

How to change your MetLife 403(b) Investments:

Log into **MetLife Participant Website**: mlr.metlife.com

If you do not have an online account, click the green **Register** button, and select **I do not have a PIN** and complete requested information to create online account.

From the **Account** drop-down, select **Investments**.



Overview ▾

Account ▾

Investing ▾

Planning ▾

Retirement Education

Overview

Balance

Rate of return

Statements and documents

Contributions

Investments ←

Loans

Withdrawals summary

- The **My Investments** page shows the current investment allocation.
 - Click the **Change My Investments** button at the bottom of the screen to change your investment allocation.

My investments

Showing Investments as of 8/18/2025 ▾

Current

Future



Balance Performance
Asset Class Equity/Bond Mix

INVESTMENT ▾	BALANCE ▾
American Funds AMCAP R4	\$
American Funds Washington Mutual R3	\$
Artisan International Inv	\$
Baron Small Cap Retail	\$
Vanguard Selected Value Inv	\$
Eaton Vance Atlanta Capital SMID-Cap A	\$
DFA International Small Cap Value I	\$
Dodge & Cox International Stock - I	\$
Northern Small Cap Value	\$
Baird Core Plus Bond Inst	\$
Invesco Real Estate A	\$
PIMCO High Yield A	\$
Nationwide S&P 500 Index A	\$

Total: \$

Change My Investments ←

- Next, select **Help me do it** or **Do it myself** to change investments.

How much support do you want in selecting your investments?



Solutions that can provide guidance to help align your investment selections with your retirement objectives.

Help me do it



Already know what investments you want? Use this option to select your individual investments.

Do it myself

[Back](#)

- **Help me Do it**, will assist in selecting investments that align with your retirement objectives, such as Target Date Funds or Asset Allocation Models.

Help me do it

We want to make the process easy for you to invest. Consider one of these pre-selected investment options.

Choose a fund based on when you plan to retire

You can pick your target date for retirement (assumed to be at age 65) and/or the date you would like to begin withdrawing the money, then pick the matching fund. The Target Retirement Funds are a simple approach to diversification. The funds automatically adjust the investment mix to gradually become more conservative as the funds near the target retirement date. The Target Retirement Funds give you diversified portfolio that leaves the rebalancing decisions and monitoring to the investment professionals. The principal value of the funds is not guaranteed at any time, including at the target date.

Target date fund

Choose an asset allocation model that may be right for you.

Choose a strategic model that allocates your account among funds available in your plan.

Asset allocation model

- Click **Target Date Fund** or **Asset allocation Model**. Make your investment selection and click **Continue**.

Select a target date fund

SELECT	INVESTMENT	FACT SHEET
Marked with a star are the 3 most appropriate fund(s) based on your age		
☐	☒ Vanguard Target Retirement 2045 Inv	View
☒	☒ Vanguard Target Retirement 2040 Inv	View
☐	☒ Vanguard Target Retirement 2035 Inv	View
☐	Vanguard Target Retirement 2070 Inv	View
☐	Vanguard Target Retirement 2065 Inv	View
☐	Vanguard Target Retirement 2060 Inv	View
☐	Vanguard Target Retirement 2055 Inv	View
☐	Vanguard Target Retirement 2050 Inv	View
☐	Vanguard Target Retirement 2030 Inv	View
☐	Vanguard Target Retirement 2025 Inv	View
☐	Vanguard Target Retirement 2020 Inv	View
☐	Vanguard Target Retirement Income Inv	View

Each fund above has a date in its name - the fund's target date - designed to be the approximate retirement year when withdrawals begin. This is for informational purposes only, is not considered investment advice, and should not be relied upon as investment advice. For more information, please refer to your plan materials.

[Back](#)

[Continue](#)

- Review and confirm investment changes
 - Review **Options** section below
 - check box if you wish to change the investment allocation on your current balance
 - unchecked box will only change investment allocation on future contributions and current balance will remain in original investments
 - Click **Confirm** to complete investment change.

From	To
BUILD YOUR OWN PORTFOLIO Artisan International Inv 10% DFA International Small Cap Value I 5% Dodge & Cox International Stock - I 5% Invesco Real Estate A 5% Baron Small Cap Retail 10% Eaton Vance Atlanta Capital SMID-Cap A 10% Northern Small Cap Value 5% Vanguard Selected Value Inv 10% American Funds AMCAP R4 15% American Funds Washington Mutual R3 15% Nationwide S&P 500 Index A 5% Baird Core Plus Bond Inst 5% Total: 100%	TARGET DATE FUND Vanguard Target Retirement 2040 Inv 100% Total: 100%

[Back](#)

[Confirm](#)

Options

- ☒ Update my current balance to the investment selection above. I understand that only my unrestricted funds of my current balance will update.

- Confirmation of change(s) will be shown on the screen below

Confirmation

✓ Your investment allocation request for future contributions, has been received as of Tuesday, August 19, 2025, 11:27 AM, and will be processed as soon as administratively feasible. To transfer your current investments, click My Investments, choose the Do it myself option, and Rebalance my current balance to transfer your current balance to the new fund choice.

Your confirmation number is 2328076304.

Please refer to this number for inquiries regarding this transaction.

From	To
BUILD YOUR OWN PORTFOLIO	TARGET DATE FUND
Artisan International Inv 10%	Vanguard Target Retirement 2040 Inv 100%
DFA International Small Cap Value I 5%	
Dodge & Cox International Stock - I 5%	
Invesco Real Estate A 5%	
Baron Small Cap Retail 10%	
Eaton Vance Atlanta Capital SMID-Cap A 10%	
Northern Small Cap Value 5%	
Vanguard Selected Value Inv 10%	
American Funds AMCAP R4 15%	
American Funds Washington Mutual R3 15%	
Nationwide S&P 500 Index A 5%	
Baird Core Plus Bond Inst 5%	
Total: 100%	Total: 100%

Additional Assistance or guidance

If you need additional assistance or guidance reviewing and selecting investments, consider contacting our MetLife representative, [Shawn Wermershirchen, CASL](#).

SWermerskirchen@financialguide.com

952-769-2169

You can also call MetLife to make changes by calling 1-800-543-2520.

There are several other tasks that can be completed on your [MetLife online account](#), including changing contributions, beneficiaries, reviewing current balance and accessing quarterly statements. There are also several other resources and education available on the website.