



Food Allergies

Food allergies have become increasingly common over the past several years. Therefore, we have spent much time formulating the following policies and procedures to ensure the safety of every student.

The safety and well-being of our students are of primary importance and shape our policy regarding anaphylactic food allergies. Students with food allergies face a lifetime of managing their condition in varied dining environments, so the Far Hills' policy intentionally gives the students more responsibility for making choices as they get older. BROCK Dining Services, our food service provider, is committed to providing a safe, healthy dining environment for all members of the Far Hills community and follows guidelines and practices recommended by [FARE](#) (Food Allergy Research & Education). BROCK does not make special meals for individuals but creates varied menus that feature foods safe for students with allergies. Parents of students with food allergies are encouraged to contact the chef-manager for BROCK Dining Services and/or the Far Hills' School Nurse to ask specific questions and to review menus. To ensure safety and maximize the number of students able to eat food prepared in the Cafe, BROCK will not prepare or serve foods containing peanuts, tree nuts, or sesame. We ask that all help us to maintain a safe peanut, tree nut, and sesame environment by not bringing or sending foods containing tree nuts, peanuts, sesame, or their products to school. Since we cannot check all of the food brought onto campus, we remain, officially, a "nut-aware" and "sesame-aware" school.

Far Hills strives to address the well-being of all Piazza children with allergies and to limit the risk of allergic reactions. Students who have anaphylaxis food

allergies other than Peanuts, tree nuts, and sesame may not order from the Cafe for lunch/snack. These students must bring in their own peanut, tree nut, and sesame-free lunch and snack

The Far Hills Food Allergy Policy is as follows:

- We ask that everyone help us to maintain a safe peanut, tree nut, and sesame environment by not bringing or sending foods containing tree nuts, peanuts, sesame, or their products and/or contaminants to school or food processed in a facility that contains peanuts, tree nuts, or sesame.
- Students in Preschool eat in their classrooms. Seating is designated by the teacher in the classroom as appropriate with regard to food allergies.
- No food containing peanuts, tree nuts or sesame may be prepared, served or eaten in the Cafe. Students, faculty, and staff bringing lunch from home may not bring food containing peanuts, tree nuts or sesame or bring in food from a facility that uses peanuts, tree nuts, or sesame.
- Peanuts, tree nuts, sesame and/or foods containing them or their products may not be brought to school for any reason including Preschool lunches, before and after school activities, all (home and away) sporting events, snacks, and decorations.
- Students in Kindergarten–Grade 4 with anaphylactic food allergies (requiring an EpiPen) for foods other than peanuts, tree nuts, and sesame must eat food brought from home. They may not eat any food provided by BROCK or any outside source. Students with food allergies can eat with their fellow students at regular tables in the Cafe and will use a disposable paper placemat to keep their space free of potential allergens.
- Students in Grades 5–8 are responsible for making appropriate food choices with regard to their allergies and may eat anywhere in the Cafe.

Thank you for doing your part in following the allergy policy and helping us to create a safe and healthy environment for all.