



Course Name: PALS I
School Year: 2025-2026

Course Purpose and Relevance:

The Peer Assistance and Leadership I elective course is a peer-helping program in which selected students will be trained in work as peer facilitators. Students will be trained in a variety of helping skills that will enable them to assist other students in having a more positive and productive school experience. Positive peer influence will be utilized as a central strategy for addressing peer school issues.

Overview of Student Outcomes:

The student

- uses problem-solving and decision-making skills, working independently and with others, in a variety of settings
- applies critical-thinking skills to organize and use information acquired from a variety of valid sources, including electronic technology.
- creates written, oral, and visual presentations of social studies information.

How to Assist Your Learner at Home:

Refer to the teacher's Course Syllabus for resources and course specific opportunities.
Student textbook and/or digital version are available through the CCISD Student Portal.

Link to Course TEKS on State website:

Year-at-a-Glance 25-26	Subject	PALS 1	PEIMS Code	03330100
	Prerequisites	US History	Grade Level	11-12

Days	Dates	Unit/BB	
4	Aug 13-16	Training & Development of skills in communication, behavior, problem-solving, self-awareness, and mentoring	
5	Aug 18-22		
5	Aug 25-29	Seeking out and providing volunteer services in the schools and community	
4	Sept 2-7	Training & Development of skills in communication, behavior, problem-solving, self-awareness, and mentoring. Reflecting & Processing, service opportunity sign ups. Includes Journaling and evaluations.	
5	Sept 8-12		
5	Sept 15-19	Implementation of training as PAL students act as mentors for at-risk students on feeder campus.	
5	Sept 22-26	Seeking out and providing volunteer services in the schools and community	
4	Sept 30-Oct 3	Time to complete proficiency with EKS	
4	Oct 6-9	Training & Development of skills in communication, behavior, problem-solving, self-awareness, and mentoring. Reflecting & Processing, service opportunity sign ups. Includes Journaling and evaluations.	
3	Oct 15-17		
5	Oct 20-24		
5	Oct 27-31		
4	Nov 3-7		
5	Nov 10-14		
5	Nov 17-21		Implementation of training as PAL students act as mentors for at-risk students on feeder campus.
5	Dec 1-5		Seeking out and providing volunteer services in the schools and community
5	Dec 8-12	Mastering PALS Time to complete proficiency with EKS	
5	Dec 15-19	Semester Exam Week	
5	Jan 6-9	Training & Development of skills in communication, behavior, problem-solving, self-awareness, and mentoring. Reflecting & Processing, service opportunity sign ups. Includes Journaling and evaluations. Selection process begins.	
5	Jan 12-16		
4	Jan 20-23		
5	Jan 26-30		
5	Feb 2-6		
5	Feb 9-13	Implementation of training as PAL students act as mentors for at-risk students on feeder campus.	
4	Feb 17-20	Seeking out and providing volunteer services in the schools and community	
5	Feb 23-27	Time to complete proficiency with EKS	
5	Mar 2-6	Training & Development of skills in communication, behavior, problem-solving, self-awareness, and mentoring. Reflecting & Processing, service opportunity sign ups. Includes Journaling and evaluations. A.P.E. Field Day	
4	Mar 16-19		
5	Mar 23-27		
4	Mar 30-Apr 2		
5	Apr 6-10		
5	Apr 13-17		
5	Apr 20-24		
5	Apr 27-May 1		Implementation of training as PAL students act as mentors for at-risk students on feeder campus.
5	May 4-8	Seeking out and providing volunteer services in the schools and community	
5	May 11-15	Mastering PALS Time to complete proficiency with EKS	
4	May 18-21	Semester Exam Week	

