

# CALIFORNIA HEALTHY KIDS SURVEY



## Mira Loma High Secondary 2024-2025 Main Report

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# PREFACE

## HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2024-25 *California Healthy Kids Survey* (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix provides more information about CHKS questions.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website ([calschls.org](https://calschls.org)). The California Safe and Supportive Schools website ([ca-safe-supportive-schools.wested.org](https://ca-safe-supportive-schools.wested.org)) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

## THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs. The Appendix is a brief guide to key CHKS Core Module indicators designed to help survey users more easily understand and interpret their findings.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

## **Core Module**

As summarized in the Appendix, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The majority of the questions are school-specific, including the following indicators:

- student grades, truancy, boredom at school, attendance, academic motivation, and school connectedness, as indicators of engagement;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- perceived school safety, bullying, and victimization; and
- violence perpetration, substance use, and crime-related behavior (e.g., weapons possession).

The Core Module also assesses indicators of student well-being in general, including the scope and nature of substance use and mental health and wellness (chronic sadness, social and emotional distress, life satisfaction, and contemplation of suicide). These questions provide insight into important barriers to learning and development.

A wide range of demographic questions help districts identify differences among student groups and to better address the needs of significant and vulnerable students, including those required to be included in LCAP efforts. These include differences in the results related to race/ethnicity, gender, sexual orientation, and socioeconomic status; homeless and foster status; and English language proficiency.

## **Behavioral Health Module (Supplementary)**

The Behavioral Health Module (BHM) is a multiform survey module that assesses secondary student well-being indicators (i.e., social isolation, body image and disordered eating, responses to trauma, stress-associated health conditions, and precursors to and consequences of substance use) and protective factors (i.e., home adult supports, peer supports, and school mental health supports). This module assesses almost all of the measures that were assessed on the 2022-23 Mental Health Supports Module, Student Trauma Module, and Alcohol and Other Drugs (AOD) Module—which have been discontinued. The BHM assesses more content while minimizing the survey length for individual students by using a multiform instrument. Students are randomly administered one of two BHM survey forms to reduce survey burden and collect representative data on more aspects of behavioral health. Because the BHM is administered to all schools participating in the Biennial State CHKS, statewide comparison data will be available for all BHM results.

## **School Climate Module (Supplementary)**

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention, peer relationships, respect for diversity, and the quality of the physical environment ([calschls.org/survey-administration/downloads](https://calschls.org/survey-administration/downloads)).

## **Social Emotional Health Module (Supplementary)**

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional capacities linked to student mental health and well-being and academic success. It includes 43 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module

yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

## **SURVEY ADMINISTRATION AND SAMPLE**

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student’s participation was voluntary, anonymous, and confidential.

Table A1.1 describes the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

## **THE REPORT**

The report tables, organized by topic, provide the percentage of students that responded to each question response option by grade level. Percentages are rounded to the nearest whole number.

### **LCAP Subgroup Results**

Summary tables provide key findings (e.g., safety, school connectedness, bullying and harassment, developmental supports) disaggregated by each of the LCAP subgroups (race/ethnic subgroups, socioeconomically disadvantaged students, English learners and long-term English learners, students with disabilities, students in foster care, and unhoused youth). Results are also disaggregated by gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by these and other factors (i.e., students who report different levels of caring relations with adults at school).

## **ONLINE DATA DASHBOARDS**

**Public Dashboard.** Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard ([calschls.org/reports-data/dashboard](https://calschls.org/reports-data/dashboard)). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core and School Climate Modules, trends over time, and disparities in survey outcomes across subgroups. Group differences across LCAP subgroups and other characteristics (e.g., chronic sadness) can be examined. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

**The District Dashboard Option.** Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the *individual school level*. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons across groups such as race/ethnicity, sexual orientation, gender identity, and many other characteristics (LCAP subgroups, chronic sadness, caring relationships); and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

## UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

### Representativeness

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

### Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

## RESOURCES

[CalSCHLS.org](http://CalSCHLS.org) contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level ([calschls.org/resources/factsheets](http://calschls.org/resources/factsheets)).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate ([data.calschls.org/resources/S3\\_schoolclimateguidebook\\_final.pdf](http://data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf)).
- The **California Center for School Climate** ([ccsc.wested.org](http://ccsc.wested.org)) website houses school climate resources and guides, and archived virtual events.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on [ca-safe-supportive-schools.wested.org/subscribe/](http://ca-safe-supportive-schools.wested.org/subscribe/).
- CDE's **California Safe and Supportive Schools** website ([ca-safe-supportive-schools.wested.org](http://ca-safe-supportive-schools.wested.org)) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** ([calschls.org/resources/#resources\\_and\\_tools](http://calschls.org/resources/#resources_and_tools)) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

## NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

### Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor ([calschls.org/contact](https://calschls.org/contact)) or email [calschls@wested.org](mailto:calschls@wested.org).

### Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk ([calschls.org/resources/#resources\\_and\\_tools](https://calschls.org/resources/#resources_and_tools)) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Elementary CHKS Results.** Examine how the results from 9<sup>th</sup> and 11<sup>th</sup> graders compare with those from 5<sup>th</sup> and 7<sup>th</sup> graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results.** The results from the biennial state administration of the CHKS, which provide representative state norms, can be downloaded from the CalSCHLS website ([data.calschls.org/resources/Biennial\\_State\\_1921.pdf](https://data.calschls.org/resources/Biennial_State_1921.pdf)) or examined on the CalSCHLS Data Dashboard ([calschls.org/reports-data/dashboard](https://calschls.org/reports-data/dashboard)). If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison ([calschls.org/reports-data/search-lea-reports](https://calschls.org/reports-data/search-lea-reports)). How

you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

## **Data Workshop**

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor ([calschls.org/contact](https://calschls.org/contact)) or email [calschls@wested.org](mailto:calschls@wested.org).

## **Request Additional Reports and Data**

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

## **School Climate Report Cards, Mental Health Reports, and School Boredom Reports**

In addition to this school-level report with all the survey results, three additional reports are available:

- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators ([calschls.org/reports-data/#slcr](https://calschls.org/reports-data/#slcr))
- A graphic **Mental Health Report** that describes key indicators of mental health by grade level and by survey administration year ([calschls.org/reports-data/#slcr](https://calschls.org/reports-data/#slcr))
- A **School Boredom Report** that describes how much students value school and how bored they feel at school ([calschls.org/reports-data/#slcr](https://calschls.org/reports-data/#slcr))

## **Disaggregated Reports**

CalSCHLS staff can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity), or by other characteristics of youth, such as those who are low in academic motivation compared to those who are high. This can be valuable for identifying what subgroups need to be targeted with what resources and programs. Given the LCAP requirement that districts identify and address the needs of underserved subgroups, doing this would be a natural next step for addressing subgroup disparities.

## **Additional Analysis of Data**

The complete dataset is available electronically for additional analysis ([calschls.org/reports-data](https://calschls.org/reports-data)). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

## **Add Questions to Your Next Surveys**

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5460) or email [calschls@wested.org](mailto:calschls@wested.org).

**Exhibit 1****Major School-Related Domains and Constructs Assessed by CalSCHLS in Secondary Schools**

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
<b>Student Learning Engagement</b>					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Attendance (absences and reasons absent)	✓			✓	
School boredom	✓				
School connectedness	✓				
<b>Student Social-Emotional and Physical Well-being</b>					
Alcohol, tobacco, and drug use	✓			✓	✓
Behavioral self-control			✓		
Bedtime	✓				
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Life satisfaction	✓				
Optimism	✓				
Perceived safety	✓			✓	✓
Persistence			✓		
Problem solving			✓		
Self-awareness			✓		
Self-efficacy			✓		
Social-emotional competencies and health			✓	✓	
Social-emotional distress	✓				
Violence and victimization (bullying)	✓			✓	✓
Zest			✓		
<b>School Climate Conditions</b>					
Academic rigor and norms				✓	✓
College and career supports				✓	✓
Family support			✓		
High expectations	✓			✓	✓
Meaningful participation and decision-making	✓			✓	✓
Parent involvement	✓			✓	✓
Physical environment	✓	✓		✓	✓
Relationships among staff				✓	
Relationships among students		✓	✓	✓	✓
Relationships between students and staff	✓			✓	✓
Respect for diversity and cultural sensitivity		✓		✓	✓
Teacher and other supports for learning		✓		✓	✓
<b>School Climate Improvement Practices</b>					
Bullying prevention		✓		✓	✓
Discipline and order (policies, enforcement)		✓		✓	✓
Services and policies to address student needs				✓	
Social-emotional/behavioral supports		✓		✓	✓
Staff supports				✓	

## **ACKNOWLEDGMENTS**

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CalSCHLS Director, WestEd

Tom Herman  
Administrator, School Health and Safety Office  
California Department of Education

# Survey Module Administration

**Table 1**

***CHKS Survey Modules Administered***

Survey Module	Administered
A. Core (Required)	X
B. Behavioral Health Module (BHM)	X
C. Closing the Achievement Gap (CTAG) Module	
D. Community Health Module (CHM)	
E. Community Schools Module	
F. District Afterschool Module (DASM)	
G. Drug-Free Communities (DFC) Module	
H. Gang Risk Awareness Module (GRAM)	
I. Gender Identity & Sexual Orientation-Based Harassment Module	
J. Military-Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module (RYDM)	
M. Safety & Violence Module	
N. School Climate Module (SCM)	
O. Sexual Behavior Module	
P. Social Emotional Health Module (SEHM)	
Q. Tobacco Module	
Z. Custom Questions	

# Core Module Results

## 1. Survey Sample

**Table A1.1**

*Student Sample for Core Module*

	Grade 9	Grade 11
<b><i>Student Sample Size</i></b>		
Target sample	454	390
Final number	251	58
<b>Response Rate</b>	55%	15%

**Table A1.2**

*Number of Respondents by Instructional Model*

	Grade 9	Grade 11
In-school learning only	248	58
Remote learning only	3	0

## 2. Summary of Key Indicators

**Table A2.1**

**Key Indicators of School Climate**

	Grade 9 %	Grade 11 %	Table
<b>School Engagement and Supports</b>			
School connectedness <sup>†</sup>	47	49	A6.4
School connectedness <sup>†ψ</sup> ( <i>Remote Only</i> )			A6.4
Academic motivation <sup>†</sup>	65	60	A6.4
School is really boring <sup>±</sup>	40	35	A6.11
School is worthless and a waste of time <sup>±</sup>	13	15	A6.11
Current absenteeism (≥3 times) <sup>¶</sup>	21	19	A6.2
Trouble focusing on schoolwork <sup>σ</sup>	42	33	A6.10
Caring adult relationships <sup>‡</sup>	51	59	A6.4
High expectations <sup>‡</sup>	60	65	A6.4
Meaningful participation <sup>‡</sup>	23	31	A6.4
Facilities upkeep <sup>σ</sup>	22	13	A6.15
Promotion of parental involvement in school <sup>†</sup>	37	36	A6.4
<b>School Safety and Cyberbullying</b>			
School perceived as very safe or safe	40	40	A8.1
Experienced any harassment or bullying <sup>§</sup>	34	26	A8.2
Had mean rumors or lies spread about you <sup>§</sup>	31	42	A8.3
Been afraid of being beaten up <sup>§</sup>	18	9	A8.3
Been in a physical fight <sup>§</sup>	10	4	A8.4
Seen a weapon on campus <sup>§</sup>	20	9	A8.6
Cyberbullying <sup>§</sup>	22	25	A8.3

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

<sup>ψ</sup> The scale was based on four questions for remote respondents.

<sup>±</sup> Rating of 7 or higher.

<sup>¶</sup> Past 30 days.

<sup>σ</sup> Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>‡</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

<sup>§</sup> Past 12 months.

**Table A2.2****Key Indicators of Substance Use, Health Routines, and Remote Schooling**

	Grade 9 %	Grade 11 %	Table
<b>Substance Use</b>			
Current alcohol or drug use <sup>¶</sup>	6	5	A9.5
Current tobacco use <sup>¶</sup>	4	2	A10.8
Current marijuana use <sup>¶</sup>	4	2	A9.5
Current binge drinking <sup>¶</sup>	2	2	A9.5
Very drunk or “high” 7 or more times, ever	4	2	A9.7
Been drunk or “high” on drugs at school, ever	5	4	A9.9
Current cigarette smoking <sup>¶</sup>	1	0	A10.5
Current use of vape products <sup>¶</sup>	4	4	A10.6
Current tobacco vaping <sup>¶</sup>	3	2	A10.6
Current marijuana vaping <sup>¶</sup>	3	0	A10.6
<b>Health Routines</b>			
Eating of breakfast <sup>‡</sup>	60	59	A4.1
Bedtime (at 12 am or later)	31	38	A4.2
<b>Remote Schooling</b>			
Remote learning frequency (5 days per week) <sup>¶δ</sup>			A5.1
Synchronous instruction (4 days or more) <sup>‡δ</sup>			A5.1
Interest in schoolwork done from home <sup>σδ</sup>			A5.3
Meaningful opportunities <sup>θδ</sup>			A5.2

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>‡</sup>Today.

<sup>δ</sup>Remote only.

<sup>‡</sup>Past 7 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>θ</sup>Percent of respondents reporting “Pretty much true” or “Very much true.”

**Table A2.3****Key Indicators of Student Well-Being**

	Grade 9 %	Grade 11 %	Table
<b>Social and Emotional Health</b>			
Social emotional distress <sup>‡</sup>	29	30	A7.5
Experienced chronic sadness/hopelessness <sup>§</sup>	31	38	A7.1
Considered suicide <sup>§</sup>	17	13	A7.2
Optimism <sup>‡</sup>	45	57	A7.3
Life satisfaction <sup>⊖</sup>	58	58	A7.4
	Grade 9	Grade 11	
California Student Wellness Index <sup>∘</sup>	99.6	98.7	NP

Notes: Cells are empty if there are less than 10 respondents.

<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

<sup>§</sup>Past 12 months.

<sup>⊖</sup>Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

<sup>∘</sup>To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

NP-Not presented in an individual table.

### 3. Demographics

**Table A3.1**

***School Schedule, Past 30 Days***

	Grade 9 %	Grade 11 %
In-School Model	99	100
Remote Learning Model	1	0

*Question HS/MS A.1: Which of the following best describes your school schedule during the past 30 days?*

*Notes: Cells are empty if there are less than 10 respondents.*

*In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”*

*Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”*

**Table A3.2**

***Gender of Sample***

	Grade 9 %	Grade 11 %
Male	51	50
Female	48	48
Nonbinary	0	2
Something else	1	0

*Question HS/MS A.3: What is your gender?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.3**

***Gender Identity***

	Grade 9 %	Grade 11 %
No, I am not transgender	97	88
Yes, I am transgender	1	5
I am not sure if I am transgender	0	2
Decline to respond	2	5

*Question HS/MS A.4: Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.4*****Sexual Orientation***

	Grade 9 %	Grade 11 %
Heterosexual (straight)	80	74
Lesbian or Gay	2	5
Bisexual	8	9
Something else	1	4
Not sure	5	2
Decline to respond	4	7

*Question HS/MS A.5: Which of the following best describes you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.5*****Race or Ethnicity***

	Grade 9 %	Grade 11 %
American Indian or Alaska Native, non-Hispanic	0	0
Asian or Asian American, non-Hispanic	26	12
Black or African American, non-Hispanic	8	16
Hispanic or Latino/a	25	25
Native Hawaiian or Pacific Islander, non-Hispanic	2	2
White, non-Hispanic	20	25
Multiracial, non-Hispanic	12	14
Something else, non-Hispanic	8	7

*Question HS/MS A.6: What is your race or ethnicity? (Mark All That Apply)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latino/a... Native Hawaiian or Pacific Islander... White... Something else.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.6**  
***Living Arrangements and Housing Status***

	Grade 9 %	Grade 11 %
A home with one or more parent or guardian	92	97
Other relative’s home	2	3
A home with more than one family	4	0
Friend’s home	0	0
Foster home, group care, or waiting placement	0	0
Hotel or motel	0	0
Shelter, car, campground, or other transitional or temporary housing	0	0
Other living arrangement	2	0

*Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.7**  
***Living Situation***

	Grade 9 %	Grade 11 %
Home with one or more parent or guardian	92	97
Foster home	0	0
Homeless	0	0
Other living arrangement	8	3

*Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.*

*Notes: Cells are empty if there are less than 10 respondents.*

*Category “Homeless” includes “Friend’s home,” “Hotel or motel,” and “Shelter, car, campground, or other transitional or temporary housing.”*

*Category “Other living arrangement” includes “Other relative’s home,” “A home with more than one family,” and “Other living arrangement.”*

**Table A3.8*****Parental Education***

	Grade 9 %	Grade 11 %
Did not finish high school	9	14
Graduated from high school	11	19
Attended college but did not complete four-year degree	13	19
Graduated from college	55	34
Don't know	12	14

*Question HS/MS A.10: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.9*****Special Education Services***

	Grade 9 %	Grade 11 %
No	79	81
Yes	7	0
Don't know	13	18
Prefer not to say	1	2

*Question HS/MS A.15: Do you have an IEP (Individualized Education Plan) or get special education services?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.10*****English Learner Program Designation***

	Grade 9 %	Grade 11 %
No	85	91
Yes	6	3
Don't know	9	5

*Question HS/MS A.13: Are you in the English Learner Program at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.11*****English Learner (EL) Program Duration and Long-Term English Learner (LTEL) Status***

	Grade 9 %	Grade 11 %
Not currently in English Learner Program	93	98
Less than 7 years (EL)	5	2
7 years or more (LTEL)	2	0

*Question HS/MS A.13, 14: Are you in the English Learner Program at school?... How many years have you been in the English Learner Program across all schools you've attended?*

*Notes: Cells are empty if there are less than 10 respondents.*

*Category "Less than 7 years (EL)" includes responses "Less than 3 years," "3 to 4 years," and "5 to 6 years."*

**Table A3.12*****Language Spoken at Home***

	Grade 9 %	Grade 11 %
English	52	60
Spanish	11	14
Mandarin	1	0
Cantonese	1	0
Taiwanese	0	0
Tagalog	1	0
Vietnamese	0	0
Korean	1	0
Arabic	4	2
Other	28	24

*Question HS/MS A.12: What language is spoken most of the time in your home?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.13**

***English Language Proficiency Among Students Speaking a Language Other Than English at Home***

	Grade 9 %	Grade 11 %
<b><i>How well do you...</i></b>		
<b>understand English?</b>		
Very well	86	83
Well	14	17
Not well	0	0
Not at all	0	0
<b>speak English?</b>		
Very well	71	74
Well	25	26
Not well	4	0
Not at all	0	0
<b>read English?</b>		
Very well	77	78
Well	19	17
Not well	3	4
Not at all	0	0
<b>write English?</b>		
Very well	73	70
Well	23	26
Not well	4	4
Not at all	0	0
<b><i>English Language Proficiency Status</i></b>		
Proficient	75	74
Not proficient	25	26

*Question HS/MS A.12, 12A-12D: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.*

*Notes: Cells are empty if there are less than 10 respondents.*

*English Language Proficiency was determined by creating a scale score using four survey questions: how well do you understand... speak... read... and write English? Response options are reverse coded so higher values indicate higher English proficiency level (“Not at all” (1); “Not well” (2); “Well” (3); and “Very well” (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as “Proficient” or “Not Proficient” based on the English language proficiency scale.*

*Proficient: students with average item response > 3.5; and*

*Not Proficient: students with average item response ≤ 3.5.*

**Table A3.14*****Number of Days Attending Afterschool Program***

	Grade 9 %	Grade 11 %
I do not attend my school’s afterschool program	82	74
1 day	4	9
2 days	4	11
3 days	2	4
4 days	2	0
5 days	7	4

*Question HS/MS A.19: How many days a week do you usually go to your school’s afterschool program?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.15*****Military Connections***

	Grade 9 %	Grade 11 %
No	96	95
Yes	2	0
Don’t know	2	5

*Question HS/MS A.11: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Health Routines

**Table A4.1**

***Eating of Breakfast***

	Grade 9 %	Grade 11 %
No	40	41
Yes	60	59

*Question HS/MS A.17: Did you eat breakfast today?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A4.2**

***Bedtime***

	Grade 9 %	Grade 11 %
Before 7:00 pm	1	0
7:00-7:59 pm	1	0
8:00-8:59 pm	4	2
9:00-9:59 pm	11	5
10:00-10:59 pm	25	33
11:00-11:59 pm	27	22
12:00-12:59 am	20	17
After 1:00 am	11	21
<b><i>Bedtime at 12 am or later</i></b>	<b>31</b>	<b>38</b>

*Question HS/MS A.16: What time did you go to bed last night?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Remote Schooling

**Results in this section are applicable to students who indicated that they attend school remotely. Responses from students attending school in-person are not included.**

Table A5.1

***Remote Schooling Schedule and Instructional Time (Remote Only)***

	Grade 9 %	Grade 11 %
<b>Time spent on learning and completing schoolwork from home on the average weekday</b>		
Less than 1 hour		
Between 1 and 2 hours		
Between 2 and 3 hours		
Between 3 and 4 hours		
Between 4 and 5 hours		
More than 5 hours		
<b>Number of days in the past week participating in an online class from home where your teacher talked to students</b>		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		
<b>Number of weekdays participating in school from home for the entire school day</b>		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		

*Question HS/MS A.20-22: In the past 30 days, how many weekdays in an average week did you participate in school from home for an entire school day?.. On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A5.2**

***Interesting Activities Provided for Student in Remote Schooling (Remote Only)***

	Grade 9 %	Grade 11 %
Not at all true		
A little true		
Pretty much true		
Very much true		

*Question HS/MS A.49: There is a teacher or some other adult from my school... who provides me with interesting activities to do while I am participating in school from home.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A5.3**

***Interest in Schoolwork Done from Home (Remote Only)***

	Grade 9 %	Grade 11 %
Strongly disagree		
Disagree		
Neither disagree nor agree		
Agree		
Strongly agree		

*Question HS/MS A.40: How strongly do you agree or disagree with the following statements?... I am interested in the schoolwork I do when participating in school from home.*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. School Performance, Engagement, and Supports

**Table A6.1**

***Grades, Past 12 Months***

	Grade 9 %	Grade 11 %
Mostly A's	26	12
A's and B's	30	32
Mostly B's	8	14
B's and C's	18	32
Mostly C's	4	2
C's and D's	5	4
Mostly D's	3	2
Mostly F's	7	2

*Question HS/MS A.24: During the past 12 months, how would you describe the grades you mostly received in school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.2**

***Absences, Past 30 Days***

	Grade 9 %	Grade 11 %
I did not miss any days of school in the past 30 days	43	40
1 day	17	25
2 days	19	16
3 or more days	21	19

*Question HS/MS A.18, 23: In the past 30 days, how often did you miss an entire day of school for any reason? [In-School only]. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.3*****Reasons for Absence, Past 30 Days***

	Grade 9 %	Grade 11 %
Does not apply; I didn't miss any school	39	35
Illness (feeling physically sick), including problems with breathing or your teeth	44	49
Were being bullied or mistreated at school	2	2
Felt very sad, hopeless, anxious, stressed, or angry	11	7
Didn't get enough sleep	9	18
Didn't feel safe at school or going to and from school	3	0
Had to take care of or help a family member or friend	5	5
Wanted to spend time with friends	0	0
Used alcohol or drugs	0	0
Were behind in schoolwork or weren't prepared for a test or class assignment	3	7
Were bored or uninterested in school	6	9
Had no transportation to school	4	2
Other reason	23	13

*Question HS/MS A.25, 26: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.) [In-School only]... In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.) [Remote only]*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for "mark all that apply" items.*

**Table A6.4*****School Environment, School Connectedness, Academic Motivation, and Promotion of Parental Involvement Scales***

	Grade 9 %	Grade 11 %	Table
Total school supports	45	51	
Caring relationships-adults in school <sup>‡</sup>	51	59	A6.5
High expectations-adults in school <sup>‡</sup>	60	65	A6.6
Meaningful participation at school <sup>‡</sup>	23	31	A6.7
School connectedness <sup>†</sup>	47	49	A6.8
School connectedness <sup>†ψ</sup> <b><i>(Remote Only)</i></b>			A6.8
Academic motivation <sup>†</sup>	65	60	A6.9
Promotion of parental involvement in school <sup>†</sup>	37	36	A6.13

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>‡</sup>*Scales are based on average of respondents reporting “Pretty much true” or “Very much true.”*

<sup>†</sup>*Scales are based on average of respondents reporting “Agree” or “Strongly agree.”*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

*Table numbers refer to tables with item-level results for the survey questions that comprise each scale.*

**Table A6.5**  
***Caring Relationships Scale Questions***

	Grade 9 %	Grade 11 %
<b>Caring relationships-adults in school</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	51	59
<b><i>There is a teacher or some other adult from my school... who really cares about me.</i></b>		
Not at all true	14	11
A little true	39	31
Pretty much true	33	36
Very much true	14	22
<b><i>who notices when I’m not there.</i></b>		
Not at all true	22	16
A little true	34	27
Pretty much true	30	38
Very much true	13	18
<b><i>who listens to me when I have something to say.</i></b>		
Not at all true	13	9
A little true	24	29
Pretty much true	38	36
Very much true	24	25

*Question HS/MS A.47, 50, 53: There is a teacher or some other adult from my school... who really cares about me... who notices when I’m not there... who listens to me when I have something to say.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.6*****High Expectations Scale Questions***

	Grade 9 %	Grade 11 %
<b>High expectations-adults in school</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	60	65
<b><i>There is a teacher or some other adult from my school... who tells me when I do a good job.</i></b>		
Not at all true	14	8
A little true	30	25
Pretty much true	35	42
Very much true	21	26
<b><i>who always wants me to do my best.</i></b>		
Not at all true	8	4
A little true	24	29
Pretty much true	39	40
Very much true	28	27
<b><i>who believes that I will be a success.</i></b>		
Not at all true	12	5
A little true	30	35
Pretty much true	34	25
Very much true	24	35

*Question HS/MS A.48, 51, 54: There is a teacher or some other adult from my school... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.7**  
**Meaningful Participation Scale Questions**

	Grade 9 %	Grade 11 %
<b>Meaningful participation at school</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	23	31
<b>At school/When I participate in school,...</b>		
<b>I do interesting activities.</b>		
Not at all true	17	16
A little true	32	20
Pretty much true	32	38
Very much true	19	25
<b>I help decide things like class activities or rules.</b>		
Not at all true	53	40
A little true	29	35
Pretty much true	13	20
Very much true	5	5
<b>I do things that make a difference.</b>		
Not at all true	41	36
A little true	42	40
Pretty much true	13	16
Very much true	4	7
<b>I have a say in how things work.</b>		
Not at all true	50	45
A little true	30	31
Pretty much true	16	20
Very much true	4	4
<b>I help decide school activities or rules.</b>		
Not at all true	70	64
A little true	22	20
Pretty much true	5	7
Very much true	3	9

*Question HS/MS A.55-64: At school [In-School only],... When I participate in school [Remote only],... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.8**  
**School Connectedness Scale Questions**

	Grade 9 %	Grade 11 %
<b>School connectedness</b>		
<i>Average reporting “Agree” or “Strongly agree”</i>	47	49
<b>School connectedness<sup>ψ</sup> (Remote Only)</b>		
<i>Average reporting “Agree” or “Strongly agree”</i>		
<b>I feel close to people at/from this school.</b>		
Strongly disagree	4	6
Disagree	9	7
Neither disagree nor agree	30	30
Agree	42	39
Strongly agree	15	19
<b>I am happy with/to be at this school.</b>		
Strongly disagree	6	7
Disagree	12	16
Neither disagree nor agree	36	31
Agree	36	33
Strongly agree	10	13
<b>I feel like I am part of this school.</b>		
Strongly disagree	5	9
Disagree	13	9
Neither disagree nor agree	42	36
Agree	34	36
Strongly agree	6	9

*Question HS/MS A.27-34: How strongly do you agree or disagree with the following statements?... I feel close to people at this school. [In-School only]... I feel close to people from this school. [Remote only]... I am happy to be at this school. [In-School only]... I am happy with this school. [Remote only]... I feel like I am part of this school.... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]... I feel safe in my school. [In-School only]*

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>ψ</sup>The scale was based on four questions for remote respondents.*

**Table A6.8**  
***School Connectedness Scale Questions – Continued***

	Grade 9 %	Grade 11 %
<b>The teachers at this school treat students fairly/The teachers treat students fairly.</b>		
Strongly disagree	5	4
Disagree	7	9
Neither disagree nor agree	36	29
Agree	41	47
Strongly agree	11	11
<b>I feel safe in my school.</b>		
Strongly disagree	6	6
Disagree	15	17
Neither disagree nor agree	42	39
Agree	32	37
Strongly agree	5	2

*Question HS/MS A.32-34 How strongly do you agree or disagree with the following statements?... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]...I feel safe in my school. [In-School only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.9*****Academic Motivation Scale Questions***

	Grade 9 %	Grade 11 %
<b>Academic motivation</b>		
<i>Average reporting “Agree” or “Strongly agree”</i>	65	60
<b>I try hard to make sure that I am good at my schoolwork.</b>		
Strongly disagree	1	2
Disagree	4	0
Neither disagree nor agree	17	22
Agree	45	55
Strongly agree	32	22
<b>I try hard on my schoolwork because I am interested in it.</b>		
Strongly disagree	5	11
Disagree	22	15
Neither disagree nor agree	32	35
Agree	29	29
Strongly agree	12	11
<b>I work hard to try to understand new things when doing my schoolwork.</b>		
Strongly disagree	2	5
Disagree	6	7
Neither disagree nor agree	26	33
Agree	49	42
Strongly agree	17	13
<b>I am always trying to do better in my schoolwork.</b>		
Strongly disagree	1	4
Disagree	4	2
Neither disagree nor agree	20	24
Agree	44	44
Strongly agree	30	27

*Question HS/MS A.41-44: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard on my schoolwork because I am interested in it... I work hard to try to understand new things when doing my schoolwork... I am always trying to do better in my schoolwork.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.10**  
***Maintaining Focus on Schoolwork***

	Grade 9 %	Grade 11 %
<b>It is hard for me to stay focused when doing my schoolwork.</b>		
Strongly disagree	5	5
Disagree	25	31
Neither disagree nor agree	29	31
Agree	21	25
Strongly agree	20	7

*Question HS/MS A.39: How strongly do you agree or disagree with the following statements?... It is hard for me to stay focused when doing my schoolwork.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.11**  
***School Boredom and Value of School***

	Grade 9 %	Grade 11 %
<b>School boredom</b>		
Low (0-3)	21	24
Moderate (4-6)	39	42
High (7-10)	40	35
<b>Value of school</b>		
High (0-3)	68	67
Moderate (4-6)	19	18
Low (7-10)	13	15

*Question HS/MS A.45, 46: How strongly do you agree or disagree with the following statements?... School is really boring (school boredom)... School is worthless and a waste of time (value of school). Response categories range from 0 (strongly disagree) to 10 (strongly agree).*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.12**  
***School Boredom Profile Groups***

Value of School	School Boredom	Grade 9 %	Grade 11 %
High Value	Low Boredom	19	20
	Moderate Boredom	31	33
	High Boredom	18	15
Moderate Value	Moderate Boredom	6	7
	High Boredom	12	7
Low Value	High Boredom	10	13

*Question HS/MS A.45, 46: How strongly do you agree or disagree with the following statements?... School is really boring (school boredom)... School is worthless and a waste of time (value of school). Response categories range from 0 (strongly disagree) to 10 (strongly agree)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Students are classified as high on value of school if they selected 0, 1, 2, or 3, moderate if they selected 4, 5, or 6, and low if they selected 7, 8, 9, or 10.*

*Students are classified as high on school boredom if they selected 7, 8, 9, or 10, moderate if they selected 4, 5, or 6, and low if they selected 0, 1, 2, or 3.*

*Percentages may not add up to 100% because categories with very low responses are not reported.*

**Table A6.13*****Promotion of Parental Involvement Scale Questions***

	Grade 9 %	Grade 11 %
<b>Promotion of parental involvement in school</b>		
<i>Average reporting “Agree” or “Strongly agree”</i>	37	36
<b>Teachers at this school communicate with parents about what students are expected to learn in class.</b>		
Strongly disagree	5	5
Disagree	14	20
Neither disagree nor agree	38	35
Agree	35	40
Strongly agree	8	0
<b>Parents feel welcome to participate at this school.</b>		
Strongly disagree	2	2
Disagree	8	4
Neither disagree nor agree	56	56
Agree	30	33
Strongly agree	4	5
<b>School staff take parent concerns seriously.</b>		
Strongly disagree	5	9
Disagree	10	11
Neither disagree nor agree	51	51
Agree	27	16
Strongly agree	8	13

*Question HS/MS A.36-38: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff take parent concerns seriously.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.14**  
**Checking Student Well-Being**

	Grade 9 %	Grade 11 %
<b>A teacher or some other adult from my school checks on how I am feeling.</b>		
Not at all true	30	27
A little true	35	24
Pretty much true	21	29
Very much true	15	20

*Question HS/MS A.52: There is a teacher or some other adult from my school... who checks on how I am feeling.*  
*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.15**  
**Quality of School Physical Environment**

	Grade 9 %	Grade 11 %
<b>My school is usually clean and tidy.</b>		
Strongly disagree	9	20
Disagree	30	18
Neither disagree nor agree	39	49
Agree	19	11
Strongly agree	3	2

*Question HS/MS A.35: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.*  
*Note: Cells are empty if there are less than 10 respondents.*

## 7. Social and Emotional Health

**Table A7.1**

***Chronic Sad or Hopeless Feelings, Past 12 Months***

	Grade 9 %	Grade 11 %
No	69	62
Yes	31	38

*Question HS A.153/MS A.146: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.2**

***Seriously Considered Attempting Suicide, Past 12 Months***

	Grade 9 %	Grade 11 %
No	83	87
Yes	17	13

*Question HS A.154/MS A.147: During the past 12 months, did you ever seriously consider attempting suicide?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.3****Optimism Scale Questions**

	Grade 9 %	Grade 11 %
<b>Optimism</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	45	57
<b>Each day I look forward to having a lot of fun.</b>		
Not at all true	22	21
A little true	36	28
Pretty much true	27	36
Very much true	15	15
<b>I usually expect to have a good day.</b>		
Not at all true	24	25
A little true	32	21
Pretty much true	30	38
Very much true	13	17
<b>Overall, I expect more good things to happen to me than bad things.</b>		
Not at all true	24	17
A little true	27	19
Pretty much true	29	40
Very much true	20	25

*Question HS A.160-162/MS A.153-155: Please tell us how true each statement is of you... Each day I look forward to having a lot of fun... I usually expect to have a good day... Overall, I expect more good things to happen to me than bad things.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.4**  
***Life Satisfaction Scale Questions***

	Grade 9 %	Grade 11 %
<b>Life satisfaction</b>		
<i>Average reporting “Satisfied” or “Very satisfied”</i>	58	58
<b><i>I would describe my satisfaction with...</i></b>		
<b>my family life as...</b>		
Very dissatisfied	4	6
Dissatisfied	3	2
A little dissatisfied	10	12
A little satisfied	10	13
Satisfied	35	48
Very satisfied	38	19
<b>my friendships as...</b>		
Very dissatisfied	3	4
Dissatisfied	4	0
A little dissatisfied	12	8
A little satisfied	13	15
Satisfied	35	42
Very satisfied	33	31
<b>my school experience as...</b>		
Very dissatisfied	8	6
Dissatisfied	12	8
A little dissatisfied	16	21
A little satisfied	29	40
Satisfied	23	21
Very satisfied	12	4

*Question HS A.163-165/MS A.156-158: Please describe your level of satisfaction below. I would describe my satisfaction with... my family life as... my friendships as... my school experience as...*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.4**  
***Life Satisfaction Scale Questions – Continued***

	Grade 9 %	Grade 11 %
<b><i>I would describe my satisfaction with...</i></b>		
<b>myself as...</b>		
Very dissatisfied	13	12
Dissatisfied	10	6
A little dissatisfied	14	6
A little satisfied	16	23
Satisfied	21	35
Very satisfied	26	19
<b>where I live as...</b>		
Very dissatisfied	5	6
Dissatisfied	4	2
A little dissatisfied	7	4
A little satisfied	15	17
Satisfied	31	50
Very satisfied	38	21

*Question HS A.166, 167/MS A.159, 160: Please describe your level of satisfaction below. I would describe my satisfaction with... myself as... where I live as...*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.5**  
***Social Emotional Distress Scale Questions***

	Grade 9 %	Grade 11 %
<b>Social emotional distress</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	29	30
<b>I had a hard time relaxing.</b>		
Not at all true	33	28
A little true	37	43
Pretty much true	18	13
Very much true	12	15
<b>I felt sad and down.</b>		
Not at all true	46	41
A little true	27	24
Pretty much true	13	24
Very much true	15	12
<b>I was easily irritated.</b>		
Not at all true	29	28
A little true	27	23
Pretty much true	20	28
Very much true	24	21
<b>It was hard for me to cope and I thought I would panic.</b>		
Not at all true	61	58
A little true	17	26
Pretty much true	12	6
Very much true	9	9
<b>It was hard for me to get excited about anything.</b>		
Not at all true	55	55
A little true	24	23
Pretty much true	13	9
Very much true	9	13

*Question HS A.155-159/MS A.148-152: Over the past 30 days, how true do you feel these statements are about you?... I had a hard time relaxing... I felt sad and down... I was easily irritated... It was hard for me to cope and I thought I would panic... It was hard for me to get excited about anything.*

*Note: Cells are empty if there are less than 10 respondents.*

## 8. School Violence, Victimization, and Safety

**Table A8.1**

***Perceived Safety at School***

	Grade 9 %	Grade 11 %
Very safe	6	4
Safe	34	36
Neither safe nor unsafe	46	42
Unsafe	8	16
Very unsafe	6	2

*Question HS A.117/MS A.110: How safe do you feel when you are at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.2****Reasons for Harassment, Past 12 Months**

	Grade 9 %	Grade 11 %
<b>Race, ethnicity, or national origin</b>		
0 times	81	87
1 time	5	2
2 or more times	14	11
<b>Religion</b>		
0 times	89	96
1 time	4	2
2 or more times	6	2
<b>Gender</b>		
0 times	93	96
1 time	3	0
2 or more times	4	4
<b>Because you are gay, lesbian, or bisexual or someone thought you were</b>		
0 times	91	92
1 time	3	0
2 or more times	7	8
<b>A physical or mental disability</b>		
0 times	93	98
1 time	1	0
2 or more times	5	2
<b>Any of the above five reasons</b>	29	21
<b>Any of the above five reasons (2 or more times)</b>	22	17

*Question HS A.137-141, 144-148/MS A.130-134, 137-141: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability. [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.2**  
***Reasons for Harassment, Past 12 Months – Continued***

	Grade 9 %	Grade 11 %
<b>You are an immigrant or someone thought you were</b>		
0 times	90	92
1 time	4	4
2 or more times	6	4
<b>Any other reason</b>		
0 times	84	87
1 time	3	0
2 or more times	13	13
<b><i>Any harassment</i></b>	34	26

*Question HS A.137-150/MS A.130-143: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... You are an immigrant or someone thought you were [In-school only]... Any other reason [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability [Remote only]... You are an immigrant or someone thought you were [Remote only]... Any other reason. [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.3**  
**School Violence Victimization Scale Questions**

	Grade 9 %	Grade 11 %
<b>School violence victimization</b>		
<i>Average reporting “1 or more times”</i>	26	24
<b><i>During the past 12 months, how many times on school property have you...</i></b>		
<b>been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around?</b>		
0 times	79	83
1 time	11	4
2 to 3 times	5	6
4 or more times	4	8
<b>been afraid of being beaten up?</b>		
0 times	82	91
1 time	10	4
2 to 3 times	4	4
4 or more times	4	2
<b><i>During the past 12 months, how many times have you...</i></b>		
<b>had mean rumors or lies spread about you?</b>		
0 times	69	58
1 time	12	13
2 to 3 times	12	19
4 or more times	7	9
<b>had sexual jokes, comments, or gestures made to you?</b>		
0 times	69	72
1 time	8	11
2 to 3 times	7	9
4 or more times	17	8

*Question HS A.118, 119, 121, 122, 133, 134/MS A.111, 112, 114, 115, 126, 127: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around? [In-school only]... been afraid of being beaten up? [In-school only]... had mean rumors or lies spread about you? [In-school only]... had sexual jokes, comments, or gestures made to you? [In-School only]... During the past 12 months, how many times did students from your school... spread mean rumors or lies spread about you? [Remote only]... make sexual jokes, comments, or gestures toward you? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.3**

***School Violence Victimization Scale Questions – Continued***

	Grade 9 %	Grade 11 %
<b><i>During the past 12 months, how many times on school property have you...</i></b>		
<b>had your property stolen or deliberately damaged?</b>		
0 times	81	87
1 time	10	9
2 to 3 times	7	4
4 or more times	2	0
<b>been made fun of because of your looks or the way you talk?</b>		
0 times	68	70
1 time	10	8
2 to 3 times	8	8
4 or more times	14	15
<b>been made fun of, insulted, or called names?</b>		
0 times	67	74
1 time	9	6
2 to 3 times	9	8
4 or more times	15	13
<b>During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone? (Cyberbullying)</b>		
0 times (never)	78	75
1 time	8	8
2 to 3 times	9	9
4 or more times	5	8

*Question HS A.123, 124, 132, 135, 136, 151/MS A.116, 117, 125, 128, 129, 144: During the past 12 months, how many times on school property have you... been made fun of because of your looks or the way you talk? [In-school only]... had your property stolen or deliberately damaged, such as your car, clothing, or books? [In-school only]... been made fun of, insulted, or called names? [In-school only]... During the past 12 months, how many times did students from your school... make fun of you because of your looks or the way you talk? [Remote only]...make fun of you, insult you, or call you names? [Remote only]... During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.4**

***School Violence Perpetration Scale Questions***

	Grade 9 %	Grade 11 %
<b>School violence perpetration</b>		
<i>Average reporting “1 or more times”</i>	6	5
<b><i>During the past 12 months, how many times on school property have you... been in a physical fight?</i></b>		
0 times	90	96
1 time	6	2
2 to 3 times	2	0
4 or more times	2	2
<b><i>been offered, sold, or given an illegal drug?</i></b>		
0 times	89	87
1 time	4	2
2 to 3 times	4	2
4 or more times	3	9
<b><i>damaged school property on purpose?</i></b>		
0 times	97	96
1 time	1	4
2 to 3 times	0	0
4 or more times	1	0
<b><i>carried a gun?</i></b>		
0 times	100	98
1 time	0	0
2 to 3 times	0	0
4 or more times	0	2
<b><i>carried any other weapon (such as a knife or club)?</i></b>		
0 times	96	98
1 time	3	0
2 to 3 times	0	0
4 or more times	2	2

*Question HS A.120, 125-128/MS A.113, 118-121: During the past 12 months, how many times on school property have you... been in a physical fight?... been offered, sold, or given an illegal drug?... damaged school property on purpose?... carried a gun?... carried any other weapon (such as a knife or club)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.5*****Threats and Injuries with Weapons at School, Past 12 Months***

	Grade 9 %	Grade 11 %
<b><i>During the past 12 months, how many times on school property have you...</i></b>		
<b>been threatened with harm or injury?</b>		
0 times	89	89
1 time	4	2
2 to 3 times	4	4
4 or more times	3	6
<b>been threatened or injured with a weapon (gun, knife, club, etc.)?</b>		
0 times	96	92
1 time	2	4
2 to 3 times	1	2
4 or more times	1	2

*Question HS A.129, 131/MS A.122, 124: During the past 12 months, how many times on school property have you... been threatened or injured with a weapon (gun, knife, club, etc.)?... been threatened with harm or injury?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.6*****Weapons Possession on School Property, Past 12 Months***

	Grade 9 %	Grade 11 %
<b><i>During the past 12 months, how many times on school property have you...</i></b>		
<b>seen someone carrying a gun, knife, or other weapon?</b>		
0 times	80	91
1 time	15	2
2 to 3 times	4	2
4 or more times	2	6

*Question HS A.130/MS A.123: During the past 12 months, how many times on school property have you... seen someone carrying a gun, knife, or other weapon?*

*Note: Cells are empty if there are less than 10 respondents.*

## 9. Alcohol and Other Drug Use

**Table A9.1**

***Summary Measures of Level of AOD Use and Perceptions***

	Grade 9 %	Grade 11 %	Table
Lifetime alcohol or drug use	19	29	A9.2
Lifetime marijuana use	10	16	A9.2
Lifetime very drunk or high (7 or more times)	4	2	A9.7
Current alcohol or drug use <sup>¶</sup>	6	5	A9.5
Current marijuana use <sup>¶</sup>	4	2	A9.5
Current heavy drug use <sup>¶</sup>	4	0	A9.5
Current heavy alcohol use (binge drinking) <sup>¶</sup>	2	2	A9.5
Current alcohol or drug use on school property <sup>¶</sup>	3	0	A9.8
Harmfulness of occasional marijuana use <sup>B</sup>	34	36	A9.11
Difficulty of obtaining marijuana <sup>C</sup>	9	6	A9.12

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>¶</sup>*Past 30 days.*

<sup>B</sup>*Great harm.*

<sup>C</sup>*Very difficult.*

**Table A9.2**  
**Summary of AOD Lifetime Use**

	Grade 9 %	Grade 11 %
Alcohol	12	17
Marijuana	10	16
Inhalants	3	0
Cocaine, methamphetamine, or any amphetamines	0	0
Ecstasy, LSD, or other psychedelics	2	0
Prescription pain medication (opioids)	2	2
Cold/cough medicines or other over-the-counter medicines to get “high”	3	5
Any other drug, pill, or medicine to get “high”	4	2
<b><i>Any of the above AOD use</i></b>	19	29

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.3**  
**Lifetime AOD Use**

	Grade 9 %	Grade 11 %
<b>Alcohol (one full drink)</b>		
0 times	88	83
1 time	3	2
2 to 3 times	3	6
4 or more times	5	9
<b>Marijuana (smoke, vape, eat, or drink)</b>		
0 times	90	84
1 time	1	2
2 to 3 times	2	5
4 or more times	7	9
<b>Inhalants</b>		
0 times	97	100
1 time	0	0
2 to 3 times	1	0
4 or more times	1	0
<b>Cocaine, methamphetamine, or any amphetamines</b>		
0 times	100	100
1 time	0	0
2 to 3 times	0	0
4 or more times	0	0
<b>Ecstasy, LSD, or other psychedelics</b>		
0 times	98	100
1 time	1	0
2 to 3 times	0	0
4 or more times	1	0
<b>Prescription pain medication</b>		
0 times	98	98
1 time	0	2
2 to 3 times	1	0
4 or more times	0	0

*Question HS A.68-71, 73, 74/MS A.69-71: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, hard seltzer, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Prescription pain medication (Vicodin, OxyContin, Percodan, Fentanyl).*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.3*****Lifetime AOD Use – Continued***

	Grade 9 %	Grade 11 %
<b>Cold/cough medicines or other over-the-counter medicines to get “high”</b>		
0 times	97	95
1 time	1	2
2 to 3 times	1	2
4 or more times	1	2
<b>Any other drug, pill, or medicine to get “high” or for reasons other than medical</b>		
0 times	96	98
1 time	1	2
2 to 3 times	2	0
4 or more times	1	0

*Question HS A.75, 76/MS A.73: During your life, how many times have you used the following?... Cold/cough medicines or other over-the-counter medicines to get “high”... Any other drug, pill, or medicine to get “high” or for reasons other than medical.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.4**  
**Methods of Marijuana Consumption**

	Grade 9 %	Grade 11 %
<b><i>During your life, how many times have you used marijuana in any of the following ways...</i></b>		
<b>Smoke it?</b>		
0 times	92	85
1 time	0	4
2 to 3 times	2	2
4 or more times	5	9
<b>In a vaping device?</b>		
0 times	91	91
1 time	1	0
2 to 3 times	2	4
4 or more times	6	5
<b>Eat or drink it in products made with marijuana?</b>		
0 times	94	91
1 time	1	5
2 to 3 times	2	2
4 or more times	3	2
<b><i>Ever used marijuana in all three ways</i></b>	<b>5</b>	<b>4</b>

*Question HS A.69, 80-82/MS A.70, 77-79: During your life, how many times have you used the following?... Marijuana (smoke, vape, eat, or drink)... During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In a vaping device (vape pens, mods, or portable vaporizers)?... Eat or drink it in products made with marijuana?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.5*****Current AOD Use, Past 30 Days***

	Grade 9 %	Grade 11 %
Alcohol (one or more drinks of alcohol)	3	6
Binge drinking (5 or more drinks in a row)	2	2
Marijuana (smoke, vape, eat, or drink)	4	2
Inhalants	0	0
Prescription drugs to get “high” or for reasons other than prescribed	1	0
Other drug, pill, or medicine to get “high” or for reasons other than medical	2	0
<b><i>Any drug use</i></b>	5	2
<b><i>Heavy drug use</i></b>	4	0
<b><i>Any AOD Use</i></b>	6	5
Two or more substances at the same time	2	0

*Question HS A.86-92/MS A.83-87: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?... inhalants (things you sniff, huff, or breathe to get “high”)?... prescription drugs to get “high” or for reasons other than prescribed?... any other drug, pill, or medicine to get “high” or for reasons other than medical?... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?*

*Notes: Cells are empty if there are less than 10 respondents.*

*Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get “high” (high school only), or any other illegal drug/pill to get “high”).*

**Table A9.6*****Frequency of Current AOD Use, Past 30 Days***

	Grade 9 %	Grade 11 %
<b>Alcohol (one or more drinks)</b>		
0 days	97	94
1 or 2 days	2	6
3 to 9 days	1	0
10 to 19 days	0	0
20 to 30 days	0	0
<b>Binge drinking (5 or more drinks in a row)</b>		
0 days	98	98
1 or 2 days	1	2
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	0	0
<b>Marijuana (smoke, vape, eat, or drink)</b>		
0 days	96	98
1 or 2 days	1	2
3 to 9 days	1	0
10 to 19 days	1	0
20 to 30 days	1	0

*Question HS A.86-88/MS A.83-85: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.7*****Lifetime Drunk or “High”***

	Grade 9 %	Grade 11 %
<b>Very drunk or sick after drinking alcohol</b>		
0 times	96	93
1 to 2 times	2	7
3 to 6 times	1	0
7 or more times	1	0
<b>“High” (loaded, stoned, or wasted) from using drugs</b>		
0 times	92	89
1 to 2 times	2	4
3 to 6 times	2	5
7 or more times	4	2
<b><i>Very drunk or “high” 7 or more times</i></b>	4	2

*Question HS A.77, 78/MS A.74, 75: During your life, how many times have you been... very drunk or sick after drinking alcohol?... “high” (loaded, stoned, or wasted) from using drugs?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.8*****Current AOD Use on School Property, Past 30 Days***

	Grade 9 %	Grade 11 %
<b>Alcohol</b>		
0 days	99	100
1 to 2 days	0	0
3 or more days	1	0
<b>Marijuana (smoke, vape, eat, or drink)</b>		
0 days	97	100
1 to 2 days	0	0
3 or more days	2	0
<b>Any other drug, pill, or medicine to get “high” or for reasons other than medical</b>		
0 days	99	100
1 to 2 days	0	0
3 or more days	0	0
<b><i>Any of the above</i></b>	3	0

*Question HS A.96-98/MS A.91-93: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol?... use marijuana (smoke, vape, eat, or drink)?... use any other drug, pill, or medicine to get “high” or for reasons other than medical?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.9*****Lifetime Drunk or “High” on School Property***

	Grade 9 %	Grade 11 %
0 times	95	96
1 to 2 times	3	2
3 to 6 times	0	0
7 or more times	3	2

*Question HS A.79/MS A.76: During your life, how many times have you been... drunk on alcohol or “high” on drugs on school property?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.10**  
**Cessation Attempts**

	Grade 9 %	Grade 11 %
<b>Alcohol</b>		
Does not apply, don't use	97	96
0 times	1	4
1 time	0	0
2 to 3 times	0	0
4 or more times	1	0
<b>Marijuana</b>		
Does not apply, don't use	94	95
0 times	2	0
1 time	2	5
2 to 3 times	1	0
4 or more times	0	0

*Question HS A.68, 69, 114, 115: During your life, how many times have you used the following?... One full drink of alcohol (such as a can of beer, glass of wine, hard seltzer, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... How many times have you tried to quit or stop using... alcohol?... marijuana?*

*Notes: Cells are empty if there are less than 10 respondents.*

*Respondents reporting "0 times" on lifetime alcohol and marijuana use are coded as "Does not apply, don't use" on alcohol and marijuana cessation attempts, respectively.*

**Table A9.11**  
**Perceived Harm of AOD Use**

	Grade 9 %	Grade 11 %
<b>Alcohol - drink occasionally</b>		
Great	30	42
Moderate	19	25
Slight	26	18
None	25	15
<b>Alcohol - 5 or more drinks once or twice a week</b>		
Great	52	67
Moderate	19	22
Slight	10	0
None	19	11
<b>Marijuana - use occasionally</b>		
Great	34	36
Moderate	28	27
Slight	17	15
None	21	22
<b>Marijuana - use daily</b>		
Great	60	58
Moderate	15	20
Slight	6	7
None	19	15

*Question HS A.104-107/MS A.99-102: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, vape, eat, or drink) ... Use marijuana daily.  
 Note: Cells are empty if there are less than 10 respondents.*

**Table A9.12*****Perceived Difficulty of Obtaining Alcohol, Marijuana, and Prescription Drugs to Get “High”***

	Grade 9 %	Grade 11 %
<b>Alcohol</b>		
Very difficult	8	7
Fairly difficult	11	11
Fairly easy	18	20
Very easy	22	26
Don’t know	42	35
<b>Marijuana</b>		
Very difficult	9	6
Fairly difficult	11	11
Fairly easy	18	17
Very easy	21	28
Don’t know	42	39
<b>Prescription drugs to get “high” or for reasons other than prescribed</b>		
Very difficult	11	11
Fairly difficult	12	9
Fairly easy	14	9
Very easy	15	20
Don’t know	48	50

*Question HS A.110-112/MS A.105-107: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana... Prescription drugs to get “high” or for reasons other than prescribed.*

*Note: Cells are empty if there are less than 10 respondents.*

## 10. Use of Tobacco and Vaping Devices

**Table A10.1**

**Summary of Key CHKS Tobacco Indicators**

	Grade 9 %	Grade 11 %	Table
<b>Use Prevalence and Patterns</b>			
Ever smoked a whole cigarette	4	5	A10.2
Current cigarette smoking <sup>¶</sup>	1	0	A10.5
Current cigarette smoking at school <sup>¶</sup>	0	0	A10.9
Ever tried smokeless tobacco	4	0	A10.2
Current smokeless tobacco use <sup>¶</sup>	1	0	A10.5
Current smokeless tobacco use at school <sup>¶</sup>	0	0	A10.9
Ever used vape products	15	16	A10.2
Current use of vape products <sup>¶</sup>	4	4	A10.5
Current tobacco vaping <sup>¶</sup>	3	2	A10.6
Current marijuana vaping <sup>¶</sup>	3	0	A10.6
Current vaping at school <sup>¶</sup>	4	0	A10.9
Lifetime tobacco use	14	11	A10.2
Current tobacco use <sup>¶</sup>	4	2	A10.8
<b>Cessation Attempts</b>			
Tried to quit smoking or vaping tobacco or nicotine	5	2	A10.14
<b>Attitudes and Correlates</b>			
Harmfulness of occasional cigarette smoking <sup>B</sup>	37	42	A10.15
Harmfulness of smoking 1 or more packs/day <sup>B</sup>	65	71	A10.15
Harmfulness of vaping occasionally <sup>B</sup>	34	36	A10.16
Harmfulness of vaping several times a day <sup>B</sup>	68	75	A10.16
Difficulty of obtaining cigarettes <sup>C</sup>	6	13	A10.17
Difficulty of obtaining vape products <sup>C</sup>	5	9	A10.17
<b>Anti-Tobacco Policy</b>			
School bans tobacco use and vaping	61	55	A10.18

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>B</sup>Great harm.

<sup>C</sup>Very difficult.

**Table A10.2**  
***Lifetime Tobacco Use and Vaping***

	Grade 9 %	Grade 11 %
<b>A whole cigarette</b>		
0 times	96	95
1 time	1	4
2 to 3 times	0	2
4 or more times	2	0
<b>Smokeless tobacco</b>		
0 times	96	100
1 time	2	0
2 to 3 times	1	0
4 or more times	1	0
<b>Vape products</b>		
0 times	85	84
1 time	4	5
2 to 3 times	3	5
4 or more times	8	5
<b><i>Lifetime tobacco use</i></b>		
No	86	89
Yes	14	11

*Question HS A.65-67/MS A.66-68: During your life, how many times have you used the following?... A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)... Vape products.*

*Notes: Cells are empty if there are less than 10 respondents.*

*Lifetime tobacco use includes using a whole cigarette or smokeless tobacco, or vaping tobacco or nicotine.*

**Table A10.3**  
**Substances Ever Vaped**

	Grade 9 %	Grade 11 %
<b>Vaped tobacco or nicotine</b>		
0 times	88	93
1 time	3	4
2 to 3 times	2	0
4 or more times	7	4
<b>Vaped marijuana or THC</b>		
0 times	92	91
1 time	0	2
2 to 3 times	2	0
4 or more times	6	7
<b>Vaped other product</b>		
0 times	95	100
1 time	1	0
2 to 3 times	1	0
4 or more times	2	0

*Question HS A.67, 67A-67C/MS A.68, 68A-68C: During your life, how many times have you used the following?... Vape products... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.4**  
**Ever Vaped Multiple Substances**

	Grade 9 %	Grade 11 %
Never vaped tobacco/nicotine or marijuana/THC	87	89
Vaped tobacco or nicotine only	5	2
Vaped marijuana or THC only	1	4
Vaped tobacco/nicotine and marijuana/THC	7	5

*Question HS A.67, 67A, 67B/MS A.68, 68A, 68B: During your life, how many times have you used the following?... Vape products... Vaped tobacco or nicotine... Vaped marijuana or THC.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.5*****Any Current and Daily Use of Cigarettes, Smokeless Tobacco, and Vape Products***

	Grade 9 %	Grade 11 %
<b>Cigarettes</b>		
Any	1	0
Daily (20 or more days)	0	0
<b>Smokeless tobacco</b>		
Any	1	0
Daily (20 or more days)	0	0
<b>Vape products</b>		
Any	4	4
Daily (20 or more days)	2	0

*Question HS A.83-85/MS A.80-82: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape products?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.6**  
**Substances Vaped, Past 30 Days**

	Grade 9 %	Grade 11 %
<b>Vaped tobacco or nicotine</b>		
0 days	97	98
1 or 2 days	0	0
3 to 9 days	1	2
10 to 19 days	0	0
20 to 30 days	1	0
<b>Vaped marijuana or THC</b>		
0 days	97	100
1 or 2 days	0	0
3 to 9 days	0	0
10 to 19 days	1	0
20 to 30 days	1	0
<b>Vaped other product</b>		
0 days	99	100
1 or 2 days	0	0
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	1	0

*Question HS A.85, 85A-85C/MS A.82, 82A-82C: During the past 30 days, on how many days did you use... vape products?... vaped tobacco or nicotine?... vaped marijuana or THC?... vaped other product?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.7**  
**Vaped Multiple Substances, Past 30 Days**

	Grade 9 %	Grade 11 %
Did not vape tobacco/nicotine or marijuana/THC	97	98
Vaped tobacco or nicotine only	0	2
Vaped marijuana or THC only	1	0
Vaped tobacco/nicotine and marijuana/THC	2	0

*Question HS A.85, 85A, 85B/MS A.82, 82A, 82B: During the past 30 days, on how many days did you use... vape products?... vaped tobacco or nicotine?... vaped marijuana or THC?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.8****Current Tobacco Use, Past 30 Days**

	Grade 9 %	Grade 11 %
No	96	98
Yes	4	2

*Question HS A.83-85, 85A/MS A.80-82, 82A: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape products?... During the past 30 days, on how many days did you use vape products?... Vaped tobacco or nicotine.*

*Notes: Cells are empty if there are less than 10 respondents.*

*Current tobacco use includes using cigarettes or smokeless tobacco, or vaping tobacco or nicotine.*

**Table A10.9****Current Cigarette Smoking, Smokeless Tobacco Use, and Vaping on School Property, Past 30 Days**

	Grade 9 %	Grade 11 %
<b>Cigarettes</b>		
0 days	100	100
1 or 2 days	0	0
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	0	0
<b>Smokeless tobacco</b>		
0 days	100	100
1 or 2 days	0	0
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	0	0
<b>Vape</b>		
0 days	96	100
1 or 2 days	1	0
3 to 9 days	1	0
10 to 19 days	0	0
20 to 30 days	2	0

*Question HS A.93-95/MS A.88-90: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.10**  
**Substances Vaped on School Property, Past 30 Days**

	Grade 9 %	Grade 11 %
<b>Vaped tobacco or nicotine</b>		
0 days	97	100
1 or 2 days	1	0
3 to 9 days	1	0
10 to 19 days	0	0
20 to 30 days	1	0
<b>Vaped marijuana or THC</b>		
0 days	97	100
1 or 2 days	1	0
3 to 9 days	1	0
10 to 19 days	0	0
20 to 30 days	1	0
<b>Vaped other product</b>		
0 days	99	100
1 or 2 days	0	0
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	0	0

*Question HS A.95, 95A-95C/MS A.90, 90A-90C: During the past 30 days, on how many days on school property did you... vape?... vape tobacco or nicotine?... vape marijuana or THC?... vape other product?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.11**  
**Vaped Multiple Substances on School Property, Past 30 Days**

	Grade 9 %	Grade 11 %
Did not vape tobacco/nicotine or marijuana/THC	97	100
Vaped tobacco or nicotine only	0	0
Vaped marijuana or THC only	1	0
Vaped tobacco/nicotine and marijuana/THC	3	0

*Question HS A.95, 95A, 95B/MS A.90, 90A, 90B: During the past 30 days, on how many days on school property did you... vape?... vape tobacco or nicotine?... vape marijuana or THC?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.12*****Current Tobacco Use on School Property, Past 30 Days***

	Grade 9 %	Grade 11 %
No	97	100
Yes	3	0

*Question HS A.93-95, 95A/MS A.88-90, 90A: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape?... During the past 30 days, on how many days on school property did you... Vape tobacco or nicotine.*

*Notes: Cells are empty if there are less than 10 respondents.*

*Current tobacco use includes using cigarettes or smokeless tobacco, or vaping tobacco or nicotine.*

**Table A10.13*****Secondhand Smoke on School Property, Past 30 Days***

	Grade 9 %	Grade 11 %
<b>Breathed the smoke or vapor from someone who was using cigarettes or e-cigarettes</b>		
0 days	95	95
1 day	2	0
2 days	1	2
3-9 days	1	0
10-19 days	0	0
20-30 days	1	4

*Question HS A.99/MS A.94: During the past 30 days, on how many days on school property did you... breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.14**  
***Cigarette Smoking and Vaping Cessation Attempts***

	Grade 9 %	Grade 11 %
Does not apply, don't use	94	98
0 times	1	0
1 time	2	2
2 to 3 times	3	0
4 or more times	0	0

*Question HS A.65, 67, 113: During your life, how many times have you used the following? A whole cigarette... Vape products... How many times have you tried to quit or stop using... smoking or vaping tobacco or nicotine?*

*Notes: Cells are empty if there are less than 10 respondents.*

*Respondents reporting "0 Times" on lifetime cigarette or vape product use are coded as "Does not apply, don't use" on cigarette smoking and vaping cessation attempts.*

**Table A10.15**  
***Perceived Harm of Cigarette Smoking***

	Grade 9 %	Grade 11 %
<b>Smoke cigarettes occasionally</b>		
Great	37	42
Moderate	28	33
Slight	16	13
None	20	13
<b>Smoke 1 or more packs of cigarettes each day</b>		
Great	65	71
Moderate	11	16
Slight	6	2
None	18	11

*Question HS A.100, 101/MS A.95, 96: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.16*****Perceived Harm of Vaping Tobacco or Nicotine***

	Grade 9 %	Grade 11 %
<b>Vape tobacco or nicotine occasionally</b>		
Great	34	36
Moderate	31	36
Slight	14	16
None	20	11
<b>Vape tobacco or nicotine several times a day (100 puffs or more)</b>		
Great	68	75
Moderate	9	15
Slight	4	0
None	19	11

*Question HS A.102, 103/MS A.97, 98: How much do people risk harming themselves physically and in other ways when they do the following?... Vape tobacco or nicotine occasionally... Vape tobacco or nicotine several times a day (100 puffs or more).*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.17*****Perceived Difficulty of Obtaining Cigarettes and Vape Products***

	Grade 9 %	Grade 11 %
<b>Cigarettes</b>		
Very difficult	6	13
Fairly difficult	14	7
Fairly easy	22	24
Very easy	15	18
Don't know	43	38
<b>Vape products</b>		
Very difficult	5	9
Fairly difficult	3	4
Fairly easy	23	15
Very easy	38	43
Don't know	31	30

*Question HS A.108, 109/MS A.103, 104: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes... Vape products.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.18*****School Bans Tobacco Use and Vaping***

	Grade 9 %	Grade 11 %
No	5	15
Yes	61	55
Don't know	34	31

*Question HS A.116/MS A.108: Does your school ban tobacco use and vaping on school property and at school sponsored events?*

*Note: Cells are empty if there are less than 10 respondents.*

## 11. Other Health Risks

**Table A11.1**  
***Gang Involvement***

	Grade 9	Grade 11
	%	%
No	99	100
Yes	1	0

*Question HS A.152/MS A.145: Do you consider yourself a member of a gang?*

*Note: Cells are empty if there are less than 10 respondents.*

## 12. Race/Ethnicity Breakdowns

**Table A12.1**

***School Engagement and Supports by Race/Ethnicity***

	Grade 9 %	Grade 11 %
<b>School Connectedness<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	57	
Black or African American	54	
Hispanic or Latino/a	41	56
Native Hawaiian or Pacific Islander		
White	40	67
Multiracial	45	
Something else	40	
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latino/a		
Native Hawaiian or Pacific Islander		
White		
Multiracial		
Something else		
<b>Academic Motivation<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	79	
Black or African American	66	
Hispanic or Latino/a	55	68
Native Hawaiian or Pacific Islander		
White	52	57
Multiracial	67	
Something else	69	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup> *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

<sup>ψ</sup> *The scale was based on four questions for remote respondents.*

**Table A12.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 9 %	Grade 11 %
<b>School is really boring<sup>±</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	32	
Black or African American	37	
Hispanic or Latino/a	46	14
Native Hawaiian or Pacific Islander		
White	56	50
Multiracial	28	
Something else	33	
<b>School is worthless and a waste of time<sup>±</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	6	
Black or African American	5	
Hispanic or Latino/a	12	14
Native Hawaiian or Pacific Islander		
White	19	21
Multiracial	7	
Something else	39	
<b>Current absenteeism (≥3 times)<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	13	
Black or African American	16	
Hispanic or Latino/a	27	14
Native Hawaiian or Pacific Islander		
White	23	14
Multiracial	28	
Something else	21	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>±</sup>*Rating of 7 or higher.*

<sup>¶</sup>*Past 30 days.*

**Table A12.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 9 %	Grade 11 %
<b>Trouble focusing on schoolwork<sup>σ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	29	
Black or African American	50	
Hispanic or Latino/a	47	21
Native Hawaiian or Pacific Islander		
White	58	36
Multiracial	39	
Something else	11	
<b>Caring adult relationships<sup>‡</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	55	
Black or African American	68	
Hispanic or Latino/a	49	60
Native Hawaiian or Pacific Islander		
White	51	83
Multiracial	41	
Something else	37	
<b>High expectations<sup>‡</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	68	
Black or African American	77	
Hispanic or Latino/a	51	71
Native Hawaiian or Pacific Islander		
White	60	93
Multiracial	57	
Something else	48	

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>σ</sup> Percent of respondents reporting “Agree” or “Strongly agree.”*

*<sup>‡</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

**Table A12.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 9 %	Grade 11 %
<b>Meaningful participation<sup>‡</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	31	
Black or African American	33	
Hispanic or Latino/a	16	34
Native Hawaiian or Pacific Islander		
White	18	31
Multiracial	28	
Something else	11	
<b>Facilities upkeep<sup>σ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	19	
Black or African American	22	
Hispanic or Latino/a	19	0
Native Hawaiian or Pacific Islander		
White	25	21
Multiracial	31	
Something else	6	
<b>Promotion of parental involvement in school<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	48	
Black or African American	44	
Hispanic or Latino/a	29	26
Native Hawaiian or Pacific Islander		
White	28	50
Multiracial	37	
Something else	26	

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>‡</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

*<sup>σ</sup> Percent of respondents reporting “Agree” or “Strongly agree.”*

*<sup>†</sup> Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

**Table A12.2**  
**School Safety by Race/Ethnicity**

	Grade 9 %	Grade 11 %
<b>School perceived as very safe or safe</b>		
American Indian or Alaska Native		
Asian or Asian American	55	
Black or African American	47	
Hispanic or Latino/a	33	43
Native Hawaiian or Pacific Islander		
White	29	57
Multiracial	43	
Something else	33	
<b>Experienced harassment due to five reasons<sup>λ§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	23	
Black or African American	32	
Hispanic or Latino/a	22	14
Native Hawaiian or Pacific Islander		
White	33	29
Multiracial	43	
Something else	31	
<b>Experienced any harassment or bullying<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	30	
Black or African American	32	
Hispanic or Latino/a	29	21
Native Hawaiian or Pacific Islander		
White	37	36
Multiracial	54	
Something else	31	

Notes: Cells are empty if there are less than 10 respondents.

<sup>λ</sup>The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

**Table A12.2**  
**School Safety by Race/Ethnicity – Continued**

	Grade 9 %	Grade 11 %
<b>Had mean rumors or lies spread about you<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	32	
Black or African American	26	
Hispanic or Latino/a	30	31
Native Hawaiian or Pacific Islander		
White	34	36
Multiracial	32	
Something else	27	
<b>Been afraid of being beaten up<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	19	
Black or African American	16	
Hispanic or Latino/a	11	7
Native Hawaiian or Pacific Islander		
White	30	7
Multiracial	11	
Something else	14	
<b>Been in a physical fight<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	5	
Black or African American	11	
Hispanic or Latino/a	14	0
Native Hawaiian or Pacific Islander		
White	9	0
Multiracial	11	
Something else	7	

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past 12 months.

**Table A12.2**  
**School Safety by Race/Ethnicity – Continued**

	Grade 9 %	Grade 11 %
<b>Seen a weapon on campus<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	22	
Black or African American	5	
Hispanic or Latino/a	18	14
Native Hawaiian or Pacific Islander		
White	34	7
Multiracial	7	
Something else	14	

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past 12 months.

**Table A12.3**  
**Cyberbullying by Race/Ethnicity**

	Grade 9 %	Grade 11 %
<b>Cyberbullying<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	29	
Black or African American	28	
Hispanic or Latino/a	20	14
Native Hawaiian or Pacific Islander		
White	20	29
Multiracial	18	
Something else	12	

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past 12 months.

**Table A12.4**  
**Substance Use by Race/Ethnicity**

	Grade 9 %	Grade 11 %
<b>Current alcohol or drug use<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	5	
Hispanic or Latino/a	7	14
Native Hawaiian or Pacific Islander		
White	15	0
Multiracial	3	
Something else	6	
<b>Current tobacco use<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	0	
Hispanic or Latino/a	5	0
Native Hawaiian or Pacific Islander		
White	8	0
Multiracial	0	
Something else	6	
<b>Current marijuana use<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	0	
Hispanic or Latino/a	4	8
Native Hawaiian or Pacific Islander		
White	10	0
Multiracial	4	
Something else	6	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A12.4**  
**Substance Use by Race/Ethnicity – Continued**

	Grade 9 %	Grade 11 %
<b>Current binge drinking<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	0	
Hispanic or Latino/a	2	7
Native Hawaiian or Pacific Islander		
White	2	0
Multiracial	3	
Something else	0	
<b>Very drunk or “high” 7 or more times, ever</b>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American	0	
Hispanic or Latino/a	5	0
Native Hawaiian or Pacific Islander		
White	4	7
Multiracial	10	
Something else	6	
<b>Been drunk or “high” on drugs at school, ever</b>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American	5	
Hispanic or Latino/a	4	7
Native Hawaiian or Pacific Islander		
White	11	7
Multiracial	10	
Something else	6	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A12.4**  
**Substance Use by Race/Ethnicity – Continued**

	Grade 9 %	Grade 11 %
<b>Current alcohol use<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	5	
Hispanic or Latino/a	4	15
Native Hawaiian or Pacific Islander		
White	6	0
Multiracial	3	
Something else	0	
<b>Current alcohol use at school<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	0	
Hispanic or Latino/a	2	0
Native Hawaiian or Pacific Islander		
White	0	0
Multiracial	0	
Something else	0	
<b>Current cigarette smoking<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American	0	
Hispanic or Latino/a	2	0
Native Hawaiian or Pacific Islander		
White	2	0
Multiracial	0	
Something else	0	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A12.4**  
**Substance Use by Race/Ethnicity – Continued**

	Grade 9 %	Grade 11 %
<b>Current use of vape products<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	0	
Hispanic or Latino/a	4	7
Native Hawaiian or Pacific Islander		
White	10	0
Multiracial	0	
Something else	6	
<b>Current tobacco vaping<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	2	
Black or African American	0	
Hispanic or Latino/a	2	0
Native Hawaiian or Pacific Islander		
White	6	0
Multiracial	0	
Something else	6	
<b>Current marijuana vaping<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American	0	
Hispanic or Latino/a	2	0
Native Hawaiian or Pacific Islander		
White	10	0
Multiracial	0	
Something else	6	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A12.5**  
**Health Routines by Race/Ethnicity**

	Grade 9 %	Grade 11 %
<b>Eating of breakfast<sup>1</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	72	
Black or African American	58	
Hispanic or Latino/a	50	71
Native Hawaiian or Pacific Islander		
White	56	71
Multiracial	66	
Something else	47	
<b>Bedtime (at 12 am or later)</b>		
American Indian or Alaska Native		
Asian or Asian American	22	
Black or African American	32	
Hispanic or Latino/a	38	14
Native Hawaiian or Pacific Islander		
White	35	29
Multiracial	24	
Something else	37	

Notes: Cells are empty if there are less than 10 respondents.

<sup>1</sup>Today.

**Table A12.6**

***Remote Schooling by Race/Ethnicity (Remote Only)***

	Grade 9 %	Grade 11 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latino/a		
Native Hawaiian or Pacific Islander		
White		
Multiracial		
Something else		
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latino/a		
Native Hawaiian or Pacific Islander		
White		
Multiracial		
Something else		
<b>Interest in schoolwork done from home<sup>σ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latino/a		
Native Hawaiian or Pacific Islander		
White		
Multiracial		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>¶</sup>*Past 30 days.*

<sup>¶</sup>*Past 7 days.*

<sup>σ</sup>*Percent of respondents reporting “Agree” or “Strongly agree.”*

**Table A12.6**

***Remote Schooling by Race/Ethnicity – Continued (Remote Only)***

	Grade 9 %	Grade 11 %
<b>Meaningful opportunities<sup>θ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latino/a		
Native Hawaiian or Pacific Islander		
White		
Multiracial		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>θ</sup>Percent of respondents reporting “Pretty much true” or “Very much true.”*

**Table A12.7**  
***Social and Emotional Health by Race/Ethnicity***

	Grade 9 %	Grade 11 %
<b>Social emotional distress<sup>‡</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	21	
Black or African American	25	
Hispanic or Latino/a	30	23
Native Hawaiian or Pacific Islander		
White	36	30
Multiracial	31	
Something else	22	
<b>Experienced chronic sadness/hopelessness<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	30	
Black or African American	33	
Hispanic or Latino/a	33	21
Native Hawaiian or Pacific Islander		
White	33	57
Multiracial	32	
Something else	12	
<b>Considered suicide<sup>§</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	16	
Black or African American	17	
Hispanic or Latino/a	13	14
Native Hawaiian or Pacific Islander		
White	20	14
Multiracial	25	
Something else	12	

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>‡</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

*<sup>§</sup> Past 12 months.*

**Table A12.7**  
***Social and Emotional Health by Race/Ethnicity – Continued***

	Grade 9 %	Grade 11 %
<b>Optimism<sup>‡</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	53	
Black or African American	52	
Hispanic or Latino/a	39	62
Native Hawaiian or Pacific Islander		
White	41	67
Multiracial	37	
Something else	51	
<b>Life satisfaction<sup>‡</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	63	
Black or African American	67	
Hispanic or Latino/a	55	61
Native Hawaiian or Pacific Islander		
White	58	67
Multiracial	53	
Something else	59	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>‡</sup>*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

<sup>‡</sup>*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

**Table A12.7**  
***Social and Emotional Health by Race/Ethnicity – Continued***

	Grade 9	Grade 11
<b>California Student Wellness Index<sup>o</sup></b>		
American Indian or Alaska Native		
Asian or Asian American	103.1	
Black or African American	103.4	
Hispanic or Latino/a	99.2	102.7
Native Hawaiian or Pacific Islander		
White	95.7	100.4
Multiracial	96.8	
Something else	103.0	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>o</sup>*To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

## 13. Gender Breakdowns

**Table A13.1**  
***School Engagement and Supports by Gender***

	Grade 9 %	Grade 11 %
<b>School Connectedness<sup>†</sup></b>		
Male	50	44
Female	44	52
Nonbinary		
Something else		
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>		
Male		
Female		
Nonbinary		
Something else		
<b>Academic Motivation<sup>†</sup></b>		
Male	61	51
Female	69	70
Nonbinary		
Something else		
<b>School is really boring<sup>±</sup></b>		
Male	42	38
Female	39	32
Nonbinary		
Something else		
<b>School is worthless and a waste of time<sup>±</sup></b>		
Male	18	27
Female	8	4
Nonbinary		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup> *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

<sup>ψ</sup> *The scale was based on four questions for remote respondents.*

<sup>±</sup> *Rating of 7 or higher.*

**Table A13.1**  
***School Engagement and Supports by Gender – Continued***

	Grade 9 %	Grade 11 %
<b>Current absenteeism (<math>\geq 3</math> times)<sup>¶</sup></b>		
Male	23	14
Female	18	25
Nonbinary		
Something else		
<b>Trouble focusing on schoolwork<sup>σ</sup></b>		
Male	36	31
Female	48	32
Nonbinary		
Something else		
<b>Caring adult relationships<sup>‡</sup></b>		
Male	49	50
Female	54	65
Nonbinary		
Something else		
<b>High expectations<sup>‡</sup></b>		
Male	57	54
Female	64	74
Nonbinary		
Something else		
<b>Meaningful participation<sup>‡</sup></b>		
Male	21	28
Female	25	31
Nonbinary		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

**Table A13.1**  
***School Engagement and Supports by Gender – Continued***

	Grade 9 %	Grade 11 %
<b>Facilities upkeep<sup>σ</sup></b>		
Male	21	12
Female	21	11
Nonbinary		
Something else		
<b>Promotion of parental involvement in school<sup>‡</sup></b>		
Male	36	28
Female	38	40
Nonbinary		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”*

*<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

**Table A13.2**  
**School Safety by Gender**

	Grade 9 %	Grade 11 %
<b>School perceived as very safe or safe</b>		
Male	47	38
Female	32	39
Nonbinary		
Something else		
<b>Experienced harassment due to five reasons<sup>λ§</sup></b>		
Male	25	24
Female	31	19
Nonbinary		
Something else		
<b>Experienced any harassment or bullying<sup>§</sup></b>		
Male	31	32
Female	36	22
Nonbinary		
Something else		
<b>Had mean rumors or lies spread about you<sup>§</sup></b>		
Male	27	38
Female	34	42
Nonbinary		
Something else		
<b>Been afraid of being beaten up<sup>§</sup></b>		
Male	16	12
Female	20	7
Nonbinary		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>λ</sup>The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

**Table A13.2**  
**School Safety by Gender – Continued**

	Grade 9 %	Grade 11 %
<b>Been in a physical fight<sup>§</sup></b>		
Male	11	8
Female	8	0
Nonbinary		
Something else		
<b>Seen a weapon on campus<sup>§</sup></b>		
Male	25	16
Female	15	4
Nonbinary		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.  
<sup>§</sup>Past 12 months.*

**Table A13.3**  
**Cyberbullying by Gender**

	Grade 9 %	Grade 11 %
<b>Cyberbullying<sup>§</sup></b>		
Male	17	24
Female	25	26
Nonbinary		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.  
<sup>§</sup>Past 12 months.*

**Table A13.4**  
**Substance Use by Gender**

	Grade 9 %	Grade 11 %
<b>Current alcohol or drug use<sup>¶</sup></b>		
Male	5	4
Female	8	7
Nonbinary		
Something else		
<b>Current tobacco use<sup>¶</sup></b>		
Male	2	0
Female	6	4
Nonbinary		
Something else		
<b>Current marijuana use<sup>¶</sup></b>		
Male	2	0
Female	7	4
Nonbinary		
Something else		
<b>Current binge drinking<sup>¶</sup></b>		
Male	0	0
Female	4	4
Nonbinary		
Something else		
<b>Very drunk or “high” 7 or more times, ever</b>		
Male	3	4
Female	6	0
Nonbinary		
Something else		
<b>Been drunk or “high” on drugs at school, ever</b>		
Male	5	4
Female	6	4
Nonbinary		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A13.4**  
**Substance Use by Gender – Continued**

	Grade 9 %	Grade 11 %
<b>Current alcohol use<sup>¶</sup></b>		
Male	2	4
Female	5	7
Nonbinary		
Something else		
<b>Current alcohol use at school<sup>¶</sup></b>		
Male	0	0
Female	2	0
Nonbinary		
Something else		
<b>Current cigarette smoking<sup>¶</sup></b>		
Male	0	0
Female	2	0
Nonbinary		
Something else		
<b>Current use of vape products<sup>¶</sup></b>		
Male	3	0
Female	4	7
Nonbinary		
Something else		
<b>Current tobacco vaping<sup>¶</sup></b>		
Male	2	0
Female	4	4
Nonbinary		
Something else		
<b>Current marijuana vaping<sup>¶</sup></b>		
Male	3	0
Female	4	0
Nonbinary		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A13.5**  
***Health Routines by Gender***

	Grade 9 %	Grade 11 %
<b>Eating of breakfast<sup>†</sup></b>		
Male	66	48
Female	55	68
Nonbinary		
Something else		
<b>Bedtime (at 12 am or later)</b>		
Male	33	45
Female	27	32
Nonbinary		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Today.*

**Table A13.6**

***Remote Schooling by Gender (Remote Only)***

	Grade 9 %	Grade 11 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
Male		
Female		
Nonbinary		
Something else		
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>		
Male		
Female		
Nonbinary		
Something else		
<b>Interest in schoolwork done from home<sup>σ</sup></b>		
Male		
Female		
Nonbinary		
Something else		
<b>Meaningful opportunities<sup>θ</sup></b>		
Male		
Female		
Nonbinary		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>¶</sup>Past 7 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>θ</sup>Percent of respondents reporting “Pretty much true” or “Very much true.”

**Table A13.7**  
***Social and Emotional Health by Gender***

	Grade 9 %	Grade 11 %
<b>Social emotional distress<sup>‡</sup></b>		
Male	17	28
Female	40	31
Nonbinary		
Something else		
<b>Experienced chronic sadness/hopelessness<sup>§</sup></b>		
Male	22	36
Female	40	41
Nonbinary		
Something else		
<b>Considered suicide<sup>§</sup></b>		
Male	7	16
Female	25	11
Nonbinary		
Something else		
<b>Optimism<sup>‡</sup></b>		
Male	51	56
Female	40	56
Nonbinary		
Something else		
<b>Life satisfaction<sup>‡</sup></b>		
Male	62	49
Female	56	64
Nonbinary		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>‡</sup>*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

<sup>§</sup>*Past 12 months.*

<sup>‡</sup>*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

**Table A13.7**  
***Social and Emotional Health by Gender – Continued***

	Grade 9	Grade 11
<b>California Student Wellness Index<sup>o</sup></b>		
Male	103.3	96.5
Female	96.4	100.5
Nonbinary		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>o</sup>To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

## 14. Parental Education Breakdowns

**Table A14.1**  
***School Engagement and Supports by Parental Education***

	Grade 9 %	Grade 11 %
<b>School Connectedness<sup>†</sup></b>		
Less than high school	54	
High school graduate	42	58
Some college	36	33
College degree	54	59
Don't know	26	
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>		
Less than high school		
High school graduate		
Some college		
College degree		
Don't know		
<b>Academic Motivation<sup>†</sup></b>		
Less than high school	54	
High school graduate	65	75
Some college	64	27
College degree	73	72
Don't know	37	
<b>School is really boring<sup>±</sup></b>		
Less than high school	62	
High school graduate	40	36
Some college	48	36
College degree	34	33
Don't know	47	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup> *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

<sup>ψ</sup> *The scale was based on four questions for remote respondents.*

**Table A14.1*****School Engagement and Supports by Parental Education – Continued***

	Grade 9 %	Grade 11 %
<b>School is worthless and a waste of time<sup>±</sup></b>		
Less than high school	24	
High school graduate	16	18
Some college	10	9
College degree	11	17
Don't know	13	
<b>Current absenteeism (≥3 times)<sup>¶</sup></b>		
Less than high school	27	
High school graduate	16	18
Some college	10	9
College degree	22	5
Don't know	30	
<b>Trouble focusing on schoolwork<sup>σ</sup></b>		
Less than high school	48	
High school graduate	30	27
Some college	50	18
College degree	38	44
Don't know	53	
<b>Caring adult relationships<sup>‡</sup></b>		
Less than high school	48	
High school graduate	54	64
Some college	44	70
College degree	58	67
Don't know	29	

Notes: Cells are empty if there are less than 10 respondents.

<sup>±</sup>Rating of 7 or higher.

<sup>¶</sup>Past 30 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

**Table A14.1*****School Engagement and Supports by Parental Education – Continued***

	Grade 9 %	Grade 11 %
<b>High expectations<sup>‡</sup></b>		
Less than high school	48	
High school graduate	64	64
Some college	62	70
College degree	65	72
Don't know	43	
<b>Meaningful participation<sup>‡</sup></b>		
Less than high school	17	
High school graduate	17	38
Some college	19	31
College degree	28	36
Don't know	13	
<b>Facilities upkeep<sup>σ</sup></b>		
Less than high school	30	
High school graduate	25	27
Some college	16	0
College degree	22	17
Don't know	17	
<b>Promotion of parental involvement in school<sup>†</sup></b>		
Less than high school	48	
High school graduate	40	36
Some college	30	18
College degree	39	48
Don't know	22	

Notes: Cells are empty if there are less than 10 respondents.

<sup>σ</sup> Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>‡</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

<sup>†</sup> Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

**Table A14.2**  
**School Safety by Parental Education**

	Grade 9 %	Grade 11 %
<b>School perceived as very safe or safe</b>		
Less than high school	52	
High school graduate	26	36
Some college	31	36
College degree	44	50
Don't know	30	
<b>Experienced harassment due to five reasons<sup>λ§</sup></b>		
Less than high school	20	
High school graduate	25	18
Some college	35	20
College degree	32	24
Don't know	15	
<b>Experienced any harassment or bullying<sup>§</sup></b>		
Less than high school	35	
High school graduate	30	18
Some college	41	20
College degree	37	35
Don't know	19	
<b>Had mean rumors or lies spread about you<sup>§</sup></b>		
Less than high school	25	
High school graduate	29	55
Some college	45	40
College degree	29	44
Don't know	35	

Notes: Cells are empty if there are less than 10 respondents.

<sup>λ</sup>The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

**Table A14.2**  
**School Safety by Parental Education – Continued**

	Grade 9 %	Grade 11 %
<b>Been afraid of being beaten up<sup>§</sup></b>		
Less than high school	11	
High school graduate	14	0
Some college	14	10
College degree	19	12
Don't know	24	
<b>Been in a physical fight<sup>§</sup></b>		
Less than high school	21	
High school graduate	14	0
Some college	21	0
College degree	5	0
Don't know	8	
<b>Seen a weapon on campus<sup>§</sup></b>		
Less than high school	21	
High school graduate	20	0
Some college	28	0
College degree	20	12
Don't know	12	

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past 12 months.

**Table A14.3**  
**Cyberbullying by Parental Education**

	Grade 9 %	Grade 11 %
<b>Cyberbullying<sup>§</sup></b>		
Less than high school	24	
High school graduate	25	36
Some college	23	10
College degree	18	24
Don't know	31	

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past 12 months.

**Table A14.4*****Substance Use by Parental Education***

	Grade 9 %	Grade 11 %
<b>Current alcohol or drug use<sup>¶</sup></b>		
Less than high school	14	
High school graduate	17	0
Some college	3	9
College degree	5	6
Don't know	3	
<b>Current tobacco use<sup>¶</sup></b>		
Less than high school	0	
High school graduate	8	0
Some college	7	9
College degree	3	0
Don't know	3	
<b>Current marijuana use<sup>¶</sup></b>		
Less than high school	5	
High school graduate	8	0
Some college	3	9
College degree	4	0
Don't know	4	
<b>Current binge drinking<sup>¶</sup></b>		
Less than high school	0	
High school graduate	12	0
Some college	3	9
College degree	0	0
Don't know	0	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A14.4**  
**Substance Use by Parental Education – Continued**

	Grade 9 %	Grade 11 %
<b>Very drunk or “high” 7 or more times, ever</b>		
Less than high school	5	
High school graduate	8	0
Some college	6	0
College degree	2	6
Don’t know	7	
<b>Been drunk or “high” on drugs at school, ever</b>		
Less than high school	5	
High school graduate	8	0
Some college	6	9
College degree	4	6
Don’t know	11	
<b>Current alcohol use<sup>¶</sup></b>		
Less than high school	5	
High school graduate	17	0
Some college	3	9
College degree	1	6
Don’t know	3	
<b>Current alcohol use at school<sup>¶</sup></b>		
Less than high school	0	
High school graduate	9	0
Some college	0	0
College degree	0	0
Don’t know	0	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A14.4**  
**Substance Use by Parental Education – Continued**

	Grade 9 %	Grade 11 %
<b>Current cigarette smoking<sup>¶</sup></b>		
Less than high school	0	
High school graduate	4	0
Some college	0	0
College degree	1	0
Don't know	0	
<b>Current use of vape products<sup>¶</sup></b>		
Less than high school	0	
High school graduate	8	0
Some college	3	18
College degree	3	0
Don't know	7	
<b>Current tobacco vaping<sup>¶</sup></b>		
Less than high school	0	
High school graduate	4	0
Some college	3	9
College degree	2	0
Don't know	3	
<b>Current marijuana vaping<sup>¶</sup></b>		
Less than high school	0	
High school graduate	0	0
Some college	3	0
College degree	3	0
Don't know	7	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A14.5**  
***Health Routines by Parental Education***

	Grade 9 %	Grade 11 %
<b>Eating of breakfast<sup>†</sup></b>		
Less than high school	32	
High school graduate	28	73
Some college	68	64
College degree	73	55
Don't know	43	
<b>Bedtime (at 12 am or later)</b>		
Less than high school	50	
High school graduate	19	9
Some college	32	64
College degree	28	40
Don't know	43	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Today.*

**Table A14.6****Remote Schooling by Parental Education (Remote Only)**

	Grade 9 %	Grade 11 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
Less than high school		
High school graduate		
Some college		
College degree		
Don't know		
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>		
Less than high school		
High school graduate		
Some college		
College degree		
Don't know		
<b>Interest in schoolwork done from home<sup>σ</sup></b>		
Less than high school		
High school graduate		
Some college		
College degree		
Don't know		
<b>Meaningful opportunities<sup>θ</sup></b>		
Less than high school		
High school graduate		
Some college		
College degree		
Don't know		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>¶</sup>Past 7 days.

<sup>σ</sup> Percent of respondents reporting "Agree" or "Strongly agree."

<sup>θ</sup> Percent of respondents reporting "Pretty much true" or "Very much true."

**Table A14.7**  
***Social and Emotional Health by Parental Education***

	Grade 9 %	Grade 11 %
<b>Social emotional distress<sup>‡</sup></b>		
Less than high school	15	
High school graduate	37	17
Some college	23	32
College degree	32	37
Don't know	28	
<b>Experienced chronic sadness/hopelessness<sup>§</sup></b>		
Less than high school	24	
High school graduate	45	27
Some college	42	30
College degree	28	59
Don't know	36	
<b>Considered suicide<sup>§</sup></b>		
Less than high school	10	
High school graduate	30	9
Some college	12	20
College degree	19	6
Don't know	8	
<b>Optimism<sup>‡</sup></b>		
Less than high school	48	
High school graduate	40	61
Some college	41	47
College degree	48	65
Don't know	35	

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

*<sup>§</sup>Past 12 months.*

**Table A14.7*****Social and Emotional Health by Parental Education – Continued***

	Grade 9 %	Grade 11 %
<b>Life satisfaction<sup>‡</sup></b>		
Less than high school	67	
High school graduate	56	65
Some college	53	
College degree	61	66
Don't know	47	
<b>California Student Wellness Index<sup>°</sup></b>		
Less than high school	105.4	
High school graduate	97.1	103.8
Some college	98.9	
College degree	99.4	100.2
Don't know	97.4	

Notes: Cells are empty if there are less than 10 respondents.

<sup>‡</sup>Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

<sup>°</sup>To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

## 15. English Learner Breakdowns

**Table A15.1**  
*School Engagement and Supports by English Learner Status*

	Grade 9 %	Grade 11 %
<b>School Connectedness<sup>†</sup></b>		
Not English learner	47	51
English learner	51	
Don't know	48	
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>		
Not English learner		
English learner		
Don't know		
<b>Academic Motivation<sup>†</sup></b>		
Not English learner	65	60
English learner	80	
Don't know	52	
<b>School is really boring<sup>±</sup></b>		
Not English learner	40	38
English learner	36	
Don't know	43	
<b>School is worthless and a waste of time<sup>±</sup></b>		
Not English learner	14	16
English learner	0	
Don't know	14	
<b>Current absenteeism (≥3 times)<sup>¶</sup></b>		
Not English learner	22	19
English learner	21	
Don't know	19	

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

<sup>ψ</sup> The scale was based on four questions for remote respondents.

<sup>±</sup> Rating of 7 or higher.

<sup>¶</sup> Past 30 days.

**Table A15.1*****School Engagement and Supports by English Learner Status – Continued***

	Grade 9 %	Grade 11 %
<b>Trouble focusing on schoolwork<sup>σ</sup></b>		
Not English learner	41	34
English learner	29	
Don't know	62	
<b>Caring adult relationships<sup>‡</sup></b>		
Not English learner	52	59
English learner	52	
Don't know	43	
<b>High expectations<sup>‡</sup></b>		
Not English learner	62	67
English learner	48	
Don't know	52	
<b>Meaningful participation<sup>‡</sup></b>		
Not English learner	23	30
English learner	17	
Don't know	27	
<b>Facilities upkeep<sup>σ</sup></b>		
Not English learner	20	14
English learner	43	
Don't know	30	
<b>Promotion of parental involvement in school<sup>‡</sup></b>		
Not English learner	36	37
English learner	60	
Don't know	35	

Notes: Cells are empty if there are less than 10 respondents.

<sup>σ</sup> Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>‡</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

**Table A15.2**  
**School Safety by English Learner Status**

	Grade 9 %	Grade 11 %
<b>School perceived as very safe or safe</b>		
Not English learner	39	42
English learner	50	
Don't know	42	
<b>Experienced harassment due to five reasons<sup>λ</sup></b>		
Not English learner	29	21
English learner	25	
Don't know	32	
<b>Experienced any harassment or bullying<sup>§</sup></b>		
Not English learner	34	25
English learner	33	
Don't know	37	
<b>Had mean rumors or lies spread about you<sup>§</sup></b>		
Not English learner	31	42
English learner	33	
Don't know	32	
<b>Been afraid of being beaten up<sup>§</sup></b>		
Not English learner	17	8
English learner	25	
Don't know	22	
<b>Been in a physical fight<sup>§</sup></b>		
Not English learner	10	2
English learner	17	
Don't know	6	
<b>Seen a weapon on campus<sup>§</sup></b>		
Not English learner	20	6
English learner	8	
Don't know	33	

Notes: Cells are empty if there are less than 10 respondents.

<sup>λ</sup>The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

**Table A15.3**  
**Cyberbullying by English Learner Status**

	Grade 9 %	Grade 11 %
<b>Cyberbullying<sup>§</sup></b>		
Not English learner	21	25
English learner	42	
Don't know	21	

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past 12 months.

**Table A15.4**  
**Substance Use by English Learner Status**

	Grade 9 %	Grade 11 %
<b>Current alcohol or drug use<sup>¶</sup></b>		
Not English learner	6	4
English learner	8	
Don't know	5	
<b>Current alcohol or drug use<sup>¶</sup></b>		
Not English learner	4	2
English learner	0	
Don't know	0	
<b>Current marijuana use<sup>¶</sup></b>		
Not English learner	5	0
English learner	0	
Don't know	0	
<b>Current binge drinking<sup>¶</sup></b>		
Not English learner	2	0
English learner	0	
Don't know	0	
<b>Very drunk or "high" 7 or more times, ever</b>		
Not English learner	3	2
English learner	8	
Don't know	10	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A15.4**  
**Substance Use by English Learner Status – Continued**

	Grade 9 %	Grade 11 %
<b>Been drunk or “high” on drugs at school, ever</b>		
Not English learner	5	2
English learner	8	
Don’t know	10	
<b>Current alcohol use<sup>¶</sup></b>		
Not English learner	4	4
English learner	0	
Don’t know	0	
<b>Current alcohol use at school<sup>¶</sup></b>		
Not English learner	1	0
English learner	0	
Don’t know	0	
<b>Current cigarette smoking<sup>¶</sup></b>		
Not English learner	1	0
English learner	0	
Don’t know	0	
<b>Current use of vape products<sup>¶</sup></b>		
Not English learner	3	2
English learner	0	
Don’t know	10	
<b>Current tobacco vaping<sup>¶</sup></b>		
Not English learner	3	2
English learner	0	
Don’t know	0	
<b>Current marijuana vaping<sup>¶</sup></b>		
Not English learner	3	0
English learner	0	
Don’t know	5	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A15.5**  
***Health Routines by English Learner Status***

	Grade 9 %	Grade 11 %
<b>Eating of breakfast<sup>†</sup></b>		
Not English learner	59	60
English learner	71	
Don't know	65	
<b>Bedtime (at 12 am or later)</b>		
Not English learner	33	38
English learner	29	
Don't know	19	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Today.*

**Table A15.6****Remote Schooling by English Learner Status (Remote Only)**

	Grade 9 %	Grade 11 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
Not English learner		
English learner		
Don't know		
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>		
Not English learner		
English learner		
Don't know		
<b>Interest in schoolwork done from home<sup>σ</sup></b>		
Not English learner		
English learner		
Don't know		
<b>Meaningful opportunities<sup>θ</sup></b>		
Not English learner		
English learner		
Don't know		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>¶</sup>Past 7 days.

<sup>σ</sup>Percent of respondents reporting "Agree" or "Strongly agree."

<sup>θ</sup>Percent of respondents reporting "Pretty much true" or "Very much true."

**Table A15.7**  
***Social and Emotional Health by English Learner Status***

	Grade 9 %	Grade 11 %
<b>Social emotional distress<sup>‡</sup></b>		
Not English learner	30	29
English learner	20	
Don't know	28	
<b>Experienced chronic sadness/hopelessness<sup>§</sup></b>		
Not English learner	31	38
English learner	42	
Don't know	26	
<b>Considered suicide<sup>§</sup></b>		
Not English learner	17	12
English learner	8	
Don't know	21	
<b>Optimism<sup>‡</sup></b>		
Not English learner	43	57
English learner	61	
Don't know	58	
<b>Life satisfaction<sup>¶</sup></b>		
Not English learner	58	59
English learner	60	
Don't know	62	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>‡</sup>*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

<sup>§</sup>*Past 12 months.*

<sup>¶</sup>*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

**Table A15.7*****Social and Emotional Health by English Learner Status – Continued***

	Grade 9	Grade 11
<b>California Student Wellness Index<sup>o</sup></b>		
Not English learner	99.1	99.5
English learner	101.9	
Don't know	102.0	

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>o</sup>To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

## 16. Long-Term English Learner (LTEL) Breakdowns

**Table A16.1**

***School Engagement and Supports by English Learner (EL) Program Duration***

	Grade 9 %	Grade 11 %
<b>School Connectedness<sup>†</sup></b>		
Not currently in English Learner Program	47	51
Less than 7 years (EL)	48	
7 years or more (LTEL)		
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>		
Not currently in English Learner Program		
Less than 7 years (EL)		
7 years or more (LTEL)		
<b>Academic Motivation<sup>†</sup></b>		
Not currently in English Learner Program	65	60
Less than 7 years (EL)	80	
7 years or more (LTEL)		
<b>School is really boring<sup>±</sup></b>		
Not currently in English Learner Program	40	38
Less than 7 years (EL)	30	
7 years or more (LTEL)		
<b>School is worthless and a waste of time<sup>±</sup></b>		
Not currently in English Learner Program	14	16
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current absenteeism (≥3 times)<sup>¶</sup></b>		
Not currently in English Learner Program	22	19
Less than 7 years (EL)	20	
7 years or more (LTEL)		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup> *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

<sup>ψ</sup> *The scale was based on four questions for remote respondents.*

<sup>±</sup> *Rating of 7 or higher.*

<sup>¶</sup> *Past 30 days.*

**Table A16.1*****School Engagement and Supports by English Learner (EL) Program Duration – Continued***

	Grade 9 %	Grade 11 %
<b>Trouble focusing on schoolwork<sup>σ</sup></b>		
Not currently in English Learner Program	41	34
Less than 7 years (EL)	20	
7 years or more (LTEL)		
<b>Caring adult relationships<sup>‡</sup></b>		
Not currently in English Learner Program	52	59
Less than 7 years (EL)	60	
7 years or more (LTEL)		
<b>High expectations<sup>‡</sup></b>		
Not currently in English Learner Program	62	67
Less than 7 years (EL)	40	
7 years or more (LTEL)		
<b>Meaningful participation<sup>‡</sup></b>		
Not currently in English Learner Program	23	30
Less than 7 years (EL)	16	
7 years or more (LTEL)		
<b>Facilities upkeep<sup>σ</sup></b>		
Not currently in English Learner Program	20	14
Less than 7 years (EL)	50	
7 years or more (LTEL)		
<b>Promotion of parental involvement in school<sup>‡</sup></b>		
Not currently in English Learner Program	36	37
Less than 7 years (EL)	53	
7 years or more (LTEL)		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>σ</sup> Percent of respondents reporting “Agree” or “Strongly agree.”*

*<sup>‡</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

**Table A16.2**  
**School Safety by English Learner (EL) Program Duration**

	Grade 9 %	Grade 11 %
<b>School perceived as very safe or safe</b>		
Not currently in English Learner Program	39	42
Less than 7 years (EL)	50	
7 years or more (LTEL)		
<b>Experienced harassment due to five reasons<sup>λ</sup></b>		
Not currently in English Learner Program	29	21
Less than 7 years (EL)	20	
7 years or more (LTEL)		
<b>Experienced any harassment or bullying<sup>§</sup></b>		
Not currently in English Learner Program	34	25
Less than 7 years (EL)	30	
7 years or more (LTEL)		
<b>Had mean rumors or lies spread about you<sup>§</sup></b>		
Not currently in English Learner Program	31	42
Less than 7 years (EL)	40	
7 years or more (LTEL)		
<b>Been afraid of being beaten up<sup>§</sup></b>		
Not currently in English Learner Program	17	8
Less than 7 years (EL)	30	
7 years or more (LTEL)		
<b>Been in a physical fight<sup>§</sup></b>		
Not currently in English Learner Program	10	2
Less than 7 years (EL)	20	
7 years or more (LTEL)		
<b>Seen a weapon on campus<sup>§</sup></b>		
Not currently in English Learner Program	20	6
Less than 7 years (EL)	10	
7 years or more (LTEL)		

Notes: Cells are empty if there are less than 10 respondents.

<sup>λ</sup>The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

**Table A16.3**  
**Cyberbullying by English Learner (EL) Program Duration**

	Grade 9 %	Grade 11 %
<b>Cyberbullying<sup>§</sup></b>		
Not currently in English Learner Program	21	25
Less than 7 years (EL)	40	
7 years or more (LTEL)		

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past 12 months.

**Table A16.4**  
**Substance Use by English Learner (EL) Program Duration**

	Grade 9 %	Grade 11 %
<b>Current alcohol or drug use<sup>¶</sup></b>		
Not currently in English Learner Program	6	4
Less than 7 years (EL)	10	
7 years or more (LTEL)		
<b>Current tobacco use<sup>¶</sup></b>		
Not currently in English Learner Program	4	2
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current marijuana use<sup>¶</sup></b>		
Not currently in English Learner Program	5	0
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current binge drinking<sup>¶</sup></b>		
Not currently in English Learner Program	2	0
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Very drunk or “high” 7 or more times, ever</b>		
Not currently in English Learner Program	3	2
Less than 7 years (EL)	0	
7 years or more (LTEL)		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A16.4*****Substance Use by English Learner (EL) Program Duration – Continued***

	Grade 9 %	Grade 11 %
<b>Been drunk or “high” on drugs at school, ever</b>		
Not currently in English Learner Program	5	2
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current alcohol use<sup>¶</sup></b>		
Not currently in English Learner Program	4	4
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current alcohol use at school<sup>¶</sup></b>		
Not currently in English Learner Program	1	0
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current cigarette smoking<sup>¶</sup></b>		
Not currently in English Learner Program	1	0
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current use of vape products<sup>¶</sup></b>		
Not currently in English Learner Program	3	2
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current tobacco vaping<sup>¶</sup></b>		
Not currently in English Learner Program	3	2
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Current marijuana vaping<sup>¶</sup></b>		
Not currently in English Learner Program	3	0
Less than 7 years (EL)	0	
7 years or more (LTEL)		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A16.5**  
***Health Routines by English Learner (EL) Program Duration***

	Grade 9 %	Grade 11 %
<b>Eating of breakfast<sup>†</sup></b>		
Not currently in English Learner Program	59	60
Less than 7 years (EL)	60	
7 years or more (LTEL)		
<b>Bedtime (at 12 am or later)</b>		
Not currently in English Learner Program	33	38
Less than 7 years (EL)	20	
7 years or more (LTEL)		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Today.*

**Table A16.6**

***Remote Schooling by English Learner (EL) Program Duration (Remote Only)***

	Grade 9 %	Grade 11 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
Not currently in English Learner Program		
Less than 7 years (EL)		
7 years or more (LTEL)		
<b>Synchronous instruction (4 days or more)<sup>‡</sup></b>		
Not currently in English Learner Program		
Less than 7 years (EL)		
7 years or more (LTEL)		
<b>Interest in schoolwork done from home<sup>σ</sup></b>		
Not currently in English Learner Program		
Less than 7 years (EL)		
7 years or more (LTEL)		
<b>Meaningful opportunities<sup>θ</sup></b>		
Not currently in English Learner Program		
Less than 7 years (EL)		
7 years or more (LTEL)		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>‡</sup>Past 7 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>θ</sup>Percent of respondents reporting “Pretty much true” or “Very much true.”

**Table A16.7*****Social and Emotional Health by English Learner (EL) Program Duration***

	Grade 9 %	Grade 11 %
<b>Social emotional distress<sup>‡</sup></b>		
Not currently in English Learner Program	30	29
Less than 7 years (EL)	22	
7 years or more (LTEL)		
<b>Experienced chronic sadness/hopelessness<sup>§</sup></b>		
Not currently in English Learner Program	31	38
Less than 7 years (EL)	30	
7 years or more (LTEL)		
<b>Considered suicide<sup>§</sup></b>		
Not currently in English Learner Program	17	12
Less than 7 years (EL)	0	
7 years or more (LTEL)		
<b>Optimism<sup>‡</sup></b>		
Not currently in English Learner Program	43	57
Less than 7 years (EL)	53	
7 years or more (LTEL)		
<b>Life satisfaction<sup>¶</sup></b>		
Not currently in English Learner Program	58	59
Less than 7 years (EL)	68	
7 years or more (LTEL)		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>‡</sup>*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

<sup>§</sup>*Past 12 months.*

<sup>¶</sup>*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

**Table A16.7*****Social and Emotional Health by English Learner (EL) Program Duration – Continued***

	Grade 9	Grade 11
<b>California Student Wellness Index<sup>o</sup></b>		
Not currently in English Learner Program	99.1	99.5
Less than 7 years (EL)	104.1	
7 years or more (LTEL)		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>o</sup>To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

## 17. Special Education Breakdowns

**Table A17.1**

***School Engagement and Supports by Individualized Education Plan (IEP) Placement***

	Grade 9 %	Grade 11 %
<b>School Connectedness<sup>†</sup></b>		
No IEP	47	51
IEP	59	
Don't know	39	
Prefer not to say		
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>		
No IEP		
IEP		
Don't know		
Prefer not to say		
<b>Academic Motivation<sup>†</sup></b>		
No IEP	67	62
IEP	59	
Don't know	52	
Prefer not to say		
<b>School is really boring<sup>±</sup></b>		
No IEP	39	38
IEP	31	
Don't know	55	
Prefer not to say		
<b>School is worthless and a waste of time<sup>±</sup></b>		
No IEP	12	13
IEP	12	
Don't know	19	
Prefer not to say		

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

<sup>ψ</sup> The scale was based on four questions for remote respondents.

<sup>±</sup> Rating of 7 or higher.

**Table A17.1*****School Engagement and Supports by Individualized Education Plan (IEP) Placement – Continued***

	Grade 9 %	Grade 11 %
<b>Current absenteeism (<math>\geq 3</math> times)<sup>¶</sup></b>		
No IEP	20	20
IEP	18	
Don't know	31	20
Prefer not to say		
<b>Trouble focusing on schoolwork<sup>σ</sup></b>		
No IEP	38	27
IEP	62	
Don't know	52	
Prefer not to say		
<b>Caring adult relationships<sup>‡</sup></b>		
No IEP	51	62
IEP	52	
Don't know	51	
Prefer not to say		
<b>High expectations<sup>‡</sup></b>		
No IEP	61	70
IEP	67	
Don't know	51	
Prefer not to say		
<b>Meaningful participation<sup>‡</sup></b>		
No IEP	24	31
IEP	22	
Don't know	18	
Prefer not to say		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

**Table A17.1*****School Engagement and Supports by Individualized Education Plan (IEP) Placement – Continued***

	Grade 9 %	Grade 11 %
<b>Facilities upkeep<sup>σ</sup></b>		
No IEP	20	13
IEP	31	
Don't know	30	
Prefer not to say		
<b>Promotion of parental involvement in school<sup>†</sup></b>		
No IEP	36	34
IEP	58	
Don't know	32	
Prefer not to say		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”*

*<sup>†</sup>Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

**Table A17.2*****School Safety by Individualized Education Plan (IEP) Placement***

	Grade 9 %	Grade 11 %
<b>School perceived as very safe or safe</b>		
No IEP	38	42
IEP	75	
Don't know	33	
Prefer not to say		
<b>Experienced harassment due to five reasons<sup>λ</sup></b>		
No IEP	28	19
IEP	31	
Don't know	30	
Prefer not to say		
<b>Experienced any harassment or bullying<sup>§</sup></b>		
No IEP	33	23
IEP	31	
Don't know	39	
Prefer not to say		
<b>Had mean rumors or lies spread about you<sup>§</sup></b>		
No IEP	32	47
IEP	31	
Don't know	29	
Prefer not to say		
<b>Been afraid of being beaten up<sup>§</sup></b>		
No IEP	18	9
IEP	12	
Don't know	19	
Prefer not to say		

Notes: Cells are empty if there are less than 10 respondents.

<sup>λ</sup>The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

**Table A17.2*****School Safety by Individualized Education Plan (IEP) Placement – Continued***

	Grade 9 %	Grade 11 %
<b>Been in a physical fight<sup>§</sup></b>		
No IEP	8	2
IEP	7	
Don't know	19	
Prefer not to say		
<b>Seen a weapon on campus<sup>§</sup></b>		
No IEP	19	7
IEP	25	
Don't know	26	
Prefer not to say		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>§</sup>Past 12 months.*

**Table A17.3*****Cyberbullying by Individualized Education Plan (IEP) Placement***

	Grade 9 %	Grade 11 %
<b>Cyberbullying<sup>§</sup></b>		
No IEP	19	28
IEP	44	
Don't know	23	
Prefer not to say		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>§</sup>Past 12 months.*

**Table A17.4**

***Substance Use by Individualized Education Plan (IEP) Placement***

	Grade 9 %	Grade 11 %
<b>Current alcohol or drug use<sup>¶</sup></b>		
No IEP	6	4
IEP	12	
Don't know	3	
Prefer not to say		
<b>Current tobacco use<sup>¶</sup></b>		
No IEP	4	2
IEP	6	
Don't know	0	
Prefer not to say		
<b>Current marijuana use<sup>¶</sup></b>		
No IEP	5	0
IEP	0	
Don't know	0	
Prefer not to say		
<b>Current binge drinking<sup>¶</sup></b>		
No IEP	1	0
IEP	6	
Don't know	0	
Prefer not to say		
<b>Very drunk or "high" 7 or more times, ever</b>		
No IEP	4	2
IEP	12	
Don't know	3	
Prefer not to say		
<b>Been drunk or "high" on drugs at school, ever</b>		
No IEP	5	2
IEP	12	
Don't know	3	
Prefer not to say		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>¶</sup>*Past 30 days.*

**Table A17.4****Substance Use by Individualized Education Plan (IEP) Placement – Continued**

	Grade 9 %	Grade 11 %
<b>Current alcohol use<sup>¶</sup></b>		
No IEP	3	5
IEP	6	
Don't know	0	
Prefer not to say		
<b>Current alcohol use at school<sup>¶</sup></b>		
No IEP	0	0
IEP	6	
Don't know	0	
Prefer not to say		
<b>Current cigarette smoking<sup>¶</sup></b>		
No IEP	1	0
IEP	6	
Don't know	0	
Prefer not to say		
<b>Current use of vape products<sup>¶</sup></b>		
No IEP	4	2
IEP	0	
Don't know	3	
Prefer not to say		
<b>Current tobacco vaping<sup>¶</sup></b>		
No IEP	3	2
IEP	0	
Don't know	0	
Prefer not to say		
<b>Current marijuana vaping<sup>¶</sup></b>		
No IEP	4	0
IEP	0	
Don't know	0	
Prefer not to say		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A17.5*****Health Routines by Individualized Education Plan (IEP) Placement***

	Grade 9 %	Grade 11 %
<b>Eating of breakfast<sup>†</sup></b>		
No IEP	64	61
IEP	59	
Don't know	41	50
Prefer not to say		
<b>Bedtime (at 12 am or later)</b>		
No IEP	31	37
IEP	24	
Don't know	34	40
Prefer not to say		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Today.*

**Table A17.6**

**Remote Schooling by Individualized Education Plan (IEP) Placement (Remote Only)**

	Grade 9 %	Grade 11 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
No IEP		
IEP		
Don't know		
Prefer not to say		
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>		
No IEP		
IEP		
Don't know		
Prefer not to say		
<b>Interest in schoolwork done from home<sup>σ</sup></b>		
No IEP		
IEP		
Don't know		
Prefer not to say		
<b>Meaningful opportunities<sup>θ</sup></b>		
No IEP		
IEP		
Don't know		
Prefer not to say		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>¶</sup>Past 7 days.

<sup>σ</sup>Percent of respondents reporting "Agree" or "Strongly agree."

<sup>θ</sup>Percent of respondents reporting "Pretty much true" or "Very much true."

**Table A17.7*****Social and Emotional Health by Individualized Education Plan (IEP) Placement***

	Grade 9 %	Grade 11 %
<b>Social emotional distress<sup>‡</sup></b>		
No IEP	29	29
IEP	25	
Don't know	31	
Prefer not to say		
<b>Experienced chronic sadness/hopelessness<sup>§</sup></b>		
No IEP	30	40
IEP	50	
Don't know	24	
Prefer not to say		
<b>Considered suicide<sup>§</sup></b>		
No IEP	14	12
IEP	38	
Don't know	21	
Prefer not to say		
<b>Optimism<sup>‡</sup></b>		
No IEP	45	57
IEP	50	
Don't know	41	
Prefer not to say		
<b>Life satisfaction<sup>‡</sup></b>		
No IEP	59	59
IEP	65	
Don't know	52	
Prefer not to say		

Notes: Cells are empty if there are less than 10 respondents.

<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

<sup>§</sup>Past 12 months.

<sup>‡</sup>Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

**Table A17.7*****Social and Emotional Health by Individualized Education Plan (IEP) Placement – Continued***

	Grade 9	Grade 11
<b>California Student Wellness Index<sup>o</sup></b>		
No IEP	99.6	99.3
IEP	101.2	
Don't know	98.9	
Prefer not to say		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>o</sup>To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

## 18. Living Situation Breakdowns

**Table A18.1**  
*School Engagement and Supports by Living Situation*

	Grade 9 %	Grade 11 %
<b>School Connectedness<sup>†</sup></b>		
Home with one or more parent or guardian	48	50
Foster home		
Homeless		
Other living arrangement	39	
<b>School Connectedness<sup>†ψ</sup> (Remote Only)</b>		
Home with one or more parent or guardian		
Foster home		
Homeless		
Other living arrangement		
<b>Academic Motivation<sup>†</sup></b>		
Home with one or more parent or guardian	64	62
Foster home		
Homeless		
Other living arrangement	69	
<b>School is really boring<sup>±</sup></b>		
Home with one or more parent or guardian	42	32
Foster home		
Homeless		
Other living arrangement	11	
<b>School is worthless and a waste of time<sup>±</sup></b>		
Home with one or more parent or guardian	13	15
Foster home		
Homeless		
Other living arrangement	11	

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

<sup>ψ</sup> The scale was based on four questions for remote respondents.

<sup>±</sup> Rating of 7 or higher.

**Table A18.1*****School Engagement and Supports by Living Situation – Continued***

	Grade 9 %	Grade 11 %
<b>Current absenteeism (<math>\geq 3</math> times)<sup>¶</sup></b>		
Home with one or more parent or guardian	21	18
Foster home		
Homeless		
Other living arrangement	21	
<b>Trouble focusing on schoolwork<sup>σ</sup></b>		
Home with one or more parent or guardian	41	34
Foster home		
Homeless		
Other living arrangement	47	
<b>Caring adult relationships<sup>‡</sup></b>		
Home with one or more parent or guardian	53	60
Foster home		
Homeless		
Other living arrangement	35	
<b>High expectations<sup>‡</sup></b>		
Home with one or more parent or guardian	62	66
Foster home		
Homeless		
Other living arrangement	44	
<b>Meaningful participation<sup>‡</sup></b>		
Home with one or more parent or guardian	23	32
Foster home		
Homeless		
Other living arrangement	23	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

**Table A18.1*****School Engagement and Supports by Living Situation – Continued***

	Grade 9 %	Grade 11 %
<b>Facilities upkeep<sup>σ</sup></b>		
Home with one or more parent or guardian	20	13
Foster home		
Homeless		
Other living arrangement	44	
<b>Promotion of parental involvement in school<sup>†</sup></b>		
Home with one or more parent or guardian	37	36
Foster home		
Homeless		
Other living arrangement	35	

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”*

*<sup>†</sup>Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

**Table A18.2**  
**School Safety by Living Situation**

	Grade 9 %	Grade 11 %
<b>School perceived as very safe or safe</b>		
Home with one or more parent or guardian	40	40
Foster home		
Homeless		
Other living arrangement	44	
<b>Experienced harassment due to five reasons<sup>λ</sup></b>		
Home with one or more parent or guardian	28	20
Foster home		
Homeless		
Other living arrangement	35	
<b>Experienced any harassment or bullying<sup>§</sup></b>		
Home with one or more parent or guardian	34	25
Foster home		
Homeless		
Other living arrangement	41	
<b>Had mean rumors or lies spread about you<sup>§</sup></b>		
Home with one or more parent or guardian	31	41
Foster home		
Homeless		
Other living arrangement	44	
<b>Been afraid of being beaten up<sup>§</sup></b>		
Home with one or more parent or guardian	17	10
Foster home		
Homeless		
Other living arrangement	24	

Notes: Cells are empty if there are less than 10 respondents.

<sup>λ</sup>The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

**Table A18.2**  
***School Safety by Living Situation – Continued***

	Grade 9 %	Grade 11 %
<b>Been in a physical fight<sup>§</sup></b>		
Home with one or more parent or guardian	9	4
Foster home		
Homeless		
Other living arrangement	18	
<b>Seen a weapon on campus<sup>§</sup></b>		
Home with one or more parent or guardian	20	8
Foster home		
Homeless		
Other living arrangement	18	

*Notes: Cells are empty if there are less than 10 respondents.*

*§Past 12 months.*

**Table A18.3**  
***Cyberbullying by Living Situation***

	Grade 9 %	Grade 11 %
<b>Cyberbullying<sup>§</sup></b>		
Home with one or more parent or guardian	20	24
Foster home		
Homeless		
Other living arrangement	44	

*Notes: Cells are empty if there are less than 10 respondents.*

*§Past 12 months.*

**Table A18.4**  
**Substance Use by Living Situation**

	Grade 9 %	Grade 11 %
<b>Current alcohol or drug use<sup>¶</sup></b>		
Home with one or more parent or guardian	5	6
Foster home		
Homeless		
Other living arrangement	22	
<b>Current tobacco use<sup>¶</sup></b>		
Home with one or more parent or guardian	2	2
Foster home		
Homeless		
Other living arrangement	22	
<b>Current marijuana use<sup>¶</sup></b>		
Home with one or more parent or guardian	3	2
Foster home		
Homeless		
Other living arrangement	22	
<b>Current binge drinking<sup>¶</sup></b>		
Home with one or more parent or guardian	1	2
Foster home		
Homeless		
Other living arrangement	6	
<b>Very drunk or “high” 7 or more times, ever</b>		
Home with one or more parent or guardian	4	0
Foster home		
Homeless		
Other living arrangement	6	
<b>Been drunk or “high” on drugs at school, ever</b>		
Home with one or more parent or guardian	5	2
Foster home		
Homeless		
Other living arrangement	11	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A18.4**  
**Substance Use by Living Situation – Continued**

	Grade 9 %	Grade 11 %
<b>Current alcohol use<sup>¶</sup></b>		
Home with one or more parent or guardian	3	6
Foster home		
Homeless		
Other living arrangement	11	
<b>Current alcohol use at school<sup>¶</sup></b>		
Home with one or more parent or guardian	0	0
Foster home		
Homeless		
Other living arrangement	6	
<b>Current cigarette smoking<sup>¶</sup></b>		
Home with one or more parent or guardian	1	0
Foster home		
Homeless		
Other living arrangement	0	
<b>Current use of vape products<sup>¶</sup></b>		
Home with one or more parent or guardian	2	4
Foster home		
Homeless		
Other living arrangement	28	
<b>Current tobacco vaping<sup>¶</sup></b>		
Home with one or more parent or guardian	1	2
Foster home		
Homeless		
Other living arrangement	22	
<b>Current marijuana vaping<sup>¶</sup></b>		
Home with one or more parent or guardian	2	0
Foster home		
Homeless		
Other living arrangement	18	

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

**Table A18.5**  
***Health Routines by Living Situation***

	Grade 9 %	Grade 11 %
<b>Eating of breakfast<sup>†</sup></b>		
Home with one or more parent or guardian	61	57
Foster home		
Homeless		
Other living arrangement	47	
<b>Bedtime (at 12 am or later)</b>		
Home with one or more parent or guardian	31	38
Foster home		
Homeless		
Other living arrangement	32	

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Today.*

**Table A18.6****Remote Schooling by Living Situation (Remote Only)**

	Grade 9 %	Grade 11 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
Home with one or more parent or guardian		
Foster home		
Homeless		
Other living arrangement		
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>		
Home with one or more parent or guardian		
Foster home		
Homeless		
Other living arrangement		
<b>Interest in schoolwork done from home<sup>σ</sup></b>		
Home with one or more parent or guardian		
Foster home		
Homeless		
Other living arrangement		
<b>Meaningful opportunities<sup>θ</sup></b>		
Home with one or more parent or guardian		
Foster home		
Homeless		
Other living arrangement		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 30 days.

<sup>¶</sup>Past 7 days.

<sup>σ</sup>Percent of respondents reporting “Agree” or “Strongly agree.”

<sup>θ</sup>Percent of respondents reporting “Pretty much true” or “Very much true.”

**Table A18.7**  
***Social and Emotional Health by Living Situation***

	Grade 9 %	Grade 11 %
<b>Social emotional distress<sup>‡</sup></b>		
Home with one or more parent or guardian	28	30
Foster home		
Homeless		
Other living arrangement	38	
<b>Experienced chronic sadness/hopelessness<sup>§</sup></b>		
Home with one or more parent or guardian	29	37
Foster home		
Homeless		
Other living arrangement	56	
<b>Considered suicide<sup>§</sup></b>		
Home with one or more parent or guardian	16	12
Foster home		
Homeless		
Other living arrangement	28	
<b>Optimism<sup>‡</sup></b>		
Home with one or more parent or guardian	46	59
Foster home		
Homeless		
Other living arrangement	28	
<b>Life satisfaction<sup>‡</sup></b>		
Home with one or more parent or guardian	59	60
Foster home		
Homeless		
Other living arrangement	58	

Notes: Cells are empty if there are less than 10 respondents.

<sup>‡</sup>Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

<sup>§</sup>Past 12 months.

<sup>‡</sup>Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

**Table A18.7*****Social and Emotional Health by Living Situation – Continued***

	Grade 9	Grade 11
<b>California Student Wellness Index<sup>o</sup></b>		
Home with one or more parent or guardian	99.8	98.9
Foster home		
Homeless		
Other living arrangement	96.7	

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>o</sup>To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

# Behavioral Health Module

## Form A. Alcohol and Other Drugs (AOD)

### 1. Student Sample

**Table B.I.1.1**  
***Student Sample for AOD Indicators***

	Grade 9	Grade 11
<b><i>Student Sample Size</i></b>		
Number of respondents	104	27

*Note:*

*Student enrollments and response rates are not presented for respondents directed to this module, as districts and schools have the flexibility to choose between randomized and non-randomized survey options. This variability makes it challenging to define a clear target for accurately calculating the response rate. Therefore, student enrollments and response rates have been omitted from this section.*

## 2. Summary of Key Indicators

**Table B.I.2.1**

***Key Indicators of Alcohol and Other Drug Use***

	Grade 9 %	Grade 11 %	Table
<b>Alcohol and Marijuana Consumption Patterns</b>			
Usually drank until felt it a lot	0	4	B.I.3.4
Usually used marijuana or other drugs until felt it a lot	1	0	B.I.3.5
Driving under the influence experiences	4	4	B.I.3.6
<b>Consequences of AOD Consumption</b>			
Caused one or more problems	4	4	B.I.4.2
Caused one or more dependency-related experiences	8	11	B.I.4.3
<b>Supports to Reduce AOD Use</b>			
Very likely to find help at school for quitting or reducing use	15	15	B.I.5.2
<b>Strong Personal Disapproval of AOD Use</b>			
Having one or two drinks of any alcoholic beverage nearly every day	54	70	B.I.7.1
Trying marijuana once or twice	44	41	B.I.7.1
Using marijuana once a month or more	59	56	B.I.7.1

*Note: Cells are empty if there are less than 10 respondents.*

### 3. Alcohol, Tobacco, and Other Drug Consumption Patterns

**Table B.I.3.1**

***Lifetime Use of Heroin, Sedatives, Appetite Suppressants, and Prescription Stimulants***

	Grade 9 %	Grade 11 %
<b>Heroin</b>		
0 times	100	100
1 time	0	0
2 to 3 times	0	0
4 or more times	0	0
<b>Tranquilizers or sedatives</b>		
0 times	100	100
1 time	0	0
2 to 3 times	0	0
4 or more times	0	0
<b>Appetite suppressants</b>		
0 times	96	93
1 time	1	0
2 to 3 times	1	4
4 or more times	2	4
<b>Ritalin or Adderall or other prescription stimulant</b>		
0 times	96	96
1 time	0	0
2 to 3 times	0	4
4 or more times	4	0

*Question HS B.I.6-9: During your life, how many times have you used the following?... Heroin... Tranquilizers or sedatives (Xanax, Klonopin, Ativan, Valium)... Appetite suppressants (Didrex, Dexedrine, Xenadrine, Skittles, M&Ms)... Ritalin or Adderall or other prescription stimulant.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.3.2*****Age of Onset – AOD Use***

	Grade 9 %	Grade 11 %
<b>Alcohol (one full drink)</b>		
Never	87	81
10 years or under	3	0
11-12 years old	2	8
13-14 years old	7	0
15-16 years old	2	8
17 years or older	0	4
<b>Marijuana (smoke, vape, eat, or drink)</b>		
Never	93	85
10 years or under	1	0
11-12 years old	1	0
13-14 years old	5	8
15-16 years old	0	8
17 years or older	0	0
<b>Any other illegal drug or pill to get “high”</b>		
Never	98	96
10 years or under	1	0
11-12 years old	0	0
13-14 years old	1	4
15-16 years old	0	0
17 years or older	0	0

*Question HS/MS B.I.1, 4, 5: About how old were you the first time you tried any of these things?... A drink of an alcoholic beverage (other than a sip or two)... Marijuana (smoke, vape, eat, or drink)... Any other illegal drug or pill to get “high.”*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.3.3*****Age of Onset – Tobacco Use***

	Grade 9 %	Grade 11 %
<b>Smoked part or all of a cigarette</b>		
Never	97	92
10 years or under	2	0
11-12 years old	1	4
13-14 years old	0	4
15-16 years old	0	0
17 years or older	0	0
<b>A vape product such as an e-cigarette, vape pen, or mod</b>		
Never	89	88
10 years or under	2	0
11-12 years old	2	0
13-14 years old	7	8
15-16 years old	0	4
17 years or older	0	0

*Question HS/MS B.I.2, 3: About how old were you the first time you tried any of these things?... Part or all of a cigarette... A vape product such as an e-cigarette (JUUL), vape pen, or mod.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.3.4*****Usual Alcohol Consumption Level***

	Grade 9 %	Grade 11 %
I don't drink alcohol	98	85
Just enough to feel it a little	1	8
Enough to feel it moderately	1	4
Until I feel it a lot or get really drunk	0	4

*Question HS B.I.10/MS B.I.6: If you drink alcohol, how much do you usually drink?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.3.5**  
***Usual Drug Consumption Level***

	Grade 9 %	Grade 11 %
I don't use drugs	96	89
Just enough to feel a little high	2	4
Enough to feel it moderately	1	7
Until I feel it a lot or get really high	1	0

*Question HS B.I.11: If you use marijuana or other drugs, how "high" (stoned, faded, wasted, trashed) do you usually like to get?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.3.6**  
***Driving Under the Influence Experiences, Lifetime***

	Grade 9 %	Grade 11 %
<b>Driven a car when you had been using alcohol or drugs, or been in a car driven by a friend who had been using</b>		
Never	96	96
1 time	0	4
2 times	1	0
3 to 6 times	1	0
7 or more times	2	0

*Question HS B.I.35: During your life, how many times have you ever driven a car when you had been using alcohol or drugs, or been in a car driven by a friend when he or she had been using?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Reasons for and Consequences of AOD Consumption

**Table B.I.4.1**  
***Reasons for AOD Use, Past 12 Months***

	Grade 9 %	Grade 11 %
Does not apply, I haven't used alcohol, marijuana, or other drugs in the past 12 months.	87	81
To experiment (try using)	5	4
To get high	4	4
To have a good time with friends	5	11
To fit in with a group you like	0	0
Because of boredom	2	4
To relax	3	7
To get away from problems	4	4
Because of anger or frustration	2	4
To get through the day	2	0
Because it made you feel better	4	7
To seek deeper insights and understanding	3	4
None of the above	8	7

*Question HS B.I.12/MS B.I.7: Have you used alcoholic beverages, marijuana, or other drugs in the past 12 months for any of the following reasons? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for "mark all that apply" items.*

**Table B.I.4.2*****Problems Caused by AOD Use***

	Grade 9 %	Grade 11 %
Does not apply; I've never used alcohol or drugs	92	85
I've used alcohol or drugs but never had any of these problems	6	11
Have problems with emotions, nerves, or mental health	2	0
Get into trouble or have problems with the police	1	0
Have money problems	0	0
Miss school	2	0
Have problems with schoolwork	2	0
Fight with others	0	0
Damage a friendship	2	4
Physically hurt or injure yourself	1	4
Have unwanted or unprotected sex	0	0
Forget what happened or pass out	1	4
Been suspended from school	0	0
<b><i>One or more problems</i></b>	4	4

*Question HS B.I.13: Has using alcohol, marijuana, or other drugs ever caused you to have any of the following problems? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for "mark all that apply" items.*

**Table B.I.4.3*****Alcohol or Other Drug Use Caused Dependency-Related Experiences***

	Grade 9 %	Grade 11 %
Does not apply; I have not used alcohol or drugs	91	85
I use alcohol or drugs but have not experienced any of these things	3	4
Found you had to increase how much you use to have the same effect as before	3	0
Frequently spent a lot of time getting, using, or being hung over from using alcohol or other drugs	1	0
Used alcohol or drugs a lot more than you intended	1	7
Used alcohol or drugs when you were alone	5	7
Your use of alcohol or drugs often kept you from doing a normal activity, like going to school, working, or doing recreational activities or hobbies	1	0
You didn't feel OK unless you had something to drink or used a drug	1	4
Thought about reducing or stopping use	6	4
Told yourself you were not going to use but found yourself using anyway	3	0
Spoke with someone about reducing or stopping use	3	4
Attended counseling, a program, or group to help you reduce or stop use	2	0
<b><i>One or more dependency-related experiences</i></b>	<b>8</b>	<b>11</b>

*Question HS B.I.14: If you use alcohol, marijuana, or another drug, have you had any of the following experiences? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for "mark all that apply" items.*

**Table B.I.4.4**

***Likelihood of Suspension, Expulsion, Transfer Because of AOD Use/Possession***

	Grade 9 %	Grade 11 %
Very likely	28	33
Likely	32	19
Not likely	11	11
Don't know	29	37

*Question HS B.I.17: In your opinion, how likely is it that a student will be suspended, expelled, or transferred if caught on school property using or possessing alcohol or other drugs?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Supports to Reduce AOD Use

**Table B.I.5.1**  
*Needed Counseling for Use*

	Grade 9 %	Grade 11 %
No, I never used alcohol or other drugs	93	85
No, but I do use alcohol or other drugs	5	15
Yes, I have felt that I needed help	2	0

*Question HS B.I.15: Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.5.2**  
*Likelihood of Finding Help at School for Quitting or Reducing Use*

	Grade 9 %	Grade 11 %
Very likely	15	15
Likely	34	41
Not likely	19	19
Don't know	31	26

*Question HS B.I.16: In your opinion, how likely is it that a student could find help at your school from a counselor, teacher, or other adult to stop or reduce using alcohol or other drugs?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.5.3**  
*Talked with Parent About AOD Use, Past 12 Months*

	Grade 9 %	Grade 11 %
No	64	67
Yes	36	33

*Question HS B.I.23/MS B.I.13: During the past 12 months, have you talked with at least one of your parents or guardians about the dangers of alcohol or drug use?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. Availability

**Table B.I.6.1**  
***Sources for Obtaining Alcohol***

	Grade 9 %	Grade 11 %
At school	12	7
At parties	10	22
At concerts or other social events	4	0
At their own home	17	26
From adults at friends' homes	9	7
From friends or another teenager	16	22
Get adults to buy it for them	7	11
Buy it themselves from a store	6	4
At bars, clubs, or gambling casinos	1	0
Other	3	7
Don't know	78	67

*Question HS B.I.18/MS B.I.8: How do most students at your school who drink alcohol usually get it? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for "mark all that apply" items.*

**Table B.I.6.2**  
***Sources for Obtaining Marijuana***

	Grade 9 %	Grade 11 %
At school	14	11
At parties	6	19
At concerts or other social events	3	0
At their own home	9	15
From an adult acquaintance	8	15
From friends or another teenager	21	22
Buy it at a marijuana dispensary	5	11
At bars or clubs	2	0
Other	3	0
Don't know	76	74

*Question HS B.I.19/MS B.I.9: How do most kids at your school who use marijuana usually get it? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for “mark all that apply” items.*

## 7. Influences on ATOD Use

**Table B.I.7.1**

***Personal Disapproval of AOD Use***

	Grade 9 %	Grade 11 %
<b>Having one or two drinks of any alcoholic beverage nearly every day</b>		
Neither approve nor disapprove	29	11
Somewhat disapprove	17	19
Strongly disapprove	54	70
<b>Trying marijuana once or twice</b>		
Neither approve nor disapprove	39	26
Somewhat disapprove	17	33
Strongly disapprove	44	41
<b>Using marijuana once a month or more regularly</b>		
Neither approve nor disapprove	32	19
Somewhat disapprove	9	26
Strongly disapprove	59	56

*Question HS B.I.20-22/MS B.I.10-12: How do you feel about someone your age doing the following?... Having one or two drinks of any alcoholic beverage nearly every day... Trying marijuana once or twice... Using marijuana once a month or more regularly.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.7.2*****Parent Disapproval of ATOD Use***

	Grade 9 %	Grade 11 %
<b>Take one or two drinks of alcohol nearly every day</b>		
Very wrong	84	93
Wrong	11	7
A little wrong	4	0
Not at all wrong	1	0
<b>Smoke tobacco</b>		
Very wrong	87	85
Wrong	12	11
A little wrong	0	4
Not at all wrong	1	0
<b>Use vape products such as e-cigarettes, vape pens, or mods</b>		
Very wrong	89	85
Wrong	9	7
A little wrong	0	4
Not at all wrong	2	4
<b>Use marijuana (smoke, vape, eat, or drink)</b>		
Very wrong	86	81
Wrong	10	4
A little wrong	0	4
Not at all wrong	3	11
<b>Use prescription drugs to get high or for reasons other than prescribed</b>		
Very wrong	91	89
Wrong	8	7
A little wrong	0	4
Not at all wrong	1	0

*Question HS B.I.25-29/MS B.I.15-19: How wrong do your parents or guardians feel it would be if you did the following?... Take one or two drinks of alcohol nearly every day... Smoke tobacco... Use vape products such as e-cigarettes (JUUL), vape pens, or mods... Use marijuana (smoke, vape, eat, or drink)... Use prescription drugs to get high or for reasons other than prescribed.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.7.3****Peer Disapproval of ATOD Use**

	Grade 9 %	Grade 11 %
<b>Take one or two drinks of alcohol nearly every day</b>		
Very wrong	67	58
Wrong	19	31
A little wrong	9	12
Not at all wrong	4	0
<b>Smoke tobacco</b>		
Very wrong	70	65
Wrong	21	27
A little wrong	5	8
Not at all wrong	3	0
<b>Use vape products such as e-cigarettes, vape pens, or mods</b>		
Very wrong	68	65
Wrong	16	15
A little wrong	13	12
Not at all wrong	2	8
<b>Use marijuana (smoke, vape, eat, or drink)</b>		
Very wrong	68	54
Wrong	20	31
A little wrong	7	12
Not at all wrong	4	4
<b>Use prescription drugs to get high or for reasons other than prescribed</b>		
Very wrong	77	68
Wrong	17	16
A little wrong	5	12
Not at all wrong	1	4

*Question HS B.I.30-34/MS B.I.20-24: How wrong would your close friends feel it would be if you did the following?... Take one or two drinks of alcohol nearly every day... Smoke tobacco... Use vape products such as e-cigarettes (JUUL), vape pens, or mods... Use marijuana (smoke, vape, eat, or drink)... Use prescription drugs to get high or for reasons other than prescribed.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.I.7.4**

***Heard, Read, or Watched Any Anti-AOD Messages, Past 12 Months***

	Grade 9 %	Grade 11 %
No	40	38
Yes	60	62

*Question HS B.I.24/MS B.I.14: During the past 12 months, have you heard, read, or watched any messages about not using alcohol or drugs?*

*Note: Cells are empty if there are less than 10 respondents.*

# Behavioral Health Module

## Form B. Other Behavioral Health Factors

### 1. Student Sample

**Table B.II.1.1**

***Student Sample on Other Behavioral Health Factors***

	Grade 9	Grade 11
<b><i>Student Sample Size</i></b>		
Number of respondents	113	26

*Note:*

*Student enrollments and response rates are not presented for respondents directed to this module, as districts and schools have the flexibility to choose between randomized and non-randomized survey options. This variability makes it challenging to define a clear target for accurately calculating the response rate. Therefore, student enrollments and response rates have been omitted from this section.*

## 2. Summary of Key Indicators

**Table B.II.2.1**

**Key Indicators of Other Behavioral Health Factors**

	Grade 9 %	Grade 11 %	Table
<b>Behavioral Health Protective Factors</b>			
Emotional safety at school <sup>†</sup>	47	50	B.II.3.2
School co-regulation supports <sup>†</sup>	44	48	B.II.3.3
Home adult co-regulation supports <sup>†</sup>	67	61	B.II.3.4
Peer co-regulation supports <sup>†</sup>	65	56	B.II.3.5
<b>Resilience Assets</b>			
Emotion regulation <sup>â</sup>	39	41	B.II.4.1
<b>Student Wellness</b>			
Responses to trauma <sup>ê¶</sup>	24	25	B.II.5.1
Potential Post-Traumatic Stress <sup>¶</sup>	35	35	B.II.5.2
Stress associated health symptoms <sup>*</sup>	20	26	B.II.5.3
Loneliness <sup>ê</sup>	46	40	B.II.5.4
Self-harm <sup>§</sup>	18	8	B.II.5.8
Fasting for 12 hours or more	44	41	B.II.5.7
Trouble sleeping (daily)	21	21	B.II.5.1
<b>Mental Health Supports</b>			
Wanted to get mental health services <sup>§</sup>	18	29	B.II.6.4
Received mental health services <sup>§</sup>	20	17	B.II.6.4
Barriers to receiving services (3 or more)	22	26	B.II.6.5

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with scale categories for domains or sub-domains, or item-level results for the survey questions that comprise each scale.

<sup>†</sup> Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

<sup>â</sup> Average percent of respondents reporting the top two response categories (“Quite relaxed,” “Extremely relaxed,” “Frequently,” “Almost always,” “Quite calm,” and “Extremely calm”) across survey questions that comprise the scale..

<sup>ê</sup> Average percent of respondents reporting “2-3 times a week” or “Almost every day” across survey questions that comprise the scale.

<sup>¶</sup> Past 30 days.

<sup>\*</sup> Past 2 weeks.

<sup>ê</sup> Average percent of respondents reporting “Sometimes” or “Often” across survey questions that comprise the scale.

<sup>§</sup> Past 12 months.

### 3. Behavioral Health Protective Factors

**Table B.II.3.1**  
***Perceived Safety at Home and in Neighborhood***

	Grade 9 %	Grade 11 %
<b><i>How safe do you feel...</i></b>		
<b>at home or the place where you live?</b>		
Very safe	57	54
Safe	34	35
Neither safe nor unsafe	8	8
Unsafe	1	0
Very unsafe	0	4
<b>in the neighborhood where you live?</b>		
Very safe	38	40
Safe	49	36
Neither safe nor unsafe	14	16
Unsafe	0	0
Very unsafe	0	8

*Question HS/MS B.II.12, 13: How safe do you feel at home or the place where you live?... How safe do you feel in the neighborhood where you live?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.3.2*****Emotional Safety at School Scale Questions***

	Grade 9 %	Grade 11 %
<b>Emotional safety at school</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	47	50
<b><i>At my school,...</i></b>		
<b>I feel socially accepted.</b>		
Not at all true	18	8
A little true	31	36
Pretty much true	38	32
Very much true	13	24
<b>I feel that I matter to others.</b>		
Not at all true	21	12
A little true	36	44
Pretty much true	28	32
Very much true	15	12

*Question HS/MS B.II.10,11: How true do you feel these statements are about your feelings at school? At my school,... I feel socially accepted... I feel that I matter to others.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.3.3*****School Co-Regulation Supports Scale Questions***

	Grade 9 %	Grade 11 %
<b>School co-regulation supports</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	44	48
<b><i>At my school, there is a teacher or other adult who... would understand my problems if I shared them.</i></b>		
Not at all true	17	24
A little true	39	24
Pretty much true	27	24
Very much true	18	28
<b><i>would be helpful to me if I came to school upset.</i></b>		
Not at all true	20	36
A little true	39	16
Pretty much true	25	20
Very much true	17	28
<b><i>makes me feel good about myself.</i></b>		
Not at all true	20	32
A little true	33	24
Pretty much true	24	20
Very much true	23	24

*Question HS/MS B.II.7-9: How true do you feel these statements are about a teacher or other adult at school? At my school, there is a teacher or other adult who... would understand my problems if I shared them... would be helpful to me if I came to school upset... makes me feel good about myself.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.3.4****Home Adult Co-Regulation Supports Scale Questions**

	Grade 9 %	Grade 11 %
<b>Home adult co-regulation supports</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	67	61
<b><i>In my home, there is a parent or some other adult who... talks with me about my problems.</i></b>		
Not at all true	12	12
A little true	21	24
Pretty much true	22	12
Very much true	45	52
<b>helps me when I am upset.</b>		
Not at all true	14	16
A little true	19	24
Pretty much true	20	16
Very much true	47	44
<b>makes me feel good about myself.</b>		
Not at all true	15	12
A little true	17	28
Pretty much true	28	16
Very much true	40	44

*Question HS/MS B.II.1-3: How true do you feel these statements are about your family? In my home, there is a parent or some other adult who... talks with me about my problems... helps me when I am upset... makes me feel good about myself.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.3.5*****Peer Co-Regulation Supports Scale Questions***

	Grade 9 %	Grade 11 %
<b>Peer co-regulation supports</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	65	56
<b><i>I have a friend my age who...</i></b>		
<b>talks with me about my problems.</b>		
Not at all true	16	24
A little true	23	20
Pretty much true	23	16
Very much true	38	40
<b>helps me when I am upset.</b>		
Not at all true	12	20
A little true	23	24
Pretty much true	30	16
Very much true	35	40
<b>makes me feel good about myself.</b>		
Not at all true	10	8
A little true	22	36
Pretty much true	31	20
Very much true	37	36

*Question HS/MS B.II.4-6: How true do you feel these statements are about your friends? I have a friend my age who... talks with me about my problems... helps me when I am upset... makes me feel good about myself.*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Resilience Assets

**Table B.II.4.1**  
***Emotion Regulation Scale Questions***

	Grade 9 %	Grade 11 %
<b>Emotion regulation</b>		
<i>Average reporting the top two response categories<sup>â</sup></i>	39	41
<b>When everybody around you gets angry, how relaxed can you stay?</b>		
Not relaxed at all	18	28
Slightly relaxed	26	12
Somewhat relaxed	33	36
Quite relaxed	16	12
Extremely relaxed	7	12
<b>How often are you able to control your emotions when you need to?</b>		
Almost never	6	8
Once in a while	12	4
Sometimes	20	20
Frequently	34	52
Almost always	28	16
<b>When things go wrong for you, how calm are you able to remain?</b>		
Not calm at all	16	8
Slightly calm	27	24
Somewhat calm	25	36
Quite calm	26	28
Extremely calm	7	4

*Question HS/MS B.II.21-23: When everybody around you gets angry, how relaxed can you stay?... How often are you able to control your emotions when you need to?... When things go wrong for you, how calm are you able to remain?*

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>â</sup>The top two response categories include “Quite relaxed,” “Extremely relaxed,” “Frequently,” “Almost always,” “Quite calm,” and “Extremely calm.”*

## 5. Student Wellness

**Table B.II.5.1**  
**Responses to Trauma Scale Questions**

	Grade 9 %	Grade 11 %
<b>Responses to trauma</b>		
<i>Average reporting “2-3 times a week” or “Almost every day”</i>	24	25
<b>During the past 30 days,...</b>		
<b>I got upset easily or got into arguments or physical fights.</b>		
Never	61	64
1-3 times a month	21	12
1-2 times a week	6	4
2-3 times a week	5	12
Almost every day	7	8
<b>I had trouble concentrating or paying attention.</b>		
Never	32	32
1-3 times a month	24	16
1-2 times a week	17	12
2-3 times a week	6	12
Almost every day	21	28
<b>I had trouble feeling happiness or love.</b>		
Never	50	60
1-3 times a month	17	8
1-2 times a week	6	16
2-3 times a week	14	0
Almost every day	14	16

*Question HS/MS B.II.14-16: These questions ask about how you felt or what you did in the past 30 days... I got upset easily or got into arguments or physical fights... I had trouble concentrating or paying attention... I had trouble feeling happiness or love.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.5.1****Responses to Trauma Scale Questions – Continued**

	Grade 9 %	Grade 11 %
<b>During the past 30 days,...</b>		
<b>I felt alone even when I was around other people.</b>		
Never	46	56
1-3 times a month	18	8
1-2 times a week	10	20
2-3 times a week	13	4
Almost every day	13	12
<b>I had trouble going to sleep, woke up often, or had trouble getting back to sleep.</b>		
Never	43	58
1-3 times a month	18	4
1-2 times a week	10	4
2-3 times a week	7	12
Almost every day	21	21

*Question HS/MS B.II.17, 18: These questions ask about how you felt or what you did in the past 30 days... I felt alone even when I was around other people... I had trouble going to sleep, woke up often, or had trouble getting back to sleep.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.5.2****Post-Traumatic Stress (PTS) Profile, Past 30 Days**

	Grade 9 %	Grade 11 %
Minimal PTS Symptoms	27	35
Mild PTS Symptoms	38	30
Potential PTS	35	35

*Question HS/MS B.II.14-18: These questions ask about how you felt or what you did in the past 30 days... I got upset easily or got into arguments or physical fights... I had trouble concentrating or paying attention... I had trouble feeling happiness or love... I felt alone even when I was around other people... I had trouble going to sleep, woke up often, or had trouble getting back to sleep.*

*Notes: Cells are empty if there are less than 10 respondents.*

*PTS Profile categories are based on the UCLA Brief Screen for Child/Adolescent Trauma and PTSD.*

**Table B.II.5.3*****Stress Associated Health Symptoms Scale Questions***

	Grade 9 %	Grade 11 %
<b>Stress associated health symptoms</b>		
<i>Average reporting “A lot” or “A whole lot”</i>	20	26
<b><i>In the last 2 weeks, how much were you bothered by the following physical problems?</i></b>		
<b>Stomachaches</b>		
Not at all	43	48
A little	21	16
Some	19	20
A lot	10	0
A whole lot	7	16
<b>Headaches</b>		
Not at all	26	40
A little	28	4
Some	18	28
A lot	19	20
A whole lot	9	8
<b>Pains in your lower back</b>		
Not at all	44	42
A little	19	0
Some	16	12
A lot	13	21
A whole lot	9	25

*Question HS/MS B.II.27-29: Below is a list of symptoms that students sometimes have. In the last 2 weeks, how much were you bothered by the following physical problems?... Stomachaches... Headaches... Pains in your lower back.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.5.3*****Stress Associated Health Symptoms Scale Questions – Continued***

	Grade 9 %	Grade 11 %
<b><i>In the last 2 weeks, how much were you bothered by the following physical problems?</i></b>		
<b>Feeling faint or dizzy</b>		
Not at all	49	44
A little	22	24
Some	12	12
A lot	10	12
A whole lot	8	8
<b>Heart beating too fast (even when you are not exercising)</b>		
Not at all	65	60
A little	9	16
Some	11	4
A lot	8	12
A whole lot	8	8

*Question HS/MS B.II.30, 31: Below is a list of symptoms that students sometimes have. In the last 2 weeks, how much were you bothered by the following physical problems?... Feeling faint or dizzy... Heart beating too fast (even when you are not exercising).*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.5.4**  
***Loneliness Scale Questions***

	Grade 9 %	Grade 11 %
<b>Loneliness</b>		
<i>Average reporting “Sometimes” or “Often”</i>	46	40
<b>How often do you feel lonely?</b>		
Never	28	28
Rarely	23	36
Sometimes	29	20
Often	20	16
<b>How often do you feel that you are no longer close to anyone?</b>		
Never	39	32
Rarely	18	24
Sometimes	24	24
Often	19	20

*Question HS/MS B.II.19, 20: How often do you feel lonely?... How often do you feel that you are no longer close to anyone?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.5.5*****Body Image***

	Grade 9 %	Grade 11 %
Very dissatisfied	22	20
Dissatisfied	13	16
Neither dissatisfied nor satisfied	21	16
Satisfied	31	28
Very satisfied	12	20

*Question HS/MS B.II.24: Over the past 30 days, how satisfied have you been with your weight and shape?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.5.6*****Weight Management***

	Grade 9 %	Grade 11 %
<b>Which of the following are you trying to do about your weight?</b>		
Lose weight	44	60
Gain weight	18	12
Stay the same weight	15	8
I am not trying to do anything about my weight	23	20

*Question HS/MS B.II.25: Which of the following are you trying to do about your weight?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.5.7**  
**Disordered Eating Behavior**

	Grade 9 %	Grade 11 %
<b>During the past 30 days, please indicate which of the following things you did to lose weight or keep from gaining weight:</b>		
<b>Exercise</b>		
No	20	25
Yes	80	75
<b>Eat less food, fewer calories, or foods low in fat</b>		
No	44	29
Yes	56	71
<b>Go without eating for 12 hours or more</b>		
No	56	59
Yes	44	41
<b>Take diet pills, powders, or liquids without a doctor's advice</b>		
No	92	94
Yes	8	6
<b>Vomit or take laxatives</b>		
No	85	100
Yes	15	0

*Question HS/MS B.II.25A-25E: During the past 30 days, please indicate which of the following things you did to lose weight or keep from gaining weight:... Exercise... Eat less food, fewer calories, or foods low in fat... Go without eating for 12 hours or more (also called fasting)... Take diet pills, powders, or liquids without a doctor's advice (do not include meal replacement products such as Ensure, Muscle Milk, or SlimFast)... Vomit or take laxatives.*

*Notes: Cells are empty if there are less than 10 respondents.*

*Only respondents who selected "Lose weight" or "Stay the same weight" to question "Which of the following are you trying to do about your weight?" were asked to answer these questions.*

**Table B.II.5.8**  
***Self-Harm, Past 12 Months***

	Grade 9 %	Grade 11 %
0 times	82	92
1 time	6	0
2 or 3 times	4	0
4 or 5 times	0	8
6 or more times	8	0

*Question HS/MS B.II.26: During the past 12 months, how many times did you do something to purposely hurt yourself, such as cutting, scratching, or burning yourself?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. Mental Health Supports

**Table B.II.6.1**

***Availability of Mental Health Supports at School, Past Year***

	Grade 9 %	Grade 11 %
No	78	75
Yes	17	25
I don't know	5	0

*Question HS/MS B.II.41: In the past year, did an adult at school refer or connect you to a counselor or therapist outside of school to get help?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.6.2**

***Mental Health Help-Seeking Attitude***

	Grade 9 %	Grade 11 %
<b><i>If you were feeling very sad, stressed, lonely, or depressed, would you...</i></b>		
talk to a teacher or another adult from your school?	20	18
talk to your parents or someone else in your family?	51	41
get help from a counselor or therapist?	21	23
talk to your friends?	50	59
be afraid to get help?	23	14
not know what to do?	27	36

*Question HS/MS B.II.37: If you were feeling very sad, stressed, lonely, or depressed, would you... (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for “mark all that apply” items.*

**Table B.II.6.3*****Mental Health Help-Seeking Attitude Toward Peers***

	Grade 9 %	Grade 11 %
<b><i>If someone my age felt very sad, stressed, lonely, or depressed,...</i></b>		
<b>talking to an adult could help them feel better.</b>		
Strongly disagree	10	12
Disagree	24	17
Agree	60	58
Strongly agree	7	12
<b>kids at my school would be nice to them.</b>		
Strongly disagree	17	17
Disagree	38	33
Agree	42	42
Strongly agree	4	8

*Question HS/MS B.II.35, 36: If someone my age felt very sad, stressed, lonely, or depressed,... talking to an adult could help them feel better.... kids at my school would be nice to them.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table B.II.6.4*****Mental Health Services Usage, Past Year***

	Grade 9 %	Grade 11 %
<b><i>In the past year,...</i></b>		
<b>did you want to talk to a counselor or therapist about feeling very sad, stressed, lonely, or depressed?</b>		
No	72	67
Yes	18	29
I don't know	11	4
<b>did you get help from a counselor or therapist when you needed it?</b>		
Does not apply, I didn't need help	64	58
No, I didn't get help when I needed it	17	25
Yes, I got help when I needed it	20	17
<b>where did you get help from a counselor or therapist? (Mark All That Apply.)<sup>#</sup></b>		
Nowhere	5	
At school (in person, by phone, or online)	50	
From a counselor or therapist not from my school (in person, by phone, or online)	25	
Somewhere else	20	
I don't know	5	

*Question HS/MS B.II.38-40: In the past year, did you want to talk to a counselor or therapist about feeling very sad, stressed, lonely, or depressed?... In the past year, did you get help from a counselor or therapist when you needed it? ... In the past year, where did you get help from a counselor or therapist? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>#</sup>Total percentages may exceed 100% for "mark all that apply" items.*

**Table B.II.6.5*****Barriers to Using Mental Health Services***

	Grade 9 %	Grade 11 %
I would not know where to go for help	25	26
There isn't anyone I can talk to	15	17
They wouldn't understand	20	17
People would think there's something wrong with me	18	26
My parents might find out	20	22
Other students might find out	14	9
I wouldn't have a way to pay for it	7	4
I wouldn't want to talk to a counselor or therapist	20	17
Other reasons	15	13
Does not apply, none of these things would stop you from talking to a counselor or therapist.	32	43
<b><i>Three or more barriers</i></b>	22	26

*Question HS/MS B.II.42: If you were very sad, stressed, lonely, or depressed, would any of these things stop you from talking to a counselor or therapist? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents.*

*Total percentages may exceed 100% for "mark all that apply" items.*

**Table B.II.6.6**  
**School Promotion of Mental Health Awareness**

	Grade 9 %	Grade 11 %
<b>I know where to go or who to contact at school for help when I am very sad, stressed, lonely, or depressed.</b>		
Strongly disagree	21	16
Disagree	17	24
Agree	50	36
Strongly agree	13	24
<b>People at my school talk openly about mental health.</b>		
Strongly disagree	18	20
Disagree	39	32
Agree	35	40
Strongly agree	8	8
<b>My school encourages students to take care of their mental health.</b>		
Strongly disagree	13	12
Disagree	16	24
Agree	59	56
Strongly agree	13	8

*Question HS/MS B.II.32-34: How strongly do you agree or disagree with the following statements?... I know where to go or who to contact at school for help when I am very sad, stressed, lonely, or depressed... People at my school talk openly about mental health... My school encourages students to take care of their mental health.*

*Note: Cells are empty if there are less than 10 respondents.*

# Appendix

## CHKS Content Overview, 2024-25

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings.<sup>1</sup> References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to other relevant CHKS reports, factsheets, and resources that can be downloaded from the CalSCHLS website ([calschls.org](https://calschls.org)) for further information. What Works Briefs that provide guidance on best practices related to areas assessed by the survey are available from the California Safe and Supportive Schools website ([ca-safe-supportive-schools.wested.org/resources](https://ca-safe-supportive-schools.wested.org/resources)).

Special attention is directed toward indicators related to the requirements of California’s Local Control and Accountability Plans (LCAP). For a summary of state-level LCAP-related baseline CHKS data, see Factsheet #15.<sup>2</sup>

### MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and student supports, all three key priorities required of the LCAP. It provides schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in learning and developmentally thrive. Forty-nine items assessing 14 school climate domains included in a *School Climate Report Card (SCRC)*.<sup>3</sup> All districts receive a district-level SCRC and can request school-level SCRCs. The items used in the SCRC assess school connectedness, developmental supports (e.g., caring adult relationships), and safety, including bullying and victimization.

School climate, as measured by the CHKS, is strongly related to student learning and academic performance. Data for high school students show that as school climate improves—as the schools became safer, more supportive, and more engaging—academic performance increased as well.<sup>4</sup>

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that “beat the odds” academically and consistently performed better on the state’s standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The more positive the school climate, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school’s level of personnel resources.<sup>5</sup>

In addition, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the whole child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who reported: (1) being less engaged in risky behaviors such as substance use and violence; (2) being more likely to eat nutritiously and exercise; and (3) experiencing caring adult relationships and high

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<sup>1</sup> To see how local results compare with state averages in California, download a copy of the latest Biennial State CHKS report ([calschls.org/reports-data/#state-level\\_reports](https://calschls.org/reports-data/#state-level_reports)). The Biennial State data are derived from a randomly-selected, representative state sample. County-level reports are also available on the CHKS website. Biennial State CHKS and county-level data can also be examined interactively on the CalSCHLS Data Dashboard ([calschls.org/reports-data/dashboard](https://calschls.org/reports-data/dashboard)).

<sup>2</sup> Austin. (2016). Download [calschls.org/docs/factsheet-15.pdf](https://calschls.org/docs/factsheet-15.pdf)

<sup>3</sup> See [calschls.org/reports-data/#scrc](https://calschls.org/reports-data/#scrc)

<sup>4</sup> O’Malley & Hanson. (2012). Download [data.calschls.org/resources/S3factsheet3\\_API\\_20120716.pdf](https://data.calschls.org/resources/S3factsheet3_API_20120716.pdf)

<sup>5</sup> Voight, Austin, & Hanson. (2013). Download [www.wested.org/online\\_pubs/hd-13-10.pdf](https://www.wested.org/online_pubs/hd-13-10.pdf)

expectations at school.<sup>6</sup> These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance.

## GRADE-LEVEL PATTERNS

More than 20 years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to report feeling connected to school and being academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness. Here are some additional grade-level patterns in CHKS data:

- **Seventh graders** report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- **Ninth graders** report the lowest rates of developmental support.
- **Nontraditional (continuation school) students** report risk behavior (e.g., binge drinking, fighting at school) prevalence rates at least twice those of 11<sup>th</sup> graders in traditional comprehensive high schools.<sup>7</sup> They also exhibit lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services.<sup>8</sup>

## DEMOGRAPHIC CHARACTERISTICS AND POPULATION GROUP DIFFERENCES (Section 3)

Indicators of the demographic and background characteristics of the survey respondents help users gain a better sense of how representative the survey sample is compared to the student population overall. They also enable users to analyze how survey results vary by important groups in the school and help them to identify, and target programs for, youth most in need. School districts can use these data to meet LCAP requirements to demonstrate actions across state priorities in regard to socioeconomically disadvantaged students, English learners, and foster youth, as well as other indicators such as race/ethnicity, homeless youth, and LGBTQ youth.

In the standard CHKS report, breakdowns for selected key indicators are provided by all the LCAP priority groups such as race/ethnicity, gender, parental education, English learner and long-term English learner status, disability status, foster youth, and unhoused youth. For selected key indicators, the CalSCHLS Data Dashboard ([calschls.org/reports-data/dashboard](https://calschls.org/reports-data/dashboard)) can be used to display group differences across these same groups as well as additional groups (e.g., chronic sadness, caring relationships). Districts/schools can also subscribe to the District CalSCHLS private data dashboard to disaggregate their CHKS results by these groups for each school (email [calschls@wested.org](mailto:calschls@wested.org)).

### Racial-Ethnic Group Identification

Respondents self-report their identification with six racial/ethnic groups. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings.<sup>9</sup> They were highest in schools with large proportions of white and Asian students, as well as

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<sup>6</sup> Hanson & Austin. (2003). Download [data.calschls.org/resources/FACTSHEET-3.pdf](https://data.calschls.org/resources/FACTSHEET-3.pdf)

<sup>7</sup> In interpreting the results for 11<sup>th</sup> graders, note that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.

<sup>8</sup> Austin, Dixon, & Bailey. (2007). Download [data.calschls.org/resources/FACTSHEET-7.pdf](https://data.calschls.org/resources/FACTSHEET-7.pdf)

<sup>9</sup> Austin, Hanson, Bono, & Zheng. (2008). Download [data.calschls.org/resources/factsheet\\_8.pdf](https://data.calschls.org/resources/factsheet_8.pdf)

in middle- and high-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but the disparities still remained. This suggests that school climate factors related to student well-being may also play a role in racial/ethnic group differences in achievement. One strategy to close the gap may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students.

In the majority of cases, with notable exceptions for Asians, *the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools*.<sup>10</sup> White students feel more safe, engaged, and supported than their African American, Hispanic, and Asian peers *within the same school*.<sup>11</sup> Inequities in these factors can possibly contribute to the achievement differences. Further, these findings suggest that practices designed to ensure equitable access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap.

### **Youth in Foster Care**

Compared to youth who live with their parents, youth in foster care settings report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk.<sup>12 13</sup> They were also more likely to be low in caring adult relationships and total developmental support.

### **Unhoused Youth**

Homeless youth are substantially more likely than other youth to engage in substance use, have lower attendance at school and struggle with academic performance, feel less safe at school and experience greater levels of harassment and bullying, and exhibit higher levels of chronic sadness.<sup>14</sup> Like youth in foster care, unhoused youth were also more likely to be low in caring adult relationships at school.

### **Sexual Orientation and Gender Identity**

Lesbian, gay, bisexual, transgender, and questioning or queer (LGBTQ) youth are at elevated risk for bullying and violence victimization, mental health problems, drug and alcohol use, and exhibiting poor performance in school.<sup>15 16</sup> For example, analysis of the Biennial State CHKS data indicate that LGBTQ youth<sup>17</sup> are:

- about 30 percentage points more likely than non-LGBTQ youth to experience harassment and bullying at school;
- 30-to-40 percentage points more likely to exhibit chronic sadness;
- 2-to-3 times more likely to smoke cigarettes, binge drink, and to have been drunk or high at school; and

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<sup>10</sup> Hanson, Austin, & Li. (2012). Download [data.calschls.org/resources/FACTSHEET-13\\_20120405.pdf](https://data.calschls.org/resources/FACTSHEET-13_20120405.pdf)

<sup>11</sup> See [calschls.org/my-surveys/](https://calschls.org/my-surveys/)

<sup>12</sup> Austin, Jones, & Annon. (2007). Download [data.calschls.org/resources/FACTSHEET-6.pdf](https://data.calschls.org/resources/FACTSHEET-6.pdf)

<sup>13</sup> See [calschls.org/my-surveys/](https://calschls.org/my-surveys/)

<sup>14</sup> See [calschls.org/my-surveys/](https://calschls.org/my-surveys/)

<sup>15</sup> Hanson, T., Zhang, G., Cerna, R., Stern, A., & Austin, G. (2019) Understanding the experiences of LGBTQ youth in California. San Francisco, CA: WestEd. [Download wested.org/resources/lgbtq-students-in-california/](https://download.wested.org/resources/lgbtq-students-in-california/)

<sup>16</sup> Russell, S. T., & Fish, J. N. (2016). Mental health in lesbian, gay, bisexual, and transgender (LGBT) youth. *Annual Review of Clinical Psychology*, 12, 465-487. <https://doi.org/10.1146/annurev-clinpsy-021815-093153>

<sup>17</sup> See [calschls.org/my-surveys/](https://calschls.org/my-surveys/)

- receive substantially fewer social supports from teachers and peers at school than their counterparts who do not identify as LGBTQ.

Because of such disparities, it is important to examine disparities across LGBTQ and non-LGBTQ youth to identify needs and support the development of practices that promote the healthy development and safety of all youth.

## **SCHOOL PERFORMANCE, ENGAGEMENT, AND SUPPORTS (Section 6)**

A major focus of the CHKS is providing data to gauge the level of pupil engagement, an LCAP state priority on which districts are required to show improvement. Enhancing student engagement has been identified as the key to addressing problems of low achievement, high levels of student misbehavior, alienation, and high dropout rates.<sup>18</sup> CHKS and other surveys consistently show that as youth progress through the school system, indicators of engagement decline.

It is important to look at engagement from three perspectives: behavioral, emotional, and cognitive. The CHKS provides data on all three types. As discussed below, the Academic Motivation scale, school boredom, and self-reported grades provide insight into cognitive engagement; the School Connectedness scale and school value item into emotional engagement; and attendance data into behavioral engagement. Another behavioral engagement indicator on the survey is substance use at school. Research shows that student engagement is malleable and that all three types of engagement are influenced by the level to which students perceive the school as having a positive environment.

The CHKS Developmental Supports scales provide insight into whether students experience three protective factors in their school (caring relationships, high expectations, and opportunities for meaningful participation). These protective factors characterize a positive school climate and are linked to school connectedness and positive academic, behavioral, and health outcomes. Other school climate factors assessed are the level of parent involvement and the quality of the school physical environment, both also LCAP priorities. The likelihood that students will be motivated and engaged is increased to the extent that their teachers, family, and friends effectively support their purposeful involvement in learning and in school.

### **Self-Reported Grades**

The CHKS asks students to indicate what grades they received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception.

### **Academic Motivation**

A four-item scale gauges student academic motivation by asking how strongly they agree that they try hard to do well on schoolwork, try hard because they are interested in the work, work hard to understand new things at school, and always try to do better. On the 2019-21 State CHKS, the percentage of students agreeing with the questions on this scale ranged from 64 percent in 11<sup>th</sup> grade to 71 percent in 7<sup>th</sup>.<sup>19</sup>

In order to achieve rigorous academic goals, students need not only a challenging and engaging curriculum, but they need to be emotionally connected to their learning. Student perceptions of the school environment and their degree of school connectedness influence their achievement motivation. But students may be behaviorally and/or emotionally invested in a given activity without actually exerting the

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<sup>18</sup> Wang, M-T, & Eccles, J. (2013). School context, achievement motivation, and academic engagement: A longitudinal study of school engagement using a multidimensional perspective. *Learning and Instruction*, 28, 12-23. <https://doi.org/10.1016/j.learninstruc.2013.04.002>

<sup>19</sup> Download [data.calschls.org/resources/Biennial\\_State\\_1921.pdf](http://data.calschls.org/resources/Biennial_State_1921.pdf)

necessary mental effort to understand and master the knowledge, craft, or skill that the activity promotes. This scale provides insight into the overall level of that mental effort.

In addition, the supplementary School Climate Module includes Student Learning Environment and Learning Engagement Climate scales and a series of questions about supports for learning and academic rigor.

### School Boredom – School Value

Boredom is commonly experienced among secondary students, but its meaning and effects vary from student to student. Student boredom can be associated with specific subjects and academic tasks or it can be a pervasive response to school activities. Frequent boredom is associated with poor academic and mental health outcomes. Two CHKS questions ask about students’ school boredom (school is really boring) and how much they value their schooling experience (school is worthless and a waste of time). Combined, these two survey questions are used to identify School Boredom Mindset Profiles.<sup>20,21,22</sup>

				School Boredom								
				School is really boring								
				Low Boredom			Moderate Boredom			High Boredom		
				0 Disagree	1	2	3	4	5	6	7	8
Value of School	School is worthless, a waste of time	High Value	0 Disagree	<b>1</b> <b>Optimal</b>			<b>2</b>			<b>3</b>		
			1	<b>High Value–Low Boredom</b>			<b>High Value–Moderate Boredom</b>			<b>High Value–High Boredom</b>		
			2	Students did not think school was boring and valued school highly			Students valued school highly with moderate-level school boredom			Students indicated school was very boring, yet they valued it highly		
		Moderate Value	3	<b>4</b> <b>Moderate Value–Low Boredom</b>			<b>5</b>			<b>6</b>		
			4				<b>Moderate Value–Moderate Boredom</b>			<b>Moderate Value–High Boredom</b>		
			5				Students with moderate-level school boredom and school value			Students indicated school was very boring, and valued it at a moderate level		
		Low Value	6	<b>7</b> <b>Low Value–Low Boredom</b>			<b>8</b>			<b>9</b> <b>Suboptimal</b>		
			7				<b>Low Value–Moderate Boredom</b>					
			8				Only a low percentage of students’ responses place them in groups 4, 7, and 8.					
			9									
10 Agree	Students indicated school was very boring, and valued it at a very low level											

<sup>20</sup> Furlong, M. J., Smith, D. C., Springer, T., & Dowdy, E. (2021). Bored with school! Bored with life? Well-being characteristics associated with a school boredom mindset. *Journal of Positive School Psychology*, 5(1), 42–64.  
<https://www.covitalityucsb.info/ewExternalFiles/10.%20Furlong%20et%20al%20Boredom-JPSP.pdf>

<sup>21</sup> Branstetter, R. (2021). What do kids mean when they say they’re bored at school? Greater Good Magazine.  
[https://greatergood.berkeley.edu/article/item/what\\_do\\_kids\\_mean\\_when\\_they\\_say\\_theyre\\_bored\\_at\\_school](https://greatergood.berkeley.edu/article/item/what_do_kids_mean_when_they_say_theyre_bored_at_school)

<sup>22</sup> See D. Michael Furlong’s RISE 360 School Boredom Resource to learn more about school boredom and how these two items are combined to identify School Boredom Mindset Profiles  
[https://rise.articulate.com/share/evs7SLqtz3xvWkgVnQjW6YNu1vFyRm6\\_#/](https://rise.articulate.com/share/evs7SLqtz3xvWkgVnQjW6YNu1vFyRm6_#/)

Students with high school boredom and low school-value, a suboptimal profile, report substantially poorer well-being than students with low boredom combined with elevated school-value, an optimal profile. Moreover, students with high school boredom and high school-value may be experiencing episodic or task-specific boredom, which requires different types of support than students who exhibit the suboptimal pattern. The percentage of students falling in each of these profile groups is presented in the CHKS report so that school personnel can monitor the boredom experiences of students to best address their academic and social-emotional needs.

## Absenteeism

Before good teachers with quality curriculums and engaging activities can improve academic performance, the students have to show up. The CHKS provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 3 or more days during the past 30 days) and what were the reasons for absences.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10 percent of school days. According to a report by Attendance Works, the nation’s large and persistent achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.<sup>23</sup>

Biennial State CHKS data indicate that the most common reasons for being absent in secondary school, after illness, are generally not getting enough sleep and anxiety or stress, followed by being behind in schoolwork, and being bored or uninterested in school, another good indicator of disengagement.<sup>24</sup>

## Developmental Supports

Research shows that when schools (or families or communities) provide three developmental supports—**caring adult relationships, high expectations, and opportunities for meaningful participation**—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS measures these supports using multi-item scales. Results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher.<sup>25 26 27 28 29 30</sup>

## School Connectedness

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive

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<sup>23</sup> Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Download [www.attendanceworks.org/portraits-of-change/](http://www.attendanceworks.org/portraits-of-change/)

<sup>24</sup> Austin, Hanson, Bala, & Zheng. (2023). Download [data.calschls.org/resources/18th\\_Biennial\\_State\\_1921.pdf](http://data.calschls.org/resources/18th_Biennial_State_1921.pdf)

<sup>25</sup> Hanson & Austin. (2002). Download [data.calschls.org/resources/factsheet.pdf](http://data.calschls.org/resources/factsheet.pdf)

<sup>26</sup> Hanson & Austin. (2002). Download [data.calschls.org/resources/FACTSHEET-3.pdf](http://data.calschls.org/resources/FACTSHEET-3.pdf)

<sup>27</sup> Hanson. (2011). Download [data.calschls.org/resources/S3factsheet1\\_caring\\_20120223.pdf](http://data.calschls.org/resources/S3factsheet1_caring_20120223.pdf)

<sup>28</sup> Hanson. (2012). Download [data.calschls.org/resources/S3factsheet2\\_participation\\_20120224.pdf](http://data.calschls.org/resources/S3factsheet2_participation_20120224.pdf)

<sup>29</sup> O’Malley & Amarillas. (2011). Download [data.calschls.org/resources/S3\\_WhatWorksBrief1\\_CaringRelationships\\_final.pdf](http://data.calschls.org/resources/S3_WhatWorksBrief1_CaringRelationships_final.pdf)

<sup>30</sup> O’Malley & Amarillas. (2011). Download [data.calschls.org/resources/S3\\_WhatWorksBrief2\\_MeaningfulPart\\_final.pdf](http://data.calschls.org/resources/S3_WhatWorksBrief2_MeaningfulPart_final.pdf)

academic, social-emotional, and health outcomes.<sup>31</sup> It also shows that youth who feel safe at school, experience caring adults, and have opportunities for engagement and other developmental supports are more likely to feel connected to the school. The CHKS five-item School Connectedness scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. The online Query CalSCHLS system ([calschls.org/reports-data/query-calschls/](https://calschls.org/reports-data/query-calschls/)) enables examination of how key survey indicators vary by school connectedness.

School connectedness declines markedly after elementary school. A substantial minority of middle and high school students are not connected to their schools. On the 2017-19 State CHKS, the average percentage of students agreeing to these scale questions declined from 62 percent in 7<sup>th</sup> grade to 53 percent in 11<sup>th</sup>, a decline similar to that found for the Academic Motivation scale.<sup>32</sup> This may be related at least in part to their lower levels of developmental support. Prior analyses have indicated that the lowest rates of both connectedness and test scores are in low-income schools.<sup>33 34</sup>

## Parent Involvement

Parent involvement, including promoting parental participation in school programs, is one of the LCAP state priorities. A three-item scale assesses student perceptions (level of agreement) of three components of parent involvement: teachers communicating with parents about what students are expected to learn in class, parents feeling welcome to participate at this school, and school staff taking parent concerns seriously. The same questions also are asked on the staff and parent surveys so that perceptions can be compared across all three stakeholder groups. A large and growing body of evidence has linked school success to the manner and degree to which a school communicates with parents, engages them both in school activities and education, and fosters a school climate that parents perceive as warm, inviting, and helpful.<sup>35</sup>

## Facilities and Physical Environment

As an indicator of student perceptions of the school’s physical environment, the CHKS includes a question asking students how much they agree the school “is usually clean and tidy.” Additional questions are included in the supplementary School Climate Module. An analysis of 2018/20 data from the questions on both modules found that a plurality of students report that their school facilities are in good condition, but a non-trivial minority of students were dissatisfied with the condition of their school facilities.<sup>36</sup> Between 20 percent and 25 percent of students disagree or strongly disagree on the quality of the physical environment items. Almost one-third of schools serving 11<sup>th</sup> graders were categorized as having low quality physical environments based on student reports on the clean and tidy item. Student perceptions of the quality of their school’s physical environment were strongly related to student achievement.

## SCHOOL VIOLENCE, VICTIMIZATION, AND SAFETY (Section 8)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism, and the overall level of school

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<sup>31</sup> National Research Council and the Institute of Medicine. (2004). *Engaging schools: Fostering high school students’ motivation to learn*. Washington, D.C.: The National Academies Press.

<sup>32</sup> Austin, Hanson, Zhang, & Zheng. (2020). Download [data.calschls.org/resources/Biennial\\_State\\_1719.pdf](https://data.calschls.org/resources/Biennial_State_1719.pdf). *School Connectedness was not assessed on the 2019-21 State CHKS because the majority of students did not attend school in-person in 2020-21 due to the COVID-19 pandemic*.

<sup>33</sup> Austin, Hanson, & Voight. (2013). Download [data.calschls.org/resources/S3factsheet5\\_connectedness\\_20130827.pdf](https://data.calschls.org/resources/S3factsheet5_connectedness_20130827.pdf)

<sup>34</sup> O’Malley & Amarillas. (2011). Download [data.calschls.org/resources/S3\\_WhatWorksBrief4\\_Connectedness\\_final.pdf](https://data.calschls.org/resources/S3_WhatWorksBrief4_Connectedness_final.pdf)

<sup>35</sup> Wilder, S. (2014). Effects of parental involvement on academic achievement. A meta-synthesis. *Educational Review*, 66:3, 377-397.

<sup>36</sup> Hanson & Zheng. (2021). Download [calschls.org/docs/facilities\\_030221.pdf](https://calschls.org/docs/facilities_030221.pdf)

safety.<sup>37</sup> Physical violence and weapons on campus have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.<sup>38</sup> These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession.<sup>39 40 41</sup>

## Perceived Safety

Perceived safety is another indicator that districts/schools are required to monitor as part of their LCAP school climate priority. School safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. It is a key factor in students feeling connected to school. Another indicator important for attendance is the percentage of students who report missing school because they didn't feel safe (Table A6.3).

If students report low levels of perceived school safety, further examination of all the indicators related to bullying and victimization is warranted. Consider conducting follow-up student voice and feedback sessions such as focus groups or Student Listening Circles and integrating questions on why students do not feel safe.<sup>42</sup>

## Harassment and Victimization

Most of the safety-related questions on the survey assess victimization. Because a relatively small number of students can victimize a large number of their peers, victimization questions provide important insight into the overall school climate. Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students.

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason (Table A8.2). About three-in-ten secondary students report experiencing some harassment in the past year on the 2017-19 State CHKS, with the percentages declining between 7<sup>th</sup> and 11<sup>th</sup> grades.<sup>43</sup> Analyses show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school.<sup>44 45</sup> They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than students who were only harassed for other reasons.

Different forms of verbal harassment at school are assessed by asking students about: mean rumors or

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<sup>37</sup> The CHKS also includes two violence-related questions that are not school based: the frequency students experienced cyberbullying and whether they are gang members.

<sup>38</sup> Juvonen, J., & Graham, S. (2001). *Peer harassment in school: The plight of the vulnerable and victimized*. New York: Guilford Press.

<sup>39</sup> Barton, P. E. (2001). *Facing the hard facts in education reform*. Princeton, NJ: Educational Testing Service.

<sup>40</sup> O'Malley & Amarillas. (2011). Download [data.calschls.org/resources/S3\\_WhatWorksBrief5\\_ViolencePerpetration\\_final.pdf](https://data.calschls.org/resources/S3_WhatWorksBrief5_ViolencePerpetration_final.pdf)

<sup>41</sup> O'Malley & Amarillas. (2011). Download [data.calschls.org/resources/S3\\_WhatWorksBrief6\\_ViolenceVictimization\\_final.pdf](https://data.calschls.org/resources/S3_WhatWorksBrief6_ViolenceVictimization_final.pdf)

<sup>42</sup> O'Malley & Amarillas. (2011). Download [data.calschls.org/resources/S3\\_WhatWorksBrief3\\_Safety\\_final.pdf](https://data.calschls.org/resources/S3_WhatWorksBrief3_Safety_final.pdf)

<sup>43</sup> Austin, Hanson, Zhang, & Zheng. (2020). Download [data.calschls.org/resources/Biennial\\_State\\_1719.pdf](https://data.calschls.org/resources/Biennial_State_1719.pdf). Harassment at school was not assessed on the 2019-21 State CHKS due to the COVID-19 pandemic.

<sup>44</sup> Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download [data.calschls.org/resources/FACTSHEET-4.pdf](https://data.calschls.org/resources/FACTSHEET-4.pdf)

<sup>45</sup> Austin, Nakamoto, & Bailey. (2010). Download [data.calschls.org/resources/FACTSHEET-10.pdf](https://data.calschls.org/resources/FACTSHEET-10.pdf)

lies; sexual-related jokes, comments, or gestures; being made fun of because of looks or speech; and, more generally, being made fun of, insulted or called names. Physical victimization is assessed by questions about having been pushed/shoved, threatened with harm or injury (without or without weapon), and being afraid of being beaten up. Students are also asked whether they have ever been in a physical fight as a measure of general violence.

The supplementary School Climate Module includes Bullying Prevention and Respect for Diversity scales to provide insight into what the school is doing to reduce the problem.

## **Vandalism and Weapons**

Two other safety-related areas assessed by the survey are school vandalism and weapons possession. Students are asked whether they damaged school property or had their property damaged at school and whether they carried a knife or other weapon to school or observed someone else doing these things.<sup>46</sup> Overall, weapons possession is not common. Statewide, only about two percent of secondary students report carrying a gun and 4-5 percent report carrying another weapon.<sup>47</sup> About 14 percent of 7<sup>th</sup> and 9<sup>th</sup> graders report seeing someone carrying a weapon compared to 11 percent of 11<sup>th</sup> graders.

## **SUBSTANCE USE (Sections 9 and 10)**

An important barrier to learning, positive youth development, and health, substance use is assessed by the CHKS Core.

### **Alcohol and Other Drug Use (Section 9)**

The misuse of alcohol and other drugs (AOD) continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage.

Reflecting this, on the California School Staff Survey, 39 percent of high school staff statewide reported that alcohol and drug use are a moderate to severe problem at their school.<sup>48</sup>

### **Alcohol and Other Drug Use at School (Section 9)**

AOD use at school is especially troubling. This is behavior that threatens not only the user's learning ability but also the school's efforts to educate all youth. It also is an indirect indicator of school disengagement. An analysis of CHKS data found that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication were significantly related to changes in California achievement test scores one year later.<sup>49</sup> Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools.<sup>50 51</sup>

### **Cigarette Smoking (Section 10)**

Students who report smoking cigarettes are significantly more likely than those who do not to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related

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<sup>46</sup> Students who participated in school exclusively via remote learning were not asked these questions in 2020-21.

<sup>47</sup> Austin, Hanson, Polik, & Zheng. (2018). Download [data.calschls.org/resources/Biennial\\_State\\_1517.pdf](https://data.calschls.org/resources/Biennial_State_1517.pdf)

<sup>48</sup> Statewide CSSS. (2018). Download [calschls.org/docs/statewide\\_1517\\_csss.pdf](https://calschls.org/docs/statewide_1517_csss.pdf)

<sup>49</sup> Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). *Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools*. San Francisco: WestEd.

<sup>50</sup> Hanson & Austin. (2003). Download [data.calschls.org/resources/FACTSHEET-3.pdf](https://data.calschls.org/resources/FACTSHEET-3.pdf)

<sup>51</sup> O'Malley & Amarillas. (2011). Download [data.calschls.org/resources/S3\\_WhatWorksBrief8\\_AOD\\_final.pdf](https://data.calschls.org/resources/S3_WhatWorksBrief8_AOD_final.pdf)

problems and disengagement. To a lesser extent, students who smoke are also more likely to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems.<sup>52 53</sup>

## **SOCIAL AND EMOTIONAL HEALTH (Section 7)**

Student mental health can have a big impact on their health and well-being. The CHKS Core provides four measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; (2) whether they ever contemplated suicide; (3) social and emotional distress; and (4) life satisfaction. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness.<sup>54</sup> They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide.<sup>55</sup>

CHKS data also show that students who report bias-related harassment, particularly for disability and sexual orientation, have poorer overall mental health than students who are harassed for other reasons or not harassed. Students who report any harassment are about twice as likely to experience chronic sadness/hopelessness than their non-harassed peers.<sup>56 57</sup>

See also the percentage of students who report missing school because they “felt very sad, hopeless, anxious, stressed, or angry.” In addition, the supplementary School Climate Module includes a Social and Emotional Supports scale that provides insight from students on what the school does to help promote mental health and foster social-emotional competencies.

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<sup>52</sup> Hanson & Zheng. (2006). Download [data.calschls.org/resources/factsheet2update.pdf](https://data.calschls.org/resources/factsheet2update.pdf)

<sup>53</sup> Austin, McCarthy, Slade, & Bailey. (2007). Download [data.calschls.org/resources/FACTSHEET-5.pdf](https://data.calschls.org/resources/FACTSHEET-5.pdf)

<sup>54</sup> Austin, Nakamoto, & Bailey. (2010). Download [data.calschls.org/resources/FACTSHEET-11.pdf](https://data.calschls.org/resources/FACTSHEET-11.pdf)

<sup>55</sup> Austin, Cragle, Delong-Cotty. (2012). Download [data.calschls.org/resources/FACTSHEET-12.pdf](https://data.calschls.org/resources/FACTSHEET-12.pdf)

<sup>56</sup> Heck, Russell, O’Shaughnessy, Laub, Calhoun, & Austin. (2005). Download [data.calschls.org/resources/FACTSHEET-4.pdf](https://data.calschls.org/resources/FACTSHEET-4.pdf)

<sup>57</sup> Austin, Nakamoto, & Bailey. (2010). Download [data.calschls.org/resources/FACTSHEET-10.pdf](https://data.calschls.org/resources/FACTSHEET-10.pdf)