

State Health Plan Members:

Take your Health Assessment and you could win an iPad®!

Have you taken your Health Assessment? Log in to your NC Health*Smart* Personal Health Portal or call to complete your assessment and be entered into a drawing to win an iPad®!

Beginning in September 2012 through August 2013, monthly drawings for an iPad® will be held for all eligible State Health Plan members* age 18 and older who have completed their Health Assessment since January 1, 2011.**



Don't miss your chance to win an iPad®!

Log in to www.shpnc.org and take your Health Assessment today.

To complete your Health Assessment by phone, call **800-817-7044**. To complete your Health Assessment online through your Personal Health Portal:

1. Go to the State Health Plan's website: **www.shpnc.org**.
2. Click on **NC Health*Smart***.
3. Click on ***Personal Health Portal***.
4. Sign in if you already have an account, or click ***Create an Account***.
5. Once you are on the Portal's homepage, click ***Health Assessment*** on the upper left side.
6. Click ***Take Assessment***, complete all of the required questions marked with a red asterisk and enter at least five clinical risk measures, such as blood pressure.
7. Once you are done, click ***Save and Complete Now***.

NC HEALTH *Smart*

An initiative of the State Health Plan

*Members eligible for NC Health*Smart* are members whose primary health coverage is through the State Health Plan. This drawing is open to members living within the United States only. Federal and state law prohibits the State Health Plan from using your personal information to discriminate against you in any way, or from giving this information to your employer or other unauthorized third party unless required by law.

**Murdoch pilot participants are eligible for the drawing with Health Assessment completion in the fall of 2010.