

CALIFORNIA HEALTHY KIDS SURVEY



Arcade Middle Secondary 2024-2025 Main Report

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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2024-25 *California Healthy Kids Survey* (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix provides more information about CHKS questions.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs. The Appendix is a brief guide to key CHKS Core Module indicators designed to help survey users more easily understand and interpret their findings.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As summarized in the Appendix, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The majority of the questions are school-specific, including the following indicators:

- student grades, truancy, boredom at school, attendance, academic motivation, and school connectedness, as indicators of engagement;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- perceived school safety, bullying, and victimization; and
- violence perpetration, substance use, and crime-related behavior (e.g., weapons possession).

The Core Module also assesses indicators of student well-being in general, including the scope and nature of substance use and mental health and wellness (chronic sadness, social and emotional distress, life satisfaction, and contemplation of suicide). These questions provide insight into important barriers to learning and development.

A wide range of demographic questions help districts identify differences among student groups and to better address the needs of significant and vulnerable students, including those required to be included in LCAP efforts. These include differences in the results related to race/ethnicity, gender, sexual orientation, and socioeconomic status; homeless and foster status; and English language proficiency.

Behavioral Health Module (Supplementary)

The Behavioral Health Module (BHM) is a multiform survey module that assesses secondary student well-being indicators (i.e., social isolation, body image and disordered eating, responses to trauma, stress-associated health conditions, and precursors to and consequences of substance use) and protective factors (i.e., home adult supports, peer supports, and school mental health supports). This module assesses almost all of the measures that were assessed on the 2022-23 Mental Health Supports Module, Student Trauma Module, and Alcohol and Other Drugs (AOD) Module—which have been discontinued. The BHM assesses more content while minimizing the survey length for individual students by using a multiform instrument. Students are randomly administered one of two BHM survey forms to reduce survey burden and collect representative data on more aspects of behavioral health. Because the BHM is administered to all schools participating in the Biennial State CHKS, statewide comparison data will be available for all BHM results.

School Climate Module (Supplementary)

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention, peer relationships, respect for diversity, and the quality of the physical environment (calschls.org/survey-administration/downloads).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional capacities linked to student mental health and well-being and academic success. It includes 43 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module

yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential.

Table A1.1 describes the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option by grade level. Percentages are rounded to the nearest whole number.

LCAP Subgroup Results

Summary tables provide key findings (e.g., safety, school connectedness, bullying and harassment, developmental supports) disaggregated by each of the LCAP subgroups (race/ethnic subgroups, socioeconomically disadvantaged students, English learners and long-term English learners, students with disabilities, students in foster care, and unhoused youth). Results are also disaggregated by gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by these and other factors (i.e., students who report different levels of caring relations with adults at school).

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core and School Climate Modules, trends over time, and disparities in survey outcomes across subgroups. Group differences across LCAP subgroups and other characteristics (e.g., chronic sadness) can be examined. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the *individual school level*. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons across groups such as race/ethnicity, sexual orientation, gender identity, and many other characteristics (LCAP subgroups, chronic sadness, caring relationships); and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

CalSCHLS.org contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).
- The **California Center for School Climate** (ccsc.wested.org) website houses school climate resources and guides, and archived virtual events.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on ca-safe-supportive-schools.wested.org/subscribe/.
- CDE's **California Safe and Supportive Schools** website (ca-safe-supportive-schools.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** (calschls.org/resources/#resources_and_tools) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Elementary CHKS Results.** Examine how the results from 9th and 11th graders compare with those from 5th and 7th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results.** The results from the biennial state administration of the CHKS, which provide representative state norms, can be downloaded from the CalSCHLS website (data.calschls.org/resources/Biennial_State_1921.pdf) or examined on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How

you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Climate Report Cards, Mental Health Reports, and School Boredom Reports

In addition to this school-level report with all the survey results, three additional reports are available:

- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr)
- A graphic **Mental Health Report** that describes key indicators of mental health by grade level and by survey administration year (calschls.org/reports-data/#slcr)
- A **School Boredom Report** that describes how much students value school and how bored they feel at school (calschls.org/reports-data/#slcr)

Disaggregated Reports

CalSCHLS staff can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity), or by other characteristics of youth, such as those who are low in academic motivation compared to those who are high. This can be valuable for identifying what subgroups need to be targeted with what resources and programs. Given the LCAP requirement that districts identify and address the needs of underserved subgroups, doing this would be a natural next step for addressing subgroup disparities.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (calschls.org/reports-data). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5460) or email calschls@wested.org.

Exhibit 1***Major School-Related Domains and Constructs Assessed by CalSCHLS in Secondary Schools***

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Attendance (absences and reasons absent)	✓			✓	
School boredom	✓				
School connectedness	✓				
Student Social-Emotional and Physical Well-being					
Alcohol, tobacco, and drug use	✓			✓	✓
Behavioral self-control			✓		
Bedtime	✓				
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Life satisfaction	✓				
Optimism	✓				
Perceived safety	✓			✓	✓
Persistence			✓		
Problem solving			✓		
Self-awareness			✓		
Self-efficacy			✓		
Social-emotional competencies and health			✓	✓	
Social-emotional distress	✓				
Violence and victimization (bullying)	✓			✓	✓
Zest			✓		
School Climate Conditions					
Academic rigor and norms				✓	✓
College and career supports				✓	✓
Family support			✓		
High expectations	✓			✓	✓
Meaningful participation and decision-making	✓			✓	✓
Parent involvement	✓			✓	✓
Physical environment	✓	✓		✓	✓
Relationships among staff				✓	
Relationships among students		✓	✓	✓	✓
Relationships between students and staff	✓			✓	✓
Respect for diversity and cultural sensitivity		✓		✓	✓
Teacher and other supports for learning		✓		✓	✓
School Climate Improvement Practices					
Bullying prevention		✓		✓	✓
Discipline and order (policies, enforcement)		✓		✓	✓
Services and policies to address student needs				✓	
Social-emotional/behavioral supports		✓		✓	✓
Staff supports				✓	

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Survey Module Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Behavioral Health Module (BHM)	X
C. Closing the Achievement Gap (CTAG) Module	
D. Community Health Module (CHM)	
E. Community Schools Module	
F. District Afterschool Module (DASM)	
G. Drug-Free Communities (DFC) Module	
H. Gang Risk Awareness Module (GRAM)	
I. Gender Identity & Sexual Orientation-Based Harassment Module	
J. Military-Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module (RYDM)	
M. Safety & Violence Module	
N. School Climate Module (SCM)	
O. Sexual Behavior Module	
P. Social Emotional Health Module (SEHM)	
Q. Tobacco Module	
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1

Student Sample for Core Module

	Grade 6	Grade 7	Grade 8
<i>Student Sample Size</i>			
Target sample	165	228	—
Final number	40	215	—
Response Rate	24%	94%	—

Table A1.2

Number of Respondents by Instructional Model

	Grade 6	Grade 7	Grade 8
In-school learning only	40	208	—
Remote learning only	0	7	—

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 6 %	Grade 7 %	Grade 8 %	Table
School Engagement and Supports				
School connectedness [†]	67	56	—	A6.4
School connectedness ^{†ψ} (<i>Remote Only</i>)			—	A6.4
Academic motivation [†]	74	66	—	A6.4
School is really boring [±]	22	36	—	A6.11
School is worthless and a waste of time [±]	0	15	—	A6.11
Current absenteeism (≥3 times) [¶]	28	10	—	A6.2
Trouble focusing on schoolwork ^σ	47	41	—	A6.10
Caring adult relationships [‡]	72	59	—	A6.4
High expectations [‡]	78	66	—	A6.4
Meaningful participation [‡]	37	39	—	A6.4
Facilities upkeep ^σ	61	55	—	A6.15
Promotion of parental involvement in school [†]	63	53	—	A6.4
School Safety and Cyberbullying				
School perceived as very safe or safe	68	57	—	A8.1
Experienced any harassment or bullying [§]	47	36	—	A8.2
Had mean rumors or lies spread about you [§]	59	38	—	A8.3
Been afraid of being beaten up [§]	35	29	—	A8.3
Been in a physical fight [§]	32	19	—	A8.4
Seen a weapon on campus [§]	6	8	—	A8.6
Cyberbullying [§]	50	27	—	A8.3

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

^ψ The scale was based on four questions for remote respondents.

[±] Rating of 7 or higher.

[¶] Past 30 days.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§] Past 12 months.

Table A2.2**Key Indicators of Substance Use, Health Routines, and Remote Schooling**

	Grade 6 %	Grade 7 %	Grade 8 %	Table
Substance Use				
Current alcohol or drug use [¶]	6	5	—	A9.5
Current tobacco use [¶]	3	5	—	A10.8
Current marijuana use [¶]	0	1	—	A9.5
Current binge drinking [¶]	0	2	—	A9.5
Very drunk or “high” 7 or more times, ever	0	1	—	A9.7
Been drunk or “high” on drugs at school, ever	0	2	—	A9.9
Current cigarette smoking [¶]	0	3	—	A10.5
Current use of vape products [¶]	6	4	—	A10.6
Current tobacco vaping [¶]	0	2	—	A10.6
Current marijuana vaping [¶]	0	2	—	A10.6
Health Routines				
Eating of breakfast [‡]	75	61	—	A4.1
Bedtime (at 12 am or later)	8	14	—	A4.2
Remote Schooling				
Remote learning frequency (5 days per week) ^{¶δ}			—	A5.1
Synchronous instruction (4 days or more) ^{‡δ}			—	A5.1
Interest in schoolwork done from home ^{σδ}			—	A5.3
Meaningful opportunities ^{θδ}			—	A5.2

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Today.

^δRemote only.

[‡]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A2.3**Key Indicators of Student Well-Being**

	Grade 6 %	Grade 7 %	Grade 8 %	Table
Social and Emotional Health				
Social emotional distress [‡]	17	21	—	A7.5
Experienced chronic sadness/hopelessness [§]	26	27	—	A7.1
Considered suicide [§]	9	10	—	A7.2
Optimism [‡]	71	55	—	A7.3
Life satisfaction [±]	75	71	—	A7.4
	Grade 6	Grade 7	Grade 8	
California Student Wellness Index [°]	107.1	105.4	—	NP

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[±]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

[°]To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

NP-Not presented in an individual table.

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %
In-School Model	100	97	—
Remote Learning Model	0	3	—

Question HS/MS A.1: Which of the following best describes your school schedule during the past 30 days?

Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”

Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”

Table A3.2

Gender of Sample

	Grade 6 %	Grade 7 %	Grade 8 %
Male	55	52	—
Female	42	46	—
Nonbinary	2	0	—
Something else	0	2	—

Question HS/MS A.3: What is your gender?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3

Gender Identity

	Grade 6 %	Grade 7 %	Grade 8 %
No, I am not transgender	92	89	—
Yes, I am transgender	3	0	—
I am not sure if I am transgender	5	4	—
Decline to respond	0	6	—

Question HS/MS A.4: Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?

Note: Cells are empty if there are less than 10 respondents.

Table A3.4***Sexual Orientation***

	Grade 6 %	Grade 7 %	Grade 8 %
Heterosexual (straight)	79	73	—
Lesbian or Gay	0	2	—
Bisexual	8	4	—
Something else	3	3	—
Not sure	5	6	—
Decline to respond	5	13	—

Question HS/MS A.5: Which of the following best describes you?

Note: Cells are empty if there are less than 10 respondents.

Table A3.5***Race or Ethnicity***

	Grade 6 %	Grade 7 %	Grade 8 %
American Indian or Alaska Native, non-Hispanic	0	2	—
Asian or Asian American, non-Hispanic	13	29	—
Black or African American, non-Hispanic	11	2	—
Hispanic or Latino/a	13	17	—
Native Hawaiian or Pacific Islander, non-Hispanic	0	1	—
White, non-Hispanic	29	23	—
Multiracial, non-Hispanic	18	14	—
Something else, non-Hispanic	16	11	—

Question HS/MS A.6: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latino/a... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.6***Living Arrangements and Housing Status***

	Grade 6 %	Grade 7 %	Grade 8 %
A home with one or more parent or guardian	92	79	—
Other relative's home	0	1	—
A home with more than one family	3	11	—
Friend's home	3	2	—
Foster home, group care, or waiting placement	0	1	—
Hotel or motel	0	1	—
Shelter, car, campground, or other transitional or temporary housing	0	0	—
Other living arrangement	3	7	—

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Note: Cells are empty if there are less than 10 respondents.

Table A3.7***Living Situation***

	Grade 6 %	Grade 7 %	Grade 8 %
Home with one or more parent or guardian	92	79	—
Foster home	0	1	—
Homeless	3	3	—
Other living arrangement	5	18	—

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Notes: Cells are empty if there are less than 10 respondents.

Category "Homeless" includes "Friend's home," "Hotel or motel," and "Shelter, car, campground, or other transitional or temporary housing."

Category "Other living arrangement" includes "Other relative's home," "A home with more than one family," and "Other living arrangement."

Table A3.8***Parental Education***

	Grade 6 %	Grade 7 %	Grade 8 %
Did not finish high school	11	12	—
Graduated from high school	14	16	—
Attended college but did not complete four-year degree	5	6	—
Graduated from college	38	27	—
Don't know	32	39	—

Question HS/MS A.10: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

Note: Cells are empty if there are less than 10 respondents.

Table A3.9***Special Education Services***

	Grade 6 %	Grade 7 %	Grade 8 %
No	86	64	—
Yes	3	6	—
Don't know	11	24	—
Prefer not to say	0	5	—

Question HS/MS A.15: Do you have an IEP (Individualized Education Plan) or get special education services?

Note: Cells are empty if there are less than 10 respondents.

Table A3.10***English Learner Program Designation***

	Grade 6 %	Grade 7 %	Grade 8 %
No	64	45	—
Yes	31	42	—
Don't know	6	12	—

Question HS/MS A.13: Are you in the English Learner Program at school?

Note: Cells are empty if there are less than 10 respondents.

Table A3.11***English Learner (EL) Program Duration and Long-Term English Learner (LTEL) Status***

	Grade 6 %	Grade 7 %	Grade 8 %
Not currently in English Learner Program	68	53	—
Less than 7 years (EL)	32	42	—
7 years or more (LTEL)	0	5	—

Question HS/MS A.13, 14: Are you in the English Learner Program at school?... How many years have you been in the English Learner Program across all schools you've attended?

Notes: Cells are empty if there are less than 10 respondents.

Category "Less than 7 years (EL)" includes responses "Less than 3 years," "3 to 4 years," and "5 to 6 years."

Table A3.12***Language Spoken at Home***

	Grade 6 %	Grade 7 %	Grade 8 %
English	38	35	—
Spanish	8	8	—
Mandarin	0	0	—
Cantonese	0	0	—
Taiwanese	0	0	—
Tagalog	0	0	—
Vietnamese	0	1	—
Korean	0	0	—
Arabic	3	3	—
Other	51	52	—

Question HS/MS A.12: What language is spoken most of the time in your home?

Note: Cells are empty if there are less than 10 respondents.

Table A3.13***English Language Proficiency Among Students Speaking a Language Other Than English at Home***

	Grade 6 %	Grade 7 %	Grade 8 %
<i>How well do you...</i>			
understand English?			
Very well	74	46	—
Well	13	35	—
Not well	13	15	—
Not at all	0	4	—
speak English?			
Very well	70	43	—
Well	22	34	—
Not well	9	22	—
Not at all	0	2	—
read English?			
Very well	52	44	—
Well	30	32	—
Not well	17	21	—
Not at all	0	2	—
write English?			
Very well	57	44	—
Well	22	32	—
Not well	22	20	—
Not at all	0	3	—
<i>English Language Proficiency Status</i>			
Proficient	57	38	—
Not proficient	43	62	—

Question HS/MS A.12, 12A-12D: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions: how well do you understand... speak... read... and write English? Response options are reverse coded so higher values indicate higher English proficiency level (“Not at all” (1); “Not well” (2); “Well” (3); and “Very well” (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as “Proficient” or “Not Proficient” based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response ≤ 3.5.

Table A3.14***Number of Days Attending Afterschool Program***

	Grade 6 %	Grade 7 %	Grade 8 %
I do not attend my school's afterschool program	69	77	—
1 day	6	8	—
2 days	0	4	—
3 days	6	3	—
4 days	3	2	—
5 days	17	7	—

Question HS/MS A.19: How many days a week do you usually go to your school's afterschool program?

Note: Cells are empty if there are less than 10 respondents.

Table A3.15***Military Connections***

	Grade 6 %	Grade 7 %	Grade 8 %
No	95	85	—
Yes	0	3	—
Don't know	5	12	—

Question HS/MS A.11: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

Note: Cells are empty if there are less than 10 respondents.

4. Health Routines

Table A4.1

Eating of Breakfast

	Grade 6 %	Grade 7 %	Grade 8 %
No	25	39	—
Yes	75	61	—

Question HS/MS A.17: Did you eat breakfast today?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	Grade 6 %	Grade 7 %	Grade 8 %
Before 7:00 pm	0	6	—
7:00-7:59 pm	14	5	—
8:00-8:59 pm	8	10	—
9:00-9:59 pm	31	25	—
10:00-10:59 pm	22	28	—
11:00-11:59 pm	17	12	—
12:00-12:59 am	3	9	—
After 1:00 am	6	5	—
<i>Bedtime at 12 am or later</i>	8	14	—

Question HS/MS A.16: What time did you go to bed last night?

Note: Cells are empty if there are less than 10 respondents.

5. Remote Schooling

Results in this section are applicable to students who indicated that they attend school remotely. Responses from students attending school in-person are not included.

Table A5.1

Remote Schooling Schedule and Instructional Time (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Time spent on learning and completing schoolwork from home on the average weekday			
Less than 1 hour			—
Between 1 and 2 hours			—
Between 2 and 3 hours			—
Between 3 and 4 hours			—
Between 4 and 5 hours			—
More than 5 hours			—
Number of days in the past week participating in an online class from home where your teacher talked to students			
0 days			—
1 day			—
2 days			—
3 days			—
4 days			—
5 days			—
Number of weekdays participating in school from home for the entire school day			
0 days			—
1 day			—
2 days			—
3 days			—
4 days			—
5 days			—

Question HS/MS A.20-22: In the past 30 days, how many weekdays in an average week did you participate in school from home for an entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Note: Cells are empty if there are less than 10 respondents.

Table A5.2***Interesting Activities Provided for Student in Remote Schooling (Remote Only)***

	Grade 6 %	Grade 7 %	Grade 8 %
Not at all true			—
A little true			—
Pretty much true			—
Very much true			—

Question HS/MS A.49: There is a teacher or some other adult from my school... who provides me with interesting activities to do while I am participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

Table A5.3***Interest in Schoolwork Done from Home (Remote Only)***

	Grade 6 %	Grade 7 %	Grade 8 %
Strongly disagree			—
Disagree			—
Neither disagree nor agree			—
Agree			—
Strongly agree			—

Question HS/MS A.40: How strongly do you agree or disagree with the following statements?... I am interested in the schoolwork I do when participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

6. School Performance, Engagement, and Supports

Table A6.1

Grades, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8 %
Mostly A's	17	19	—
A's and B's	47	43	—
Mostly B's	6	11	—
B's and C's	25	21	—
Mostly C's	3	2	—
C's and D's	3	2	—
Mostly D's	0	2	—
Mostly F's	0	1	—

Question HS/MS A.24: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Absences, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %
I did not miss any days of school in the past 30 days	50	50	—
1 day	8	22	—
2 days	14	16	—
3 or more days	28	10	—

Question HS/MS A.18, 23: In the past 30 days, how often did you miss an entire day of school for any reason? [In-School only]. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.3***Reasons for Absence, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Does not apply; I didn't miss any school	51	51	—
Illness (feeling physically sick), including problems with breathing or your teeth	40	30	—
Were being bullied or mistreated at school	0	2	—
Felt very sad, hopeless, anxious, stressed, or angry	0	4	—
Didn't get enough sleep	3	6	—
Didn't feel safe at school or going to and from school	0	0	—
Had to take care of or help a family member or friend	6	3	—
Wanted to spend time with friends	0	1	—
Used alcohol or drugs	0	0	—
Were behind in schoolwork or weren't prepared for a test or class assignment	0	2	—
Were bored or uninterested in school	3	6	—
Had no transportation to school	0	2	—
Other reason	14	18	—

Question HS/MS A.25, 26: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.) [In-School only]... In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.) [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for “mark all that apply” items.

Table A6.4***School Environment, School Connectedness, Academic Motivation, and Promotion of Parental Involvement Scales***

	Grade 6 %	Grade 7 %	Grade 8 %	Table
Total school supports	62	55	—	
Caring relationships-adults in school [‡]	72	59	—	A6.5
High expectations-adults in school [‡]	78	66	—	A6.6
Meaningful participation at school [‡]	37	39	—	A6.7
School connectedness [†]	67	56	—	A6.8
School connectedness ^{†ψ} <i>(Remote Only)</i>			—	A6.8
Academic motivation [†]	74	66	—	A6.9
Promotion of parental involvement in school [†]	63	53	—	A6.13

Notes: Cells are empty if there are less than 10 respondents.

[‡]Scales are based on average of respondents reporting “Pretty much true” or “Very much true.”

[†]Scales are based on average of respondents reporting “Agree” or “Strongly agree.”

^ψThe scale was based on four questions for remote respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Table A6.5

Caring Relationships Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Caring relationships-adults in school			
<i>Average reporting “Pretty much true” or “Very much true”</i>	72	59	—
<i>There is a teacher or some other adult from my school... who really cares about me.</i>			
Not at all true	3	9	—
A little true	24	33	—
Pretty much true	56	40	—
Very much true	18	18	—
<i>who notices when I’m not there.</i>			
Not at all true	6	12	—
A little true	24	31	—
Pretty much true	41	35	—
Very much true	29	21	—
<i>who listens to me when I have something to say.</i>			
Not at all true	0	13	—
A little true	29	23	—
Pretty much true	32	40	—
Very much true	38	24	—

Question HS/MS A.47, 50, 53: There is a teacher or some other adult from my school... who really cares about me... who notices when I’m not there... who listens to me when I have something to say.

Note: Cells are empty if there are less than 10 respondents.

Table A6.6
High Expectations Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
High expectations-adults in school			
<i>Average reporting “Pretty much true” or “Very much true”</i>	78	66	—
<i>There is a teacher or some other adult from my school... who tells me when I do a good job.</i>			
Not at all true	3	8	—
A little true	21	30	—
Pretty much true	24	42	—
Very much true	53	20	—
<i>who always wants me to do my best.</i>			
Not at all true	3	10	—
A little true	12	21	—
Pretty much true	38	35	—
Very much true	47	34	—
<i>who believes that I will be a success.</i>			
Not at all true	6	13	—
A little true	21	19	—
Pretty much true	32	36	—
Very much true	41	32	—

Question HS/MS A.48, 51, 54: There is a teacher or some other adult from my school... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.

Note: Cells are empty if there are less than 10 respondents.

Table A6.7

Meaningful Participation Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Meaningful participation at school			
<i>Average reporting “Pretty much true” or “Very much true”</i>	37	39	—
<i>At school/When I participate in school,...</i>			
I do interesting activities.			
Not at all true	6	17	—
A little true	21	32	—
Pretty much true	39	38	—
Very much true	33	14	—
I help decide things like class activities or rules.			
Not at all true	15	37	—
A little true	59	29	—
Pretty much true	15	26	—
Very much true	12	9	—
I do things that make a difference.			
Not at all true	18	28	—
A little true	36	32	—
Pretty much true	24	30	—
Very much true	21	10	—
I have a say in how things work.			
Not at all true	15	30	—
A little true	59	34	—
Pretty much true	12	28	—
Very much true	15	8	—
I help decide school activities or rules.			
Not at all true	56	47	—
A little true	26	20	—
Pretty much true	6	28	—
Very much true	12	5	—

Question HS/MS A.55-64: At school [In-School only],... When I participate in school [Remote only],... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Note: Cells are empty if there are less than 10 respondents.

Table A6.8

School Connectedness Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
School connectedness			
<i>Average reporting “Agree” or “Strongly agree”</i>	67	56	—
School connectedness^ψ (<i>Remote Only</i>)			
<i>Average reporting “Agree” or “Strongly agree”</i>			—
I feel close to people at/from this school.			
Strongly disagree	3	6	—
Disagree	6	11	—
Neither disagree nor agree	28	27	—
Agree	36	39	—
Strongly agree	28	17	—
I am happy with/to be at this school.			
Strongly disagree	6	9	—
Disagree	9	12	—
Neither disagree nor agree	20	23	—
Agree	37	32	—
Strongly agree	29	23	—
I feel like I am part of this school.			
Strongly disagree	0	7	—
Disagree	9	12	—
Neither disagree nor agree	31	27	—
Agree	31	35	—
Strongly agree	29	20	—

Question HS/MS A.27-34: How strongly do you agree or disagree with the following statements?... I feel close to people at this school. [In-School only]... I feel close to people from this school. [Remote only]... I am happy to be at this school. [In-School only]... I am happy with this school. [Remote only]... I feel like I am part of this school.... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]... I feel safe in my school. [In-School only]

Notes: Cells are empty if there are less than 10 respondents.

^ψThe scale was based on four questions for remote respondents.

Table A6.8
School Connectedness Scale Questions – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
The teachers at this school treat students fairly/The teachers treat students fairly.			
Strongly disagree	6	6	–
Disagree	8	13	–
Neither disagree nor agree	17	27	–
Agree	42	33	–
Strongly agree	28	21	–
I feel safe in my school.			
Strongly disagree	9	7	–
Disagree	6	14	–
Neither disagree nor agree	11	20	–
Agree	37	40	–
Strongly agree	37	20	–

Question HS/MS A.32-34 How strongly do you agree or disagree with the following statements?... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]...I feel safe in my school. [In-School only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.9***Academic Motivation Scale Questions***

	Grade 6 %	Grade 7 %	Grade 8 %
Academic motivation			
<i>Average reporting “Agree” or “Strongly agree”</i>	74	66	—
I try hard to make sure that I am good at my schoolwork.			
Strongly disagree	0	4	—
Disagree	0	6	—
Neither disagree nor agree	11	15	—
Agree	36	43	—
Strongly agree	53	33	—
I try hard on my schoolwork because I am interested in it.			
Strongly disagree	3	9	—
Disagree	11	13	—
Neither disagree nor agree	28	31	—
Agree	42	30	—
Strongly agree	17	17	—
I work hard to try to understand new things when doing my schoolwork.			
Strongly disagree	0	4	—
Disagree	3	9	—
Neither disagree nor agree	31	18	—
Agree	39	43	—
Strongly agree	28	27	—
I am always trying to do better in my schoolwork.			
Strongly disagree	0	4	—
Disagree	0	4	—
Neither disagree nor agree	17	19	—
Agree	22	39	—
Strongly agree	61	34	—

Question HS/MS A.41-44: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard on my schoolwork because I am interested in it... I work hard to try to understand new things when doing my schoolwork... I am always trying to do better in my schoolwork.

Note: Cells are empty if there are less than 10 respondents.

Table A6.10
Maintaining Focus on Schoolwork

	Grade 6 %	Grade 7 %	Grade 8 %
It is hard for me to stay focused when doing my schoolwork.			
Strongly disagree	15	9	—
Disagree	21	24	—
Neither disagree nor agree	18	26	—
Agree	24	22	—
Strongly agree	24	19	—

Question HS/MS A.39: How strongly do you agree or disagree with the following statements?... It is hard for me to stay focused when doing my schoolwork.
Note: Cells are empty if there are less than 10 respondents.

Table A6.11***School Boredom and Value of School***

	Grade 6 %	Grade 7 %	Grade 8 %
School boredom			
Low (0-3)	42	33	—
Moderate (4-6)	36	31	—
High (7-10)	22	36	—
Value of school			
High (0-3)	83	63	—
Moderate (4-6)	17	22	—
Low (7-10)	0	15	—

Question HS/MS A.45, 46: How strongly do you agree or disagree with the following statements?... School is really boring (school boredom)... School is worthless and a waste of time (value of school). Response categories range from 0 (strongly disagree) to 10 (strongly agree).

Note: Cells are empty if there are less than 10 respondents.

Table A6.12***School Boredom Profile Groups***

Value of School	School Boredom	Grade 6 %	Grade 7 %	Grade 8 %
High Value	Low Boredom	39	27	—
	Moderate Boredom	36	22	—
	High Boredom	8	13	—
Moderate Value	Moderate Boredom	0	8	—
	High Boredom	14	12	—
Low Value	High Boredom	0	11	—

Question HS/MS A.45, 46: How strongly do you agree or disagree with the following statements?... School is really boring (school boredom)... School is worthless and a waste of time (value of school). Response categories range from 0 (strongly disagree) to 10 (strongly agree)

Notes: Cells are empty if there are less than 10 respondents.

Students are classified as high on value of school if they selected 0, 1, 2, or 3, moderate if they selected 4, 5, or 6, and low if they selected 7, 8, 9, or 10.

Students are classified as high on school boredom if they selected 7, 8, 9, or 10, moderate if they selected 4, 5, or 6, and low if they selected 0, 1, 2, or 3.

Percentages may not add up to 100% because categories with very low responses are not reported.

Table A6.13

Promotion of Parental Involvement Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Promotion of parental involvement in school			
<i>Average reporting “Agree” or “Strongly agree”</i>	63	53	—
Teachers at this school communicate with parents about what students are expected to learn in class.			
Strongly disagree	0	8	—
Disagree	14	8	—
Neither disagree nor agree	14	29	—
Agree	37	43	—
Strongly agree	34	12	—
Parents feel welcome to participate at this school.			
Strongly disagree	3	4	—
Disagree	0	6	—
Neither disagree nor agree	28	36	—
Agree	44	39	—
Strongly agree	25	14	—
School staff take parent concerns seriously.			
Strongly disagree	0	6	—
Disagree	6	9	—
Neither disagree nor agree	46	36	—
Agree	23	32	—
Strongly agree	26	16	—

Question HS/MS A.36-38: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff take parent concerns seriously.

Note: Cells are empty if there are less than 10 respondents.

Table A6.14***Checking Student Well-Being***

	Grade 6 %	Grade 7 %	Grade 8 %
A teacher or some other adult from my school checks on how I am feeling.			
Not at all true	6	27	—
A little true	24	24	—
Pretty much true	38	33	—
Very much true	32	16	—

Question HS/MS A.52: There is a teacher or some other adult from my school... who checks on how I am feeling.

Note: Cells are empty if there are less than 10 respondents.

Table A6.15***Quality of School Physical Environment***

	Grade 6 %	Grade 7 %	Grade 8 %
My school is usually clean and tidy.			
Strongly disagree	6	4	—
Disagree	8	13	—
Neither disagree nor agree	25	27	—
Agree	39	40	—
Strongly agree	22	16	—

Question HS/MS A.35: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

Note: Cells are empty if there are less than 10 respondents.

7. Social and Emotional Health

Table A7.1

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8 %
No	74	73	—
Yes	26	27	—

Question HS A.153/MS A.146: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Seriously Considered Attempting Suicide, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8 %
No	91	90	—
Yes	9	10	—

Question HS A.154/MS A.147: During the past 12 months, did you ever seriously consider attempting suicide?

Note: Cells are empty if there are less than 10 respondents.

Table A7.3
Optimism Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Optimism			
<i>Average reporting “Pretty much true” or “Very much true”</i>	71	55	—
Each day I look forward to having a lot of fun.			
Not at all true	3	19	—
A little true	27	26	—
Pretty much true	36	39	—
Very much true	33	16	—
I usually expect to have a good day.			
Not at all true	3	19	—
A little true	21	27	—
Pretty much true	39	38	—
Very much true	36	16	—
Overall, I expect more good things to happen to me than bad things.			
Not at all true	6	21	—
A little true	27	22	—
Pretty much true	24	41	—
Very much true	42	17	—

Question HS A.160-162/MS A.153-155: Please tell us how true each statement is of you... Each day I look forward to having a lot of fun... I usually expect to have a good day... Overall, I expect more good things to happen to me than bad things.

Note: Cells are empty if there are less than 10 respondents.

Table A7.4***Life Satisfaction Scale Questions***

	Grade 6 %	Grade 7 %	Grade 8 %
Life satisfaction			
<i>Average reporting “Satisfied” or “Very satisfied”</i>	75	71	—
<i>I would describe my satisfaction with...</i>			
my family life as...			
Very dissatisfied	0	4	—
Dissatisfied	3	2	—
A little dissatisfied	9	4	—
A little satisfied	6	5	—
Satisfied	24	34	—
Very satisfied	59	51	—
my friendships as...			
Very dissatisfied	0	3	—
Dissatisfied	3	6	—
A little dissatisfied	12	2	—
A little satisfied	6	13	—
Satisfied	35	38	—
Very satisfied	44	38	—
my school experience as...			
Very dissatisfied	3	10	—
Dissatisfied	12	7	—
A little dissatisfied	15	11	—
A little satisfied	15	29	—
Satisfied	27	27	—
Very satisfied	27	16	—

Question HS A.163-165/MS A.156-158: Please describe your level of satisfaction below. I would describe my satisfaction with... my family life as... my friendships as... my school experience as...

Note: Cells are empty if there are less than 10 respondents.

Table A7.4
Life Satisfaction Scale Questions – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
<i>I would describe my satisfaction with...</i>			
myself as...			
Very dissatisfied	6	10	—
Dissatisfied	3	9	—
A little dissatisfied	12	6	—
A little satisfied	6	7	—
Satisfied	24	31	—
Very satisfied	50	37	—
where I live as...			
Very dissatisfied	0	3	—
Dissatisfied	3	3	—
A little dissatisfied	3	5	—
A little satisfied	9	8	—
Satisfied	29	34	—
Very satisfied	56	47	—

Question HS A.166, 167/MS A.159, 160: Please describe your level of satisfaction below. I would describe my satisfaction with... myself as... where I live as...

Note: Cells are empty if there are less than 10 respondents.

Table A7.5
Social Emotional Distress Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress			
<i>Average reporting “Pretty much true” or “Very much true”</i>	17	21	—
I had a hard time relaxing.			
Not at all true	45	52	—
A little true	42	27	—
Pretty much true	6	14	—
Very much true	6	7	—
I felt sad and down.			
Not at all true	38	56	—
A little true	47	22	—
Pretty much true	6	13	—
Very much true	9	9	—
I was easily irritated.			
Not at all true	38	50	—
A little true	28	21	—
Pretty much true	22	13	—
Very much true	12	15	—
It was hard for me to cope and I thought I would panic.			
Not at all true	69	71	—
A little true	19	14	—
Pretty much true	9	9	—
Very much true	3	6	—
It was hard for me to get excited about anything.			
Not at all true	61	61	—
A little true	27	22	—
Pretty much true	6	10	—
Very much true	6	7	—

Question HS A.155-159/MS A.148-152: Over the past 30 days, how true do you feel these statements are about you?... I had a hard time relaxing... I felt sad and down... I was easily irritated... It was hard for me to cope and I thought I would panic... It was hard for me to get excited about anything.

Note: Cells are empty if there are less than 10 respondents.

8. School Violence, Victimization, and Safety

Table A8.1

Perceived Safety at School

	Grade 6 %	Grade 7 %	Grade 8 %
Very safe	24	18	—
Safe	44	38	—
Neither safe nor unsafe	26	32	—
Unsafe	3	7	—
Very unsafe	3	4	—

Question HS A.117/MS A.110: How safe do you feel when you are at school?

Note: Cells are empty if there are less than 10 respondents.

Table A8.2***Reasons for Harassment, Past 12 Months***

	Grade 6 %	Grade 7 %	Grade 8 %
Race, ethnicity, or national origin			
0 times	79	80	—
1 time	6	10	—
2 or more times	15	10	—
Religion			
0 times	82	87	—
1 time	15	6	—
2 or more times	3	6	—
Gender			
0 times	94	92	—
1 time	0	5	—
2 or more times	6	3	—
Because you are gay, lesbian, or bisexual or someone thought you were			
0 times	88	88	—
1 time	3	3	—
2 or more times	9	8	—
A physical or mental disability			
0 times	91	91	—
1 time	0	3	—
2 or more times	9	6	—
<i>Any of the above five reasons</i>	35	30	—
<i>Any of the above five reasons (2 or more times)</i>	24	21	—

Question HS A.137-141, 144-148/MS A.130-134, 137-141: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability. [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.2***Reasons for Harassment, Past 12 Months – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
You are an immigrant or someone thought you were			
0 times	85	90	–
1 time	6	4	–
2 or more times	9	5	–
Any other reason			
0 times	74	82	–
1 time	6	3	–
2 or more times	21	16	–
Any harassment	47	36	–

Question HS A.137-150/MS A.130-143: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... You are an immigrant or someone thought you were [In-school only]... Any other reason [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability [Remote only]... You are an immigrant or someone thought you were [Remote only]... Any other reason. [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.3
School Violence Victimization Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
School violence victimization			
<i>Average reporting “1 or more times”</i>	44	30	—
<i>During the past 12 months, how many times on school property have you...</i>			
been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around?			
0 times	56	65	—
1 time	26	12	—
2 to 3 times	12	12	—
4 or more times	6	11	—
been afraid of being beaten up?			
0 times	65	71	—
1 time	18	13	—
2 to 3 times	6	8	—
4 or more times	12	9	—
<i>During the past 12 months, how many times have you...</i>			
had mean rumors or lies spread about you?			
0 times	41	62	—
1 time	18	13	—
2 to 3 times	24	12	—
4 or more times	18	13	—
had sexual jokes, comments, or gestures made to you?			
0 times	65	75	—
1 time	12	7	—
2 to 3 times	18	4	—
4 or more times	6	14	—

Question HS A.118, 119, 121, 122, 133, 134/MS A.111, 112, 114, 115, 126, 127: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around? [In-school only]... been afraid of being beaten up? [In-school only]... had mean rumors or lies spread about you? [In-school only]... had sexual jokes, comments, or gestures made to you? [In-School only]... During the past 12 months, how many times did students from your school... spread mean rumors or lies spread about you? [Remote only]... make sexual jokes, comments, or gestures toward you? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.3

School Violence Victimization Scale Questions – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
<i>During the past 12 months, how many times on school property have you...</i>			
had your property stolen or deliberately damaged?			
0 times	76	84	—
1 time	12	8	—
2 to 3 times	12	2	—
4 or more times	0	6	—
been made fun of because of your looks or the way you talk?			
0 times	38	61	—
1 time	24	11	—
2 to 3 times	21	10	—
4 or more times	18	18	—
been made fun of, insulted, or called names?			
0 times	56	67	—
1 time	6	6	—
2 to 3 times	12	11	—
4 or more times	26	16	—
During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone? (Cyberbullying)			
0 times (never)	50	73	—
1 time	18	12	—
2 to 3 times	9	7	—
4 or more times	24	8	—

Question HS A.123, 124, 132, 135, 136, 151/MS A.116, 117, 125, 128, 129, 144: During the past 12 months, how many times on school property have you... been made fun of because of your looks or the way you talk? [In-school only]... had your property stolen or deliberately damaged, such as your car, clothing, or books? [In-school only]... been made fun of, insulted, or called names? [In-school only]... During the past 12 months, how many times did students from your school... make fun of you because of your looks or the way you talk? [Remote only]... make fun of you, insult you, or call you names? [Remote only]... During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A8.4

School Violence Perpetration Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
School violence perpetration			
<i>Average reporting “1 or more times”</i>	12	9	—
<i>During the past 12 months, how many times on school property have you...</i>			
been in a physical fight?			
0 times	68	81	—
1 time	12	10	—
2 to 3 times	12	5	—
4 or more times	9	4	—
been offered, sold, or given an illegal drug?			
0 times	91	92	—
1 time	6	4	—
2 to 3 times	0	1	—
4 or more times	3	3	—
damaged school property on purpose?			
0 times	88	92	—
1 time	6	3	—
2 to 3 times	3	3	—
4 or more times	3	2	—
carried a gun?			
0 times	97	96	—
1 time	0	1	—
2 to 3 times	0	1	—
4 or more times	3	2	—
carried any other weapon (such as a knife or club)?			
0 times	97	96	—
1 time	0	1	—
2 to 3 times	0	2	—
4 or more times	3	1	—

Question HS A.120, 125-128/MS A.113, 118-121: During the past 12 months, how many times on school property have you... been in a physical fight?... been offered, sold, or given an illegal drug?... damaged school property on purpose?... carried a gun?... carried any other weapon (such as a knife or club)?

Note: Cells are empty if there are less than 10 respondents.

Table A8.5***Threats and Injuries with Weapons at School, Past 12 Months***

	Grade 6 %	Grade 7 %	Grade 8 %
<i>During the past 12 months, how many times on school property have you...</i>			
been threatened with harm or injury?			
0 times	79	81	—
1 time	9	11	—
2 to 3 times	6	4	—
4 or more times	6	3	—
been threatened or injured with a weapon (gun, knife, club, etc.)?			
0 times	94	92	—
1 time	0	4	—
2 to 3 times	6	2	—
4 or more times	0	1	—

Question HS A.129, 131/MS A.122, 124: During the past 12 months, how many times on school property have you... been threatened or injured with a weapon (gun, knife, club, etc.)?... been threatened with harm or injury?

Note: Cells are empty if there are less than 10 respondents.

Table A8.6***Weapons Possession on School Property, Past 12 Months***

	Grade 6 %	Grade 7 %	Grade 8 %
<i>During the past 12 months, how many times on school property have you...</i>			
seen someone carrying a gun, knife, or other weapon?			
0 times	94	92	—
1 time	0	4	—
2 to 3 times	0	2	—
4 or more times	6	2	—

Question HS A.130/MS A.123: During the past 12 months, how many times on school property have you... seen someone carrying a gun, knife, or other weapon?

Note: Cells are empty if there are less than 10 respondents.

9. Alcohol and Other Drug Use

Table A9.1

Summary Measures of Level of AOD Use and Perceptions

	Grade 6 %	Grade 7 %	Grade 8 %	Table
Lifetime alcohol or drug use	12	12	—	A9.2
Lifetime marijuana use	3	2	—	A9.2
Lifetime very drunk or high (7 or more times)	0	1	—	A9.7
Current alcohol or drug use [¶]	6	5	—	A9.5
Current marijuana use [¶]	0	1	—	A9.5
Current heavy drug use [¶]	3	2	—	A9.5
Current heavy alcohol use (binge drinking) [¶]	0	2	—	A9.5
Current alcohol or drug use on school property [¶]	0	2	—	A9.8
Harmfulness of occasional marijuana use ^B	47	30	—	A9.10
Difficulty of obtaining marijuana ^C	52	22	—	A9.11

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

^B*Great harm.*

^C*Very difficult.*

Table A9.2***Summary of AOD Lifetime Use***

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol	6	7	—
Marijuana	3	2	—
Inhalants	6	5	—
Any other drug, pill, or medicine to get “high”	6	3	—
<i>Any of the above AOD use</i>	12	12	—

Note: Cells are empty if there are less than 10 respondents.

Table A9.3
Lifetime AOD Use

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol (one full drink)			
0 times	94	93	—
1 time	3	2	—
2 to 3 times	3	3	—
4 or more times	0	2	—
Marijuana (smoke, vape, eat, or drink)			
0 times	97	98	—
1 time	3	0	—
2 to 3 times	0	1	—
4 or more times	0	1	—
Inhalants			
0 times	94	95	—
1 time	3	3	—
2 to 3 times	0	1	—
4 or more times	3	1	—
Any other drug, pill, or medicine to get “high” or for reasons other than medical			
0 times	94	97	—
1 time	3	1	—
2 to 3 times	0	2	—
4 or more times	3	1	—

Question HS A.68-70, 76/MS A.69-71, 73: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, hard seltzer, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Any other drug, pill, or medicine to get “high” or for reasons other than medical.

Note: Cells are empty if there are less than 10 respondents.

Table A9.4
Methods of Marijuana Consumption

	Grade 6 %	Grade 7 %	Grade 8 %
<i>During your life, how many times have you used marijuana in any of the following ways...</i>			
Smoke it?			
0 times	100	99	—
1 time	0	0	—
2 to 3 times	0	1	—
4 or more times	0	0	—
In a vaping device?			
0 times	97	98	—
1 time	0	1	—
2 to 3 times	0	1	—
4 or more times	3	0	—
Eat or drink it in products made with marijuana?			
0 times	100	99	—
1 time	0	0	—
2 to 3 times	0	0	—
4 or more times	0	1	—
<i>Ever used marijuana in all three ways</i>	0	1	—

Question HS A.69, 80-82/MS A.70, 77-79: During your life, how many times have you used the following?... Marijuana (smoke, vape, eat, or drink)... During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In a vaping device (vape pens, mods, or portable vaporizers)?... Eat or drink it in products made with marijuana?

Note: Cells are empty if there are less than 10 respondents.

Table A9.5***Current AOD Use, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol (one or more drinks of alcohol)	3	3	—
Binge drinking (5 or more drinks in a row)	0	2	—
Marijuana (smoke, vape, eat, or drink)	0	1	—
Inhalants	3	2	—
Other drug, pill, or medicine to get “high” or for reasons other than medical	6	2	—
<i>Any drug use</i>	6	2	—
<i>Heavy drug use</i>	3	2	—
<i>Any AOD Use</i>	6	5	—

Question HS A.86-89, 91/MS A.83-87: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?... inhalants (things you sniff, huff, or breathe to get “high”)?... any other drug, pill, or medicine to get “high” or for reasons other than medical?...

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get “high” (high school only), or any other illegal drug/pill to get “high”).

Table A9.6***Frequency of Current AOD Use, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol (one or more drinks)			
0 days	97	97	—
1 or 2 days	3	2	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	1	—
Binge drinking (5 or more drinks in a row)			
0 days	100	98	—
1 or 2 days	0	0	—
3 to 9 days	0	0	—
10 to 19 days	0	2	—
20 to 30 days	0	0	—
Marijuana (smoke, vape, eat, or drink)			
0 days	100	99	—
1 or 2 days	0	0	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	0	—

Question HS A.86-88/MS A.83-85: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?

Note: Cells are empty if there are less than 10 respondents.

Table A9.7***Lifetime Drunk or “High”***

	Grade 6 %	Grade 7 %	Grade 8 %
Very drunk or sick after drinking alcohol			
0 times	100	98	—
1 to 2 times	0	2	—
3 to 6 times	0	1	—
7 or more times	0	0	—
“High” (loaded, stoned, or wasted) from using drugs			
0 times	97	98	—
1 to 2 times	3	0	—
3 to 6 times	0	2	—
7 or more times	0	1	—
<i>Very drunk or “high” 7 or more times</i>	0	1	—

Question HS A.77, 78/MS A.74, 75: During your life, how many times have you been... very drunk or sick after drinking alcohol?... “high” (loaded, stoned, or wasted) from using drugs?

Note: Cells are empty if there are less than 10 respondents.

Table A9.8***Current AOD Use on School Property, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol			
0 days	100	98	—
1 to 2 days	0	1	—
3 or more days	0	1	—
Marijuana (smoke, vape, eat, or drink)			
0 days	100	99	—
1 to 2 days	0	1	—
3 or more days	0	1	—
Any other drug, pill, or medicine to get “high” or for reasons other than medical			
0 days	100	99	—
1 to 2 days	0	0	—
3 or more days	0	1	—
<i>Any of the above</i>	0	2	—

Question HS A.96-98/MS A.91-93: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol?... use marijuana (smoke, vape, eat, or drink)?... use any other drug, pill, or medicine to get “high” or for reasons other than medical?

Note: Cells are empty if there are less than 10 respondents.

Table A9.9***Lifetime Drunk or “High” on School Property***

	Grade 6 %	Grade 7 %	Grade 8 %
0 times	100	98	—
1 to 2 times	0	1	—
3 to 6 times	0	1	—
7 or more times	0	0	—

Question HS A.79/MS A.76: During your life, how many times have you been... drunk on alcohol or “high” on drugs on school property?

Note: Cells are empty if there are less than 10 respondents.

Table A9.10
Perceived Harm of AOD Use

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol - drink occasionally			
Great	39	26	—
Moderate	30	15	—
Slight	9	10	—
None	21	49	—
Alcohol - 5 or more drinks once or twice a week			
Great	59	34	—
Moderate	12	13	—
Slight	6	2	—
None	24	51	—
Marijuana - use occasionally			
Great	47	30	—
Moderate	24	15	—
Slight	6	8	—
None	24	47	—
Marijuana - use daily			
Great	65	38	—
Moderate	9	9	—
Slight	3	3	—
None	24	49	—

Question HS A.104-107/MS A.99-102: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, vape, eat, or drink) ... Use marijuana daily.
Note: Cells are empty if there are less than 10 respondents.

Table A9.11***Perceived Difficulty of Obtaining Alcohol, Marijuana, and Prescription Drugs to Get “High”***

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol			
Very difficult	50	21	—
Fairly difficult	12	13	—
Fairly easy	0	9	—
Very easy	3	2	—
Don’t know	35	55	—
Marijuana			
Very difficult	52	22	—
Fairly difficult	6	12	—
Fairly easy	3	7	—
Very easy	0	3	—
Don’t know	39	56	—
Prescription drugs to get “high” or for reasons other than prescribed			
Very difficult	50	21	—
Fairly difficult	3	12	—
Fairly easy	6	9	—
Very easy	6	2	—
Don’t know	35	56	—

Question HS A.110-112/MS A.105-107: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana... Prescription drugs to get “high” or for reasons other than prescribed.

Note: Cells are empty if there are less than 10 respondents.

10. Use of Tobacco and Vaping Devices

Table A10.1

Summary of Key CHKS Tobacco Indicators

	Grade 6 %	Grade 7 %	Grade 8 %	Table
Use Prevalence and Patterns				
Ever smoked a whole cigarette	0	3	—	A10.2
Current cigarette smoking [¶]	0	3	—	A10.5
Current cigarette smoking at school [¶]	0	3	—	A10.9
Ever tried smokeless tobacco	3	3	—	A10.2
Current smokeless tobacco use [¶]	3	2	—	A10.5
Current smokeless tobacco use at school [¶]	0	2	—	A10.9
Ever used vape products	9	9	—	A10.2
Current use of vape products [¶]	6	4	—	A10.5
Current tobacco vaping [¶]	0	2	—	A10.6
Current marijuana vaping [¶]	0	2	—	A10.6
Current vaping at school [¶]	0	4	—	A10.9
Lifetime tobacco use	6	6	—	A10.2
Current tobacco use [¶]	3	5	—	A10.8
Attitudes and Correlates				
Harmfulness of occasional cigarette smoking ^B	41	25	—	A10.14
Harmfulness of smoking 1 or more packs/day ^B	59	40	—	A10.14
Harmfulness of vaping occasionally ^B	47	29	—	A10.15
Harmfulness of vaping several times a day ^B	68	40	—	A10.15
Difficulty of obtaining cigarettes ^C	44	20	—	A10.16
Difficulty of obtaining vape products ^C	32	16	—	A10.16
Anti-Tobacco Policy				
School bans tobacco use and vaping	76	58	—	A10.17

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^BGreat harm.

^CVery difficult.

Table A10.2***Lifetime Tobacco Use and Vaping***

	Grade 6 %	Grade 7 %	Grade 8 %
A cigarette, even one or two puffs			
0 times	94	94	—
1 time	3	1	—
2 to 3 times	3	3	—
4 or more times	0	3	—
A whole cigarette			
0 times	100	97	—
1 time	0	1	—
2 to 3 times	0	1	—
4 or more times	0	2	—
Smokeless tobacco			
0 times	97	97	—
1 time	3	1	—
2 to 3 times	0	2	—
4 or more times	0	1	—
Vape products			
0 times	91	91	—
1 time	3	1	—
2 to 3 times	0	5	—
4 or more times	6	2	—
<i>Lifetime tobacco use</i>			
No	94	94	—
Yes	6	6	—

Question HS A.65-67/MS A.65-68: During your life, how many times have you used the following?... A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)... Vape products.

Notes: Cells are empty if there are less than 10 respondents.

Lifetime tobacco use includes using a whole cigarette or smokeless tobacco, or vaping tobacco or nicotine.

Table A10.3***Substances Ever Vaped***

	Grade 6 %	Grade 7 %	Grade 8 %
Vaped tobacco or nicotine			
0 times	94	96	—
1 time	0	1	—
2 to 3 times	3	2	—
4 or more times	3	1	—
Vaped marijuana or THC			
0 times	97	98	—
1 time	3	0	—
2 to 3 times	0	2	—
4 or more times	0	0	—
Vaped other product			
0 times	94	97	—
1 time	3	1	—
2 to 3 times	3	1	—
4 or more times	0	1	—

Question HS A.67, 67A-67C/MS A.68, 68A-68C: During your life, how many times have you used the following?... Vape products... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product.

Note: Cells are empty if there are less than 10 respondents.

Table A10.4***Ever Vaped Multiple Substances***

	Grade 6 %	Grade 7 %	Grade 8 %
Never vaped tobacco/nicotine or marijuana/THC	94	97	—
Vaped tobacco or nicotine only	3	2	—
Vaped marijuana or THC only	0	0	—
Vaped tobacco/nicotine and marijuana/THC	3	2	—

Question HS A.67, 67A, 67B/MS A.68, 68A, 68B: During your life, how many times have you used the following?... Vape products... Vaped tobacco or nicotine... Vaped marijuana or THC.

Note: Cells are empty if there are less than 10 respondents.

Table A10.5***Any Current and Daily Use of Cigarettes, Smokeless Tobacco, and Vape Products***

	Grade 6 %	Grade 7 %	Grade 8 %
Cigarettes			
Any	0	3	—
Daily (20 or more days)	0	0	—
Smokeless tobacco			
Any	3	2	—
Daily (20 or more days)	0	2	—
Vape products			
Any	6	4	—
Daily (20 or more days)	0	0	—

Question HS A.83-85/MS A.80-82: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape products?

Note: Cells are empty if there are less than 10 respondents.

Table A10.6***Substances Vaped, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Vaped tobacco or nicotine			
0 days	100	98	—
1 or 2 days	0	2	—
3 to 9 days	0	0	—
10 to 19 days	0	0	—
20 to 30 days	0	0	—
Vaped marijuana or THC			
0 days	100	98	—
1 or 2 days	0	2	—
3 to 9 days	0	0	—
10 to 19 days	0	0	—
20 to 30 days	0	0	—
Vaped other product			
0 days	100	98	—
1 or 2 days	0	1	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	0	—

Question HS A.85, 85A-85C/MS A.82, 82A-82C: During the past 30 days, on how many days did you use... vape products?... vaped tobacco or nicotine?... vaped marijuana or THC?... vaped other product?

Note: Cells are empty if there are less than 10 respondents.

Table A10.7***Vaped Multiple Substances, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Did not vape tobacco/nicotine or marijuana/THC	100	98	—
Vaped tobacco or nicotine only	0	1	—
Vaped marijuana or THC only	0	0	—
Vaped tobacco/nicotine and marijuana/THC	0	2	—

Question HS A.85, 85A, 85B/MS A.82, 82A, 82B: During the past 30 days, on how many days did you use... vape products?... vaped tobacco or nicotine?... vaped marijuana or THC?

Note: Cells are empty if there are less than 10 respondents.

Table A10.8***Current Tobacco Use, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
No	97	95	—
Yes	3	5	—

Question HS A.83-85, 85A/MS A.80-82, 82A: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape products?... During the past 30 days, on how many days did you use vape products?... Vaped tobacco or nicotine.

Notes: Cells are empty if there are less than 10 respondents.

Current tobacco use includes using cigarettes or smokeless tobacco, or vaping tobacco or nicotine.

Table A10.9***Current Cigarette Smoking, Smokeless Tobacco Use, and Vaping on School Property, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Cigarettes			
0 days	100	97	—
1 or 2 days	0	2	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	0	—
Smokeless tobacco			
0 days	100	98	—
1 or 2 days	0	0	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	1	—
Vape			
0 days	100	96	—
1 or 2 days	0	2	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	1	—

Question HS A.93-95/MS A.88-90: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape?

Note: Cells are empty if there are less than 10 respondents.

Table A10.10***Substances Vaped on School Property, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Vaped tobacco or nicotine			
0 days	100	98	—
1 or 2 days	0	2	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	0	—
Vaped marijuana or THC			
0 days	100	98	—
1 or 2 days	0	1	—
3 to 9 days	0	1	—
10 to 19 days	0	0	—
20 to 30 days	0	0	—
Vaped other product			
0 days	100	99	—
1 or 2 days	0	0	—
3 to 9 days	0	0	—
10 to 19 days	0	1	—
20 to 30 days	0	0	—

Question HS A.95, 95A-95C/MS A.90, 90A-90C: During the past 30 days, on how many days on school property did you... vape?... vape tobacco or nicotine?... vape marijuana or THC?... vape other product?

Note: Cells are empty if there are less than 10 respondents.

Table A10.11***Vaped Multiple Substances on School Property, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Did not vape tobacco/nicotine or marijuana/THC	100	98	—
Vaped tobacco or nicotine only	0	1	—
Vaped marijuana or THC only	0	0	—
Vaped tobacco/nicotine and marijuana/THC	0	1	—

Question HS A.95, 95A, 95B/MS A.90, 90A, 90B: During the past 30 days, on how many days on school property did you... vape?... vape tobacco or nicotine?... vape marijuana or THC?

Note: Cells are empty if there are less than 10 respondents.

Table A10.12***Current Tobacco Use on School Property, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
No	100	95	—
Yes	0	5	—

Question HS A.93-95, 95A/MS A.88-90, 90A: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape?... During the past 30 days, on how many days on school property did you... Vape tobacco or nicotine.

Notes: Cells are empty if there are less than 10 respondents.

Current tobacco use includes using cigarettes or smokeless tobacco, or vaping tobacco or nicotine.

Table A10.13***Secondhand Smoke on School Property, Past 30 Days***

	Grade 6 %	Grade 7 %	Grade 8 %
Breathed the smoke or vapor from someone who was using cigarettes or e-cigarettes			
0 days	100	96	—
1 day	0	2	—
2 days	0	0	—
3-9 days	0	1	—
10-19 days	0	0	—
20-30 days	0	1	—

Question HS A.99/MS A.94: During the past 30 days, on how many days on school property did you... breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?

Note: Cells are empty if there are less than 10 respondents.

Table A10.14***Perceived Harm of Cigarette Smoking***

	Grade 6 %	Grade 7 %	Grade 8 %
Smoke cigarettes occasionally			
Great	41	25	—
Moderate	26	20	—
Slight	9	7	—
None	24	49	—
Smoke 1 or more packs of cigarettes each day			
Great	59	40	—
Moderate	9	8	—
Slight	9	3	—
None	24	49	—

Question HS A.100, 101/MS A.95, 96: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day.

Note: Cells are empty if there are less than 10 respondents.

Table A10.15***Perceived Harm of Vaping Tobacco or Nicotine***

	Grade 6 %	Grade 7 %	Grade 8 %
Vape tobacco or nicotine occasionally			
Great	47	29	—
Moderate	21	20	—
Slight	9	5	—
None	24	47	—
Vape tobacco or nicotine several times a day (100 puffs or more)			
Great	68	40	—
Moderate	9	10	—
Slight	3	2	—
None	21	48	—

Question HS A.102, 103/MS A.97, 98: How much do people risk harming themselves physically and in other ways when they do the following?... Vape tobacco or nicotine occasionally... Vape tobacco or nicotine several times a day (100 puffs or more).

Note: Cells are empty if there are less than 10 respondents.

Table A10.16***Perceived Difficulty of Obtaining Cigarettes and Vape Products***

	Grade 6 %	Grade 7 %	Grade 8 %
Cigarettes			
Very difficult	44	20	—
Fairly difficult	12	15	—
Fairly easy	6	7	—
Very easy	6	4	—
Don't know	32	54	—
Vape products			
Very difficult	32	16	—
Fairly difficult	12	12	—
Fairly easy	15	10	—
Very easy	12	12	—
Don't know	29	50	—

Question HS A.108, 109/MS A.103, 104: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes... Vape products.

Note: Cells are empty if there are less than 10 respondents.

Table A10.17***School Bans Tobacco Use and Vaping***

	Grade 6 %	Grade 7 %	Grade 8 %
No	6	10	—
Yes	76	58	—
Don't know	18	32	—

Question HS A.116/MS A.108: Does your school ban tobacco use and vaping on school property and at school sponsored events?

Note: Cells are empty if there are less than 10 respondents.

11. Other Health Risks

Table A11.1

Alone After School

	Grade 6 %	Grade 7 %	Grade 8 %
Never	56	58	—
1 day	29	12	—
2 days	3	8	—
3 days	3	2	—
4 days	3	2	—
5 days	6	17	—

Question MS A.109: In a normal week, how many days are you home after school for at least one hour without an adult there?

Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Gang Involvement

	Grade 6 %	Grade 7 %	Grade 8 %
No	100	94	—
Yes	0	6	—

Question HS A.152/MS A.145: Do you consider yourself a member of a gang?

Note: Cells are empty if there are less than 10 respondents.

12. Race/Ethnicity Breakdowns

Table A12.1

School Engagement and Supports by Race/Ethnicity

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness[†]			
American Indian or Alaska Native			—
Asian or Asian American		68	—
Black or African American			—
Hispanic or Latino/a		44	—
Native Hawaiian or Pacific Islander			—
White	62	58	—
Multiracial		40	—
Something else		57	—
School Connectedness^{†ψ} (<i>Remote Only</i>)			
American Indian or Alaska Native			—
Asian or Asian American			—
Black or African American			—
Hispanic or Latino/a			—
Native Hawaiian or Pacific Islander			—
White			—
Multiracial			—
Something else			—
Academic Motivation[†]			
American Indian or Alaska Native			—
Asian or Asian American		83	—
Black or African American			—
Hispanic or Latino/a		55	—
Native Hawaiian or Pacific Islander			—
White	88	66	—
Multiracial		63	—
Something else		55	—

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

^ψ The scale was based on four questions for remote respondents.

Table A12.1

School Engagement and Supports by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
School is really boring[±]			
American Indian or Alaska Native			—
Asian or Asian American		25	—
Black or African American			—
Hispanic or Latino/a		44	—
Native Hawaiian or Pacific Islander			—
White	10	36	—
Multiracial		31	—
Something else		55	—
School is worthless and a waste of time[±]			
American Indian or Alaska Native			—
Asian or Asian American		17	—
Black or African American			—
Hispanic or Latino/a		3	—
Native Hawaiian or Pacific Islander			—
White	0	16	—
Multiracial		12	—
Something else		25	—
Current absenteeism (≥3 times)[¶]			
American Indian or Alaska Native			—
Asian or Asian American		11	—
Black or African American			—
Hispanic or Latino/a		6	—
Native Hawaiian or Pacific Islander			—
White	40	9	—
Multiracial		21	—
Something else		4	—

Notes: Cells are empty if there are less than 10 respondents.

[±]*Rating of 7 or higher.*

[¶]*Past 30 days.*

Table A12.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Trouble focusing on schoolwork^σ			
American Indian or Alaska Native			—
Asian or Asian American		31	—
Black or African American			—
Hispanic or Latino/a		61	—
Native Hawaiian or Pacific Islander			—
White	60	43	—
Multiracial		36	—
Something else		27	—
Caring adult relationships[‡]			
American Indian or Alaska Native			—
Asian or Asian American		71	—
Black or African American			—
Hispanic or Latino/a		55	—
Native Hawaiian or Pacific Islander			—
White		53	—
Multiracial		56	—
Something else		67	—
High expectations[‡]			
American Indian or Alaska Native			—
Asian or Asian American		81	—
Black or African American			—
Hispanic or Latino/a		60	—
Native Hawaiian or Pacific Islander			—
White		58	—
Multiracial		72	—
Something else		62	—

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A12.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Meaningful participation[‡]			
American Indian or Alaska Native			—
Asian or Asian American		49	—
Black or African American			—
Hispanic or Latino/a		32	—
Native Hawaiian or Pacific Islander			—
White		28	—
Multiracial		41	—
Something else		48	—
Facilities upkeep^σ			
American Indian or Alaska Native			—
Asian or Asian American		61	—
Black or African American			—
Hispanic or Latino/a		65	—
Native Hawaiian or Pacific Islander			—
White	80	42	—
Multiracial		56	—
Something else		55	—
Promotion of parental involvement in school[†]			
American Indian or Alaska Native			—
Asian or Asian American		62	—
Black or African American			—
Hispanic or Latino/a		49	—
Native Hawaiian or Pacific Islander			—
White	70	55	—
Multiracial		44	—
Something else		46	—

Notes: Cells are empty if there are less than 10 respondents.

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

Table A12.2***School Safety by Race/Ethnicity***

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe			
American Indian or Alaska Native			—
Asian or Asian American		70	—
Black or African American			—
Hispanic or Latino/a		40	—
Native Hawaiian or Pacific Islander			—
White		57	—
Multiracial		33	—
Something else		68	—
Experienced harassment due to five reasons^{λ§}			
American Indian or Alaska Native			—
Asian or Asian American		21	—
Black or African American			—
Hispanic or Latino/a		38	—
Native Hawaiian or Pacific Islander			—
White		26	—
Multiracial		65	—
Something else		16	—
Experienced any harassment or bullying[§]			
American Indian or Alaska Native			—
Asian or Asian American		23	—
Black or African American			—
Hispanic or Latino/a		52	—
Native Hawaiian or Pacific Islander			—
White		33	—
Multiracial		65	—
Something else		21	—

Notes: Cells are empty if there are less than 10 respondents.

^λ*The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.*

[§]*Past 12 months.*

Table A12.2
School Safety by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Had mean rumors or lies spread about you[§]			
American Indian or Alaska Native			—
Asian or Asian American		20	—
Black or African American			—
Hispanic or Latino/a		55	—
Native Hawaiian or Pacific Islander			—
White		48	—
Multiracial		50	—
Something else		28	—
Been afraid of being beaten up[§]			
American Indian or Alaska Native			—
Asian or Asian American		16	—
Black or African American			—
Hispanic or Latino/a		41	—
Native Hawaiian or Pacific Islander			—
White		34	—
Multiracial		44	—
Something else		22	—
Been in a physical fight[§]			
American Indian or Alaska Native			—
Asian or Asian American		5	—
Black or African American			—
Hispanic or Latino/a		21	—
Native Hawaiian or Pacific Islander			—
White		23	—
Multiracial		50	—
Something else		17	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.2***School Safety by Race/Ethnicity – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Seen a weapon on campus[§]			
American Indian or Alaska Native			—
Asian or Asian American		5	—
Black or African American			—
Hispanic or Latino/a		7	—
Native Hawaiian or Pacific Islander			—
White		5	—
Multiracial		28	—
Something else		0	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.3***Cyberbullying by Race/Ethnicity***

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying[§]			
American Indian or Alaska Native			—
Asian or Asian American		12	—
Black or African American			—
Hispanic or Latino/a		34	—
Native Hawaiian or Pacific Islander			—
White		36	—
Multiracial		35	—
Something else		21	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.4
Substance Use by Race/Ethnicity

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		6	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		20	—
Something else		5	—
Current tobacco use[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		3	—
Native Hawaiian or Pacific Islander			—
White		2	—
Multiracial		15	—
Something else		10	—
Current marijuana use[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		0	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		10	—
Something else		0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current binge drinking[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		0	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		10	—
Something else		0	—
Very drunk or “high” 7 or more times, ever			
American Indian or Alaska Native			—
Asian or Asian American		2	—
Black or African American			—
Hispanic or Latino/a		0	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		0	—
Something else		0	—
Been drunk or “high” on drugs at school, ever			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		0	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		10	—
Something else		0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol use[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		6	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		15	—
Something else		5	—
Current alcohol use at school[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		6	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		11	—
Something else		0	—
Current cigarette smoking[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		3	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		15	—
Something else		5	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current use of vape products[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		3	—
Native Hawaiian or Pacific Islander			—
White		2	—
Multiracial		15	—
Something else		5	—
Current tobacco vaping[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		0	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		15	—
Something else		5	—
Current marijuana vaping[¶]			
American Indian or Alaska Native			—
Asian or Asian American		0	—
Black or African American			—
Hispanic or Latino/a		0	—
Native Hawaiian or Pacific Islander			—
White		0	—
Multiracial		15	—
Something else		0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.5***Health Routines by Race/Ethnicity***

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast[‡]			
American Indian or Alaska Native			—
Asian or Asian American		55	—
Black or African American			—
Hispanic or Latino/a		53	—
Native Hawaiian or Pacific Islander			—
White	70	78	—
Multiracial		55	—
Something else		58	—
Bedtime (at 12 am or later)			
American Indian or Alaska Native			—
Asian or Asian American		2	—
Black or African American			—
Hispanic or Latino/a		24	—
Native Hawaiian or Pacific Islander			—
White	10	19	—
Multiracial		21	—
Something else		12	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]Today.

Table A12.6**Remote Schooling by Race/Ethnicity (Remote Only)**

	Grade 6 %	Grade 7 %	Grade 8 %
Remote learning frequency (5 days per week)[¶]			
American Indian or Alaska Native			—
Asian or Asian American			—
Black or African American			—
Hispanic or Latino/a			—
Native Hawaiian or Pacific Islander			—
White			—
Multiracial			—
Something else			—
Synchronous instruction (4 days or more)[¶]			
American Indian or Alaska Native			—
Asian or Asian American			—
Black or African American			—
Hispanic or Latino/a			—
Native Hawaiian or Pacific Islander			—
White			—
Multiracial			—
Something else			—
Interest in schoolwork done from home^σ			
American Indian or Alaska Native			—
Asian or Asian American			—
Black or African American			—
Hispanic or Latino/a			—
Native Hawaiian or Pacific Islander			—
White			—
Multiracial			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[¶]Past 7 days.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

Table A12.6

Remote Schooling by Race/Ethnicity – Continued (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Meaningful opportunities^θ			
American Indian or Alaska Native			—
Asian or Asian American			—
Black or African American			—
Hispanic or Latino/a			—
Native Hawaiian or Pacific Islander			—
White			—
Multiracial			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A12.7
Social and Emotional Health by Race/Ethnicity

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress[‡]			
American Indian or Alaska Native			—
Asian or Asian American		10	—
Black or African American			—
Hispanic or Latino/a		36	—
Native Hawaiian or Pacific Islander			—
White		23	—
Multiracial		38	—
Something else		4	—
Experienced chronic sadness/hopelessness[§]			
American Indian or Alaska Native			—
Asian or Asian American		12	—
Black or African American			—
Hispanic or Latino/a		41	—
Native Hawaiian or Pacific Islander			—
White		24	—
Multiracial		47	—
Something else		21	—
Considered suicide[§]			
American Indian or Alaska Native			—
Asian or Asian American		2	—
Black or African American			—
Hispanic or Latino/a		24	—
Native Hawaiian or Pacific Islander			—
White		7	—
Multiracial		18	—
Something else		5	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[§]*Past 12 months.*

Table A12.7
Social and Emotional Health by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Optimism[‡]			
American Indian or Alaska Native			—
Asian or Asian American		72	—
Black or African American			—
Hispanic or Latino/a		36	—
Native Hawaiian or Pacific Islander			—
White		48	—
Multiracial		63	—
Something else		57	—
Life satisfaction[±]			
American Indian or Alaska Native			—
Asian or Asian American		85	—
Black or African American			—
Hispanic or Latino/a		64	—
Native Hawaiian or Pacific Islander			—
White		64	—
Multiracial		55	—
Something else		82	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[±]*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

Table A12.7
Social and Emotional Health by Race/Ethnicity – Continued

	Grade 6	Grade 7	Grade 8
California Student Wellness Index^δ			
American Indian or Alaska Native			—
Asian or Asian American		111.3	—
Black or African American			—
Hispanic or Latino/a		100.2	—
Native Hawaiian or Pacific Islander			—
White		103.5	—
Multiracial		95.5	—
Something else		112.6	—

Notes: Cells are empty if there are less than 10 respondents.

^δ*To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

13. Gender Breakdowns

Table A13.1

School Engagement and Supports by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness[†]			
Male	73	59	—
Female	61	53	—
Nonbinary			—
Something else			—
School Connectedness^{†ψ} (<i>Remote Only</i>)			
Male			—
Female			—
Nonbinary			—
Something else			—
Academic Motivation[†]			
Male	78	63	—
Female	70	71	—
Nonbinary			—
Something else			—
School is really boring[±]			
Male	21	41	—
Female	25	31	—
Nonbinary			—
Something else			—
School is worthless and a waste of time[±]			
Male	0	23	—
Female	0	4	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

[±] *Rating of 7 or higher.*

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current absenteeism (≥ 3 times)[¶]			
Male	37	13	—
Female	19	8	—
Nonbinary			—
Something else			—
Trouble focusing on schoolwork^σ			
Male	37	39	—
Female	57	43	—
Nonbinary			—
Something else			—
Caring adult relationships[‡]			
Male	81	63	—
Female	60	55	—
Nonbinary			—
Something else			—
High expectations[‡]			
Male	83	66	—
Female	73	67	—
Nonbinary			—
Something else			—
Meaningful participation[‡]			
Male	43	42	—
Female	30	35	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Facilities upkeep^σ			
Male	68	50	—
Female	56	61	—
Nonbinary			—
Something else			—
Promotion of parental involvement in school[‡]			
Male	67	55	—
Female	60	52	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A13.2
School Safety by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe			
Male	83	66	—
Female	53	47	—
Nonbinary			—
Something else			—
Experienced harassment due to five reasons^λ			
Male	28	25	—
Female	40	32	—
Nonbinary			—
Something else			—
Experienced any harassment or bullying[§]			
Male	44	28	—
Female	47	41	—
Nonbinary			—
Something else			—
Had mean rumors or lies spread about you[§]			
Male	61	31	—
Female	53	45	—
Nonbinary			—
Something else			—
Been afraid of being beaten up[§]			
Male	28	23	—
Female	40	34	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

^λ*The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.*

[§]*Past 12 months.*

Table A13.2
School Safety by Gender – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Been in a physical fight[§]			
Male	39	23	—
Female	20	13	—
Nonbinary			—
Something else			—
Seen a weapon on campus[§]			
Male	12	4	—
Female	0	8	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A13.3
Cyberbullying by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying[§]			
Male	50	22	—
Female	47	32	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A13.4
Substance Use by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use[¶]			
Male	0	2	—
Female	13	4	—
Nonbinary			—
Something else			—
Current tobacco use[¶]			
Male	0	3	—
Female	7	2	—
Nonbinary			—
Something else			—
Current marijuana use[¶]			
Male	0	0	—
Female	0	1	—
Nonbinary			—
Something else			—
Current binge drinking[¶]			
Male	0	0	—
Female	0	1	—
Nonbinary			—
Something else			—
Very drunk or “high” 7 or more times, ever			
Male	0	1	—
Female	0	0	—
Nonbinary			—
Something else			—
Been drunk or “high” on drugs at school, ever			
Male	0	0	—
Female	0	1	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A13.4
Substance Use by Gender – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol use[¶]			
Male	0	2	—
Female	7	4	—
Nonbinary			—
Something else			—
Current alcohol use at school[¶]			
Male	0	1	—
Female	0	2	—
Nonbinary			—
Something else			—
Current cigarette smoking[¶]			
Male	0	2	—
Female	0	1	—
Nonbinary			—
Something else			—
Current use of vape products[¶]			
Male	0	1	—
Female	13	4	—
Nonbinary			—
Something else			—
Current tobacco vaping[¶]			
Male	0	0	—
Female	0	2	—
Nonbinary			—
Something else			—
Current marijuana vaping[¶]			
Male	0	0	—
Female	0	1	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A13.5
Health Routines by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast[‡]			
Male	95	61	—
Female	50	59	—
Nonbinary			—
Something else			—
Bedtime (at 12 am or later)			
Male	5	14	—
Female	12	14	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Today.*

Table A13.6

Remote Schooling by Gender (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Remote learning frequency (5 days per week)[¶]			
Male			—
Female			—
Nonbinary			—
Something else			—
Synchronous instruction (4 days or more)[‡]			
Male			—
Female			—
Nonbinary			—
Something else			—
Interest in schoolwork done from home^σ			
Male			—
Female			—
Nonbinary			—
Something else			—
Meaningful opportunities^θ			
Male			—
Female			—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A13.7
Social and Emotional Health by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress[‡]			
Male	11	14	—
Female	23	28	—
Nonbinary			—
Something else			—
Experienced chronic sadness/hopelessness[§]			
Male	17	15	—
Female	40	38	—
Nonbinary			—
Something else			—
Considered suicide[§]			
Male	0	5	—
Female	20	15	—
Nonbinary			—
Something else			—
Optimism[‡]			
Male	85	59	—
Female	52	50	—
Nonbinary			—
Something else			—
Life satisfaction[‡]			
Male	87	79	—
Female	63	65	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[‡]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

Table A13.7
Social and Emotional Health by Gender – Continued

	Grade 6	Grade 7	Grade 8
California Student Wellness Index[∘]			
Male	111.8	109.3	—
Female	102.1	102.5	—
Nonbinary			—
Something else			—

Notes: Cells are empty if there are less than 10 respondents.

[∘]To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

14. Parental Education Breakdowns

Table A14.1

School Engagement and Supports by Parental Education

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness[†]			
Less than high school		42	—
High school graduate		62	—
Some college		52	—
College degree	66	57	—
Don't know	72	58	—
School Connectedness^{†ψ} (Remote Only)			
Less than high school			—
High school graduate			—
Some college			—
College degree			—
Don't know			—
Academic Motivation[†]			
Less than high school		61	—
High school graduate		63	—
Some college		65	—
College degree	79	65	—
Don't know	77	70	—
School is really boring[±]			
Less than high school		32	—
High school graduate		36	—
Some college		30	—
College degree	15	37	—
Don't know	25	38	—

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

^ψ The scale was based on four questions for remote respondents.

Table A14.1***School Engagement and Supports by Parental Education – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
School is worthless and a waste of time[±]			
Less than high school		19	—
High school graduate		17	—
Some college		10	—
College degree	0	16	—
Don't know	0	11	—
Current absenteeism (≥3 times)[¶]			
Less than high school		4	—
High school graduate		13	—
Some college		30	—
College degree	15	15	—
Don't know	8	6	—
Trouble focusing on schoolwork^σ			
Less than high school		36	—
High school graduate		59	—
Some college			—
College degree	54	25	—
Don't know	18	43	—
Caring adult relationships[‡]			
Less than high school		48	—
High school graduate		63	—
Some college		40	—
College degree	83	62	—
Don't know	76	63	—

Notes: Cells are empty if there are less than 10 respondents.

[±] Rating of 7 or higher.

[¶] Past 30 days.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A14.1***School Engagement and Supports by Parental Education – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
High expectations[‡]			
Less than high school		67	—
High school graduate		68	—
Some college		37	—
College degree	92	69	—
Don't know	88	69	—
Meaningful participation[‡]			
Less than high school		36	—
High school graduate		50	—
Some college			—
College degree	40	33	—
Don't know	42	42	—
Facilities upkeep^σ			
Less than high school		32	—
High school graduate		58	—
Some college		70	—
College degree	69	51	—
Don't know	58	64	—
Promotion of parental involvement in school[†]			
Less than high school		49	—
High school graduate		53	—
Some college		53	—
College degree	64	52	—
Don't know	71	54	—

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

Table A14.2
School Safety by Parental Education

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe			
Less than high school		37	—
High school graduate		70	—
Some college			—
College degree	58	57	—
Don't know	82	61	—
Experienced harassment due to five reasons^{λ§}			
Less than high school		47	—
High school graduate		30	—
Some college			—
College degree	42	35	—
Don't know	18	22	—
Experienced any harassment or bullying[§]			
Less than high school		59	—
High school graduate		35	—
Some college			—
College degree	42	39	—
Don't know	36	26	—
Had mean rumors or lies spread about you[§]			
Less than high school		59	—
High school graduate		32	—
Some college			—
College degree	50	43	—
Don't know	73	29	—

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A14.2***School Safety by Parental Education – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Been afraid of being beaten up[§]			
Less than high school		44	—
High school graduate		27	—
Some college			—
College degree	33	38	—
Don't know	18	16	—
Been in a physical fight[§]			
Less than high school		35	—
High school graduate		22	—
Some college			—
College degree	33	11	—
Don't know	27	21	—
Seen a weapon on campus[§]			
Less than high school		12	—
High school graduate		9	—
Some college			—
College degree	8	9	—
Don't know	0	5	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A14.3***Cyberbullying by Parental Education***

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying[§]			
Less than high school		47	—
High school graduate		13	—
Some college			—
College degree	58	30	—
Don't know	45	23	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A14.4
Substance Use by Parental Education

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use[¶]			
Less than high school		19	—
High school graduate		4	—
Some college			—
College degree	0	2	—
Don't know	0	3	—
Current tobacco use[¶]			
Less than high school		19	—
High school graduate		8	—
Some college			—
College degree	0	2	—
Don't know	0	1	—
Current marijuana use[¶]			
Less than high school		5	—
High school graduate		0	—
Some college			—
College degree	0	2	—
Don't know	0	0	—
Current binge drinking[¶]			
Less than high school		5	—
High school graduate		4	—
Some college			—
College degree	0	2	—
Don't know	0	0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A14.4
Substance Use by Parental Education – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Very drunk or “high” 7 or more times, ever			
Less than high school		0	—
High school graduate		4	—
Some college			—
College degree	0	0	—
Don’t know	0	0	—
Been drunk or “high” on drugs at school, ever			
Less than high school		5	—
High school graduate		4	—
Some college			—
College degree	0	2	—
Don’t know	0	0	—
Current alcohol use[¶]			
Less than high school		19	—
High school graduate		0	—
Some college			—
College degree	0	2	—
Don’t know	0	1	—
Current alcohol use at school[¶]			
Less than high school		15	—
High school graduate		0	—
Some college			—
College degree	0	2	—
Don’t know	0	0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

Table A14.4
Substance Use by Parental Education – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current cigarette smoking[¶]			
Less than high school		14	—
High school graduate		4	—
Some college			—
College degree	0	2	—
Don't know	0	1	—
Current use of vape products[¶]			
Less than high school		16	—
High school graduate		0	—
Some college			—
College degree	9	2	—
Don't know	0	1	—
Current tobacco vaping[¶]			
Less than high school		11	—
High school graduate		0	—
Some college			—
College degree	0	2	—
Don't know	0	1	—
Current marijuana vaping[¶]			
Less than high school		5	—
High school graduate		0	—
Some college			—
College degree	0	2	—
Don't know	0	1	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A14.5***Health Routines by Parental Education***

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast[‡]			
Less than high school		52	—
High school graduate		60	—
Some college		60	—
College degree	77	57	—
Don't know	83	65	—
Bedtime (at 12 am or later)			
Less than high school		22	—
High school graduate		10	—
Some college		9	—
College degree	0	15	—
Don't know	17	14	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Today.*

Table A14.6

Remote Schooling by Parental Education (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Remote learning frequency (5 days per week)[¶]			
Less than high school			—
High school graduate			—
Some college			—
College degree			—
Don't know			—
Synchronous instruction (4 days or more)[¶]			
Less than high school			—
High school graduate			—
Some college			—
College degree			—
Don't know			—
Interest in schoolwork done from home^σ			
Less than high school			—
High school graduate			—
Some college			—
College degree			—
Don't know			—
Meaningful opportunities^θ			
Less than high school			—
High school graduate			—
Some college			—
College degree			—
Don't know			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[¶]Past 7 days.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

^θ Percent of respondents reporting “Pretty much true” or “Very much true.”

Table A14.7
Social and Emotional Health by Parental Education

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress[‡]			
Less than high school		28	—
High school graduate		12	—
Some college			—
College degree	15	22	—
Don't know	5	19	—
Experienced chronic sadness/hopelessness[§]			
Less than high school		29	—
High school graduate		17	—
Some college			—
College degree	17	30	—
Don't know	9	24	—
Considered suicide[§]			
Less than high school		12	—
High school graduate		17	—
Some college			—
College degree	8	9	—
Don't know	9	8	—
Optimism[‡]			
Less than high school		53	—
High school graduate		60	—
Some college			—
College degree	76	64	—
Don't know	79	50	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

Table A14.7***Social and Emotional Health by Parental Education – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Life satisfaction[‡]			
Less than high school		56	—
High school graduate		72	—
Some college			—
College degree	77	74	—
Don't know	89	73	—
	Grade 6	Grade 7	Grade 8
California Student Wellness Index[∘]			
Less than high school		99.6	—
High school graduate		106.9	—
Some college			—
College degree	109.2	105.5	—
Don't know	113.9	107.0	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

[∘]To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

15. English Learner Breakdowns

Table A15.1

School Engagement and Supports by English Learner Status

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness[†]			
Not English learner	63	55	—
English learner	71	59	—
Don't know		45	—
School Connectedness^{†ψ} (<i>Remote Only</i>)			
Not English learner			—
English learner			—
Don't know			—
Academic Motivation[†]			
Not English learner	71	63	—
English learner	77	71	—
Don't know		64	—
School is really boring[±]			
Not English learner	30	44	—
English learner	9	26	—
Don't know		38	—
School is worthless and a waste of time[±]			
Not English learner	0	12	—
English learner	0	15	—
Don't know		25	—
Current absenteeism (≥3 times)[¶]			
Not English learner	17	11	—
English learner	55	12	—
Don't know		4	—

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

^ψ The scale was based on four questions for remote respondents.

[±] Rating of 7 or higher.

[¶] Past 30 days.

Table A15.1***School Engagement and Supports by English Learner Status – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Trouble focusing on schoolwork^σ			
Not English learner	48	41	—
English learner	55	38	—
Don't know		48	—
Caring adult relationships[‡]			
Not English learner	65	62	—
English learner	83	59	—
Don't know		49	—
High expectations[‡]			
Not English learner	74	67	—
English learner	83	68	—
Don't know		61	—
Meaningful participation[‡]			
Not English learner	28	34	—
English learner	58	42	—
Don't know		48	—
Facilities upkeep^σ			
Not English learner	52	46	—
English learner	73	67	—
Don't know		57	—
Promotion of parental involvement in school[‡]			
Not English learner	58	55	—
English learner	73	53	—
Don't know		43	—

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A15.2
School Safety by English Learner Status

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe			
Not English learner	64	55	—
English learner	70	60	—
Don't know		53	—
Experienced harassment due to five reasons^λ			
Not English learner	45	40	—
English learner	20	15	—
Don't know		37	—
Experienced any harassment or bullying[§]			
Not English learner	59	47	—
English learner	30	20	—
Don't know		37	—
Had mean rumors or lies spread about you[§]			
Not English learner	59	43	—
English learner	50	30	—
Don't know		45	—
Been afraid of being beaten up[§]			
Not English learner	45	38	—
English learner	20	15	—
Don't know		37	—
Been in a physical fight[§]			
Not English learner	27	18	—
English learner	50	18	—
Don't know		32	—
Seen a weapon on campus[§]			
Not English learner	0	8	—
English learner	20	5	—
Don't know		17	—

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A15.3
Cyberbullying by English Learner Status

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying[§]			
Not English learner	50	27	—
English learner	50	23	—
Don't know		37	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A15.4
Substance Use by English Learner Status

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use[¶]			
Not English learner	9	2	—
English learner	0	4	—
Don't know		15	—
Current alcohol or drug use[¶]			
Not English learner	5	3	—
English learner		3	—
Don't know		15	—
Current marijuana use[¶]			
Not English learner	0	0	—
English learner	0	0	—
Don't know		10	—
Current binge drinking[¶]			
Not English learner	0	0	—
English learner	0	2	—
Don't know		10	—
Very drunk or “high” 7 or more times, ever			
Not English learner	0	0	—
English learner	0	1	—
Don't know		0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A15.4
Substance Use by English Learner Status – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Been drunk or “high” on drugs at school, ever			
Not English learner	0	0	–
English learner	0	2	–
Don’t know		10	–
Current alcohol use[¶]			
Not English learner	5	2	–
English learner		3	–
Don’t know		10	–
Current alcohol use at school[¶]			
Not English learner	0	1	–
English learner	0	2	–
Don’t know		11	–
Current cigarette smoking[¶]			
Not English learner	0	1	–
English learner		3	–
Don’t know		15	–
Current use of vape products[¶]			
Not English learner	5	2	–
English learner		2	–
Don’t know		15	–
Current tobacco vaping[¶]			
Not English learner	0	1	–
English learner		0	–
Don’t know		15	–
Current marijuana vaping[¶]			
Not English learner	0	0	–
English learner		0	–
Don’t know		15	–

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A15.5
Health Routines by English Learner Status

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast[‡]			
Not English learner	74	58	—
English learner	82	67	—
Don't know		52	—
Bedtime (at 12 am or later)			
Not English learner	9	11	—
English learner	9	11	—
Don't know		36	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Today.*

Table A15.6

Remote Schooling by English Learner Status (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Remote learning frequency (5 days per week)[¶]			
Not English learner			—
English learner			—
Don't know			—
Synchronous instruction (4 days or more)[‡]			
Not English learner			—
English learner			—
Don't know			—
Interest in schoolwork done from home^σ			
Not English learner			—
English learner			—
Don't know			—
Meaningful opportunities^θ			
Not English learner			—
English learner			—
Don't know			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A15.7
Social and Emotional Health by English Learner Status

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress[‡]			
Not English learner	21	26	—
English learner		12	—
Don't know		28	—
Experienced chronic sadness/hopelessness[§]			
Not English learner	32	31	—
English learner	20	15	—
Don't know		44	—
Considered suicide[§]			
Not English learner	14	15	—
English learner	0	3	—
Don't know		11	—
Optimism[‡]			
Not English learner	64	50	—
English learner		62	—
Don't know		57	—
Life satisfaction[⌞]			
Not English learner	71	67	—
English learner	80	79	—
Don't know		64	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[§]*Past 12 months.*

[⌞]*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

Table A15.7
Social and Emotional Health by English Learner Status – Continued

	Grade 6	Grade 7	Grade 8
California Student Wellness Index^δ			
Not English learner	103.8	102.6	—
English learner		110.6	—
Don't know		101.6	—

Notes: Cells are empty if there are less than 10 respondents.

^δTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

16. Long-Term English Learner (LTEL) Breakdowns

Table A16.1

School Engagement and Supports by English Learner (EL) Program Duration

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness[†]			
Not currently in English Learner Program	63	55	—
Less than 7 years (EL)	71	61	—
7 years or more (LTEL)			—
School Connectedness^{†ψ} (<i>Remote Only</i>)			
Not currently in English Learner Program			—
Less than 7 years (EL)			—
7 years or more (LTEL)			—
Academic Motivation[†]			
Not currently in English Learner Program	71	63	—
Less than 7 years (EL)	77	71	—
7 years or more (LTEL)			—
School is really boring[±]			
Not currently in English Learner Program	30	44	—
Less than 7 years (EL)	9	24	—
7 years or more (LTEL)			—
School is worthless and a waste of time[±]			
Not currently in English Learner Program	0	12	—
Less than 7 years (EL)	0	13	—
7 years or more (LTEL)			—
Current absenteeism (≥3 times)[¶]			
Not currently in English Learner Program	17	11	—
Less than 7 years (EL)	55	11	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

^ψ The scale was based on four questions for remote respondents.

[±] Rating of 7 or higher.

[¶] Past 30 days.

Table A16.1***School Engagement and Supports by English Learner (EL) Program Duration – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Trouble focusing on schoolwork^σ			
Not currently in English Learner Program	48	41	—
Less than 7 years (EL)	55	35	—
7 years or more (LTEL)			—
Caring adult relationships[‡]			
Not currently in English Learner Program	65	62	—
Less than 7 years (EL)	83	60	—
7 years or more (LTEL)			—
High expectations[‡]			
Not currently in English Learner Program	74	67	—
Less than 7 years (EL)	83	72	—
7 years or more (LTEL)			—
Meaningful participation[‡]			
Not currently in English Learner Program	28	34	—
Less than 7 years (EL)	58	40	—
7 years or more (LTEL)			—
Facilities upkeep^σ			
Not currently in English Learner Program	52	46	—
Less than 7 years (EL)	73	66	—
7 years or more (LTEL)			—
Promotion of parental involvement in school[‡]			
Not currently in English Learner Program	58	55	—
Less than 7 years (EL)	73	53	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A16.2***School Safety by English Learner (EL) Program Duration***

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe			
Not currently in English Learner Program	64	55	—
Less than 7 years (EL)	70	63	—
7 years or more (LTEL)			—
Experienced harassment due to five reasons^{λ§}			
Not currently in English Learner Program	45	40	—
Less than 7 years (EL)	20	14	—
7 years or more (LTEL)			—
Experienced any harassment or bullying[§]			
Not currently in English Learner Program	59	47	—
Less than 7 years (EL)	30	18	—
7 years or more (LTEL)			—
Had mean rumors or lies spread about you[§]			
Not currently in English Learner Program	59	43	—
Less than 7 years (EL)	50	33	—
7 years or more (LTEL)			—
Been afraid of being beaten up[§]			
Not currently in English Learner Program	45	38	—
Less than 7 years (EL)	20	14	—
7 years or more (LTEL)			—
Been in a physical fight[§]			
Not currently in English Learner Program	27	18	—
Less than 7 years (EL)	50	18	—
7 years or more (LTEL)			—
Seen a weapon on campus[§]			
Not currently in English Learner Program	0	8	—
Less than 7 years (EL)	20	2	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A16.3***Cyberbullying by English Learner (EL) Program Duration***

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying[§]			
Not currently in English Learner Program	50	27	—
Less than 7 years (EL)	50	20	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A16.4***Substance Use by English Learner (EL) Program Duration***

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use[¶]			
Not currently in English Learner Program	9	2	—
Less than 7 years (EL)	0	4	—
7 years or more (LTEL)			—
Current tobacco use[¶]			
Not currently in English Learner Program	5	3	—
Less than 7 years (EL)		2	—
7 years or more (LTEL)			—
Current marijuana use[¶]			
Not currently in English Learner Program	0	0	—
Less than 7 years (EL)	0	0	—
7 years or more (LTEL)			—
Current binge drinking[¶]			
Not currently in English Learner Program	0	0	—
Less than 7 years (EL)	0	0	—
7 years or more (LTEL)			—
Very drunk or “high” 7 or more times, ever			
Not currently in English Learner Program	0	0	—
Less than 7 years (EL)	0	2	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A16.4***Substance Use by English Learner (EL) Program Duration – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Been drunk or “high” on drugs at school, ever			
Not currently in English Learner Program	0	0	—
Less than 7 years (EL)	0	0	—
7 years or more (LTEL)			—
Current alcohol use[¶]			
Not currently in English Learner Program	5	2	—
Less than 7 years (EL)		4	—
7 years or more (LTEL)			—
Current alcohol use at school[¶]			
Not currently in English Learner Program	0	1	—
Less than 7 years (EL)	0	2	—
7 years or more (LTEL)			—
Current cigarette smoking[¶]			
Not currently in English Learner Program	0	1	—
Less than 7 years (EL)		2	—
7 years or more (LTEL)			—
Current use of vape products[¶]			
Not currently in English Learner Program	5	2	—
Less than 7 years (EL)		2	—
7 years or more (LTEL)			—
Current tobacco vaping[¶]			
Not currently in English Learner Program	0	1	—
Less than 7 years (EL)		0	—
7 years or more (LTEL)			—
Current marijuana vaping[¶]			
Not currently in English Learner Program	0	0	—
Less than 7 years (EL)		0	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A16.5***Health Routines by English Learner (EL) Program Duration***

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast[‡]			
Not currently in English Learner Program	74	58	—
Less than 7 years (EL)	82	69	—
7 years or more (LTEL)			—
Bedtime (at 12 am or later)			
Not currently in English Learner Program	9	11	—
Less than 7 years (EL)	9	8	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Today.*

Table A16.6

Remote Schooling by English Learner (EL) Program Duration (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Remote learning frequency (5 days per week)[¶]			
Not currently in English Learner Program			—
Less than 7 years (EL)			—
7 years or more (LTEL)			—
Synchronous instruction (4 days or more)[‡]			
Not currently in English Learner Program			—
Less than 7 years (EL)			—
7 years or more (LTEL)			—
Interest in schoolwork done from home^σ			
Not currently in English Learner Program			—
Less than 7 years (EL)			—
7 years or more (LTEL)			—
Meaningful opportunities^θ			
Not currently in English Learner Program			—
Less than 7 years (EL)			—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A16.7***Social and Emotional Health by English Learner (EL) Program Duration***

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress[‡]			
Not currently in English Learner Program	21	26	—
Less than 7 years (EL)		13	—
7 years or more (LTEL)			—
Experienced chronic sadness/hopelessness[§]			
Not currently in English Learner Program	32	31	—
Less than 7 years (EL)	20	14	—
7 years or more (LTEL)			—
Considered suicide[§]			
Not currently in English Learner Program	14	15	—
Less than 7 years (EL)	0	2	—
7 years or more (LTEL)			—
Optimism[‡]			
Not currently in English Learner Program	64	50	—
Less than 7 years (EL)		64	—
7 years or more (LTEL)			—
Life satisfaction[⌞]			
Not currently in English Learner Program	71	67	—
Less than 7 years (EL)	80	80	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[⌞]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

Table A16.7
Social and Emotional Health by English Learner (EL) Program Duration – Continued

	Grade 6	Grade 7	Grade 8
California Student Wellness Index^δ			
Not currently in English Learner Program	103.8	102.6	—
Less than 7 years (EL)		110.3	—
7 years or more (LTEL)			—

Notes: Cells are empty if there are less than 10 respondents.

^δTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

17. Special Education Breakdowns

Table A17.1

School Engagement and Supports by Individualized Education Plan (IEP) Placement

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness[†]			
No IEP	71	60	—
IEP			—
Don't know		47	—
Prefer not to say			—
School Connectedness^{†ψ} (Remote Only)			
No IEP			—
IEP			—
Don't know			—
Prefer not to say			—
Academic Motivation[†]			
No IEP	77	68	—
IEP			—
Don't know		58	—
Prefer not to say			—
School is really boring[±]			
No IEP	23	35	—
IEP			—
Don't know		38	—
Prefer not to say			—
School is worthless and a waste of time[±]			
No IEP	0	12	—
IEP		40	—
Don't know		17	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

^ψ The scale was based on four questions for remote respondents.

[±] Rating of 7 or higher.

Table A17.1***School Engagement and Supports by Individualized Education Plan (IEP) Placement – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Current absenteeism (≥ 3 times)[¶]			
No IEP	32	10	—
IEP		8	—
Don't know		12	—
Prefer not to say		10	—
Trouble focusing on schoolwork^σ			
No IEP	48	40	—
IEP			—
Don't know		36	—
Prefer not to say			—
Caring adult relationships[‡]			
No IEP	75	63	—
IEP			—
Don't know		53	—
Prefer not to say		40	—
High expectations[‡]			
No IEP	79	70	—
IEP			—
Don't know		56	—
Prefer not to say		67	—
Meaningful participation[‡]			
No IEP	37	40	—
IEP			—
Don't know		32	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A17.1***School Engagement and Supports by Individualized Education Plan (IEP) Placement – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Facilities upkeep^σ			
No IEP	61	54	—
IEP			—
Don't know		63	—
Prefer not to say			—
Promotion of parental involvement in school[†]			
No IEP	66	58	—
IEP			—
Don't know		44	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[†]Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

Table A17.2***School Safety by Individualized Education Plan (IEP) Placement***

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe			
No IEP	76	59	—
IEP			—
Don't know		59	—
Prefer not to say			—
Experienced harassment due to five reasons^λ			
No IEP	31	28	—
IEP			—
Don't know		35	—
Prefer not to say			—
Experienced any harassment or bullying[§]			
No IEP	45	34	—
IEP			—
Don't know		43	—
Prefer not to say			—
Had mean rumors or lies spread about you[§]			
No IEP	52	39	—
IEP			—
Don't know		39	—
Prefer not to say			—
Been afraid of being beaten up[§]			
No IEP	34	29	—
IEP			—
Don't know		34	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A17.2***School Safety by Individualized Education Plan (IEP) Placement – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Been in a physical fight[§]			
No IEP	31	13	—
IEP			—
Don't know		32	—
Prefer not to say			—
Seen a weapon on campus[§]			
No IEP	7	5	—
IEP			—
Don't know		14	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A17.3***Cyberbullying by Individualized Education Plan (IEP) Placement***

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying[§]			
No IEP	41	23	—
IEP			—
Don't know		30	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A17.4***Substance Use by Individualized Education Plan (IEP) Placement***

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use[¶]			
No IEP	7	1	—
IEP		10	—
Don't know		10	—
Prefer not to say			—
Current tobacco use[¶]			
No IEP	4	1	—
IEP		20	—
Don't know		10	—
Prefer not to say			—
Current marijuana use[¶]			
No IEP	0	0	—
IEP			—
Don't know		5	—
Prefer not to say			—
Current binge drinking[¶]			
No IEP	0	0	—
IEP			—
Don't know		5	—
Prefer not to say			—
Very drunk or “high” 7 or more times, ever			
No IEP	0	0	—
IEP		10	—
Don't know		0	—
Prefer not to say			—
Been drunk or “high” on drugs at school, ever			
No IEP	0	0	—
IEP			—
Don't know		5	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A17.4

Substance Use by Individualized Education Plan (IEP) Placement – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol use[¶]			
No IEP	4	1	—
IEP			—
Don't know		8	—
Prefer not to say			—
Current alcohol use at school[¶]			
No IEP	0	1	—
IEP			—
Don't know		5	—
Prefer not to say			—
Current cigarette smoking[¶]			
No IEP	0	0	—
IEP		10	—
Don't know		10	—
Prefer not to say			—
Current use of vape products[¶]			
No IEP	7	1	—
IEP			—
Don't know		10	—
Prefer not to say			—
Current tobacco vaping[¶]			
No IEP	0	0	—
IEP			—
Don't know		8	—
Prefer not to say			—
Current marijuana vaping[¶]			
No IEP	0	0	—
IEP			—
Don't know		8	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A17.5***Health Routines by Individualized Education Plan (IEP) Placement***

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast[‡]			
No IEP	74	59	—
IEP		69	—
Don't know		63	—
Prefer not to say		60	—
Bedtime (at 12 am or later)			
No IEP	10	11	—
IEP		8	—
Don't know		22	—
Prefer not to say		20	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Today.*

Table A17.6**Remote Schooling by Individualized Education Plan (IEP) Placement (*Remote Only*)**

	Grade 6 %	Grade 7 %	Grade 8 %
Remote learning frequency (5 days per week)[¶]			
No IEP			—
IEP			—
Don't know			—
Prefer not to say			—
Synchronous instruction (4 days or more)[‡]			
No IEP			—
IEP			—
Don't know			—
Prefer not to say			—
Interest in schoolwork done from home^σ			
No IEP			—
IEP			—
Don't know			—
Prefer not to say			—
Meaningful opportunities^θ			
No IEP			—
IEP			—
Don't know			—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A17.7***Social and Emotional Health by Individualized Education Plan (IEP) Placement***

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress[‡]			
No IEP	16	21	—
IEP			—
Don't know		23	—
Prefer not to say			—
Experienced chronic sadness/hopelessness[§]			
No IEP	24	24	—
IEP			—
Don't know		35	—
Prefer not to say			—
Considered suicide[§]			
No IEP	10	8	—
IEP			—
Don't know		11	—
Prefer not to say			—
Optimism[‡]			
No IEP	77	57	—
IEP			—
Don't know		52	—
Prefer not to say			—
Life satisfaction[‡]			
No IEP	78	73	—
IEP			—
Don't know		62	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[‡]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

Table A17.7***Social and Emotional Health by Individualized Education Plan (IEP) Placement – Continued***

	Grade 6	Grade 7	Grade 8
California Student Wellness Index^δ			
No IEP	108.2	105.6	—
IEP			—
Don't know		102.8	—
Prefer not to say			—

Notes: Cells are empty if there are less than 10 respondents.

^δTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

18. Living Situation Breakdowns

Table A18.1

School Engagement and Supports by Living Situation

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness[†]			
Home with one or more parent or guardian	67	57	—
Foster home			—
Homeless			—
Other living arrangement		53	—
School Connectedness^{†ψ} (<i>Remote Only</i>)			
Home with one or more parent or guardian			—
Foster home			—
Homeless			—
Other living arrangement			—
Academic Motivation[†]			
Home with one or more parent or guardian	75	67	—
Foster home			—
Homeless			—
Other living arrangement		67	—
School is really boring[±]			
Home with one or more parent or guardian	21	35	—
Foster home			—
Homeless			—
Other living arrangement		42	—
School is worthless and a waste of time[±]			
Home with one or more parent or guardian	0	12	—
Foster home			—
Homeless			—
Other living arrangement		19	—

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

[±] *Rating of 7 or higher.*

Table A18.1***School Engagement and Supports by Living Situation – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Current absenteeism (≥ 3 times)[¶]			
Home with one or more parent or guardian	30	10	—
Foster home			—
Homeless			—
Other living arrangement		15	—
Trouble focusing on schoolwork^σ			
Home with one or more parent or guardian	47	42	—
Foster home			—
Homeless			—
Other living arrangement		34	—
Caring adult relationships[‡]			
Home with one or more parent or guardian	73	60	—
Foster home			—
Homeless			—
Other living arrangement		55	—
High expectations[‡]			
Home with one or more parent or guardian	77	67	—
Foster home			—
Homeless			—
Other living arrangement		60	—
Meaningful participation[‡]			
Home with one or more parent or guardian	37	38	—
Foster home			—
Homeless			—
Other living arrangement		39	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A18.1***School Engagement and Supports by Living Situation – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
Facilities upkeep^σ			
Home with one or more parent or guardian	64	51	—
Foster home			—
Homeless			—
Other living arrangement		76	—
Promotion of parental involvement in school[†]			
Home with one or more parent or guardian	64	52	—
Foster home			—
Homeless			—
Other living arrangement		59	—

Notes: Cells are empty if there are less than 10 respondents.

^σ *Percent of respondents reporting “Agree” or “Strongly agree.”*

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

Table A18.2
School Safety by Living Situation

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe			
Home with one or more parent or guardian	68	55	—
Foster home			—
Homeless			—
Other living arrangement		61	—
Experienced harassment due to five reasons^λ			
Home with one or more parent or guardian	39	31	—
Foster home			—
Homeless			—
Other living arrangement		19	—
Experienced any harassment or bullying[§]			
Home with one or more parent or guardian	48	38	—
Foster home			—
Homeless			—
Other living arrangement		19	—
Had mean rumors or lies spread about you[§]			
Home with one or more parent or guardian	58	40	—
Foster home			—
Homeless			—
Other living arrangement		30	—
Been afraid of being beaten up[§]			
Home with one or more parent or guardian	39	30	—
Foster home			—
Homeless			—
Other living arrangement		15	—

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A18.2
School Safety by Living Situation – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Been in a physical fight[§]			
Home with one or more parent or guardian	29	19	—
Foster home			—
Homeless			—
Other living arrangement		15	—
Seen a weapon on campus[§]			
Home with one or more parent or guardian	7	6	—
Foster home			—
Homeless			—
Other living arrangement		0	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A18.3
Cyberbullying by Living Situation

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying[§]			
Home with one or more parent or guardian	48	24	—
Foster home			—
Homeless			—
Other living arrangement		35	—

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A18.4
Substance Use by Living Situation

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use[¶]			
Home with one or more parent or guardian	6	2	—
Foster home			—
Homeless			—
Other living arrangement		3	—
Current tobacco use[¶]			
Home with one or more parent or guardian	3	2	—
Foster home			—
Homeless			—
Other living arrangement		3	—
Current marijuana use[¶]			
Home with one or more parent or guardian	0	1	—
Foster home			—
Homeless			—
Other living arrangement		0	—
Current binge drinking[¶]			
Home with one or more parent or guardian	0	1	—
Foster home			—
Homeless			—
Other living arrangement		0	—
Very drunk or “high” 7 or more times, ever			
Home with one or more parent or guardian	0	0	—
Foster home			—
Homeless			—
Other living arrangement		0	—
Been drunk or “high” on drugs at school, ever			
Home with one or more parent or guardian	0	1	—
Foster home			—
Homeless			—
Other living arrangement		0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A18.4
Substance Use by Living Situation – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol use[¶]			
Home with one or more parent or guardian	3	2	—
Foster home			—
Homeless			—
Other living arrangement		3	—
Current alcohol use at school[¶]			
Home with one or more parent or guardian	0	1	—
Foster home			—
Homeless			—
Other living arrangement		3	—
Current cigarette smoking[¶]			
Home with one or more parent or guardian	0	1	—
Foster home			—
Homeless			—
Other living arrangement		0	—
Current use of vape products[¶]			
Home with one or more parent or guardian	3	2	—
Foster home			—
Homeless			—
Other living arrangement		3	—
Current tobacco vaping[¶]			
Home with one or more parent or guardian	0	1	—
Foster home			—
Homeless			—
Other living arrangement		3	—
Current marijuana vaping[¶]			
Home with one or more parent or guardian	0	1	—
Foster home			—
Homeless			—
Other living arrangement		0	—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A18.5
Health Routines by Living Situation

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast[‡]			
Home with one or more parent or guardian	76	63	—
Foster home			—
Homeless			—
Other living arrangement		59	—
Bedtime (at 12 am or later)			
Home with one or more parent or guardian	6	12	—
Foster home			—
Homeless			—
Other living arrangement		24	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Today.*

Table A18.6**Remote Schooling by Living Situation (Remote Only)**

	Grade 6 %	Grade 7 %	Grade 8 %
Remote learning frequency (5 days per week)[¶]			
Home with one or more parent or guardian			—
Foster home			—
Homeless			—
Other living arrangement			—
Synchronous instruction (4 days or more)[‡]			
Home with one or more parent or guardian			—
Foster home			—
Homeless			—
Other living arrangement			—
Interest in schoolwork done from home^σ			
Home with one or more parent or guardian			—
Foster home			—
Homeless			—
Other living arrangement			—
Meaningful opportunities^θ			
Home with one or more parent or guardian			—
Foster home			—
Homeless			—
Other living arrangement			—

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A18.7
Social and Emotional Health by Living Situation

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress[‡]			
Home with one or more parent or guardian	18	22	—
Foster home			—
Homeless			—
Other living arrangement		13	—
Experienced chronic sadness/hopelessness[§]			
Home with one or more parent or guardian	26	28	—
Foster home			—
Homeless			—
Other living arrangement		20	—
Considered suicide[§]			
Home with one or more parent or guardian	6	10	—
Foster home			—
Homeless			—
Other living arrangement		8	—
Optimism[‡]			
Home with one or more parent or guardian	72	56	—
Foster home			—
Homeless			—
Other living arrangement		50	—
Life satisfaction[‡]			
Home with one or more parent or guardian	77	72	—
Foster home			—
Homeless			—
Other living arrangement		73	—

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[§]*Past 12 months.*

[‡]*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

Table A18.7
Social and Emotional Health by Living Situation – Continued

	Grade 6	Grade 7	Grade 8
California Student Wellness Index[∘]			
Home with one or more parent or guardian	106.9	105.0	—
Foster home			—
Homeless			—
Other living arrangement		109.5	—

Notes: Cells are empty if there are less than 10 respondents.

[∘]To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

Behavioral Health Module

Form A. Alcohol and Other Drugs (AOD)

1. Student Sample

Table B.I.1.1
Student Sample for AOD Indicators

	Grade 6	Grade 7	Grade 8
<i>Student Sample Size</i>			
Number of respondents	19	72	—

Note:

Student enrollments and response rates are not presented for respondents directed to this module, as districts and schools have the flexibility to choose between randomized and non-randomized survey options. This variability makes it challenging to define a clear target for accurately calculating the response rate. Therefore, student enrollments and response rates have been omitted from this section.

2. Summary of Key Indicators

Table B.I.2.1

Key Indicators of Alcohol and Other Drug Use

	Grade 6 %	Grade 7 %	Grade 8 %	Table
Alcohol Consumption Patterns				
Usually drank until felt it a lot	0	1	—	B.I.3.3
Driving under the influence experiences	39	17	—	B.I.3.4
Strong Personal Disapproval of AOD Use				
Having one or two drinks of any alcoholic beverage nearly every day	74	53	—	B.I.7.1
Trying marijuana once or twice	68	47	—	B.I.7.1
Using marijuana once a month or more	79	50	—	B.I.7.1

Note: Cells are empty if there are less than 10 respondents.

3. Alcohol, Tobacco, and Other Drug Consumption Patterns

Table B.I.3.1
Age of Onset – AOD Use

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol (one full drink)			
Never	84	96	—
10 years or under	11	3	—
11-12 years old	5	1	—
13-14 years old	0	0	—
15-16 years old	0	0	—
17 years or older	0	0	—
Marijuana (smoke, vape, eat, or drink)			
Never	100	99	—
10 years or under	0	0	—
11-12 years old	0	1	—
13-14 years old	0	0	—
15-16 years old	0	0	—
17 years or older	0	0	—
Any other illegal drug or pill to get “high”			
Never	95	99	—
10 years or under	0	0	—
11-12 years old	5	0	—
13-14 years old	0	0	—
15-16 years old	0	0	—
17 years or older	0	1	—

Question HS/MS B.I.1, 4, 5: About how old were you the first time you tried any of these things?... A drink of an alcoholic beverage (other than a sip or two)... Marijuana (smoke, vape, eat, or drink)... Any other illegal drug or pill to get “high.”

Note: Cells are empty if there are less than 10 respondents.

Table B.I.3.2***Age of Onset – Tobacco Use***

	Grade 6 %	Grade 7 %	Grade 8 %
Smoked part or all of a cigarette			
Never	89	97	—
10 years or under	0	3	—
11-12 years old	11	0	—
13-14 years old	0	0	—
15-16 years old	0	0	—
17 years or older	0	0	—
A vape product such as an e-cigarette, vape pen, or mod			
Never	84	94	—
10 years or under	11	1	—
11-12 years old	5	4	—
13-14 years old	0	0	—
15-16 years old	0	0	—
17 years or older	0	0	—

Question HS/MS B.I.2, 3: About how old were you the first time you tried any of these things?... Part or all of a cigarette... A vape product such as an e-cigarette (JUUL), vape pen, or mod.

Note: Cells are empty if there are less than 10 respondents.

Table B.I.3.3***Usual Alcohol Consumption Level***

	Grade 6 %	Grade 7 %	Grade 8 %
I don't drink alcohol	95	99	—
Just enough to feel it a little	0	0	—
Enough to feel it moderately	5	0	—
Until I feel it a lot or get really drunk	0	1	—

Question HS B.I.10/MS B.I.6: If you drink alcohol, how much do you usually drink?

Note: Cells are empty if there are less than 10 respondents.

Table B.I.3.4
Driving Under the Influence Experiences, Lifetime

	Grade 6 %	Grade 7 %	Grade 8 %
Have ridden in a car driven by someone who had been using alcohol or drugs			
Never	61	83	—
1 time	11	3	—
2 times	6	5	—
3 to 6 times	11	3	—
7 or more times	11	6	—

Question MS B.I.25: During your life, how many times have you ridden in a car driven by someone who had been using alcohol or drugs?

Note: Cells are empty if there are less than 10 respondents.

4. Reasons for and Consequences of AOD Consumption

Table B.I.4.1

Reasons for AOD Use, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8 %
Does not apply, I haven't used alcohol, marijuana, or other drugs in the past 12 months.	89	87	—
To experiment (try using)	5	1	—
To get high	5	3	—
To have a good time with friends	0	0	—
To fit in with a group you like	0	0	—
Because of boredom	11	0	—
To relax	5	0	—
To get away from problems	5	1	—
Because of anger or frustration	5	0	—
To get through the day	5	0	—
Because it made you feel better	5	1	—
To seek deeper insights and understanding	5	0	—
None of the above	5	24	—

Question HS B.I.12/MS B.I.7: Have you used alcoholic beverages, marijuana, or other drugs in the past 12 months for any of the following reasons? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

5. Supports to Reduce AOD Use

Table B.I.5.1

Talked with Parent About AOD Use, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8 %
No	74	73	—
Yes	26	27	—

Question HS B.I.23/MS B.I.13: During the past 12 months, have you talked with at least one of your parents or guardians about the dangers of alcohol or drug use?

Note: Cells are empty if there are less than 10 respondents.

6. Availability

Table B.I.6.1
Sources for Obtaining Alcohol

	Grade 6 %	Grade 7 %	Grade 8 %
At school	5	6	—
At parties	0	3	—
At concerts or other social events	0	1	—
At their own home	0	7	—
From adults at friends' homes	0	4	—
From friends or another teenager	0	11	—
Get adults to buy it for them	11	4	—
Buy it themselves from a store	0	6	—
At bars, clubs, or gambling casinos	0	1	—
Other	16	6	—
Don't know	84	90	—

Question HS B.I.18/MS B.I.8: How do most students at your school who drink alcohol usually get it? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table B.I.6.2***Sources for Obtaining Marijuana***

	Grade 6 %	Grade 7 %	Grade 8 %
At school	5	4	—
At parties	0	4	—
At concerts or other social events	0	3	—
At their own home	0	6	—
From an adult acquaintance	11	4	—
From friends or another teenager	0	9	—
Buy it at a marijuana dispensary	0	3	—
At bars or clubs	0	0	—
Other	11	4	—
Don't know	89	90	—

Question HS B.I.19/MS B.I.9: How do most kids at your school who use marijuana usually get it? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for “mark all that apply” items.

7. Influences on ATOD Use

Table B.I.7.1

Personal Disapproval of AOD Use

	Grade 6 %	Grade 7 %	Grade 8 %
Having one or two drinks of any alcoholic beverage nearly every day			
Neither approve nor disapprove	16	36	—
Somewhat disapprove	11	11	—
Strongly disapprove	74	53	—
Trying marijuana once or twice			
Neither approve nor disapprove	16	38	—
Somewhat disapprove	16	15	—
Strongly disapprove	68	47	—
Using marijuana once a month or more regularly			
Neither approve nor disapprove	16	35	—
Somewhat disapprove	5	15	—
Strongly disapprove	79	50	—

Question HS B.I.20-22/MS B.I.10-12: How do you feel about someone your age doing the following?... Having one or two drinks of any alcoholic beverage nearly every day... Trying marijuana once or twice... Using marijuana once a month or more regularly.

Note: Cells are empty if there are less than 10 respondents.

Table B.I.7.2***Parent Disapproval of ATOD Use***

	Grade 6 %	Grade 7 %	Grade 8 %
Take one or two drinks of alcohol nearly every day			
Very wrong	100	86	—
Wrong	0	8	—
A little wrong	0	0	—
Not at all wrong	0	6	—
Smoke tobacco			
Very wrong	100	87	—
Wrong	0	6	—
A little wrong	0	2	—
Not at all wrong	0	5	—
Use vape products such as e-cigarettes, vape pens, or mods			
Very wrong	100	84	—
Wrong	0	8	—
A little wrong	0	3	—
Not at all wrong	0	5	—
Use marijuana (smoke, vape, eat, or drink)			
Very wrong	94	88	—
Wrong	0	6	—
A little wrong	6	2	—
Not at all wrong	0	5	—
Use prescription drugs to get high or for reasons other than prescribed			
Very wrong	94	86	—
Wrong	6	8	—
A little wrong	0	0	—
Not at all wrong	0	6	—

Question HS B.I.25-29/MS B.I.15-19: How wrong do your parents or guardians feel it would be if you did the following?... Take one or two drinks of alcohol nearly every day... Smoke tobacco... Use vape products such as e-cigarettes (JUUL), vape pens, or mods... Use marijuana (smoke, vape, eat, or drink)... Use prescription drugs to get high or for reasons other than prescribed.

Note: Cells are empty if there are less than 10 respondents.

Table B.I.7.3***Peer Disapproval of ATOD Use***

	Grade 6 %	Grade 7 %	Grade 8 %
Take one or two drinks of alcohol nearly every day			
Very wrong	78	78	—
Wrong	17	14	—
A little wrong	6	2	—
Not at all wrong	0	6	—
Smoke tobacco			
Very wrong	83	76	—
Wrong	11	16	—
A little wrong	6	2	—
Not at all wrong	0	6	—
Use vape products such as e-cigarettes, vape pens, or mods			
Very wrong	83	75	—
Wrong	11	17	—
A little wrong	6	2	—
Not at all wrong	0	6	—
Use marijuana (smoke, vape, eat, or drink)			
Very wrong	83	77	—
Wrong	11	12	—
A little wrong	6	3	—
Not at all wrong	0	8	—
Use prescription drugs to get high or for reasons other than prescribed			
Very wrong	83	77	—
Wrong	11	16	—
A little wrong	6	2	—
Not at all wrong	0	6	—

Question HS B.I.30-34/MS B.I.20-24: How wrong would your close friends feel it would be if you did the following?... Take one or two drinks of alcohol nearly every day... Smoke tobacco... Use vape products such as e-cigarettes (JUUL), vape pens, or mods... Use marijuana (smoke, vape, eat, or drink)... Use prescription drugs to get high or for reasons other than prescribed.

Note: Cells are empty if there are less than 10 respondents.

Table B.I.7.4***Heard, Read, or Watched Any Anti-AOD Messages, Past 12 Months***

	Grade 6 %	Grade 7 %	Grade 8 %
No	37	60	—
Yes	63	40	—

Question HS B.I.24/MS B.I.14: During the past 12 months, have you heard, read, or watched any messages about not using alcohol or drugs?

Note: Cells are empty if there are less than 10 respondents.

Behavioral Health Module

Form B. Other Behavioral Health Factors

1. Student Sample

Table B.II.1.1

Student Sample on Other Behavioral Health Factors

	Grade 6	Grade 7	Grade 8
<i>Student Sample Size</i>			
Number of respondents	15	75	—

Note:

Student enrollments and response rates are not presented for respondents directed to this module, as districts and schools have the flexibility to choose between randomized and non-randomized survey options. This variability makes it challenging to define a clear target for accurately calculating the response rate. Therefore, student enrollments and response rates have been omitted from this section.

2. Summary of Key Indicators

Table B.II.2.1

Key Indicators of Other Behavioral Health Factors

	Grade 6 %	Grade 7 %	Grade 8 %	Table
Behavioral Health Protective Factors				
Emotional safety at school [†]	67	58	—	B.II.3.2
School co-regulation supports [†]	76	44	—	B.II.3.3
Home adult co-regulation supports [†]	78	71	—	B.II.3.4
Peer co-regulation supports [†]	71	73	—	B.II.3.5
Resilience Assets				
Emotion regulation ^â	45	41	—	B.II.4.1
Student Wellness				
Responses to trauma ^{ê¶}	10	13	—	B.II.5.1
Potential Post-Traumatic Stress [¶]	20	32	—	B.II.5.2
Stress associated health symptoms [*]	17	10	—	B.II.5.3
Loneliness ^ê	20	40	—	B.II.5.4
Self-harm [§]	0	25	—	B.II.5.8
Fasting for 12 hours or more		47	—	B.II.5.7
Trouble sleeping (daily)	0	6	—	B.II.5.1
Mental Health Supports				
Wanted to get mental health services [§]	14	12	—	B.II.6.4
Received mental health services [§]	21	16	—	B.II.6.4
Barriers to receiving services (3 or more)	0	17	—	B.II.6.5

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with scale categories for domains or sub-domains, or item-level results for the survey questions that comprise each scale.

[†] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

^â Average percent of respondents reporting the top two response categories (“Quite relaxed,” “Extremely relaxed,” “Frequently,” “Almost always,” “Quite calm,” and “Extremely calm”) across survey questions that comprise the scale..

^ê Average percent of respondents reporting “2-3 times a week” or “Almost every day” across survey questions that comprise the scale.

[¶] Past 30 days.

^{*} Past 2 weeks.

^ê Average percent of respondents reporting “Sometimes” or “Often” across survey questions that comprise the scale.

[§] Past 12 months.

3. Behavioral Health Protective Factors

Table B.II.3.1

Perceived Safety at Home and in Neighborhood

	Grade 6 %	Grade 7 %	Grade 8 %
<i>How safe do you feel...</i>			
<i>at home or the place where you live?</i>			
Very safe	73	64	—
Safe	27	29	—
Neither safe nor unsafe	0	7	—
Unsafe	0	0	—
Very unsafe	0	0	—
<i>in the neighborhood where you live?</i>			
Very safe	47	42	—
Safe	40	42	—
Neither safe nor unsafe	7	9	—
Unsafe	7	7	—
Very unsafe	0	0	—

Question HS/MS B.II.12, 13: How safe do you feel at home or the place where you live?... How safe do you feel in the neighborhood where you live?

Note: Cells are empty if there are less than 10 respondents.

Table B.II.3.2

Emotional Safety at School Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Emotional safety at school			
<i>Average reporting “Pretty much true” or “Very much true”</i>	67	58	—
<i>At my school,...</i>			
I feel socially accepted.			
Not at all true	0	15	—
A little true	13	23	—
Pretty much true	60	44	—
Very much true	27	18	—
I feel that I matter to others.			
Not at all true	13	17	—
A little true	40	27	—
Pretty much true	27	37	—
Very much true	20	20	—

Question HS/MS B.II.10,11: How true do you feel these statements are about your feelings at school? At my school,... I feel socially accepted... I feel that I matter to others.

Note: Cells are empty if there are less than 10 respondents.

Table B.II.3.3

School Co-Regulation Supports Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
School co-regulation supports			
<i>Average reporting “Pretty much true” or “Very much true”</i>	76	44	—
<i>At my school, there is a teacher or other adult who... would understand my problems if I shared them.</i>			
Not at all true	13	20	—
A little true	13	39	—
Pretty much true	53	20	—
Very much true	20	20	—
<i>would be helpful to me if I came to school upset.</i>			
Not at all true	20	31	—
A little true	7	28	—
Pretty much true	40	26	—
Very much true	33	15	—
<i>makes me feel good about myself.</i>			
Not at all true	13	24	—
A little true	7	28	—
Pretty much true	40	26	—
Very much true	40	22	—

*Question HS/MS B.II.7-9: How true do you feel these statements are about a teacher or other adult at school?
At my school, there is a teacher or other adult who... would understand my problems if I shared them... would be
helpful to me if I came to school upset... makes me feel good about myself.*

Note: Cells are empty if there are less than 10 respondents.

Table B.II.3.4

Home Adult Co-Regulation Supports Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Home adult co-regulation supports			
<i>Average reporting “Pretty much true” or “Very much true”</i>	78	71	—
<i>In my home, there is a parent or some other adult who... talks with me about my problems.</i>			
Not at all true	13	16	—
A little true	13	19	—
Pretty much true	20	27	—
Very much true	53	39	—
<i>helps me when I am upset.</i>			
Not at all true	7	15	—
A little true	13	15	—
Pretty much true	27	28	—
Very much true	53	42	—
<i>makes me feel good about myself.</i>			
Not at all true	7	9	—
A little true	13	15	—
Pretty much true	20	30	—
Very much true	60	46	—

Question HS/MS B.II.1-3: How true do you feel these statements are about your family? In my home, there is a parent or some other adult who... talks with me about my problems... helps me when I am upset... makes me feel good about myself.

Note: Cells are empty if there are less than 10 respondents.

Table B.II.3.5

Peer Co-Regulation Supports Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Peer co-regulation supports			
<i>Average reporting “Pretty much true” or “Very much true”</i>	71	73	—
<i>I have a friend my age who...</i>			
talks with me about my problems.			
Not at all true	13	18	—
A little true	20	18	—
Pretty much true	47	34	—
Very much true	20	31	—
helps me when I am upset.			
Not at all true	7	8	—
A little true	20	18	—
Pretty much true	47	35	—
Very much true	27	39	—
makes me feel good about myself.			
Not at all true	13	8	—
A little true	13	12	—
Pretty much true	27	37	—
Very much true	47	42	—

Question HS/MS B.II.4-6: How true do you feel these statements are about your friends? I have a friend my age who... talks with me about my problems... helps me when I am upset... makes me feel good about myself.

Note: Cells are empty if there are less than 10 respondents.

4. Resilience Assets

Table B.II.4.1

Emotion Regulation Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Emotion regulation			
<i>Average reporting the top two response categories^â</i>	45	41	—
When everybody around you gets angry, how relaxed can you stay?			
Not relaxed at all	14	22	—
Slightly relaxed	29	19	—
Somewhat relaxed	29	35	—
Quite relaxed	29	19	—
Extremely relaxed	0	5	—
How often are you able to control your emotions when you need to?			
Almost never	0	14	—
Once in a while	15	13	—
Sometimes	15	16	—
Frequently	31	22	—
Almost always	38	35	—
When things go wrong for you, how calm are you able to remain?			
Not calm at all	0	16	—
Slightly calm	21	15	—
Somewhat calm	36	27	—
Quite calm	29	32	—
Extremely calm	14	10	—

Question HS/MS B.II.21-23: When everybody around you gets angry, how relaxed can you stay?... How often are you able to control your emotions when you need to?... When things go wrong for you, how calm are you able to remain?

Notes: Cells are empty if there are less than 10 respondents.

^âThe top two response categories include “Quite relaxed,” “Extremely relaxed,” “Frequently,” “Almost always,” “Quite calm,” and “Extremely calm.”

5. Student Wellness

Table B.II.5.1

Responses to Trauma Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Responses to trauma			
<i>Average reporting “2-3 times a week” or “Almost every day”</i>	10	13	—
<i>During the past 30 days,...</i>			
I got upset easily or got into arguments or physical fights.			
Never	60	61	—
1-3 times a month	20	24	—
1-2 times a week	7	6	—
2-3 times a week	0	5	—
Almost every day	13	5	—
I had trouble concentrating or paying attention.			
Never	40	64	—
1-3 times a month	33	11	—
1-2 times a week	20	11	—
2-3 times a week	7	9	—
Almost every day	0	6	—
I had trouble feeling happiness or love.			
Never	60	65	—
1-3 times a month	13	14	—
1-2 times a week	20	11	—
2-3 times a week	0	6	—
Almost every day	7	5	—

Question HS/MS B.II.14-16: These questions ask about how you felt or what you did in the past 30 days... I got upset easily or got into arguments or physical fights... I had trouble concentrating or paying attention... I had trouble feeling happiness or love.

Note: Cells are empty if there are less than 10 respondents.

Table B.II.5.1**Responses to Trauma Scale Questions – Continued**

	Grade 6 %	Grade 7 %	Grade 8 %
During the past 30 days,...			
I felt alone even when I was around other people.			
Never	50	64	—
1-3 times a month	29	11	—
1-2 times a week	7	12	—
2-3 times a week	7	9	—
Almost every day	7	5	—
I had trouble going to sleep, woke up often, or had trouble getting back to sleep.			
Never	47	59	—
1-3 times a month	33	12	—
1-2 times a week	13	12	—
2-3 times a week	7	9	—
Almost every day	0	6	—

Question HS/MS B.II.17, 18: These questions ask about how you felt or what you did in the past 30 days... I felt alone even when I was around other people... I had trouble going to sleep, woke up often, or had trouble getting back to sleep.

Note: Cells are empty if there are less than 10 respondents.

Table B.II.5.2**Post-Traumatic Stress (PTS) Profile, Past 30 Days**

	Grade 6 %	Grade 7 %	Grade 8 %
Minimal PTS Symptoms	30	38	—
Mild PTS Symptoms	50	30	—
Potential PTS	20	32	—

Question HS/MS B.II.14-18: These questions ask about how you felt or what you did in the past 30 days... I got upset easily or got into arguments or physical fights... I had trouble concentrating or paying attention... I had trouble feeling happiness or love... I felt alone even when I was around other people... I had trouble going to sleep, woke up often, or had trouble getting back to sleep.

Notes: Cells are empty if there are less than 10 respondents.

PTS Profile categories are based on the UCLA Brief Screen for Child/Adolescent Trauma and PTSD.

Table B.II.5.3***Stress Associated Health Symptoms Scale Questions***

	Grade 6 %	Grade 7 %	Grade 8 %
Stress associated health symptoms			
<i>Average reporting “A lot” or “A whole lot”</i>	17	10	—
<i>In the last 2 weeks, how much were you bothered by the following physical problems?</i>			
Stomachaches			
Not at all	50	51	—
A little	36	24	—
Some	0	17	—
A lot	0	5	—
A whole lot	14	3	—
Headaches			
Not at all	36	41	—
A little	21	29	—
Some	21	13	—
A lot	7	11	—
A whole lot	14	6	—
Pains in your lower back			
Not at all	57	55	—
A little	7	23	—
Some	14	16	—
A lot	7	2	—
A whole lot	14	5	—

Question HS/MS B.II.27-29: Below is a list of symptoms that students sometimes have. In the last 2 weeks, how much were you bothered by the following physical problems?... Stomachaches... Headaches... Pains in your lower back.

Note: Cells are empty if there are less than 10 respondents.

Table B.II.5.3***Stress Associated Health Symptoms Scale Questions – Continued***

	Grade 6 %	Grade 7 %	Grade 8 %
<i>In the last 2 weeks, how much were you bothered by the following physical problems?</i>			
Feeling faint or dizzy			
Not at all	57	57	—
A little	29	18	—
Some	0	15	—
A lot	7	7	—
A whole lot	7	3	—
Heart beating too fast (even when you are not exercising)			
Not at all	71	75	—
A little	14	13	—
Some	0	5	—
A lot	0	2	—
A whole lot	14	5	—

Question HS/MS B.II.30, 31: Below is a list of symptoms that students sometimes have. In the last 2 weeks, how much were you bothered by the following physical problems?... Feeling faint or dizzy... Heart beating too fast (even when you are not exercising).

Note: Cells are empty if there are less than 10 respondents.

Table B.II.5.4
Loneliness Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Loneliness			
<i>Average reporting “Sometimes” or “Often”</i>	20	40	—
How often do you feel lonely?			
Never	33	38	—
Rarely	47	21	—
Sometimes	20	30	—
Often	0	11	—
How often do you feel that you are no longer close to anyone?			
Never	47	47	—
Rarely	33	16	—
Sometimes	7	20	—
Often	13	17	—

Question HS/MS B.II.19, 20: How often do you feel lonely?... How often do you feel that you are no longer close to anyone?

Note: Cells are empty if there are less than 10 respondents.

Table B.II.5.5***Body Image***

	Grade 6 %	Grade 7 %	Grade 8 %
Very dissatisfied	0	16	—
Dissatisfied	14	13	—
Neither dissatisfied nor satisfied	29	16	—
Satisfied	29	37	—
Very satisfied	29	18	—

Question HS/MS B.II.24: Over the past 30 days, how satisfied have you been with your weight and shape?

Note: Cells are empty if there are less than 10 respondents.

Table B.II.5.6***Weight Management***

	Grade 6 %	Grade 7 %	Grade 8 %
Which of the following are you trying to do about your weight?			
Lose weight	43	43	—
Gain weight	14	11	—
Stay the same weight	21	19	—
I am not trying to do anything about my weight	21	27	—

Question HS/MS B.II.25: Which of the following are you trying to do about your weight?

Note: Cells are empty if there are less than 10 respondents.

Table B.II.5.7***Disordered Eating Behavior***

	Grade 6 %	Grade 7 %	Grade 8 %
<i>During the past 30 days, please indicate which of the following things you did to lose weight or keep from gaining weight:</i>			
Exercise			
No		26	—
Yes		74	—
Eat less food, fewer calories, or foods low in fat			
No		42	—
Yes		58	—
Go without eating for 12 hours or more			
No		53	—
Yes		47	—
Take diet pills, powders, or liquids without a doctor's advice			
No		89	—
Yes		11	—
Vomit or take laxatives			
No		94	—
Yes		6	—

Question HS/MS B.II.25A-25E: During the past 30 days, please indicate which of the following things you did to lose weight or keep from gaining weight:... Exercise... Eat less food, fewer calories, or foods low in fat... Go without eating for 12 hours or more (also called fasting)... Take diet pills, powders, or liquids without a doctor's advice (do not include meal replacement products such as Ensure, Muscle Milk, or SlimFast)... Vomit or take laxatives.

Notes: Cells are empty if there are less than 10 respondents.

Only respondents who selected "Lose weight" or "Stay the same weight" to question "Which of the following are you trying to do about your weight?" were asked to answer these questions.

Table B.II.5.8***Self-Harm, Past 12 Months***

	Grade 6 %	Grade 7 %	Grade 8 %
0 times	100	75	—
1 time	0	6	—
2 or 3 times	0	5	—
4 or 5 times	0	3	—
6 or more times	0	11	—

Question HS/MS B.II.26: During the past 12 months, how many times did you do something to purposely hurt yourself, such as cutting, scratching, or burning yourself?

Note: Cells are empty if there are less than 10 respondents.

6. Mental Health Supports

Table B.II.6.1

Availability of Mental Health Supports at School, Past Year

	Grade 6 %	Grade 7 %	Grade 8 %
No	79	65	—
Yes	7	7	—
I don't know	14	27	—

Question HS/MS B.II.41: In the past year, did an adult at school refer or connect you to a counselor or therapist outside of school to get help?

Note: Cells are empty if there are less than 10 respondents.

Table B.II.6.2

Mental Health Help-Seeking Attitude

	Grade 6 %	Grade 7 %	Grade 8 %
<i>If you were feeling very sad, stressed, lonely, or depressed, would you...</i>			
talk to a teacher or another adult from your school?	21	29	—
talk to your parents or someone else in your family?	71	39	—
get help from a counselor or therapist?	7	16	—
talk to your friends?	43	57	—
be afraid to get help?	0	18	—
not know what to do?	14	30	—

Question HS/MS B.II.37: If you were feeling very sad, stressed, lonely, or depressed, would you... (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for “mark all that apply” items.

Table B.II.6.3***Mental Health Help-Seeking Attitude Toward Peers***

	Grade 6 %	Grade 7 %	Grade 8 %
<i>If someone my age felt very sad, stressed, lonely, or depressed,...</i>			
<i>talking to an adult could help them feel better.</i>			
Strongly disagree	8	21	—
Disagree	0	17	—
Agree	38	45	—
Strongly agree	54	17	—
<i>kids at my school would be nice to them.</i>			
Strongly disagree	14	25	—
Disagree	14	29	—
Agree	57	29	—
Strongly agree	14	17	—

Question HS/MS B.II.35, 36: If someone my age felt very sad, stressed, lonely, or depressed,... talking to an adult could help them feel better.... kids at my school would be nice to them.

Note: Cells are empty if there are less than 10 respondents.

Table B.II.6.4

Mental Health Services Usage, Past Year

	Grade 6 %	Grade 7 %	Grade 8 %
<i>In the past year,...</i>			
did you want to talk to a counselor or therapist about feeling very sad, stressed, lonely, or depressed?			
No	86	66	—
Yes	14	12	—
I don't know	0	21	—
did you get help from a counselor or therapist when you needed it?			
Does not apply, I didn't need help	79	56	—
No, I didn't get help when I needed it	0	27	—
Yes, I got help when I needed it	21	16	—
where did you get help from a counselor or therapist? (Mark All That Apply.)[#]			
Nowhere			—
At school (in person, by phone, or online)			—
From a counselor or therapist not from my school (in person, by phone, or online)			—
Somewhere else			—
I don't know			—

Question HS/MS B.II.38-40: In the past year, did you want to talk to a counselor or therapist about feeling very sad, stressed, lonely, or depressed?... In the past year, did you get help from a counselor or therapist when you needed it? ... In the past year, where did you get help from a counselor or therapist? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

[#]Total percentages may exceed 100% for “mark all that apply” items.

Table B.II.6.5***Barriers to Using Mental Health Services***

	Grade 6 %	Grade 7 %	Grade 8 %
I would not know where to go for help	7	25	—
There isn't anyone I can talk to	7	13	—
They wouldn't understand	7	19	—
People would think there's something wrong with me	0	13	—
My parents might find out	7	13	—
Other students might find out	14	11	—
I wouldn't have a way to pay for it	0	11	—
I wouldn't want to talk to a counselor or therapist	7	13	—
Other reasons	29	23	—
Does not apply, none of these things would stop you from talking to a counselor or therapist.	29	43	—
<i>Three or more barriers</i>	0	17	—

Question HS/MS B.II.42: If you were very sad, stressed, lonely, or depressed, would any of these things stop you from talking to a counselor or therapist? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table B.II.6.6***School Promotion of Mental Health Awareness***

	Grade 6 %	Grade 7 %	Grade 8 %
I know where to go or who to contact at school for help when I am very sad, stressed, lonely, or depressed.			
Strongly disagree	14	23	—
Disagree	7	3	—
Agree	43	50	—
Strongly agree	36	24	—
People at my school talk openly about mental health.			
Strongly disagree	21	25	—
Disagree	14	30	—
Agree	43	41	—
Strongly agree	21	5	—
My school encourages students to take care of their mental health.			
Strongly disagree	14	18	—
Disagree	0	21	—
Agree	29	44	—
Strongly agree	57	16	—

Question HS/MS B.II.32-34: How strongly do you agree or disagree with the following statements?... I know where to go or who to contact at school for help when I am very sad, stressed, lonely, or depressed... People at my school talk openly about mental health... My school encourages students to take care of their mental health.

Note: Cells are empty if there are less than 10 respondents.

Appendix

CHKS Content Overview, 2024-25

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings.¹ References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to other relevant CHKS reports, factsheets, and resources that can be downloaded from the CalSCHLS website (calschls.org) for further information. What Works Briefs that provide guidance on best practices related to areas assessed by the survey are available from the California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org/resources).

Special attention is directed toward indicators related to the requirements of California’s Local Control and Accountability Plans (LCAP). For a summary of state-level LCAP-related baseline CHKS data, see Factsheet #15.²

MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and student supports, all three key priorities required of the LCAP. It provides schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in learning and developmentally thrive. Forty-nine items assessing 14 school climate domains included in a *School Climate Report Card (SCRC)*.³ All districts receive a district-level SCRC and can request school-level SCRCs. The items used in the SCRC assess school connectedness, developmental supports (e.g., caring adult relationships), and safety, including bullying and victimization.

School climate, as measured by the CHKS, is strongly related to student learning and academic performance. Data for high school students show that as school climate improves—as the schools became safer, more supportive, and more engaging—academic performance increased as well.⁴

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that “beat the odds” academically and consistently performed better on the state’s standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The more positive the school climate, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school’s level of personnel resources.⁵

In addition, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the whole child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who reported: (1) being less engaged in risky behaviors such as substance use and violence; (2) being more likely to eat nutritiously and exercise; and (3) experiencing caring adult relationships and high

¹ To see how local results compare with state averages in California, download a copy of the latest Biennial State CHKS report (calschls.org/reports-data/#state-level_reports). The Biennial State data are derived from a randomly-selected, representative state sample. County-level reports are also available on the CHKS website. Biennial State CHKS and county-level data can also be examined interactively on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard).

² Austin. (2016). Download calschls.org/docs/factsheet-15.pdf

³ See calschls.org/reports-data/#scrc

⁴ O’Malley & Hanson. (2012). Download data.calschls.org/resources/S3factsheet3_API_20120716.pdf

⁵ Voight, Austin, & Hanson. (2013). Download www.wested.org/online_pubs/hd-13-10.pdf

expectations at school.⁶ These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance.

GRADE-LEVEL PATTERNS

More than 20 years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to report feeling connected to school and being academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness. Here are some additional grade-level patterns in CHKS data:

- **Seventh graders** report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- **Ninth graders** report the lowest rates of developmental support.
- **Nontraditional (continuation school) students** report risk behavior (e.g., binge drinking, fighting at school) prevalence rates at least twice those of 11th graders in traditional comprehensive high schools.⁷ They also exhibit lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services.⁸

DEMOGRAPHIC CHARACTERISTICS AND POPULATION GROUP DIFFERENCES (Section 3)

Indicators of the demographic and background characteristics of the survey respondents help users gain a better sense of how representative the survey sample is compared to the student population overall. They also enable users to analyze how survey results vary by important groups in the school and help them to identify, and target programs for, youth most in need. School districts can use these data to meet LCAP requirements to demonstrate actions across state priorities in regard to socioeconomically disadvantaged students, English learners, and foster youth, as well as other indicators such as race/ethnicity, homeless youth, and LGBTQ youth.

In the standard CHKS report, breakdowns for selected key indicators are provided by all the LCAP priority groups such as race/ethnicity, gender, parental education, English learner and long-term English learner status, disability status, foster youth, and unhoused youth. For selected key indicators, the CalSCHLS Data Dashboard (data.calschls.org/reports-data/dashboard) can be used to display group differences across these same groups as well as additional groups (e.g., chronic sadness, caring relationships). Districts/schools can also subscribe to the District CalSCHLS private data dashboard to disaggregate their CHKS results by these groups for each school (email calschls@wested.org).

Racial-Ethnic Group Identification

Respondents self-report their identification with six racial/ethnic groups. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings.⁹ They were highest in schools with large proportions of white and Asian students, as well as

⁶ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁷ In interpreting the results for 11th graders, note that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.

⁸ Austin, Dixon, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-7.pdf

⁹ Austin, Hanson, Bono, & Zheng. (2008). Download data.calschls.org/resources/factsheet_8.pdf

in middle- and high-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but the disparities still remained. This suggests that school climate factors related to student well-being may also play a role in racial/ethnic group differences in achievement. One strategy to close the gap may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students.

In the majority of cases, with notable exceptions for Asians, *the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools*.¹⁰ White students feel more safe, engaged, and supported than their African American, Hispanic, and Asian peers *within the same school*.¹¹ Inequities in these factors can possibly contribute to the achievement differences. Further, these findings suggest that practices designed to ensure equitable access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap.

Youth in Foster Care

Compared to youth who live with their parents, youth in foster care settings report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk.^{12 13} They were also more likely to be low in caring adult relationships and total developmental support.

Unhoused Youth

Homeless youth are substantially more likely than other youth to engage in substance use, have lower attendance at school and struggle with academic performance, feel less safe at school and experience greater levels of harassment and bullying, and exhibit higher levels of chronic sadness.¹⁴ Like youth in foster care, unhoused youth were also more likely to be low in caring adult relationships at school.

Sexual Orientation and Gender Identity

Lesbian, gay, bisexual, transgender, and questioning or queer (LGBTQ) youth are at elevated risk for bullying and violence victimization, mental health problems, drug and alcohol use, and exhibiting poor performance in school.^{15 16} For example, analysis of the Biennial State CHKS data indicate that LGBTQ youth¹⁷ are:

- about 30 percentage points more likely than non-LGBTQ youth to experience harassment and bullying at school;
- 30-to-40 percentage points more likely to exhibit chronic sadness;
- 2-to-3 times more likely to smoke cigarettes, binge drink, and to have been drunk or high at school; and

¹⁰ Hanson, Austin, & Li. (2012). Download data.calschls.org/resources/FACTSHEET-13_20120405.pdf

¹¹ See calschls.org/my-surveys/

¹² Austin, Jones, & Annon. (2007). Download data.calschls.org/resources/FACTSHEET-6.pdf

¹³ See calschls.org/my-surveys/

¹⁴ See calschls.org/my-surveys/

¹⁵ Hanson, T., Zhang, G., Cerna, R., Stern, A., & Austin, G. (2019) Understanding the experiences of LGBTQ youth in California. San Francisco, CA: WestEd. [Download wested.org/resources/lgbtq-students-in-california/](https://download.wested.org/resources/lgbtq-students-in-california/)

¹⁶ Russell, S. T., & Fish, J. N. (2016). Mental health in lesbian, gay, bisexual, and transgender (LGBT) youth. *Annual Review of Clinical Psychology*, 12, 465-487. <https://doi.org/10.1146/annurev-clinpsy-021815-093153>

¹⁷ See calschls.org/my-surveys/

- receive substantially fewer social supports from teachers and peers at school than their counterparts who do not identify as LGBTQ.

Because of such disparities, it is important to examine disparities across LGBTQ and non-LGBTQ youth to identify needs and support the development of practices that promote the healthy development and safety of all youth.

SCHOOL PERFORMANCE, ENGAGEMENT, AND SUPPORTS (Section 6)

A major focus of the CHKS is providing data to gauge the level of pupil engagement, an LCAP state priority on which districts are required to show improvement. Enhancing student engagement has been identified as the key to addressing problems of low achievement, high levels of student misbehavior, alienation, and high dropout rates.¹⁸ CHKS and other surveys consistently show that as youth progress through the school system, indicators of engagement decline.

It is important to look at engagement from three perspectives: behavioral, emotional, and cognitive. The CHKS provides data on all three types. As discussed below, the Academic Motivation scale, school boredom, and self-reported grades provide insight into cognitive engagement; the School Connectedness scale and school value item into emotional engagement; and attendance data into behavioral engagement. Another behavioral engagement indicator on the survey is substance use at school. Research shows that student engagement is malleable and that all three types of engagement are influenced by the level to which students perceive the school as having a positive environment.

The CHKS Developmental Supports scales provide insight into whether students experience three protective factors in their school (caring relationships, high expectations, and opportunities for meaningful participation). These protective factors characterize a positive school climate and are linked to school connectedness and positive academic, behavioral, and health outcomes. Other school climate factors assessed are the level of parent involvement and the quality of the school physical environment, both also LCAP priorities. The likelihood that students will be motivated and engaged is increased to the extent that their teachers, family, and friends effectively support their purposeful involvement in learning and in school.

Self-Reported Grades

The CHKS asks students to indicate what grades they received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception.

Academic Motivation

A four-item scale gauges student academic motivation by asking how strongly they agree that they try hard to do well on schoolwork, try hard because they are interested in the work, work hard to understand new things at school, and always try to do better. On the 2019-21 State CHKS, the percentage of students agreeing with the questions on this scale ranged from 64 percent in 11th grade to 71 percent in 7th.¹⁹

In order to achieve rigorous academic goals, students need not only a challenging and engaging curriculum, but they need to be emotionally connected to their learning. Student perceptions of the school environment and their degree of school connectedness influence their achievement motivation. But students may be behaviorally and/or emotionally invested in a given activity without actually exerting the

¹⁸ Wang, M-T, & Eccles, J. (2013). School context, achievement motivation, and academic engagement: A longitudinal study of school engagement using a multidimensional perspective. *Learning and Instruction*, 28, 12-23. <https://doi.org/10.1016/j.learninstruc.2013.04.002>

¹⁹ Download data.calschls.org/resources/Biennial_State_1921.pdf

necessary mental effort to understand and master the knowledge, craft, or skill that the activity promotes. This scale provides insight into the overall level of that mental effort.

In addition, the supplementary School Climate Module includes Student Learning Environment and Learning Engagement Climate scales and a series of questions about supports for learning and academic rigor.

School Boredom – School Value

Boredom is commonly experienced among secondary students, but its meaning and effects vary from student to student. Student boredom can be associated with specific subjects and academic tasks or it can be a pervasive response to school activities. Frequent boredom is associated with poor academic and mental health outcomes. Two CHKS questions ask about students' school boredom (school is really boring) and how much they value their schooling experience (school is worthless and a waste of time). Combined, these two survey questions are used to identify School Boredom Mindset Profiles.^{20,21,22}

				School Boredom									
				School is really boring									
				Low Boredom				Moderate Boredom			High Boredom		
				0 Disagree	1	2	3	4	5	6	7	8	9
Value of School	School is worthless, a waste of time	High Value	0 Disagree	Optimal				2 High Value–Moderate Boredom Students valued school highly with moderate-level school boredom			3 High Value–High Boredom Students indicated school was very boring, yet they valued it highly		
			1	1 High Value–Low Boredom									
			2	Students did not think school was boring and valued school highly									
			3										
		Moderate Value	4	4 Moderate Value–Low Boredom				5 Moderate Value–Moderate Boredom Students with moderate-level school boredom and school value			6 Moderate Value–High Boredom Students indicated school was very boring, and valued it at a moderate level		
			5										
			6										
		Low Value	7	7 Low Value–Low Boredom				8 Low Value–Moderate Boredom			Suboptimal 9 Low Value–High Boredom Students indicated school was very boring, and valued it at a very low level		
			8										
			9										
			10 Agree										
		Only a low percentage of students' responses place them in groups 4, 7, and 8.											

²⁰ Furlong, M. J., Smith, D. C., Springer, T., & Dowdy, E. (2021). Bored with school! Bored with life? Well-being characteristics associated with a school boredom mindset. *Journal of Positive School Psychology*, 5(1), 42–64.

<https://www.covitalityucsb.info/ewExternalFiles/10.%20Furlong%20et%20al%20Boredom-JPSP.pdf>

²¹ Branstetter, R. (2021). What do kids mean when they say they're bored at school? Greater Good Magazine.

https://greatergood.berkeley.edu/article/item/what_do_kids_mean_when_they_say_theyre_bored_at_school

²² See D. Michael Furlong's RISE 360 School Boredom Resource to learn more about school boredom and how these two items are combined to identify School Boredom Mindset Profiles

https://rise.articulate.com/share/evs7SLqtz3xvWkgVnQjW6YNu1vFyRm6_#/

Students with high school boredom and low school-value, a suboptimal profile, report substantially poorer well-being than students with low boredom combined with elevated school-value, an optimal profile. Moreover, students with high school boredom and high school-value may be experiencing episodic or task-specific boredom, which requires different types of support than students who exhibit the suboptimal pattern. The percentage of students falling in each of these profile groups is presented in the CHKS report so that school personnel can monitor the boredom experiences of students to best address their academic and social-emotional needs.

Absenteeism

Before good teachers with quality curriculums and engaging activities can improve academic performance, the students have to show up. The CHKS provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 3 or more days during the past 30 days) and what were the reasons for absences.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10 percent of school days. According to a report by Attendance Works, the nation's large and persistent achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.²³

Biennial State CHKS data indicate that the most common reasons for being absent in secondary school, after illness, are generally not getting enough sleep and anxiety or stress, followed by being behind in schoolwork, and being bored or uninterested in school, another good indicator of disengagement.²⁴

Developmental Supports

Research shows that when schools (or families or communities) provide three developmental supports—**caring adult relationships, high expectations, and opportunities for meaningful participation**—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS measures these supports using multi-item scales. Results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher.^{25 26 27 28 29 30}

School Connectedness

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive

²³ Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Download www.attendanceworks.org/portraits-of-change/

²⁴ Austin, Hanson, Bala, & Zheng. (2023). Download data.calschls.org/resources/18th_Biennial_State_1921.pdf

²⁵ Hanson & Austin. (2002). Download data.calschls.org/resources/factsheet.pdf

²⁶ Hanson & Austin. (2002). Download data.calschls.org/resources/FACTSHEET-3.pdf

²⁷ Hanson. (2011). Download data.calschls.org/resources/S3factsheet1_caring_20120223.pdf

²⁸ Hanson. (2012). Download data.calschls.org/resources/S3factsheet2_participation_20120224.pdf

²⁹ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief1_CaringRelationships_final.pdf

³⁰ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief2_MeaningfulPart_final.pdf

academic, social-emotional, and health outcomes.³¹ It also shows that youth who feel safe at school, experience caring adults, and have opportunities for engagement and other developmental supports are more likely to feel connected to the school. The CHKS five-item School Connectedness scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. The online Query CalSCHLS system (calschls.org/reports-data/query-calschls/) enables examination of how key survey indicators vary by school connectedness.

School connectedness declines markedly after elementary school. A substantial minority of middle and high school students are not connected to their schools. On the 2017-19 State CHKS, the average percentage of students agreeing to these scale questions declined from 62 percent in 7th grade to 53 percent in 11th, a decline similar to that found for the Academic Motivation scale.³² This may be related at least in part to their lower levels of developmental support. Prior analyses have indicated that the lowest rates of both connectedness and test scores are in low-income schools.^{33 34}

Parent Involvement

Parent involvement, including promoting parental participation in school programs, is one of the LCAP state priorities. A three-item scale assesses student perceptions (level of agreement) of three components of parent involvement: teachers communicating with parents about what students are expected to learn in class, parents feeling welcome to participate at this school, and school staff taking parent concerns seriously. The same questions also are asked on the staff and parent surveys so that perceptions can be compared across all three stakeholder groups. A large and growing body of evidence has linked school success to the manner and degree to which a school communicates with parents, engages them both in school activities and education, and fosters a school climate that parents perceive as warm, inviting, and helpful.³⁵

Facilities and Physical Environment

As an indicator of student perceptions of the school's physical environment, the CHKS includes a question asking students how much they agree the school "is usually clean and tidy." Additional questions are included in the supplementary School Climate Module. An analysis of 2018/20 data from the questions on both modules found that a plurality of students report that their school facilities are in good condition, but a non-trivial minority of students were dissatisfied with the condition of their school facilities.³⁶ Between 20 percent and 25 percent of students disagree or strongly disagree on the quality of the physical environment items. Almost one-third of schools serving 11th graders were categorized as having low quality physical environments based on student reports on the clean and tidy item. Student perceptions of the quality of their school's physical environment were strongly related to student achievement.

SCHOOL VIOLENCE, VICTIMIZATION, AND SAFETY (Section 8)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism, and the overall level of school

³¹ National Research Council and the Institute of Medicine. (2004). *Engaging schools: Fostering high school students' motivation to learn*. Washington, D.C.: The National Academies Press.

³² Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial_State_1719.pdf. School Connectedness was not assessed on the 2019-21 State CHKS because the majority of students did not attend school in-person in 2020-21 due to the COVID-19 pandemic.

³³ Austin, Hanson, & Voight. (2013). Download data.calschls.org/resources/S3factsheet5_connectedness_20130827.pdf

³⁴ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief4_Connectedness_final.pdf

³⁵ Wilder, S. (2014). Effects of parental involvement on academic achievement. A meta-synthesis. *Educational Review*, 66:3, 377-397.

³⁶ Hanson & Zheng. (2021). Download calschls.org/docs/facilities_030221.pdf

safety.³⁷ Physical violence and weapons on campus have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.³⁸ These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession.^{39 40 41}

Perceived Safety

Perceived safety is another indicator that districts/schools are required to monitor as part of their LCAP school climate priority. School safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. It is a key factor in students feeling connected to school. Another indicator important for attendance is the percentage of students who report missing school because they didn't feel safe (Table A6.3).

If students report low levels of perceived school safety, further examination of all the indicators related to bullying and victimization is warranted. Consider conducting follow-up student voice and feedback sessions such as focus groups or Student Listening Circles and integrating questions on why students do not feel safe.⁴²

Harassment and Victimization

Most of the safety-related questions on the survey assess victimization. Because a relatively small number of students can victimize a large number of their peers, victimization questions provide important insight into the overall school climate. Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students.

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason (Table A8.2). About three-in-ten secondary students report experiencing some harassment in the past year on the 2017-19 State CHKS, with the percentages declining between 7th and 11th grades.⁴³ Analyses show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school.^{44 45} They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than students who were only harassed for other reasons.

Different forms of verbal harassment at school are assessed by asking students about: mean rumors or

³⁷ The CHKS also includes two violence-related questions that are not school based: the frequency students experienced cyberbullying and whether they are gang members.

³⁸ Juvonen, J., & Graham, S. (2001). *Peer harassment in school: The plight of the vulnerable and victimized*. New York: Guilford Press.

³⁹ Barton, P. E. (2001). *Facing the hard facts in education reform*. Princeton, NJ: Educational Testing Service.

⁴⁰ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief5_ViolencePerpetration_final.pdf

⁴¹ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief6_ViolenceVictimization_final.pdf

⁴² O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief3_Safety_final.pdf

⁴³ Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial_State_1719.pdf. Harassment at school was not assessed on the 2019-21 State CHKS due to the COVID-19 pandemic.

⁴⁴ Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download data.calschls.org/resources/FACTSHEET-4.pdf

⁴⁵ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf

lies; sexual-related jokes, comments, or gestures; being made fun of because of looks or speech; and, more generally, being made fun of, insulted or called names. Physical victimization is assessed by questions about having been pushed/shoved, threatened with harm or injury (without or without weapon), and being afraid of being beaten up. Students are also asked whether they have ever been in a physical fight as a measure of general violence.

The supplementary School Climate Module includes Bullying Prevention and Respect for Diversity scales to provide insight into what the school is doing to reduce the problem.

Vandalism and Weapons

Two other safety-related areas assessed by the survey are school vandalism and weapons possession. Students are asked whether they damaged school property or had their property damaged at school and whether they carried a knife or other weapon to school or observed someone else doing these things.⁴⁶ Overall, weapons possession is not common. Statewide, only about two percent of secondary students report carrying a gun and 4-5 percent report carrying another weapon.⁴⁷ About 14 percent of 7th and 9th graders report seeing someone carrying a weapon compared to 11 percent of 11th graders.

SUBSTANCE USE (Sections 9 and 10)

An important barrier to learning, positive youth development, and health, substance use is assessed by the CHKS Core.

Alcohol and Other Drug Use (Section 9)

The misuse of alcohol and other drugs (AOD) continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage.

Reflecting this, on the California School Staff Survey, 39 percent of high school staff statewide reported that alcohol and drug use are a moderate to severe problem at their school.⁴⁸

Alcohol and Other Drug Use at School (Section 9)

AOD use at school is especially troubling. This is behavior that threatens not only the user's learning ability but also the school's efforts to educate all youth. It also is an indirect indicator of school disengagement. An analysis of CHKS data found that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication were significantly related to changes in California achievement test scores one year later.⁴⁹ Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools.^{50 51}

Cigarette Smoking (Section 10)

Students who report smoking cigarettes are significantly more likely than those who do not to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related

⁴⁶ Students who participated in school exclusively via remote learning were not asked these questions in 2020-21.

⁴⁷ Austin, Hanson, Polik, & Zheng. (2018). Download data.calschls.org/resources/Biennial_State_1517.pdf

⁴⁸ Statewide CSSS. (2018). Download calschls.org/docs/statewide_1517_csss.pdf

⁴⁹ Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). *Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools*. San Francisco: WestEd.

⁵⁰ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁵¹ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief8_AOD_final.pdf

problems and disengagement. To a lesser extent, students who smoke are also more likely to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems.^{52 53}

SOCIAL AND EMOTIONAL HEALTH (Section 7)

Student mental health can have a big impact on their health and well-being. The CHKS Core provides four measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; (2) whether they ever contemplated suicide; (3) social and emotional distress; and (4) life satisfaction. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness.⁵⁴ They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide.⁵⁵

CHKS data also show that students who report bias-related harassment, particularly for disability and sexual orientation, have poorer overall mental health than students who are harassed for other reasons or not harassed. Students who report any harassment are about twice as likely to experience chronic sadness/hopelessness than their non-harassed peers.^{56 57}

See also the percentage of students who report missing school because they “felt very sad, hopeless, anxious, stressed, or angry.” In addition, the supplementary School Climate Module includes a Social and Emotional Supports scale that provides insight from students on what the school does to help promote mental health and foster social-emotional competencies.

⁵² Hanson & Zheng. (2006). Download data.calschls.org/resources/factsheet2update.pdf

⁵³ Austin, McCarthy, Slade, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-5.pdf

⁵⁴ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-11.pdf

⁵⁵ Austin, Cragle, Delong-Cotty. (2012). Download data.calschls.org/resources/FACTSHEET-12.pdf

⁵⁶ Heck, Russell, O’Shaughnessy, Laub, Calhoun, & Austin. (2005). Download data.calschls.org/resources/FACTSHEET-4.pdf

⁵⁷ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf