



Knik Charter School Lunch Calendar

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1 Cheese Pizza Mixed Fruit Broccoli Applesauce Cup	2 Chicken Pot Pie Peaches & Broccoli Frozen Fruit Juice	3 Fish Nuggets Corn Assorted Crackers Fresh Apple Roasted Chickpeas
6 Chicken Pot Stickers Applesauce Cup Pear Cup Baby Carrots	7 Cheese Burger Tater Tots Fresh Apple Roasted Chickpeas	8 Turkey and Cheese Sandwich Mixed Fruit Tossed Salad Frozen Fruit Juice	9 Mini Corn Dogs Baked Beans Peaches Snap Peas Mixed Berry Cup	10 Super Beef Nachos Assorted Dried Fruit Frozen Fruit Juice Roasted Chickpeas
13 Mozzarella Cheese Sticks Baked Beans Fresh Apple	14 French Toast Sticks Applesauce Sweet Peppers	15 Breaded Chicken Drumsticks Mashed Potatoes Assorted Crackers Mixed Fruit Broccoli	16 Turkey & Cheese Lunch Kit BabyCarrots Frozen Fruit Juice Roasted chickpeas Mixed Berry Cup	17 Chicken Egg Rolls Cook's Choice Strawberry Cup
20 Grilled Cheese Sandwich Assorted Crackers Pears & Baby Carrots	21 BBQ Chicken Sandwich Tater Tots Applesauce Cup Frozen Fruit Juice Roasted Chickpeas	22 Pepperoni Pizza Mixed Fruit Broccoli Frozen Fruit Juice	23 Popcorn Chicken Baked Beans Assorted Crackers Peaches & Cucumbers Fresh Orange	24 Cook's Choice Frozen Fruit Juice
27 Fiestada Stuffed Sandwich Pears & Baby Carrots	28 Chicken Nuggets Baked Beans Assorted Crackers Applesauce Cup Strawberry Cup Mini Peppers	29 Cheese Pizza Applesauce Cup Mixed Fruit Cup Broccoli	30 Chicken Pot Pie Peaches Frozen Fruit Juice Broccoli	31 Fish Nuggets Corn Assorted Crackers Fresh Apple Roasted Chickpeas

*All lunches come with a choice of 1% milk or fat free chocolate milk.

**Appropriate condiments will be provided.

