

VFMS Daily Time Schedule 2025-2026

	5 TH GRADE	6 TH GRADE	7 TH GRADE	8 TH GRADE
HR	8:27-8:37	8:27-8:37	8:27-8:33	8:27-8:33
1	8:37-9:22 CORE	8:37-9:22 CORE	8:37-9:22 CORE	8:37-9:22 Special Areas
2	9:24-10:09 CORE	9:24-10:09 Special Areas Art/Music/Health/PE/FL	9:26-10:11 CORE	9:26-10:11 CORE
3	10:09-10:24 Break 10:24-11:09 CORE	10:09-10:24 Break 10:24-11:09 CORE	10:15-11:01 Special Areas	10:15-11:01 CORE
4	11:11-11:56 Advisory	11:11-11:56 CORE	11:05-11:29 Activity 11:29-11:53 Lunch	11:05-11:29 Lunch 11:29-11:53 Activity
5	11:58-12:22 Lunch 12:22-12:46 Activity	11:58-12:22 Activity 12:22-12:46 Lunch	11:57-12:42 CORE	11:57-12:42 CORE
6	12:49-1:34 Special Areas Art/Music/Health/PE/FL/Adv	12:49-1:34 Advisory	12:46-1:31 CORE	12:46-1:31 CORE
7	1:37-2:22 CORE	1:37-2:22 CORE	1:35-2:20 CORE/ADVISORY	1:35-2:20 CORE/ADVISORY
8	2:25-3:10 CORE	2:25-3:10 CORE	2:24-3:10 CORE/ADVISORY	2:24-3:10 CORE/ADVISORY

CORE includes Math, English, Science, Social Studies, World Language/Reading