



School/Work Location Wellness Action Plan SY24-25

Date of Assessment: December 19 th 2024		School/Work Location Wellness Action Plan SY24-25	
Name of School/Work Location: Ball Ground STEM Academy	Number of Students: 656	Number of Employees: 100	
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. National School Lunch Week	Completed	All staff and students	October – Promoting student nutrition
2. National School Breakfast Week	In Progress	All staff and students	March - Promoting student nutrition
3. Grab and Go Breakfast	In Progress	All students	Easy access to a healthy breakfast
4. Cares Closet (food pantry)-Indian Meals backpack program	In Progress	25 students/families	Providing students with additional items
5. School Garden	In Progress	All students in collaboration with the STEM Lab	Learning about and planting a vegetable garden while exposing students to healthy food choices
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Red Ribbon Week	In Progress	All staff and students	October 23-31
2. Thoughtful Thursday	In Progress	All staff and students	Wellness tips/Information shared through morning news by counselors
4. School Counseling Week	In Progress	All students	Classroom guidance
5. Classroom guidance lessons	In Progress	All students	Monthly lessons from the K-5 counseling curriculum.
6. Counselor Lunch Bunch	In Progress	Some students	Making connections with students – lunch with the school counselor, weekly lunch bunches for 6-8 weeks with various students attending throughout the year.
7. Think First and Stay Safe (Speak Up Be Safe)	January	All students	Personal Safety Lessons
8. Check In/ Check Out (CICO)	In Progress	As needed for students	Support student behavior, emotional and social wellness
9. PBIS (Positive Behavior Intervention and Supports)	In Progress	All students	Positive behavior reinforcement/ community partners (program/support)
10. Positive Office Referral	In Progress	All students	Sharing compliments for student achievement

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11. Tribe Tribune – weekly parent newsletter	In Progress	Parents and students	Each week encouraging information is shared from Principal and Assistant Principal
12. Ball Ground Bullets – weekly staff newsletter	In Progress	All staff	Each Monday encouraging information is shared from Principal and Assistant Principal.
13. Staff Shout Outs	In Progress	All Staff	Colleague recognition in Ball Ground Bullets
14. Counselor Canvas page	In progress	All students/staff	Canvas page with wellness information/coping schools/community resources for students/families
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Running Club	In Progress	44	Grades 4 th and 5 th - meet once a week after school (Spring)
2. Adams Sports	In Progress	Registered Students	Students can play a variety of sports in the After School Program
5. FitnessGA	In Progress	1 st -5 th grade students	Multiple areas of fitness are tested
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Flu shots on campus-for staff	In Progress	Staff	Optional for staff
2. Hearing and Vision screening	Completed	PK, 1st and 3rd grade students	Ensuring that student academics are not hindered by visual or auditory issues
3. Recess	In Progress	All students	Scheduled recess every day
4. Nurse News - Need to Know Head to Toe	In Progress	All staff and students	Health facts from school nurse shared during morning news
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Completed	Notes: Following district guidelines
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Completed	Notes: Following district guidelines

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal

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In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Melinda Roulier	Principal	Serving as Wellness Administrator
2. Lauren Roach	Assistant Principal	Serving as Wellness Co-Administrator
3. Kathleen Drew	Counselor	Serving as Wellness Ambassador
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
Mollie Dunn	5 th grade teacher	
Terry Dionne	KK Teacher	
Lora Smith	1 st Grade	
Melissa Bruce	2 nd grade	
Jennifer Hardin	3 rd Grade	
Jennifer E Goss	4 th Grade	
Stacie Hutchison	SPED	
Sandra Moore	SPED	
Emily Dobson	EIP/ESOL	

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Faculty Meetings	monthly	Information shared (as needed)

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2. Emailed to staff- Wellness News/Information	monthly	
3. Morning News	daily	
4. Wellness Committee Meetings	monthly (as needed)	Information shared with grade levels as needed from committee.

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