



Middle School Lunch Menus for August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change. Meal Prices: Breakfast \$1.75 Lunch \$3.25 Adults: A la carte pricing.	Daily Alternate Breakfast Entrée Options Include: Cereal Assorted Grab & Go	Breakfast Includes 100% Fruit Juice or Fruit Choice Breakfast & Lunch include choice of fat free chocolate or 1% milk.		
August 25 Chicken Sausage Biscuit Chicken Sandwich Garlic Bread Pizza Cheesy Broccoli Seasoned Carrots Assorted Fruit	August 26 Yogurt cup w/Granola Hamburger Steak w/ Gravy Manager's Choice Roll Mashed Potatoes Mixed Vegetables Assorted Fruit	August 27 Breakfast Pizza Assorted Pizza Chicken Chunks w/Roll Pinto Beans Green Beans Assorted Fruit	August 28 Eggs, Bacon & Toast Chicken Alfredo w/Breadstick Bento Box Tator Tots Veggie Choice Assorted Fruit	August 29 Manager's Choice Assorted Pizza Cheese Pizza Buttered Corn Carrots w/Ranch Assorted Fruit
September 1 No School Holiday	September 2 Breakfast Pizza Hot Dob w/ Chili BBQ Sandwich Baked Beans Mixed Vegetables Assorted Fruit	September 3 Ham & Cheese Croissant Assorted Pizza Bento Box French Fries Seasoned Carrots Assorted Fruit	September 4 Breakfast Pizza Chicken Drumstick w/Roll Manager's Choice Cheesy Broccoli Sweet Potatoes Assorted Fruit	September 5 Manager's Choice Assorted Pizza Cheese Pizza Veggie Choice Fresh Veggies w/Ranch Assorted Fruit
September 8 Chicken Biscuit Pizza Dippers w/Marinara Fiesta Pizza Buttered Corn Peas Assorted Fruit	September 9 Egg, Sausage & Toast Cheeseburger Spicy Chicken Fillet Sandwich Sweet Potato Fries Baked Beans Assorted Fruit	September 10 Parfait Assorted Pizza Corndog Nuggets Pinto Beans Seasoned Greens Assorted Fruit	September 11 Pancake on a Stick Beef Nachos Buffalo Wings w/Roll Tator Tots Seasoned Black Beans Assorted Fruit	September 12 Sweet Bread Assorted Pizza Cheese Pizza Carrots Green Beans Assorted Fruit
September 15 Chicken Sausage Biscuit Chicken Sandwich Garlic Bread Pizza Cheesy Broccoli Seasoned Carrots Assorted Fruit	September 16 Yogurt cup w/Granola Hamburger Steak w/ Gravy Manager's Choice Roll Mashed Potatoes Mixed Vegetables Assorted Fruit	September 17 Breakfast Pizza Assorted Pizza Chicken Chunks w/Roll Pinto Beans Green Beans Assorted Fruit	September 18 Eggs, Bacon & Toast Chicken Alfredo w/Breadstick Bento Box Tator Tots Veggie Choice Assorted Fruit	September 19 Manager's Choice Assorted Pizza Cheese Pizza Buttered Corn Carrots w/Ranch Assorted Fruit

Nutrition Byte

Enjoy School Meals!

All public schools in North Carolina offer school lunch. Most also offer school breakfast. All students can participate in school meal programs. Families can apply to see if they qualify for school meal benefits for their students. Ask your school about a meal application.

Many students and their families depend on school meals. School meals offer a variety of lean proteins, whole grains, fruits, vegetables, lowfat or fat free dairy, and locally grown ingredients. School meals make a difference!

There are many benefits to school meals:

- Research shows that students who participate in school meal programs consume more whole grains, milk, fruits, and vegetables.
- Students who eat school meals have better attendance, more focus in class, and improved academic performance.
- Participation in School Nutrition Programs supports social emotional learning.
- School meals are a nutritious, convenient choice for families.
- Eating school meals supports local School Nutrition Programs, farmers, and communities.