTURE.