



**Course Name: LeadWorthy (Int)**  
**School Year: 2025-2026**

**Course Purpose and Relevance:**

Teen Leadership is a one semester/or year-long elective course designed to develop business, professional, and leadership skills in a nurturing environment. This course is highly interactive and offers many opportunities to participate in activities leading to self-awareness, making more responsible choices, handling peer pressure, better communication, having a positive attitude and, all and all, excelling in life. In Teen Leadership the student learns and uses the skills of a leader. This course utilizes the LeadWorthy curriculum from the Flippen Group.

**Overview of Student Outcomes:**

The student

- describes the impact of self-concept and self-confidence on personal growth
- self-assesses emotional intelligence to identify personal improvement goals
- examines personal values to develop statements of current and future goals
- understands the importance of taking responsibility for one's thoughts, attitudes, and actions
- understands the importance of a positive image and precautions to employ when using social media
- evaluates the qualities and motivations that shape the development of a leader
- understands the changing relationships that exist within groups and demonstrates skills to manage group dynamics
- understands various forms of peer pressure and develops strategies and skills for managing negative peer pressure and bullying
- develops and uses skills that help build, grow, and maintain both professional and personal relationships
- analyzes family dynamics
- describes and uses various problem-solving processes
- understands how to communicate in written, oral, and visually supported mediums.
- demonstrates leadership and communication skills to serve the community
- applies critical-thinking skills to organize and use information acquired from a variety of valid sources, including electronic technology.
- creates written, oral, and visual presentations of social studies information.

**How to Assist Your Learner at Home:**

Refer to the teacher's Course Syllabus for resources and course specific opportunities.

**Link to Course TEKS on State website:**

Year-at-a-Glance 25-26		Subject	LeadWorthy INT	PEIMS Code	
		Prerequisites	none	Grade Level	7-8
Days	Dates	Unit/BB			
4	Aug 13-16	<b>Laying the Foundation (2 weeks)</b> <ul style="list-style-type: none"><li>• Getting Acquainted</li><li>• Attitude</li><li>• Introductory Speeches</li><li>• Developing Relationship</li><li>• Goals for the course and speech</li></ul>			
5	Aug 18-22				
5	Aug 25-29	<b>Looking at Ourselves (3 weeks)</b> <ul style="list-style-type: none"><li>• Self-Concept</li><li>• Self Confidence</li><li>• Reframing</li><li>• First Impression</li><li>• Self Confidence for Leaders</li><li>• Memorable Experiences Speeches</li></ul>			
4	Sept 2-7				
5	Sept 8-12				
5	Sept 15-19	<b>Understanding Ourselves (2 Weeks)</b> <ul style="list-style-type: none"><li>• Emotional Intelligence</li><li>• Persistence and Optimism</li><li>• Self-Awareness</li><li>• Self-Control</li><li>• Social Skills and Interpersonal</li><li>• Self-Motivation</li><li>• Speeches</li></ul>			
5	Sept 22-26				
4	Sept 30-Oct 3	Time to complete proficiency with TEKS/HPLS/EE			
4	Oct 6-9	<b>Presenting Ourselves (2 weeks)</b> <ul style="list-style-type: none"><li>• Public Speaking</li><li>• Speaking Skills</li><li>• Image</li><li>• Public v. Private</li><li>• What is True Leadership</li><li>• Leadership speeches</li></ul>			
3	Oct 15-17				
5	Oct 20-24	<b>Interactions with Others (3 weeks)</b> <ul style="list-style-type: none"><li>• Peer Pressure</li><li>• Defining and Identify Effects of Bullying</li><li>• Defending Skills</li><li>• Rescuing Skills</li></ul>			
5	Oct 27-31				
4	Nov 3-7				
5	Nov 10-14	<b>Looking at Relationships (3 weeks)</b> <ul style="list-style-type: none"><li>• Affirming and Listening</li><li>• Family Relationships</li><li>• Circumplex Model</li></ul>			
5	Nov 17-21				
5	Dec 1-5				
5	Dec 8-12	<b>Mastering LeadWorthy</b> Time to complete proficiency with TEKS/HPLS/ES			
5	Dec 15-19	Semester Exam Week			
5	Jan 6-9	<b>Laying the Foundation (2 weeks)</b> <ul style="list-style-type: none"><li>• Getting Acquainted</li><li>• Attitude</li><li>• Introductory Speeches</li><li>• Developing Relationship</li><li>• Goals for the course and speech</li></ul>			
5	Jan 12-16				

4	Jan 20-23	<b>Looking at Ourselves (3 weeks)</b> <ul style="list-style-type: none"><li>• Self-Concept</li><li>• Self Confidence</li><li>• Reframing</li><li>• First Impression</li><li>• Self Confidence for Leaders</li><li>• Memorable Experiences Speeches</li></ul>
5	Jan 26-30	
5	Feb 2-6	
5	Feb 9-13	<b>Understanding Ourselves (2 Weeks)</b> <ul style="list-style-type: none"><li>• Emotional Intelligence</li><li>• Persistence and Optimism</li><li>• Self-Awareness</li><li>• Self-Control</li><li>• Social Skills and Interpersonal</li><li>• Self-Motivation</li><li>• Speeches</li></ul>
4	Feb 17-20	
5	Feb 23-27	Time to complete proficiency with TEKS/HPLS/EE
5	Mar 2-6	<b>Presenting Ourselves (3 weeks)</b> <ul style="list-style-type: none"><li>• Public Speaking</li><li>• Speaking Skills</li><li>• Image</li><li>• Public v. Private</li><li>• What is True Leadership</li><li>• Leadership speeches</li></ul>
4	Mar 16-19	
5	Mar 23-27	•
4	Mar 30-Apr 2	<b>Interactions with Others (3 weeks)</b> <ul style="list-style-type: none"><li>• Peer Pressure</li><li>• Defining and Identify Effects of Bullying</li><li>• Defending Skills</li><li>• Rescuing Skills</li></ul>
5	Apr 6-10	
5	Apr 13-17	
5	Apr 20-24	<b>Looking at Relationships (3 weeks)</b> <ul style="list-style-type: none"><li>• Affirming and Listening</li><li>• Family Relationships</li><li>• Circumplex Model</li></ul>
5	Apr 27-May 1	
5	May 4-8	
5	May 11-15	<b>Mastering LeadWorthy</b> Time to complete proficiency with TEKS/HPLS/EE
4	May 18-21	Semester Exam Week