

## NKHS Volleyball Important Dates

**AUGUST 2025**= NKHS VB Try-outs=Aug. 25= (10am-11:30am & 3pm-5:30pm)

NKHS VB Try-outs=Aug. 26-27= (8am-9:30am & 3pm-5:30pm) \*\*\*Every player must attend both Try-out Sessions (AM & PM)

\*\*\*NKHS VB Practices=Aug. 28-29 (8am-9:30am & 3pm-5:30pm) \*Every player who makes one of our three teams must attend both practice times (AM & PM)

\*\*\*NKHS VB Practice=Saturday, Aug. 30 (8am-10:30am)

**SEPTEMBER 2025**=NKHS VB Practice=Monday, Sept. 1 (5pm-7pm) Labor Day;

Sept. 2 (1st Day of School)=(3pm-5:30pm); Sept. 3=(3pm-5:30pm);

\*\*\*JV & Varsity Sequim Jamboree=Sept. 4 (In lieu of practice, C Team will ride bus w/us to learn, Cheer, & support JV & Varsity)

\*\*\*Non-League Games=Sept. 5 Vs. Fife; Sept. 10 Vs. SK

\*\*\*2025 SunDome Tournament (Varsity only)=Sept. 12-14

**OCTOBER 2025**=2025 Sammamish Tournament (C only)=Oct. 4

2025 Burlington-Edison Invite (Varsity only)=Oct. 11

2025 Sammamish Tournament (JV only)=Oct. 18

\*\*\***In order to try out**, you must complete these three items: **be registered in Final Forms, have a current sports physical on file from your doctor, and have a current Concussion Test on file**. If you have any questions about how to register on Final Forms or how to upload your current sports physical, please contact our New Athletic Secretary, Ashley Forbes, (360) 396-3126 or our Athletic Director, Billy Rodgers (360-396-3125)

**Baseline Concussion Testing**: Baseline concussion testing will be held on the following dates;

**Tuesday, Aug. 19**, 4pm-5pm (last report time 4:30pm) Rm. 803

**Wednesday, Aug. 20**, 4pm-5pm (last report time 4:30pm) Rm. 803

**Thursday, Aug. 21**, (4pm-5pm) (last report time 4:30pm) Rm. 803

\*\*\***Must bring a charged school laptop. Can not workout before the test. No appointments necessary**