Week at a Glance

Week of 8/25 to 8/29

Dear Cordova Gardens Families,

Here is your gardens' week at a glance (The EAGLE'S Nest). This is a weekly update that is posted every Sunday before the start of the school week. It is a place for you to get updates regarding the school and the district. This week at a glance, a document will also be available for you on the website on the parent tab under the "Week at a Glance" sub tab.

How to stay updated:

1. Check the week at a glance. It will be uploaded to the school website.
2. Check the main school website. Click Cordova Gardens Academy of Arts and Sciences
3. Check for Principal Texts. (Email Mr. Bliss if you do not receive them)
4. Welcome Back Title I presentation 8/14/25: Cordova Gardens Title I Presentation 25-26 .pdf

Health and Wellness Corner

- **Please read our updates regarding the district partnership with Care Solace!**
- **Teleotherapy information can be found here: Click here**
- **Mental Health Moment:**

Sleep

Kids who don't get enough sleep can have trouble paying attention and experience mood swings, behavior problems, and learning difficulties. Experts recommend that elementary-aged children get between 9 and 12 hours of sleep per night. We can ease our kids into a good night's sleep by sticking to a regular bedtime (giving them a heads up 10-30 minutes beforehand), turn off all screens at least 1 hour before bedtime, and facilitate a bedtime routine that could include a bath, brushing teeth, reading a book or listening to quiet music. Sleep is crucial for health, happiness and school success. You can read more here. For any SEL or mental health related questions/concerns, please reach out to Jessica Biskner (School Social Worker): jbiskner@fcusd.org.

Attendance Corner

- **Attend 24-25!: Attend to win! Every Day Counts! Help our school beat last year's attendance records for the first 20 days of school!**
    - **Educational research shows that early childhood educational success is directly linked to higher rates of attendance.**
    - **We will be incentivizing positive attendance throughout the year. Attending students will be eligible for attendance prizes. Students may be coming home with prizes!**
    - **Please call the front office or email the school clerk at acalderon@fcusd.org if your child will be absent from school.**
    - **Please provide a doctor's note to excuse missed time or absences for appointments.**

Important reminders and information:

- **Starting on Tuesday 9/2, we will be closing off the multi-purpose room to parents during breakfast. Please drop off your child at the multi gate; we have many staff members in the morning that will help support your child with our breakfast routines!**
- **Please remember to not leave your car unattended when dropping off your children at school either in the morning or at afternoon pickup. Thank you! Unattended cars create traffic backups in the parking lot.**
- **Construction crews have begun work on the primary playground. We should have our playground structure up by the first or second week of September.**

- **Cafeteria opens at 745 for breakfast. Grades 1-5 exit to walking club at 8:05. The gate to the multi/cafeteria will close at 8:05. Gate 3, adjacent to the cafeteria will open up at 8:05 for students that elect to not have breakfast.**
- **TK release at 11:36. Kinder, 1st, and 2nd will get out at 1:21 MTWF until 8/29. Grades 3, 4, 5, dismissal is at 2:45. Students return to normal 2:45 release starting on Tuesday 9/2.**
- **1st week reminders in English:** English CGE FAQ's 1st week of school 8_3_25 English Version....
- **1st week reminders in Spanish:**
  Spanish copy of CGE FAQ's 1st week of school 8_3_25 Spanish Version.pdf
- **1st week reminders in Russian:**
  Russian copy of CGE FAQ's 1st week of school 8_3_25 Russian Version.pdf

Upcoming Events/Dates

Site Council/ELAC Meeting cancelled for August	Tuesday	9/16/25
CT meeting 1:15 release for all students	Thursday	8/21/2025
PTA Fundraiser Chipotle 4-8PM	Tuesday	8/26/2025
CT meeting 1:15 release for all Students	Thursday	8/28/2025
last day of Early/Late K-2 schedule	Friday	8/29/2025

Have a great week!
Mr. Bliss