

Diocesan Wellness Committee

Invitation

**Calling all staff, students, parents,
and community partners!**

Do you or your student have a passion about wellness and a drive to make our Diocese a better, healthier place? This committee just might be for you!

Did you know that 16% of all children and teens in the US are overweight?

We believe we have a responsibility to improve the health and well-being of our children!

Childhood obesity is leading to a range of health problems in our youth that previously weren't seen until adulthood, but we can help!

If you have an interest in helping staff & families improve the health and academic success of our students through Diocesan level policies, we need you!

**Contact Jane Herrmann at
jaherrmann@evdio.org to express your interest.**

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