



Central Point School District #6

300 Ash Street, Central Point, Oregon 97502
541.494.6200 www.district6.org

Dear Central Point School District Families and Community,

Central Point School District 6 is committed to providing families with clear information about our **state-mandated health education standards**.

In Grades K–5, we use the instructional resource, **The Great Body Shop**, to meet these requirements. We know it's important for families to feel comfortable with what students are learning, and we also recognize that parents may have different perspectives on state health standards. In the spirit of transparency, we encourage you to review the materials provided and actively engage in your child's health education.

Content is delivered through **The Great Body Shop**, which is fully aligned with **Oregon Health Standards**. Lessons are designed to:

- Enhance student knowledge
- Promote healthy decision-making
- Reduce risky behaviors later in life

In accordance with **Oregon Revised Statute (ORS 336.035[2])**, parents/guardians may request that their child be excused from any portion of this instruction.

- To **review health curriculum materials**, please contact your child's principal.
- To **excuse your child from specific lessons**, complete the opt-out form (linked below) and return it to your child's teacher as soon as possible to support planning.

If you would like to excuse your child from any particular lessons, please fill out the portion below and return to your child's teacher as soon as possible. If you would like to review any components of the health materials or have specific concerns or questions, please contact your school principal. We are grateful for your partnership as we work together to help our students grow into healthy adults.

Opt-Out Request Form

I request that my child, _____

be excused from participating in the following lesson topics of *The Great Body Shop*:

Parent/Guardian Signature: _____

Date: _____

➔ **Please return this form to your child's teacher as soon as possible.**