



Activity Tolerance

Student Name: _____ **School:** _____

Diagnosis: _____ **Date:** _____

Please circle appropriate restriction:

CATEGORY I

No restrictions

Activities may include endurance training, interscholastic athletic competition, and contact sports.

CATEGORY II

Moderate Exercise

Activities include regular P.E. classes, tennis, and baseball.

CATEGORY III

Light Exercise

Activities include nonstrenuous team games, recreational swimming, jogging, cycling, and golf.

CATEGORY IV

Moderate limitation

Activities include attending school, but no participation in P.E. classes.

CATEGORY V

Extreme limitations

Activities include homebound or wheelchair activities.

OTHER _____

PROVIDER (print name) _____

PROVIDER SIGNATURE _____

DATE _____