



Course Name: History of United States Sports
School Year: 2025-2026

Course Purpose and Relevance:

In this one-semester elective, students will examine major eras and turning points in U.S. History through the lens of a variety of sports starting at the beginning and developing into the major leagues. Sports eras of 1860 to 1940, 1940 to 1980, and 1980 to present will be studied. Students will learn about sports heroes, mascots, the movement of teams, the impact of the media, and the role of the U.S. in the Olympics. Connections will be drawn between sports and what is happening in the U.S. during that period of time.

Overview of Student Outcomes:

The student

- examine major eras and turning points in U.S. History through the lens of a variety of sports
- draw connections between sports and what happened historically
- use problem-solving and decision-making skills, working independently and with others, in a variety of settings
- apply critical-thinking skills to organize and use information acquired from a variety of valid sources, including electronic technology.
- create written, oral, and visual presentations of social studies information.

Available Support for Student Learning:

Refer to the teacher's Course Syllabus for resources and course specific opportunities.
Student textbook and/or digital version are available through the CCISD Student Portal.

Link to Course TEKS on State website:

<http://ritter.tea.state.tx.us/rules/tac/chapter113/ch113c.pdf>

Year-at-a-Glance 25-26

Subject	History of US Sports	PEIMS Code	
Prerequisites	US History	Grade Level	11-12

Days	Dates	Unit/BB
4	Aug 13-16	<u>Introduction to Sports (2 weeks)</u>
5	Aug 18-22	<ul style="list-style-type: none"> • Why the interest? • Who and why? attraction/interest demographics • Cultural/Social Impacts • Economic Impacts • Role of sports in high school and college
5	Aug 25-29	<u>Sports Before WWI (3 weeks)</u>
4	Sept 2-7	<ul style="list-style-type: none"> • Horse Racing/Kentucky Derby • Boxing/Baseball: American sports identity emerges • Hero-making: Sports and Mass Media • Evolution of football and baseball • American Professional Sports-Red Grange • Social Mobility and Sports with Immigrants • Jim Thorpe
5	Sept 8-12	
5	Sept 15-19	<u>Sports During the 1920s and 1930s (2 weeks)</u>
5	Sept 22-26	<ul style="list-style-type: none"> • Black Sox Scandal • Role of sports during the depression • Evolution of Nascar • Helen Wills • Jesse Owens • Babe Ruth/Yankees/the American Dream
4	Sept 30-Oct 3	Time to complete proficiency with TEKS
4	Oct 6-9	<u>Sports During WWII (2 weeks)</u>
3	Oct 15-17	<ul style="list-style-type: none"> • Sports heroes at home and at war • Professional Women’s Baseball League • Joe Louis • Babe Didrikson
5	Oct 20-24	<u>Sports after WWII/Civil Rights (3 weeks)</u>
5	Oct 27-31	<ul style="list-style-type: none"> • Jackie Robinson • Cassius Clay/Muhammed Ali • Texas Western (65-66) • Equal Access – Integration of Baseball, Title IX (1972) • Battle of the Sexes
4	Nov 3-7	
5	Nov 10-14	<u>Modern Sports and Society (3 weeks)</u>
5	Nov 17-21	<ul style="list-style-type: none"> • 1970's Fitness Craze • Miracle on Ice • Pro-Basketball • Big Business – Sports Organizations, Management, Recruitment/Drafts, expansion/relocation of franchises; Role of Media • Enhancing Performance—issues, laws • Positives and Negatives of Youth Sports and Specialization • Modern Sports Myths and Legends • American Sports and Globalization
5	Dec 1-5	
5	Dec 8-12	Mastering History of US Sports Time to complete proficiency with TEKS
5	Dec 15-19	Semester Exam Week
5	Jan 6-9	<u>Introduction to Sports (2 weeks)</u>
5	Jan 12-16	<ul style="list-style-type: none"> • Why the interest? • Who and why? attraction/interest demographics • Cultural/Social Impacts • Economic Impacts • Role of sports in high school and college
4	Jan 20-23	<u>Sports Before WWI (3 weeks)</u>
5	Jan 26-30	

5	Feb 2-6	<ul style="list-style-type: none"> • Horse Racing/Kentucky Derby • Boxing/Baseball: American sports identity emerges • Hero-making: Sports and Mass Media • Evolution of football and baseball • American Professional Sports-Red Grange • Social Mobility and Sports with Immigrants • Jim Thorpe
5	Feb 9-13	<u>Sports During the 1920s and 1930s (2 weeks)</u>
4	Feb 17-20	<ul style="list-style-type: none"> • Black Sox Scandal • Role of sports during the depression • Evolution of Nascar • Helen Wills • Jesse Owens • Babe Ruth/Yankees/the American Dream
5	Feb 23-27	Time to complete proficiency with TEKS
5	Mar 2-6	<u>Sports During WWII (2 weeks)</u>
4	Mar 16-19	<ul style="list-style-type: none"> • Sports heroes at home and at war • Professional Women's Baseball League • Joe Louis • Babe Didrikson
5	Mar 23-27	<u>Sports after WWII/Civil Rights (3 weeks)</u>
4	Mar 30-Apr 2	<ul style="list-style-type: none"> • Jackie Robinson
5	Apr 6-10	<ul style="list-style-type: none"> • Cassius Clay/Muhammed Ali • Texas Western (65-66) • Equal Access – Integration of Baseball, Title IX (1972) • Battle of the Sexes
5	Apr 13-17	<u>Modern Sports and Society (4 weeks)</u>
5	Apr 20-24	<ul style="list-style-type: none"> • 1970's Fitness Craze • Miracle on Ice • Pro-Basketball
5	Apr 27-May 1	<ul style="list-style-type: none"> • Big Business – Sports Organizations, Management, Recruitment/Drafts, expansion/relocation of franchises; Role of Media
5	May 4-8	<ul style="list-style-type: none"> • Enhancing Performance—issues, laws • Positives and Negatives of Youth Sports and Specialization • Modern Sports Myths and Legends • American Sports and Globalization
5	May 11-15	Mastering History of US Sports Time to complete proficiency with TEKS
4	May 18-21	Semester Exam Week