



# CHRISTIAN BROTHERS ACADEMY

850 Newman Springs Road • Lincroft, NJ 07738-1698

August 2025

Dear Sophomores and your Parents/Guardians:

We hope that you are enjoying a restful summer. As we prepare to return to school in September, the School and College Counseling Office would like to provide you with an outline of your sophomore year. In addition to an overview of the year, you will find the name of your School & College Counselor below, based on your last name. You will work with this counselor for the next three years as you continue your time at CBA.

Sophomore year will be a vital one for you. You will continue academic progress while beginning to look ahead to life beyond CBA. In order to facilitate and ensure that you continue to build on the success of your freshman year, your counselor will meet with you at different times during the year. As counselors, our primary objective is to provide you with the support you need to maximize your potential both in the classroom and beyond. This will help you to realize your dreams and goals. We are here to answer your questions, provide counseling, advice and aid in your overall CBA experience.

Some of the topics that will be discussed in the sophomore appointments are:

- The continued pursuit of your academic progress
- Starting the discussion on your possible future goals and career choices
- Discussing the college search process
- Helping prepare you for the PSAT's
- Helping you build a well-rounded, diverse resume/profile for the college application process

## Counselor Assignments by Last Name

Mr. David Frick-----A - D

Mr. Kevin McCaig-----E - K

Mrs. Rose Leo-----L - Ri

Mr. Patrick Brennan-----Ro - Z

There will be several events throughout the year where we will share more about counseling at CBA. Parents and Guardians are invited to attend the Sophomore Parent Night on Thursday, September 18 at 6:15 PM, which will be followed by Back to School Night. If you have any questions throughout the year, please don't hesitate to reach out to your son's counselor. A student/parent meeting can be scheduled during the school day whenever necessary.

Each of us has a special role to play in order for the counseling process to be successful. This team approach will enable you to receive the best support possible. Our goal is to be a positive ally for you and your family during your high school career.

Enjoy the rest of your summer and we look forward to seeing you in September!

Sincerely,  
The CBA School & College Counseling Office