



PARKWAY INTERMEDIATE

SEPTEMBER 29-OCTOBER 3

BREAKFAST

Breakfast After the Bell Offered Daily

Cereal offered daily

Monday: Pancake on a Stick

Tuesday: Snackin' Waffle

Wednesday: Pancake Bites

Thursday: Mini Cinni

Friday: Donut

LUNCH

Pizza (cheese pizza, pepperoni pizza and cheesy breadsticks served daily)

Monday: Sausage

Tuesday: Taco

Wednesday: Supreme

Thursday: Hawaiian

Friday: Meatlovers

Grill

Monday: Chicken/Spicy Chicken Burger

Tuesday: Cheeseburger/Hamburger

Wednesday: Chicken/Spicy Chicken Burger

Thursday: Cheeseburger/Hamburger

Friday: Chicken/Spicy Chicken Burger

Everyday Selects

Monday: Bean & Cheese Enchilada

Tuesday: Street Tacos

Wednesday: General Tso Bowl

Thursday: Macaroni & Cheese

Friday: Cheese Quesadillas

All Ephrata Students Eat Free Daily

This institution is an equal opportunity provider.

Additional nutritional information available online at: ephrataschools.nutrislice.com/menu