



## **PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM**

### **Lowe Elementary**

**Written by Princeton ISD Elementary Counselors: Godwin-Allison Gonzalez, Harper-Amanda McIntire, Lacy-Alesha Love, James-Briana Jensen, Smith-Katie Aldridge, Lowe - Chelsea Parker, Mayfield - Madison Boger, and Green - Cynthia Smith**

### **Foundation**

Comprehensive School Counseling Program (CSCP) Mission Statement

**The mission of Lowe Elementary School's Counseling Program is to help students create an anchor for life by connecting them, as well as parents, schools and the community with the tools and resources for academic readiness, social and emotional success.**

### **Program Definition**

Below are the defining elements of our CSCP:

#### **Delivery**

Princeton ISD Counselors lead on delivering the comprehensive school counseling program along with the administration, campus staff, guest speakers and parents. This is collaboratively done for the success of the comprehensive school counseling program.

#### **Competencies**

**Student Competency:** Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

**Student Competency:** Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal – setting process

**Student Competency:** Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete tasks

**Student Competency:** Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

**Student Competency:** Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

### **Clients**

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

### **Organizational Elements-**

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

### **Program Rationale**

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

**Program Assumptions** – see completed checklists in Texas Model Guide on page 56

### **Program Goals & Process**

**Needs Assessment Results:** Improve Student Behavior, Assess personal growth, Assess social and emotional success, Assess campus culture, Assess Program Balance using Time Tracking, Assess further supports needed for future tracking.

We reviewed the following data points:

- Behavior incidents
- SSSP reports/Bullying reports
- Student Climate Survey

The following patterns will be evaluated in our data:

- Incident types
- Incidents by grade level
- Incidents by semester
- incidents of SSSP Threat Assessment Reports

- Frequency of Office Referrals
- Climate Survey Results (patterns)
- Frequency of Counseling Support (Whole Group, Individual, Small)
- Special Assemblies (response to)

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at our leadership meeting to elicit revisions/additions
- TBD through discussions of student concerns at RTI meetings, counselor academy, and leadership meetings.

### **Program SMART Goals for the 2025-26 Year**

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/cermonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

### **CSCP Design Priorities**

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Intrapersonal Effectiveness
3. Personal Health and Safety
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Leadership
2. Counseling

3. Guidance
4. Advocacy
5. Professional Behavior
6. Professional Standards
7. Program Management
8. Consultation
9. Coordination
10. Parent Support

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum: 35-45%
2. Responsive Services: 30-40%
3. System Support: 10-15%
4. Individual Planning: 5-10%

## **Program Design**

Guidance Curriculum Services

### 1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- discipline referrals, attendance and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s-Self-Respect, Anti-bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, College & Career lesson, Smart Goal/Growth Mindset, Safe use of Social Media.

Smart Goal/s-

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/ceremonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

### 2. Strategic Content Area - Interpersonal Effectiveness, Anxiety

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group

lessons, and providing special assemblies/ceremonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.

- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

### 3. Strategic Content Area - Personal Health and Safety: Emotional Regulation

Needs Assessment Findings- discipline referrals, climate survey, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, social media safety

SMART Goal/s-

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/ceremonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

### 4. Strategic Content Area-Post Secondary Education and Career Readiness

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset, Middle School Readiness programs

SMART Goal/s-

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/ceremonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

### **Campus Responsive Services**

We found the following areas of significance in our data points :

Written by PISD Elementary Counselors

Updated 8/25/2025

## **Student Climate Survey**

Assessment Results from a 24-25 Climate Survey administered to Lowe Elementary grades 3-5

314 students responded and reported:

- 21.7% students reported - I like coming to school - Always
- 51.3% students reported - I like come to school - Most of the time
- 21.7% students reported - I like coming to school - A little bit
- 17.0% students reported - I like coming to school - Never
- 41.4% students reported - I feel safe at school - Always
- 43.6% students reported - I feel safe at school - Most of the time
- 11.5 % students reported - I feel safe at school - A little bit
- 3.5% of students reported - I feel safe at school - Never
- 67.8% students reported - I have friends at school - Always
- 21.0% students reported - I have friends at school - Most of the time
- 9.2% students reported - I have friends at school - A little bit
- 1.9% students reported - I have friends at school - Never
- 18.2% students reported - People care about each other in my school - Always
- 49.4% students reported - People care about each other in my school - Most of the time
- 27.4% students reported - People care about each other in my school - A little bit
- 5.1% students reported - People care about each other in my school - Never
- 78.0% students reported - My school wants me to do well - Always
- 15.9% students reported - My school wants me to do well - Most of the time
- 4.1% students reported - My school wants me to do well - A little bit
- 1.9% students reported - My school wants me to do well - Never
- 43.6% students reported - Adults treat student kindly and fairly at this school - Always
- 39.2% students reported - Adults treat students kindly and fairly at this school - Most of the time
- 14.3 % students reported - Adults treat students kindly and fairly at this school - A little bit
- 2.9 % students reported - Adults treat students kindly and fairly at this school - Never
- 71.3% student reported my school has clear rules for how to behave - Always
- 24.5% student reported my school has clear rules for how to behave - Most of the time
- 3.5% student reported my school has clear rules for how to behave - A little bit
- 0.6% student reported my school has clear rules for how to behave - Never
- 40.1% students reported - I feel like I do well in school - Always
- 40.8% students reported - I feel like I do well in school - Most of the time
- 14.3% students reported - I feel like I do well in school - A little bit
- 4.8% students reported - I feel like I do well in school - Never
- 18.5% students reported - Student treat each other with kindness both in person and online - Always
- 43.6% students reported - Student treat each other with kindness both in person and online - Most of the time

- 29.9% students reported - Student treat each other with kindness both in person and online - A little bit
- 8.0% students reported - Student treat each other with kindness both in person and online - Never
- 65.7% students reported - There is an adult at my school who will help me if I need it - Always
- 27.6% students reported - There is an adult at my school who will help me if I need it - Most of the time
- 4.5% students reported - There is an adult at my school who will help me if I need it - A little bit
- 2.2% students reported - There is an adult at my school who will help me if I need it - Never
- 21.3% students reported - Good behavior is noticed at my school - Always
- 51.6% students reported - Good behavior is noticed at my school - Most of the time
- 21.7% students reported - Good behavior is noticed at my school - A little bit
- 5.4% students reported - Good behavior is noticed at my school - Never
- 10.5% students reported - Students in my class behave so that teachers can teach - Always
- 49.0% students reported - Students in my class behave so that teachers can teach - Most of the time
- 29.3% students reported - Students in my class behave so that teachers can teach - A little bit
- 11.1% students reported - Students in my class behave so that teachers can teach - Never
- 28% students reported - I get along with other students - Always
- 57.0% students reported - I get along with other students - Most of the time
- 10.8% students reported - I get along with other students - A little bit
- 4.1% students reported - I get along with other students - Never

### **Behavior**

- In the 1st Semester, 226 behavior incidents/office referrals were created for 95 students.
  - Kindergarten had 39 referrals
  - 1st had 37 referrals
  - 2nd had 23 referrals
  - 3rd had 37 referrals
  - 4th had 48 referrals
  - 5th had 22 referrals
- In the 2nd semester, 235 behavior incidents/office referrals were created for 119 students
  - Kindergarten had 31 referrals
  - 1st had 64 referrals
  - 2nd had 21 referrals
  - 3rd had 42 referrals
  - 4th had 55 referrals
  - 5th had 22 referrals
- 57 students had 3 or more referrals
- 25 students had 5 or more referrals

- 12 students had 10 or more referrals

(2) In the 24-25 school year, Lowe Elementary School data reflects multiple SSSP meetings on campus being conducted as an intervention for students at risk with 7 investigations

Advisory council input/insight to be incorporated into CSCP goals:

- Consider a weekly wellness check in system for students at risk
- Continue positive behavior referral system school-wide.
- Continue Kindness Coupon system for promoting kindness culture.
- Continue to increase the amount of time in Individual, small and whole group lessons that promote social emotional wellness.
- Continue staff and student climate surveys to monitor progress over time.
- Consider tracking specific information regarding school-based mental health counseling visits.
- Continue to offer professional development/assemblies/ceremonies to increase knowledge of social emotional wellness for Staff/Parents.

**Individual Planning Priorities**

Domain- Personal

Goal- Identify attributes for achievement and growth

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Education

Goal- Understanding the importance of education

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Career

Goal- Introduction to different options

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

**System Support Tools**

Monthly Calendar- see attached calendar at end of this CSCP.

**Counseling Department Monthly Calendar**

**This calendar is based on the following guidelines.**

**1. The Texas Model School Counseling Program Guide Components and Content Areas of:**

Components	Content Areas
Guidance Curriculum	Interpersonal Effectiveness
Responsive services	Intrapersonal Effectiveness

Individual Planning  
System Support

Personal Health and Safety  
Post-Secondary Planning and Career Readiness

## 2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2025-2026 Year

### 3. Campus Improvement Plan Goals:

Goal 1: At Lowe Elementary, through the comprehensive counseling program Counselors will educate students on conflict resolution and de-escalating tools.

Goal 2: At Lowe Elementary, Counselors will provide Parent Training for prevention and coping of bullying.

Goal 3: At Lowe Elementary, through the character strong program and reward programs we will increase attendance and reinforce positive behaviors.

## CALENDAR

### August

**Content Area-** Introduction to the Counselor & Counseling Program, Interpersonal Effectiveness & Intrapersonal Effectiveness

#### **CSCP Goals Addressed-**

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/cermonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
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- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

**Domain** - Interpersonal, Intrapersonal Effectiveness, Personal & Social

#### **Guidance Curriculum Lesson Topics (GC):**

- Setting counseling program purpose
- Using Character Strong Program for grades K-5 with focus on the following character traits: Respect, Honesty, Responsibility, Gratitude, Cooperation, Empathy, Perseverance, Courage to promote healthy social and emotional success for students.
- Month of August kick off Guidance - Character Strong -Respect and Responsibility

- Tuesday announcements - Character Strong

**Major Projects/Events:**

- Meet the Counselor Bulletin Board.
- Self-Introduction to students through guidance lessons.
- Character Challenge for announcements.
- Welcome new students - Lunch Bunch Groups.
- Initiate Lowe Leaders program.
- Compliance/safety training for staff.
- Begin Positivity Tuesday Announcements - focus on Character Strong traits.
- Special Events program:
  - YES: Youth Equipped to Success (4th grade).
- Introduce Kindness Coupons strategy for building kindness by catching students performing kind deeds. Draw coupons and announce weekly on morning announcements.
- August Counselor Meeting
- CAT (Counseling Advisory Team) member set up
- WatchDOGS and Lowe Ladies Volunteer program begins

**Individual Planning/ Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills);
- Volunteer program, Watchdog Program.
- Highly Mobile services.- schedule meetings.
- Check-in on students that have struggled throughout the previous year early on back to school.
- Support new teachers to campus in the classroom with students struggling socially/emotionally.
- Offer support for incoming new students to campus - groups/ and or check-ins.

**Celebration/Awareness Days:**

- Left Handers Day
- National Tell a Joke Day
- National College Colors Day

**September**

**Content Area** - Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed -

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/cermonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
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**Domain** - Interpersonal, Intrapersonal Effectiveness, Personal healthy and safety

**Guidance Curriculum Lesson Topics (GC):**

- Guidance - Character Strong - Respect & Responsibility
- Tuesday announcements - Character Strong
- Second Step in the classroom - General Education teachers teach once a week - 15 minutes in their General Ed setting - Growth Mindset and Goal Setting

**Major Projects/Events:**

- Character Challenge on announcements. Character Dares from Character Strong.
- BOY Climate survey students in grades 3-5.
- BOY Staff compliance trainings
- Volunteer/Watchdog program set up begins
- NTX Food Bank Peanut Butter Drive
- Homecoming Week
- 4th Grade YES program
- September Counseling Meeting
- BOY CAT meeting
- Monthly college shirt
- Positivitee shirt Thursday,

**Individual Planning/ Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills)
- Volunteer program/Watchdog program
- Lunch Bunch Groups Highly Mobile services
- BOY of the Year Counseling Advisory Committee
- Homecoming
- Celebration/awareness days.
- Peanut Butter Drive.

**Celebration/Awareness Days:**

- Childhood Cancer Awareness Month
- National Hispanic Heritage Month
- Teacher's Assistant Day
- Homecoming Week - 9/22-9/26
- Patriot Day/First Responders Day - 9/11

## **October**

**Content Area** - Drug Prevention, Personal Safety, kindness, anti-bullying, WHO program

### **CSCP Goals Addressed-**

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**Domain** - Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

### **Guidance Curriculum Lesson Topics (GC):**

- Character Strong - Gratitude & Empathy
- Drug prevention
- personal safety
- healthy choices
- Kids Count
- WHO - WHO guidance - Strangers & Secrets.
- Positivity Tuesday announcements - Character Strong.
- Second Step - Growth Mindset and Goal Setting (cont.) and Emotion Management - in General Education.

### **Major Projects/Events:**

- Red Ribbon Week activities
- Guidance Lesson
- Character Challenge on announcements.
- Ned assembly.
- Build activities around campus that center on drug prevention, kindness, anti-bullying themes.
- Schedule assemblies/Post literature supporting these themes around classroom and distribute to classroom teachers to post in class as well as use activities for students addressing anti-bullying; drug free, kindness.
- October counseling meeting.
- PISD PAL program set up begins
- Monthly college shirt
- Positivitee shirt Thursday,

### **Individual Planning/Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills)
- Volunteer program/Watchdog Program
- Red Ribbon Program

- Food drives
- Lunch Bunch Groups.
- Schedule assemblies - NED shoes/advertise yo-yos.
- Celebration/Awareness Days.
- National Bullying Prevention Month.
- Launch PALS program(Early October).

**Celebration/Awareness Days:**

- National Bullying Prevention Month
- Break Cancer Awareness Month
- School Custodian Appreciation Day - 10/2
- World Teachers' Day - 10/5
- National Coaches Day (academic & instructional) - 10/6
- Dyslexia Awareness Week - 10/6 - 10/10
- World OT Day - 10/27
- National Principals Month
- PEIMS Appreciation Day - 10/24
- Red Ribbon Week - 10/27 - 10/31

**November**

**Content Area** - Health and Safety, Interpersonal Effectiveness, Intrapersonal Effectiveness, Kindness, Respect, National Gratitude Month; Hygiene and personal health.

**CSCP Goals Addressed-**

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**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

**Guidance Curriculum Lesson Topics (GC)**

- Gratitude & Empathy, Kindness;
- Second Step - Emotion management continued
- Hygiene (4th)
- Puberty (5th)
- Positivity Tuesday announcements - Character Strong

**Major Projects/Events:**

- Guidance Lesson
- Canned Food Drive
- Angel Tree
- Hygiene Video by Human Relations(4th grade),
- Puberty Video by Human Relations (5th grade)
- PISD PALS begins
- volunteer program continues
- November Counseling meeting
- Monthly college shirt
- Positivitee shirt Thursday,

**Individual Planning/Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills)
- Volunteer program/Watchdog Program
- PALS
- Lunch Bunch Groups
- Positivity Tuesday announcements - Character Strong.

**Celebration/Awareness Days:**

- School Psychology Week - 11/3-11/7
- Veterans Day - 11/11
- World Kindness - 11/13
- Education Support Professionals Day - 11/19
- Substitute Educators Day - 11/21

**December**

**Content Area** - Character Strong - Gratitude & Empathy, Health Awareness

**CSCP Goals Addressed -**

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**Domain** - Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal & Social

**Guidance Curriculum Lesson Topics (GC):**

- Gratitude and Empathy

- Sharing
- Giving
- Positivity Tuesday announcements - Character Strong.
- Second Step in General Education ( Empathy and Kindness)

**Major Projects/Events:**

- Bulletin board or morning announcements
- other activities as determined by the campus,
- Character Dares from Character Strong,
- PALS continues,
- volunteers continue,
- PISD Angel Tree
- Monthly college shirt
- Positivitee shirt Thursday,

**Individual Planning/Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills);
- Volunteer program/Watchdog Program
- Angel Tree program.
- Positivity Tuesday announcements - Character Strong
- Highly Mobile services. Celebration/Awareness Days.

**Celebration/Awareness Days:**

- National Special Education Day - 12/2
- Computer Science Education Week - 12/8 - 12/14

WINTER BREAK

**January**

**Content Area** - Postsecondary Planning and Readiness, Interpersonal Effectiveness and Intrapersonal Effectiveness

**CSCP Goals Addressed-**

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/cermonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.

- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

**Domain** - Educational, Career, Personal & Social

**Guidance Curriculum Lesson Topics (GC):**

- Perseverance
- Honesty
- Understanding and Expressing feelings
- Empathy
- Conflict resolution
- Positivity Tuesday announcements
- Second step in General Education- Empathy and Kindness.

**Major Projects/Events:**

- Guidance Lesson
- The Great Kindness Challenge
- Positivitee shirt Thursday,
- Character Dares from Character Strong;
- Character Strong - Perseverance and Honesty
- PISD PALS continues
- WatchDOGS and Lowe Ladies volunteers

**Individual Planning/Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills);
- Volunteer program
- Watchdog Program
- PALS program.
- Lunch Bunch Groups.
- Positivity Tuesday announcements - character strong traits.
- Highly Mobile services.
- Middle of the Year Counseling Advisory Committee

**Celebration/Awareness Days:**

- School Board Appreciation Month
- Law Enforcement Appreciation Day - 1/9

## **February**

**Content Area** - Interpersonal Effectiveness & Intrapersonal Effectiveness

### **CSCP Goals Addressed-**

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/cermonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

### **Guidance Curriculum Lesson Topics (GC)**

- Character Strong - Perseverance and Honesty
- Positivity Tuesday announcements - character strong.
- 5th WHO Guidance (Self/Talk/Self-worth).
- Second Step Program in General Education - Problem Solving

### **Major Projects/Events:**

- Guidance Lesson,
- National Counseling Week,
- Positivitee shirt Thursday,
- Character Dares from Character Strong; Second Step;
- Activities to promote Friendship and Kindness.
- Monthly college shirt
- PISD Pals
- WatchDOGS and Lowe Ladies
- February Counseling Meeting

### **Individual Planning/Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills);
- Volunteer program,
- Watchdog Program and Lowe Ladies
- PALS program. Lunch Bunch Groups.

### **Celebration/Awareness Days:**

- Black History Month
- Career & Technology Education Month
- School Counselor Appreciation Week - 2/2-2/6
- School Resource Officer Day - 2/15
- Crossing Guard Appreciation Day - 2/10

## **March**

**Content Area** - Character Strong - Cooperation & Courage; WHO Program (3/4th Trauma & Emotional resilience)

### **CSCP Goals Addressed-**

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/ceremonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Educational, Personal & Social

### **Guidance Curriculum Lesson Topics (GC):**

- Character Strong - Cooperation and Courage
- Positivity Tuesday announcements - Character strong.
- 3-4 WHO guidance -(Trauma and Emotional Resilience.)
- Second Step in General Education- Problem - Solving

### **Major Projects/Events:**

- Guidance Lesson,
- National Counseling Week,
- Positivitee shirt Thursday,
- Character Dares from Character Strong; Second Step;
- Activities to promote Friendship and Kindness.
- Monthly college shirt
- PISD Pals
- WatchDOGS and Lowe Ladies
- March Counseling Meeting
- Monthly college shirt

### **Individual Planning/Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills);
- Volunteer program, Watchdog Program
- PALS program.
- Lunch Bunch Groups.
- Positivity Tuesday announcements - character strong.
- Highly Mobile services.
- Counselor Advisory Meeting - EOY.
- End of the Year Climate Survey - students.

**Celebration/Awareness Days:**

- Educational Diagnostician Week - 3/1 - 3/7
- Maintenance Worker Appreciation Day - 3/6
- Read Across America Day - 3/2

**April**

**Content Area** - Interpersonal Effectiveness, Intrapersonal Effectiveness, Test Anxiety, Personal Safety, Character Strong - Empathy

**CSCP Goals Addressed-**

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/ceremonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

**Domain** - Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

**Guidance Curriculum Lesson Topics (GC):**

- Character Strong - Cooperation & Courage
- Test Anxiety
- Personal Safety
- Positivity Tuesday announcements - character strong.

**Major Projects/Events:**

- Guidance Lesson
- Child Abuse Prevention Month
- Character Dares from Character Strong
- PISD PALs
- WatchDOGS and Lowe Ladies
- Onion Festival
- April Counseling Meeting
- STAAR Support - as needed
- Monthly college shirt
- Positivitee shirt Thursday,

**Individual Planning/ Responsive Services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills);
- Volunteer program,
- Watchdog Program and Lowe Ladies

- PALS program.
- Lunch Bunch Groups.
- Positivity Tuesday announcements - character strong.
- Highly Mobile services.

**Celebration/Awareness Days:**

- National Autism Awareness Month
- Paraprofessional Appreciation Day - 4/3
- School Librarian Appreciation Day 4/4
- Assistant Principal Week - 4/6 - 4/10
- Public School Volunteer Week - 4/20 - 4/24
- Administrative Assistant Day - 4/22
- School Bus Driver Appreciation Day - 4/28

**May**

**Content Area** - Test Anxiety, Personal Safety, Post-Secondary Planning and Career Readiness

**CSCP Goals Addressed-**

- By May 2026, school counselors will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/cermonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2026, school counselors will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2026, school counselors will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

**Domain-** Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

**Guidance Curriculum Lesson Topics (GC):**

- Test Anxiety,
- Personal Safety,
- Character Education -Cooperation and Courage
- Positivity Tuesday announcements - character strong.

**Major Projects/Events:**

- STAAR (support students with test anxiety);
- Small Group - Test Anxiety;
- 5th CATE Tours/Career development.
- Guidance Lesson,
- National Counseling Week,
- Positivity shirt Thursday,
- Character Dares from Character Strong; Second Step;
- Activities to promote Friendship and Kindness.

- Monthly college shirt
- PISD Pals
- WatchDOGS and Lowe Ladies
- May Counseling Meeting
- Monthly college shirt

**Individual Planning/Responsive services:**

- Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills);
- Volunteer program,
- Watchdog Program and Lowe Ladies
- PALS program.
- Lunch Bunch Groups.
- Positivity Tuesday announcements - character strong.
- CATE tours;
- career development programs/lessons.

**Celebration/Awareness Days:**

- Mental Health Awareness Month
- School Principal Day - 5/1
- School Lunch Hero Day - 5/1
- Teacher Appreciation Week - 5/4 - 5/8
- Testing Coordinator Day - 5/4
- School Nurse Day - 5/6
- National Police Week - 5/10 - 5/16
- Speech Language Pathologist Day - 5/18

**June**

**Content Area** - Review Data and prepare for new school year

**CSCP Goals Addressed -**

Review data, determine growth achieved

**Domain** - N/A

**Guidance Curriculum Lesson Topics (GC):** N/A

**Major Projects/Events:**

- Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year.
- Revision of CSCP.