

# NANSEMOND-SUFFOLK ACADEMY

3373 Pruden Boulevard, Suffolk, VA 23434 | Phone: 757.539.8789 | Fax: 757.539.4176 | www.nsacademy.org | CEEB Code: 472213

## SCHOOL PROFILE 2025 - 2026

### THE SCHOOL AND ACCREDITATION

Located on two campuses in Suffolk, VA, within the heart of the Hampton Roads region, Nansemond-Suffolk Academy (NSA) serves approximately 900 students from southeastern Virginia and northeastern North Carolina. NSA is a co-educational, independent, college preparatory day school for students in Pre-Kindergarten through Grade 12. Admission is selective, and students reflect a wide range of socioeconomic backgrounds. At NSA, we inspire a passion for learning in a supportive, innovative and student-centered community that develops each individual for lifelong success. Nansemond-Suffolk Academy is accredited by the Virginia Association of Independent Schools.

### HONOR CODE

As a responsible member of the student body of Nansemond-Suffolk Academy, I realize that everything I do must be above reproach. I will be honest with myself and with others. I will refrain from all acts of cheating, lying and stealing, and I will not tolerate those acts from others. I will actively encourage my fellow students to follow the highest standards of integrity.

### ACADEMIC YEAR

Each semester is approximately 82 days. As of 2024-2025 NSA is on a modified block schedule. Most AP and some elective courses meet year long every-other day, while other classes are semester-long. A standard load is seven credits. A maximum of eight credits may be earned in a regular school year.

### GRADUATION REQUIREMENTS

Due to the shift to a block schedule, graduation requirements have changed based on class year. Successful completion of a course earns one credit. Minimum subject requirements are listed below; however, most students elect to pursue additional coursework in areas of interest.

Class of	Mathematics	English	History/Social Sciences	Lab Sciences	World Language	Fine Arts	Health/ PE	Total Credits
2026	3 or 4 credits	4 credits	4 credits	3 or 4 credits	3 credits	1 credit	N/A	24
2027	4 credits	4 credits	4 credits	4 credits	3 credits	1 credit	N/A	25
2028	4 credits	4 credits	4 credits	4 credits	3 credits	1 credit	1 credit	26

### GRADING SYSTEM AND GRADE WEIGHTING POLICY

Only academic courses are computed in the student's GPA. Students may not earn a grade greater than 100, therefore the unweighted 100 point GPA cannot be greater than 100. GPA is reported on an unweighted and weighted 4-point scale. Courses labeled as AP or Honors are weighted. Advanced Placement courses carry the weight of .5 and Honors courses, .25 on a 4-point scale.

Numerical Grade	97-100	93-96	90-92	87-89	83-86	80-82	77-79	73-76	70-72	67-69	63-66	60-62	0-59
Letter Equivalent	A+	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	F
GPA	4.3	4.0	3.7	3.3	3.0	2.7	2.3	2.0	1.7	1.3	1.0	0.7	0.0

### ADVANCED PLACEMENT POLICY

AP enrollment is determined by a student's course load, prerequisites and recommendations. Students are discouraged from taking more than three per year, and most AP's are not available until Junior/Senior years. Students enrolled in an AP course must sit for the exam.

### DISCIPLINARY REPORTING POLICY

NSA will, when asked to disclose such information on an admissions application, report to colleges and universities any major honor or disciplinary infractions that took place during grades 9-12, including, but not limited to, those that result in suspensions and dismissals.

*Nansemond-Suffolk Academy does not rank students for the purpose of college admission.*

### ADMINISTRATION

Michael R. Barclay

Head of School  
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Kimberly H. Aston '88

Head of Upper School  
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### COLLEGE COUNSELING

Mary Hunter N. Hardison '01

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### ENROLLMENT

Pre-K-Grade 12: 887  
• % diversity: 25%  
• % on financial aid: 47%

Grades 9-12: 267

- 60 seniors
- 70 juniors

### UPPER SCHOOL FACULTY

Upper School faculty totals: 29  
• 48% hold advanced degrees  
• 9:1 student-faculty ratio

### MISSION STATEMENT

*At Nansemond-Suffolk Academy, students are engaged in personal growth, inspired to discover their passion and empowered to make a difference in the world.*

## CURRICULUM

All courses are college preparatory. Honors and AP courses are selective. Selection for these courses is based upon past academic performance and teacher recommendation. Courses are taught based on enrollment.

### KEY

CP = College Preparatory  
H = Honors  
AP = Advanced Placement  
^ Not offered 2025-2026  
\* Graded Pass/Fail

## ENGLISH

English 9	CP		
English 10	CP	H	
English 11	CP	H	
English 12	CP	H	
English Language and Composition			AP
English Literature and Composition			AP
Survey of Literature*	CP		
Creative Writing	CP		

## HISTORY/SOCIAL SCIENCES

American Military History	CP		
European History			AP
History of American Film and Television	CP		
Holocaust and Genocide Studies	CP		
Principles of Economics	CP		
Sports and Society	CP		
U.S. History	CP	H	AP
Ancient World History	CP		
Modern World History	CP		
U.S. Government and Politics	CP	H	AP

## ADDITIONAL COURSES

9th Grade Health and PE  
Strength Training\*  
Study Skills\*

## LAB SCIENCES

Anatomy & Physiology	CP		
Modern Biology	CP		
Biology		H	AP
Chemistry	CP	H	AP
Computer Science A			AP
Environmental Science	CP		AP
Design Thinking and Innovation I and II	CP^		
Advanced Design Thinking and Innovation	CP		
Physics	CP		
Physics 1			AP
Physics C			AP
Sports Medicine	CP		

## PROJECT LEAD THE WAY (PLTW) LAB SCIENCES

Principles of Biomedical Science	CP		
Human Body Systems	CP		
Introduction to Engineering	CP		
Principles of Engineering	CP		

*Project Lead the Way's science courses allow students to engage in compelling, hands-on activities to tackle real-world problems.*

## MATHEMATICS

Algebra I	CP		
Geometry	CP	H	
Algebra II	CP		
Algebra II/Trig	CP	H	
Algebra III/Trig	CP		
Precalculus	CP	H	
Calculus		H	
Calculus AB			AP
Calculus BC			AP
Statistics with College Math Prep	CP		
Statistics			AP

## WORLD LANGUAGE

French I-III	CP		
French IV-V		H	
French Language and Culture			AP
Latin I-III	CP		
Latin IV-V		H	
Latin: Vergil			AP^
Spanish I-III	CP		
Spanish IV-V		H	
Spanish Language and Culture			AP

## FINE ARTS

Art I-II	CP		
Advanced Art	CP		
Advanced Art II	CP		
Digital Art	CP		
Art and Design			AP^
Band	CP		
Fiber Arts	CP		
Intermediate Choral Music	CP		
Advanced Choral Music	CP		
Photography	CP		
Yearbook Production	CP		

## INTERNSHIPS

Athletic Office\* (12)  
Business and Marketing\* (12)  
Early Childhood Education\* (12)  
Innovation Lab (11, 12)\*  
Philanthropic Studies and Business\* (12)  
Upper School Office\* (12)  
Technology\* (11, 12)

*Internships are credit-bearing pass/fail courses that provide the opportunity for upperclassmen to engage in experiential learning in a specific area of interest.*

## CONSTELLATION LEARNING

*Constellation Learning is a collective of independent schools around the world that offers online courses taught by independent school faculty. Courses provide comparable rigor to on-campus classes while broadening the breadth of available courses. Additional tuition is required for students who enroll in one of these courses. Any course listed on a student's transcript that does not appear on this page has been taken via Constellation.*



## COLLEGES OFFERING ADMISSION TO THE CLASSES OF 2022-2025

Allegheny College	Grand Canyon University	Presbyterian College	University of Louisville
Anna Maria College	Greensboro College	Queens University of Charlotte	University of Lynchburg
Appalachian State University	Hamilton College	Quinnipiac University	University of Maine
Arcadia University	Hampden-Sydney College	Radford University	University of Mary Washington
Arizona State University	Hampton University	Randolph College	University of Maryland
Auburn University	Hawai'i Pacific University	Randolph-Macon College	University of Maryland Eastern Shore
Austin Peay State University	Henderson State University	Richard Bland College of William and Mary	University of Massachusetts (Boston)
Averett University	High Point University	Rider University	University of Miami
Ball State University	Hobart and William Smith Colleges	Roanoke College	University of Michigan
Barry University	Hollins University	Robert Morris University	University of Minnesota
Barton College	Hood College	Rochester Institute of Technology	University of Mississippi
Belmont Abbey College	Howard University	Roger Williams University	University of North Carolina at Chapel Hill
Belmont University	Indiana University	Rollins College	University of North Carolina at Charlotte
Berry College	James Madison University	Rose-Hulman Institute of Technology	University of North Carolina at Greensboro
Boston College	Johns Hopkins University	Rutgers University	University of North Carolina Wilmington
Boston University	Johnson & Wales University	Saint Francis University	University of Oregon
Bridgewater College	Lenoir-Rhyne University	Salisbury University	University of Pittsburgh
Central College	Liberty University	Savannah College of Art and Design	University of Richmond
Charleston Southern University	LIM College	Seton Hall University	University of San Francisco
Chatham University	Longwood University	Sewanee: The University of the South	University of South Carolina
Chowan University	Louisiana State University	Shenandoah University	University of South Carolina (Aiken)
Christopher Newport University	Loyola University Maryland	Skidmore College	University of South Carolina (Beaufort)
Citadel Military College of South Carolina	Loyola University New Orleans	Southern New Hampshire University	University of South Florida
Clemson University	Marist University	St. Mary's College of Maryland	University of Utah
Coastal Carolina University	Mary Baldwin University	St. Olaf College	University of Virginia
College of Charleston	Marymount Manhattan College	Stetson University	University of Wisconsin- Madison
College of Southern Maryland	Marymount University	Sony Brook University	Valparaiso University
Commonwealth University	Massachusetts Maritime Academy	SUNY Maritime College	Villanova University
Coppin State University	McDaniel College	Sweet Briar College	Virginia Commonwealth University
Coventry University	McPherson College	Syracuse University	Virginia Military Institute
Culinary Institute of America	Merced College	Temple University	Virginia Tech
Dickinson College	Methodist University	Temple University, Japan Campus	Virginia State University
Drew University	Miami University (Oxford)	Texas Christian University	Virginia Union University
Drexel University	Midwestern State University	Texas State University	Virginia Wesleyan University
Duquesne University	Mississippi State University	The Ohio State University	Wake Forest University
East Carolina University	Missouri State University (Springfield)	The University of Alabama	Washington and Lee University
Eckerd College	Monmouth University	The University of Montana	Washington State University
Elizabeth City State University	Montana State University	The University of Tampa	Waynesburg University
Elmira College	Montclair State University	The University of Tennessee	Webber International University
Elon University	Mount Allison University	The University of Virginia's College at Wise	West Virginia University
Embry-Riddle Aeronautical University	Muhlenberg College	Tidewater Community College	West Virginia Wesleyan College
Emory & Henry College	Murray State University	Towson University	Western Carolina University
Eureka College	Norfolk State University	Tulane University of Louisiana	Westminster University
Ferrum College	North Carolina A & T State University	University of Aberdeen	William & Mary
Flagler College	North Carolina Central University	University of Alabama at Birmingham	Wingate University
Florida Atlantic University	North Carolina State University	University of Alaska Fairbanks	Winston-Salem State University
Florida Gulf Coast University	North Carolina Wesleyan University	University of Arizona	Wofford College
Florida Institute of Technology	Northeastern University	University of Arkansas	Worcester Polytechnic Institute
Florida Southern College	Oklahoma City University	University of California (Davis)	
Florida State University	Old Dominion University	University of California (San Diego)	
Fordham University	Pace University	University of Central Florida	
Franklin & Marshall College	Palm Beach Atlantic University	University of Delaware	
Frostburg State University	Paul D. Camp Community College	University of Florida	
Furman University	Paul Smith's College	University of Georgia	
George Mason University	Penn State University (Abington)	University of Hawaii at Manoa	
George Washington University	Penn State University (Harrisburg)	University of Iowa	
Georgia Institute of Technology	Penn State University (Hazleton)	University of Kentucky	
Georgia Southern University	Penn State University (University Park)		
	Point Park University		