



2025-2026 Salesian Themes for Georgetown Visitation

“This hope we have [is] an anchor of the soul,
a *hope* both sure and reliable.”
Hebrews 6:19

God is Love

August: **Courage** "Fill all your heart with courage, and your courage with confidence in God; for he who has given you the first attractions of his sacred love will never abandon you." St. Francis de Sales

September: **Humility** "In a word, my daughter, you must become truly humble, and then God will live and reign in you." - St. Jane de Chantal

Following God's Will

October: **Joyful Optimism** "Turn to God with trust in His love, and He will never abandon you—He longs to pour out His grace upon you." St. Margaret Mary Alacoque

November: **Simplicity** "I recommend to you holy simplicity. Let us be firmly resolved to serve God with our whole heart and life. Beyond that, let us have no care about tomorrow." St. Francis de Sales

Living in God's Presence

December: **Hospitality** "Be humble towards God and gentle with your neighbor." St. Margaret Mary Alacoque

January: **Generosity** "True charity has no limit; for the love of God has been poured into our hearts by His Spirit dwelling in each one of us, calling us to a life of devotion and inviting us to bloom in the garden where He has planted and directing us to radiate the beauty and spread the fragrance of His Providence." - St. Francis de Sales

Universal Call to Holiness

February: **Gentleness** "To be sure, I am convinced, and experience has taught me, that nothing so wins souls as gentleness and cordiality." St. Jane de Chantal

March: **Patience** "Keep your heart in peace and let nothing trouble you, not even your faults. You must humble yourself and amend them peacefully, without being discouraged or cast down, for God's dwelling is in peace." St. Margaret Mary Alacoque

Live Jesus!

April: **Gratitude** "Adore God from the bottom of your heart and thank Him for all the benefits and graces He has given you." - St. Jane de Chantal

May: **Contentment** "We who know that the Lord looks at the heart, ought to have no other aim than to be pleasing to Him." St. Francis de Sales

Little Virtues

June: **Thoughtful Concern for Others** "This adorable Heart, then, beloved Sister, must be the center of our true friendship and our place of retreat." St. Margaret Mary Alacoque

July: **Kindness** "Be sure then often to examine your dealings with your neighbour, whether your heart is right towards him, as you would have his towards you." - St. Francis de Sales