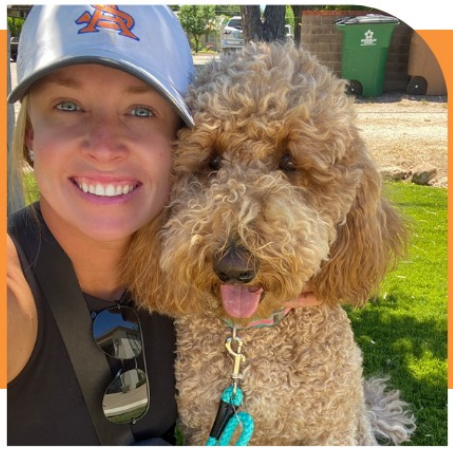
Coach Farmer

San Angelo Central
Email: Tabitha.Farmer@saisd.org
Conference: 2:14pm - 3:02pm T- Gym



Just a little bit about your coach!

My name is Tabi Farmer. I am married to Blake Farmer and we have two puppy dogs. I am the head softball coach for Central, and I LOVE everything PE related. I have been an elementary PE teacher for the past 10 years and hope to bring the fun back to our high school gym. I love exploring new ways to be active and I recently feel in love with Pickleball. I also love ice coffee, a nice walk in 70 degree weather and playing wahoo with my family!!

Course Description

This course is designed to teach students the importance of creating a lifelong healthy living lifestyle and exercises choices. It will allow students to practice and be involved in various types of physical activities. Student participation will be key in having a successful class. Your participation will allow you to gain knowledge, physical skills and will help create enjoyment in being active.

Student Responsibilities	Gym Behaviors
• Arrive to the gym on time • Be respectful to yourself, classmates and coaches • Ask questions if you do not understand something • Participate in all activities • HAVE FUN!!!!!!!	• Follow coaches / sub directions • Be respectful to yourself, classmates, coaches and equipment • Follow CHS Student Handbook • No cussing • Backpacks stay against the walls • **No earbuds or cellphones during class** • No food or drinks allowed on the court • Wear appropriate shoes and clothing to be active in