

## Parent Consent Letter for the CHAT Program

Student Name: [Click or tap here to enter text.](#)

School Name: \_\_\_\_\_

This form serves as the:

- First Notice                      Date of 1<sup>st</sup> Notice  
 Second Notice                      Date of 2<sup>nd</sup> Notice    [Click or tap here to enter text.](#)

Program Dates    [Click or tap here to enter text.](#)                      AND    [Click or tap here to enter text.](#)

*Making A Difference!* is an abstinence-based program that teaches young people the importance of respect for self and others. This program is endorsed by the Centers for Disease Control and Prevention (CDC) and the Indiana State Department of Health as a high-quality, evidence-based program that positively impacts teens in middle school. Programming is facilitated by Hoosier Uplands' degreed, professional facilitators. This year the facilitators are both females. The course will be facilitated in a **co-ed or single-sex** setting. The eight-session *Making A Difference!* program includes a facilitated discussion of students' dreams and goals, and their relationship to adolescent sexual behavior. Teens will receive medically accurate, fact-based information about preventing pregnancy, STDs, and HIV infection; learn strategies for responding to peer and partner pressure; and practice refusal and negotiation skills. As part of the program, your student will complete a pre- and post-survey about their abstinence-related knowledge, beliefs, and behaviors, as well as substance use history, before and after the program.

If you have additional questions or would like to review instructional materials, please contact Amber Dorsam or Emily Kellison at Hoosier Uplands, 812-849-4447.

**Please check one:**

- Consents to the Instruction     Declines Instruction

*If the school does not receive a response within ten days after the second notice, the student will receive the program unless the parent subsequently opts out of the instruction for the student.*

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**Parent/Guardian Signature**

**Date**

Please return form to

at your school by

Sincerely,

*Amber Dorsam*