

+Prices 2025-2026
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

SEPTEMBER

GHMS LUNCH 2025

Prepared by CVSD (717)556-0025

BUCKSKIN BAG
 #1 Yogurt, Mini Muffin, Peanut Butter, Grahams
 #2 WG Mini Pretzels, String Cheese, Cornbread, Pizza Hummus

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 Chicken Tenders / Snack Bag or Turkey & Cheese on WG Bread or PBJ or No Salad Today Baked Beans Grape Tomatoes w/ Ranch Peaches / Fresh Fruit Milk	3 Teriyaki Dippers / Fried Rice or Buckskin Bag #1 or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Broccoli Baby Carrots w/ Ranch Pineapples / Fresh Fruit Milk	4 Deep Dish Personal Pizza or Turkey & Cheese on WG Bread or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Carrots Cucumber w/ Ranch Apple Sauce / Fresh Fruit Milk	5 Walking Taco or Turkey & Cheese on WG Bread or PBJ or Salad / Grilled Chicken / Fritos / WG Roll Steamed Corn Lettuce / Tomato / Cheese Mixed Fruit / Fresh Fruit Milk
8 Meatballs w/ Sauce / Bosco Stick or Ham & Cheese on WG Roll or PBJ or Salad / Grilled Chicken / Fritos / WG Roll Scalloped Potatoes Mini Salad w/ Ranch Pears / Fresh Fruit Milk	9 Bean & Cheese Burrito / Snack Bag or Ham & Cheese on WG Roll or PBJ or Salad / Grilled Chicken / Fritos / WG Roll BBQ Baked Beans Baby Carrots w/ Ranch Peaches / Fresh Fruit Milk	10 Cheese Crunchers w/ Sauce or Buckskin Bag #2 or PBJ or Salad / Grilled Chicken / Fritos / WG Roll Smile Potatoes Grape Tomatoes w/ Ranch Pineapples / Fresh Fruit Milk	11 Mini Pancakes w/ Sausage Links or Ham & Cheese on WG Roll or PBJ or Salad / Grilled Chicken / Fritos / WG Roll Hash Brown / 100 Fruit Juice Celery w/ Ranch Cinnamon Apples Fresh Fruit Milk	12 Pizza Stix / Dipping Sauce or Ham & Cheese on WG Roll or PBJ or Salad / Grilled Chicken / Fritos / WG Roll Steamed Green Beans Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk
15 Breaded Chicken Filet on WG Roll or Italian Meat on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Carrots Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	16 Beef BBQ on WG Roll or Italian Meat on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Parsley Potatoes Broccoli Florets w/ Ranch Pineapples / Fresh Fruit Milk	17 Soft Shell Taco or Buckskin Bag #1 or PBJ or Garden Salad / Cheez Its / WG Roll Mexican Bean Salad Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	18 EARLY DISMISSAL French Bread Pizza or PBJ Steamed Green Beans Baby Carrots w/ Ranch Apple Sauce / Fresh Fruit Milk	19 NO SCHOOL
22 NO SCHOOL	23 Pepperoni Hot Pocket or Ham & Cheese on WG Roll or PBJ or No Salad Today Steamed Broccoli Baby Carrots w/ Ranch Pears / Fresh Fruit Milk	24 Pretzel Bun w/ Cheese or Buckskin Bag #2 or Ham & Cheese on Roll or Salad / Grilled Chicken / Fritos / WG Roll Tomato Soup / Goldfish Crackers Mini Salad w/ Ranch Peaches / Fresh Fruit Milk	25 Mac & Cheese / Tostitos / Salsa or Ham & Cheese on WG Roll or PBJ or Salad / Grilled Chicken / Fritos / WG Roll Baked Beans Cucumber w/ Ranch Pineapples / Fresh Fruit Milk	26 French Bread Pizza or Ham & Cheese on WG Roll or PBJ or Salad / Grilled Chicken / Fritos / WG Roll Steamed Green Beans Broccoli Florets w/ Ranch Jell-O Cup / Fresh Fruit Milk
29 Chicken Nuggets / WG Roll or Turkey & Cheese on WG Bread or PBJ or Garden Salad / Cheez Its / WG Roll Mashed Potatoes / Gravy Mini Salad w/ Ranch Mixed Fruit / Fresh Fruit Milk	30 Cheeseburger on WG Roll or Turkey & Cheese on WG Bread or PBJ or Garden Salad / Cheez Its / WG Roll BBQ Baked Beans Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk			

LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
FAT FREE MILK SERVED DAILY

MENU SUBJECT TO CHANGE

Garden Salad w/ Cheese (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds Cheddar)
 Garden Salad w/ Turkey, Bacon (Greens, Tomato, Cucumber, Carrot, Cheddar, Turkey, Bacon)
 Garden Salad w/ Grilled Chicken (Greens, Tomato, Cucumber, Carrot, Cheddar, Chicken)
 Cobb Salad (Greens, Tomato, Cucumber, Carrots, Pepper, Cheddar, Egg, Bacon, Chicken)

