

What's Not Right? Go to:	My Doctor/ Walk-in Clinic	Urgent Care
May need stitches		✓
May need X-ray		✓
Animal bites		✓
Back pain	✓	✓
Bumps, cuts, scrapes	✓	✓
Earache or sinus pain	✓	✓
Eye irritation	✓	✓
Fever, cough, cold, flu	✓	✓
Insect stings	✓	✓
Mild Asthma	✓	✓
Minor headache	✓	✓
Minor allergic reaction	✓	✓
Minor burn	✓	✓
Nausea, vomiting, diarrhea	✓	✓
Nose bleeds	✓	✓
Rash, minor bumps	✓	✓
Sore throat	✓	✓
Sprain, strain, sports injury	✓	✓
Urinary infection	✓	✓
Vaccinations	✓	✓



Something's not
right...
**WHAT SHOULD I
DO????**



Call 9-1-1

or go directly to the **Emergency Department** if you think you're experiencing a life-threatening condition or these symptoms:

- * Sudden or unexplained loss of consciousness
- * Trauma to the head
- * Signs of a heart attack, such as sudden/severe chest pain or pressure lasting 2 minutes or more
- * Signs of a stroke—Think **FAST***
- * Any sudden or severe pain, or unusual abdominal pain
- * Severe shortness of breath.
- * Coughing or vomiting blood
- * Cut or wound that won't stop bleeding
- * High fever with stiff neck, mental confusion and/or difficulty breathing
- * Poisoning
- * Stab wounds
- * Suicidal feelings
- * Partial/total amputation of a limb

COVID-19: When to Seek Medical Attention

Center for Disease Control and Prevention Recommendations



If you develop any of these **emergency warning signs*** get **medical attention immediately**:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Call 911 if you have a medical emergency: Notify the operator that you have, or think you might have, COVID-19. If possible, put on a cloth face covering before medical help arrives. Accessed at: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>



Think **FAST*** to spot stroke signs:



Face drooping: Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven or lopsided?

Arm weakness: Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

Speech difficulties: Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence like, "The sky is blue." Is the person able to correctly repeat the words?

TIME TO CALL 9-1-1: If someone shows any of these symptoms, *even if the symptoms go away*, call 9-1-1 and say, "I think this is a stroke," to help get the person to the hospital immediately. Time is important! Do NOT delay. Note the time when the first symptoms appeared and tell the Emergency responder.