



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

AUGUST 24, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.

21st Sunday in Ordinary Time

GO OUT
TO THE WORLD
AND TELL THE
GOOD NEWS.



PSALM 117

PARISH CALENDAR

Sunday August 24

TWENTY-FIRST SUNDAY IN ORDINARY TIME

9:00 AM **Mass**
11:00 AM **Mass**
5:00 PM **Mass**

Monday August 25

*Saint Louis; Saint Joseph Calasanz, Priest
Sacred Heart School –First Day of Classes*

8:00 AM Rosary
8:45 AM SHS Prayer Service for First Day
9:00 AM **Mass**
7:00 PM Rosary Group

Tuesday August 26

Weekday

10:00 AM Stitches with Heart Group

Wednesday August 27

Saint Monica

8:00 AM Rosary
8:15 AM Confessions
8:45 AM **Mass** (school attending)

Thursday August 28

Saint Augustine, Bishop, Doctor of the Church

8:15 AM Rosary
8:45 AM **Mass**
2:00 PM - 4:00 PM *Eucharistic Adoration Canceled*

Friday August 29

The Passion of Saint John the Baptist

8:15 AM Rosary
8:45 AM **Mass Canceled**

Saturday August 30

Blessed Virgin Mary

8:00 AM Women's Group
8:00 AM Men's Group
10:00 AM Infant Baptism Class
3:00 PM Confessions - Reconciliation Chapel
5:00 PM Vigil **Mass**

Sunday August 31

TWENTY-SECOND SUNDAY IN ORDINARY TIME

9:00 AM **Mass**
11:00 AM **Mass**
3:00 PM *Divine Mercy Prayer Group Canceled*
5:00 PM **Mass**

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

Sacred Heart Liturgical Schedule Updates

On August 26th, Fr. Joseph will be traveling to Nigeria to visit his family and will return on October 1st. During this time, Fr. Nagel will be going between our Parish Family of Sacred Heart and St. Monica for Masses and parish commitments. Additionally, Fr. Joseph Mitchell, a Senior Priest in the Archdiocese of Seattle, will assist by presiding at weekend Masses. Please take note of the following changes to Sacred Heart's Liturgical schedule during Fr. Joseph's vacation:

- ◆ There will be no 8:45 AM Daily Mass on Fridays, beginning Friday, August 29th. Friday Masses will resume on Friday, October 3rd.
- ◆ There will be no Eucharistic Adoration on Thursdays, beginning Thursday, August 28th. Eucharistic Adoration will resume on Thursday, October 16th.
- ◆ There will be no First Friday of the Month Mass at 7:00 AM on Friday, September 5th. The First Friday of the Month Mass will resume on Friday, October 3rd.
- ◆ There will be no First Friday of the Month Eucharistic Adoration at 9:30 AM on Friday, September 5th. The First Friday of the Month Eucharistic Adoration will resume on Friday, October 3rd.

Please visit St. Monica parish at www.stmonicami.org for a listing of Mass and Eucharistic Adoration times.

Please keep Fr. Joseph in your prayers for safe travels and prayers for Fr. Nagel as he navigates the schedules and commitments of our Parish Family.

Missed a Sacrament?

It is never too late! If you or someone in your family has missed celebrating a sacrament such as Baptism, First Communion or Confirmation, please contact the parish office at 425-454-9536. We are here to assist and guide your family in sacramental preparation.



Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy

After we recognize our own weakness and beseech God's mercy in the *Kyrie*, during Sundays and higher liturgical celebrations (known as Solemnities and Feasts) outside of the seasons of Advent and Lent, we sing of God's power and strength as we acclaim the *Gloria*. Here, we echo the songs of the angels at Bethlehem. As they acclaimed the arrival of the incarnate Lord, so too do we herald the arrival of our Lord in the Mass. In the *Gloria*—an ancient hymn that unites the Church past and present, in heaven and on earth—we recount the glorious work of salvation told through a multitude of biblical references, using the Trinitarian formula.

**INTERESTED
IN BECOMING
CATHOLIC**

Fr. Nagel would like to invite all those interested in becoming Catholic to learn more about the Faith, starting Monday, September 15, 2025. Father will be teaching a combined class with St. Monica and Sacred Heart from 6:30 to 7:30 PM.

Interested?
Please call Heather at
206.232.2900 ext. 130 or
Scan the QR code to sign up:

SCAN OR CLICK ME

Classes will be held at Sacred Heart Church Parish Hall,
9460 NE 14th St, Bellevue, WA 98004

ADMINISTRATION & STEWARDSHIP

Dear Sacred Heart Parishioners and School Neighbors,

As you probably already know, the City of Bellevue will be doing construction on 100th Ave. at the intersection with 14th St. starting in September and running for two or more months.

This is a city project and is not related in any way to Sacred Heart School or Parish. However, like you, our staff, students, and parents will be affected by this closure in the mornings and afternoons. We sought advice from the City of Clyde Hill about the best way to run our drop-off and pick-up procedures during this closure and will be following their advice to try to mitigate the impact on traffic on 14th St. We are incentivizing students who live in the area to walk or bike to school when possible. You can see our drop-off and pick-up route by scanning the QR code below, or by visiting our school website, school.sacredheart.org. All traffic will have to enter and exit on 14th St.

We want to let you know that our staff arrive at school between 7:00 and 8:00 am. A few students are dropped off as early as 7 am, but the majority will arrive between 8:00 and 8:25 am. Our pick-up time is between 3:15 and 3:30 each day with parents typically starting to arrive around 3:00 pm. School begins at Sacred Heart School on August 25th. Both August 25th and 29th will be “half days” which means we will release students at 11:45 am.

For attendees of our daily 8:45 am Mass, please note the following arrival guidelines during the construction phase. If you plan to arrive between 8:00 am and 8:30 am, enter the lower parking lot on 14th Street and follow the school’s arrival route. Drive into the lower parking lot and proceed around the back of the school to reach the upper parking lot for parking. If possible, we kindly ask that you arrive after 8:30 am for Mass. Thank you for your cooperation during this phase of area construction.

We understand that even with these new procedures in place, this street closure will affect traffic, especially in the morning. If you have questions, concerns, or suggestions, please reach out to me by email at dburroughs@sacredheart.org. We value being part of the Clyde Hill and Bellevue communities.

Sincerely,

David Burroughs
Principal, Sacred Heart School



Matching Gifts

Don't forget to review if there are matching funds available with your employer, in conjunction with your giving. If you have questions about matching funds, please email Lucy Paulsen at lpaulsen@sacredheart.org.

***Please remember Sacred Heart Parish
in your estate planning.***



Scan the QR Code for
Online Giving to
Sacred Heart Parish.



Stewardship of Treasure Sunday collection totals

July 2024 to June 30, 2025 Budget	\$1,675,000
July 2024 to June 30, 2025 Actual	\$1,610,296
Under budget	(\$64,704)
Prior year actual (July 2023–June 2024)	\$1,659,146

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 8/24

Isaiah 66:18-21
Psalm 117:1-2
Hebrews 12:5-7,11-13
Luke 13:22-30

Monday 8/25

1 Thessalonians 1:1-5,8b-10
Psalm 149:1b-6a,9b
Matthew 23:13-22

Tuesday 8/26

1 Thessalonians 2:1-8
Psalm 139:1-3,4-6
Matthew 23:23-26

Wednesday 8/27

1 Thessalonians 2:9-13
Psalm 139:7-12b
Matthew 23:27-32

Thursday 8/28

1 Thessalonians 3:7-13
Psalm 90:3-5a,12-14,17
Matthew 24:42-51

Friday 8/29

1 Thessalonians 4:1-8
Psalm 97:1,2b,5-6,10-12
Mark 6:17-29

Saturday 8/30

1 Thessalonians 4:9-11
Psalm 98:1,7-9
Matthew 25:14-30

Sunday 8/31

Sirach 3:17-18,20,28-29
Psalm 68:4-7,10-11
Hebrews 12:18-19,22-24a
Luke 14:1,7-14

MASS INTENTIONS

Sunday 8/24

9:00 AM Mass: RIP IRENE DIMALANTA
by the Fletcher & Snyder Families
11:00 AM Mass: INT THE STUDENTS AND TEACHERS
OF SACRED HEART PARISH
5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 8/25

INT MARY JO ACKER
by Sacred Heart Parish Staff and Community

Wednesday 8/27

RIP JOHN MICEK JR. by Julie & Kevin Cipoletti

Thursday 8/28

RIP PEGGY COSTELLO by Sacred Heart Parish Staff

Friday 8/29

MASS IS CANCELED

Saturday 8/30

INT THE PARISHIONERS OF SACRED HEART

Sunday 8/31

9:00 AM Mass:
INT THE PARISHIONERS OF SACRED HEART
11:00 AM Mass: RIP LARRY KRING by David West
5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of
Sacred Heart & St. Monica Parish Family

The Deceased

Pray for the deceased of
Sacred Heart & St. Monica Parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration will be canceled while Fr. Joseph is visiting family in Nigeria. Adoration is canceled from Thursday, August 28th, through Thursday, October 9th. It will resume on Thursday, October 16th. Additionally, First Friday Eucharistic Adoration, scheduled for Friday, September 5th, is also canceled and will restart on Friday, October 3rd.



POPE'S PRAYER INTENTION - AUGUST

For Mutual Coexistence

Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious or ideological reasons.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Sunday School Resumes
Sunday, September 14th, 2025
Grades K—5th
12:30 to 1:30 PM

Scan the QR code for registration or visit sacredheart.org/Parish/



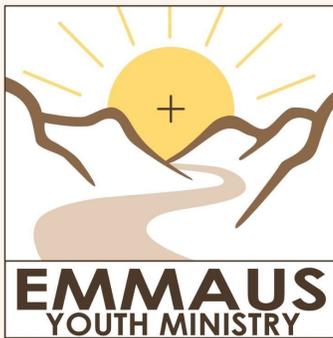
SACRED HEART SCHOOL



Support Sacred Heart School as a 2025–2026 Sponsor!

We invite you to become a sponsor of Sacred Heart School for the 2025–2026 school year and join a generous group of community partners who make an incredible difference in the lives of our students. Sponsorships help provide vital, unrestricted support for our operating budget—enhancing academic programs, enriching student life and ensuring that every child has access to a faith-filled, high-quality education rooted in love, service and excellence. Your sponsorship offers year-round visibility through school events, community outreach and marketing opportunities. From our highly attended Auction Gala to seasonal celebrations and family-focused events, you'll be recognized as a key partner in helping our school thrive. Whether you're a returning sponsor or considering supporting SHS for the first time, we would be honored to partner with you. For more information, please contact Corey Raney at craney@sacredheart.org.

ATTENTION All Middle and High Schoolers!



FALL SCHEDULE:

- Sep 17 Parent meeting @SH
- Sep 21 Youth Mass & Dinner
- Sep 24 Parent meeting @SM
- Sep 26-27 High School Retreat
- Oct 1 First Emmaus Night: J-Walkers: 4-5pm
635: 6:35-8:05pm
- Oct 11 High School fall outing
- Oct 19 Youth Mass & Dinner
- Nov 15 High School CYC
- Nov 19 Youthsgiving
- Nov 23 Youth Mass & Dinner



635 HIGH SCHOOLERS

Meets every Wednesday from 6:35-8:05pm

Sacred Heart: 1st 3rd 5th Wednesday of the month
 St. Monica: 2nd 4th Wednesday of the Month

J-WALKERS MIDDLE SCHOOLERS

Meets every Wednesday from 4-5pm

Sacred Heart: 1st 3rd 5th Wednesday of the month
 St. Monica: 2nd 4th Wednesday of the Month

MASS & DINNER GRADES 6-12

Come join your youth ministers for evening Mass and Dinner one weekend per month. Open for all middle and high schoolers!

CONFIRMATION GRADES 6 AND 7+

Our Confirmation program is changing! Please reach out to Kelsey for more information and registration!

6th grade: 1st year prep
 7th grade: 2nd year prep

For more information, please contact your youth ministers!

High School: Sharon Phillips
sphillips@sacredheart.org
sharon@stmonicami.org

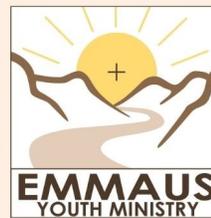
Middle School: Kelsey Heintz
kelsey@stmonicami.org
kheintz@sacredheart.org

Register Now - Infant Baptism Class Saturday, August 30th



Don't forget to register for the upcoming infant Baptism preparation class on Saturday, August 30th, from 10:00 AM - 12:00 PM in the Parish Hall. The class provides Baptism preparation for newborn infants to six years old. Email sacraments@sacredheart.org to register for the class.

ATTENTION ALL MIDDLE AND HIGH SCHOOLERS!



Join our Flocknote!

TEXT THE CORRECT KEYWORD BELOW TO 84576 TO JOIN OUR MIDDLE OR HIGH SCHOOL FLOCKNOTE!!!

FOR MIDDLE SCHOOL: **JWALKERS**
 FOR HIGH SCHOOL: **EMMAUS635**

TO: **84576**

REGISTRATION FOR YOUTH GROUP AND CONFIRMATION OPENS

AUGUST 15TH, 2025



COMMUNITY OUTREACH—COMMUNITY EVENTS



THANK YOU SACRED HEART! GOOD START BACK TO SCHOOL 2025

The 30th year of the Good Start Back to School Drive for Bellevue School students is wrapping up! The number of students needing assistance continues to rise. This year, Sacred Heart families have generously contributed over \$2000 in backpacks and monetary donations for this worthy cause. These backpacks, along with supplies to do homework assignments, will be distributed to qualified students before the first day of school. So, thank you Sacred Heart Parish for your continued support!

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

"Give thanks to the Lord, for he is good; his love is everlasting!" *1 Chronicles 16:34*

We are grateful, Oh Lord, for your goodness and mercy, and for the ministry of Project Rachel. May all who walk with the wound of abortion seek healing and strength, and the transforming love you offer.

English Retreat - Friday, October 10- Sunday, October 12, 2025

Spanish Retreat - Friday, October 31- Sunday, November 2, 2025

English Retreat - Friday, March 6 - Sunday, March 8, 2026

English: (206) 920-6413 (leave a confidential message)

Español: (206)-450-7814 (deje un mensaje **confidencial**)

Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!

Sacred Heart Bereavement Group



Sacred Heart invites anyone who has experienced the loss of a loved one, including those through miscarriage, to join a bereavement support group led by Linda Geere. This group will meet for 8 weeks, starting on **Tuesday, September 16th, from 6:00 to 7:30 PM** in the Parish Youth Room, with the entrance off NE 14th Street. You do not need to be Catholic to participate, so please feel free to invite a family member or friend who has also experienced the loss of someone special. To sign up or if you have any questions, please contact Linda Geere, Pastoral Assistant for Pastoral Care at lgeere@sacredheart.org or 425 454-9536.



Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags needed every week! Scan the QR code to sign up! When delivering to Jubilee Reach, please make sure to write "SHC" on your bag. Thank you for supporting these families in our local community!

The shopping list for a grocery bag donation remains the same each week, except for the hygiene item. A complete full bag is so appreciated as they continue to be provided to families at our Wednesday market.

Grocery List

Chips, 1 bag 7-12 oz.

Bread, 1 loaf (white/wheat)

Chocolate, 1-3 bars, no nuts-

Cereal, 1 box

Flour tortillas, 10 pack

Corn tortillas, 20-30 pack

Toilet paper, 2 rolls, wrapped in a plastic bag

Milk, 1 gallon of Whole or 2%

Hygiene: 2 Deodorants (1 Men's, 1 Women's)



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- Julie Nelson



Parishoners Matt & Christina with Client Julie



Matt
206-661-8624

Christina
612-987-0755



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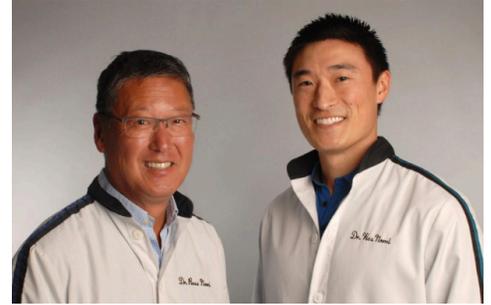
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