

Nutrition Department

March 27, 2025



Our strategic plan describes our **Core Values** & the **Strategic Priorities** we will focus on to bring our **Portrait of a Graduate** to life

Core Values

C

Community is our strength

A

Authentic relationships matter

R

Resilience propels us forward

E

Equity is our north star

Strategic Priorities / LCAP Goals



Exceptional Instruction



Engaged Students



Purposeful Partnerships

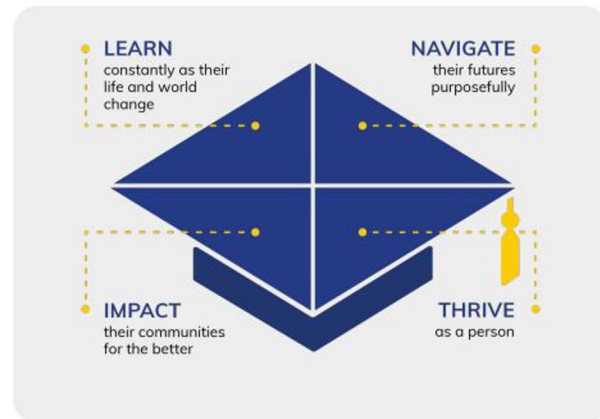


Empowered Educators



Equity-Centered Systems

Portrait of a Graduate





As an educational community united in our commitment to equity, we work together to build relationships and ensure that every graduate has the essential academic and social-emotional skills, knowledge, and habits to:

SSFUSD's Portrait of a Graduate

GRADUATE AIM

CHARACTERISTIC

DESCRIPTION

LEARN

constantly as their life
and world change

Intellectual curiosity and
critical thinking
Academic excellence
Creativity and
resourcefulness

- Embraces a growth mindset and love of learning by seeking understanding, asking questions, and using data and evidence
- Demonstrates mastery of all academic disciplines needed for post-secondary success
- Explores their creativity and finds new and innovative ways to solve problems

THRIVE

as a person

Self-awareness
Wellness
Real-world readiness

- Confidently embraces their identities and understands their values, intentions, and impact on others
- Lives a healthy lifestyle that promotes their physical, mental, and emotional well-being
- Uses life skills including time management, goal setting, self-discipline, motivation, and self-advocacy to navigate day-to-day responsibilities, overcome obstacles, and feel successful

NAVIGATE

their future purposefully

Career and/or college
readiness
Technology skills
Financial literacy

- Understands their options after high school (education, careers, entrepreneurship), and is prepared for success in whatever path they choose
- Uses current technologies fluently to meet their needs and solve problems
- Understands the importance of money management and has the skills to make informed short and long-term financial decisions

IMPACT

their community
for the better

Collaboration
Community service and
engagement

- Demonstrates empathy, compassion, kindness, teamwork, effective communication, and respect to collaborate effectively toward a common goal
- Finds opportunities to support others and be involved in their communities



Our Strategic Plan defines 5 priorities for the next 5 years



Exceptional Instruction

Every student experiences exceptional instruction aligned with our Portrait of Graduate (PoG)



Engaged Students

Every student is a holistically-supported, self-directed learner



Purposeful Partnerships

Every student benefits from trusting, high-impact partnerships with families & community in support of realizing our PoG



Empowered Educators

SSFUSD is the Bay Area's leading organization for mission-driven educators



Equity-Centered Systems

Our decisions, actions & resources reflect SSFUSD's commitment to equity



Board Presentation Agenda

1

Department Overview

2

Goals and Updates

3

Accomplishments

4

Challenges

5

Plans



1. Nutrition Department Overview

National
Nutrition
Month



**Director,
Nutrition Services**
Robert Chan

**Sr. Warehouse /
Delivery Driver**
Charlie Mozzetti

**Purchasing
Technician**
Melissa Stookey

**Administrative
Assistant**
Christina Gutierrez

**Warehouse /
Delivery Driver**
Alex Zermeno

**Warehouse /
Delivery Driver**
Ruben Guadamuz

**Warehouse /
Delivery Driver**
Aaron Catig

**Nutrition
Supervisor**
Jean Marie Garcia-
Lopez

**Nutrition
Supervisor**
Alvin Vitug

**Elementary School
(12 staff across 9 sites)**

- **NSA II** - Jaylyn Giudici (Buri Buri)
- **NSA I** - Yuri Dollentas (Buri Buri)
- **NSA II** - Kamal Singh (Junipero Serra)
- **NSA II** - Raquel Cantiller (Los Cerritos)
- **NSA II** - Jessica Mayorga (Martin)
- **NSA II** - Chantsaldulam Dailankhuu (Monte Verde)
- **NSA I** - **Vacant** (Monte Verde)
- **NSA II** - Lillibeth Lamb (Ponderosa)
- **NSA II** - Tiphonie Wong (Skyline)
- **NSA II** - Nora Victoria (Spruce)
- **NSA I** - Ling Tan (Spruce)
- **NSA II** - Isaul Beltran (Sunshine Gardens)

**Middle School
(6 staff across 3 sites)**

- **Lead I** - Debra Davallou (Alta Loma)
- **NSA II Rover** - Emilia Goenawan (Alta Loma)
- **Lead I** - Editha Valenzuela (Parkway Heights)
- **NSA II Rover** - Astrid Nosedal (Parkway Heights)
- **Lead I** - Luana Ige-Kment (Westborough)
- **NSA I** - Jeannie Lui (Westborough)

**High School
(20 staff across 3 sites)**

- **NSA II Rover** - Ellene Tan (Baden)
- **Lead III** - Georgina Espinoza (El Camino)
- **Lead II** - **Vacant** (El Camino)
- **NSA II Rover** - Jose Mejia (El Camino)
- **NSA I** - **Vacant** (El Camino)
- **NSA I** - Rowena Cacao (El Camino)
- **NSA I** - Maria Coria (El Camino)
- **NSA I** - Stephanie Garcia (El Camino)
- **NSA I** - Maria Mendez (El Camino)
- **NSA I** - Maribel Segura (El Camino)
- **NSA I** - Tracy Stevenson (El Camino)
- **NSA I** - Yoyo (Rufang) Wu (El Camino)
- **NSA I On-call** - Yarosley Reyes (El Camino)
- **Lead II** - Karen Lillo (SSFHS)
- **NSA I** - Emeila Bodella (SSFHS)
- **NSA I** - Georgette Eweis (SSFHS)
- **NSA I** - Margarita Leong-David (SSFHS)
- **NSA I** - Carmen Sanchez (SSFHS)
- **NSA I** - Ginny Yang (SSFHS)
- **NSA I** - **Vacant** (SSFHS)





2. Department Goals & Updates

GOAL



Department Goals

- Increase meal participation by a minimum of 4 percent per year
- Maximize use of resources (staff, equipment and space)
- Maintain food safety
- Minimize food waste and use of plastic
- Increase scratch cooking to 25% by SY26-27 (1 year after renovation)



Department Updates

- Universal Meal Program
- Summer Programs
 - Summer Meals Program
 - Alta Loma
 - Seamless Summer Option
 - Baden, SSFHS, Los Cerritos
 - Open to the community
- CEP eligibility ISP of >25% (previously 40%)
 - No need to collect free and reduced price meal applications, less administrative burden
 - SSFHS (newest), Los Cerritos, Martin, Spruce, Sunshine Gardens, Parkway, Baden
- Site visit - Gordon Lau Elementary (SF)



Department Updates

- **Students Surveys** (available online)

Wednesday
March 12th



Please take our school food survey. Scan the QR code to access the survey

Lunch Menu

- Garden Chicken Salad
- Cheeseburger w/Fries
- Spicy Chicken w/Fries
- Turkey Pepperoni Pizza
- Beef Taco Stick

Vegetarian Menu

- Mae & Cheese
- Yogurt Parfait w/Granola
- Bean & Cheese Burrito
- Grilled Cheese Sandwich
- Cheese Pizza



Student Nutrition Services

The purpose of this survey is to gather students' opinions and feedback on the current school lunch program. By understanding their preferences, concerns, and suggestions, we aim to improve the overall quality, nutrition, and variety of meals, ensuring that the lunch offerings meet the needs of all students and contribute to their well-being.

* Indicates required question

Email *

Your answer

1. Do you eat school lunch? *

- ☐ No
☐ Yes

2. How many times a week do you eat lunch that is provided from the school? *

- 1 2 3 4 5
1 time ☐ ☐ ☐ ☐ ☐ Everyday

3. What items would you like to see on the lunch menu? *

Your answer

4. Do you think the school lunches are nutritious? *

Your answer

5. What do you like most about the current school lunch offerings? *

Your answer

Engaged Students

PRIORITY
2



Department Updates

- **Field Trip Order Form** (available online)
<https://docs.google.com/forms/d/e/1FAIpQLSekJ4l3heFAf1sY8MO3x5tSjRmXjS0Y59D3ZzQnaiQZ-00fWw/viewform>



Field Trip Procedure and Order Form

Per Ed Code 49550: a) ...each school district...maintaining any kindergarten or any of grades 1 to 12 inclusive, shall provide for each needy pupil one nutritionally adequate free or reduced-price meal during each school day.

Lunches must be offered to all students regardless of their eligibility of free, reduced or paid.

Procedure:

1. At least 2 weeks prior to the date of the field trip:
 - 1 School Sites are to fill out the form
 - 2 Maintain a hard copy at the school's main office.
2. Day of: The teacher will check the students name off of the meal roster when the student has received their bag lunch. The completed roster will be submitted to the NS Lead at the end of the day for meal accountability.

Delivery: All bag lunches will be delivered the day before the field trip unless other arrangements have been agreed upon by the Nutrition Services Department. For Monday morning field trips, arrangements may be made to pick up the bag lunches at the El Camino kitchen site on the day of the field trip.

The El Camino kitchen is located at 1320 Old Mission Road, SSF.

rchang@ssfud.org [Switch account](#)

* Indicates required question

Email *

☐ Record rchang@ssfud.org as the email to be included with my response

Contact Person *

Your answer

Email address *

Your answer

School Site *

Your answer

Date of Field Trip *



Department Updates

- Monthly menus available on the district website

https://www.ssfusd.org/apps/pages/index.jsp?uREC_ID=1783110&type=d&pREC_ID=2620742



Nutrition Services > All Menus

All Menus

Elementary School Menus

Middle School Menus

High School Menus

- Departments
- Business Services
- Nutrition Services
- Earned Income Tax Credit
- Field Trip Lunch Request
- Meals
- Meal Schedules
- All Menus
- LINQ Connect Menus

SOUTH SAN FRANCISCO UNIFIED SCHOOL DISTRICT MIDDLE SCHOOL LUNCH MENU MARCH 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Patty Sandwich w/Fries Soy Butter Sandwich	4 Beef Hot Dog w/Chips Beef Rotini Grilled Cheese	5 Nachos Fish Stick & Fries Bean & Cheese Nachos	6 Chicken Nuggets Yogurt Parfait w/Granola Veggie Nuggets	7 French Bread Cheese Pizza Fish Stick w/Fries Sun Butter Sandwich
10 Cheeseburger w/Fries Bean & Cheese Burrito	11 Teriyaki Chicken Cheese Quesadilla	12 Macaroni & Cheese Chicken Salad Sun Butter Sandwich	13 Breakfast for Lunch Popcorn Chicken Bowl Grilled Cheese Sandwich	14 Garlic French Bread Pizza Fish Stick w/Fries Sun Butter Sandwich
17 Chicken Patty Sandwich w/Fries Soy Butter Sandwich	18 Beef Hot Dog w/Chips Beef Rotini Grilled Cheese Sandwich	19 Nachos Soy Butter Sandwich Bean & Cheese Nachos	20 Chicken Nuggets Yogurt Parfait w/Granola Veggie Nuggets	21 French Bread Cheese Pizza Fish Stick w/Fries Sun Butter Sandwich
24 Cheeseburger w/Fries Bean & Cheese Burrito	25 Teriyaki Chicken Cheese Quesadilla	26 Macaroni & Cheese Chicken Salad Sun Butter Sandwich	27 Breakfast for Lunch Popcorn Chicken Bowl Grilled Cheese Sandwich	28 Garlic French Bread Pizza Fish Stick w/Fries Sun Butter Sandwich
31 No School				

All Meals are served with assorted fruit and vegetables and 1% or whole milk.
Menus subject to change due to labor and supply shortages.
This institution is an equal opportunity provider.



Department Updates

LINQ Connect - Making Schools Stronger

LINQ Connect

Search For A District

South San Francisco Unified School District

SEARCH

< Mar 1 – Mar 31 >

School Alta Loma

Calendar Mode Monthly

Menu Plan 2024-25 Lunch Middl...

Breakfast

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Lunch Monday week 1	Lunch Tuesday week 1	Lunch Wednesday week 1	Lunch Thursday week 1	Lunch Friday week 1
LUNCH MAIN ENTREE Chicken patty on a bun Sandwich-Soy Butter & Jelly WG IW Sun Butter Sandwich yogurt Pack - yogurt/crackers/fruit/string cheese VEGETABLE Garden Salad Carrot Baby 2.6oz bag FRUIT Assorted Fruit JUICE Juice-Orange Carton Frz 4oz MILK Milk 1% white Milk Chocolate	LUNCH MAIN ENTREE All Beef Hot Dog with chips Pasta-Rotini w/ Meat Sauce with green beans WG Grilled Cheese Sandwich Chicken patty on a bun yogurt Pack - yogurt/crackers/fruit/string cheese Sun Butter Sandwich Sandwich-Soy Butter & Jelly WG IW VEGETABLE Garden Salad Carrot Baby 2.6oz bag FRUIT Assorted Fruit MILK Milk 1% white Milk Chocolate	LUNCH MAIN ENTREE Turkey and Beans Nachos with Tortilla Chips Fish sticks and Fries Cheese and Bean Nachos with Tortilla Chips WG Grilled Cheese Sandwich Rotini Pasta with Meat Sauce and Dinner Roll yogurt Pack - yogurt/crackers/fruit/string cheese VEGETABLE Garden Salad Carrot Baby 2.6oz bag FRUIT Assorted Fruit MILK Milk 1% white Milk Chocolate	LUNCH MAIN ENTREE Chicken Nuggets and Tater Tots k-8 Yogurt Parfait with Homemade Granola Veggie nuggets and tater tots Turkey and Beans Nachos with Tortilla Chips yogurt Pack - yogurt/crackers/fruit/string cheese VEGETABLE Garden Salad Carrot Baby 2.6oz bag FRUIT Assorted Fruit JUICE Juice-Orange Carton Frz 4oz MILK Milk 1% white	LUNCH MAIN ENTREE French Bread Pizza Fish sticks and Fries Sun Butter Sandwich Chicken Nuggets and tater tots HS Sandwich-Soy Butter & Jelly WG IW yogurt Pack - yogurt/crackers/fruit/string cheese Yogurt Parfait with Homemade Granola VEGETABLE Garden Salad Carrot Baby 2.6oz bag FRUIT Assorted Fruit JUICE Juice-Orange Carton Frz 4oz



Department Updates

Site visit - Gordon Lau Elementary (SF)

- Observed lunch, milk dispenser usage / student engagement

Pros - less waste, student engagement

Cons - requires supervision, staffing and collaboration



Department Updates

Nature's Path product testing

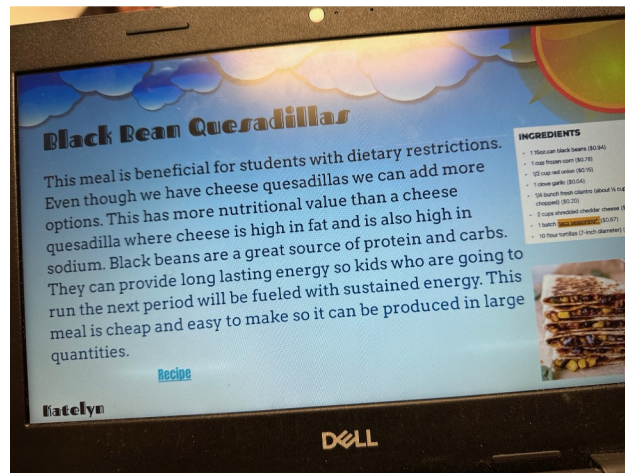
- taste testing / dispenser testing



Department Updates

- Alta Loma - meeting with students @ advisory meeting
Student presented “Improving School Lunches”

Summary: Recipe ideas, vegetarian option suggestions, fundraising idea, minimize plastic waste



Department Updates

Staff Trainings SY 24-25

- Local Agency Procurement Review (LAPR) by California Department of Education (CDE)
- Introduction to School Nutrition Administration (ISNPA) training for new administrators by California Department of Education (CDE)
- Professional Development (PD) Day - All Nutrition Staff (Jeff Joiner on team building)
- California School Nutrition Association (CSNA) Annual conference
- Super Co-op Summit training sessions



Department Updates

CSNA Annual Conference (Sacramento)

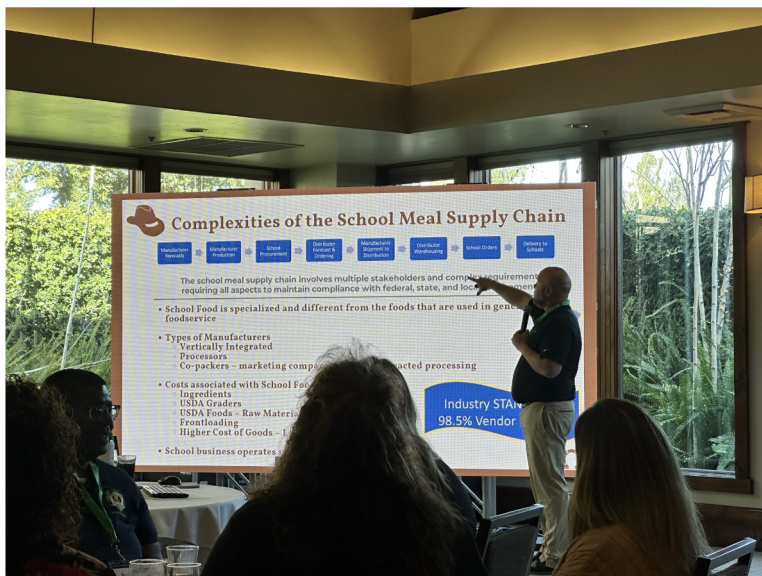
- Training sessions
 - Scratch cooking
 - Administrative Review (AR)
 - Procurement
 - Food Allergies
- Food Show



Department Updates

Super Co-op Summit Training (Lodi)

- USDA entitlement and allocation



Central & Northern Super Co-Op Summit Schedule

DAY 1: TUESDAY, FEBRUARY 18

Wine & Roses Hotel // 2505 W. Turner Road; Lodi, CA 95242

CEUs To Be Determined

7:00 - 8:00: Rise & Shine

Networking Breakfast + USDA Foods 101
+ Policy Buzz to Kickstart Your Day! Dr.
Betty Crocker, RDN, SNS

8:00 - 9:00: Session 1

Super Co-Op Essentials: Navigating the
Complexities, Timeline & Mastering
Website Tools for Success: Stephanie
Ewing, RD, SNS and Cambria Falcon

9:00 - 9:45: Session 2

Simplifying USDA Foods - Roles &
Responsibilities of all Stakeholders: Jose
Quinones

9:45 - 10:00: Morning Break

10:00 - 10:45: Session 3

Behind the Scenes: Unpacking the
Complexities of the School Nutrition
Supply Chain: Matthew Essner, SNS

10:45 - 11:30: Session 4

USDA Foods Reimagined: Inspiring
Creativity in School Meals: Fausat
Rahman-Davies, Kristina Kraushaar

11:30 - 12:15: Session 5

Global Bites: Exploring School Lunches
Around the World: Tony Roberts

12:15-1:15 Lunch

1:15-2:00: Session 6

USDA Foods Entitlement can be just like
Food Buying in your Personal Life: Laura
Baber, MBA, RD

2:00-2:45: Session 7

This Little Piggy Goes to Market:
Calculating Your Entitlement Dollars:
Joanna Carino

2:45-3:00: Afternoon Stretch Break

3:00-3:45: Session 8

Survey Spotlight: Unlocking Key Insights
& Answering Your Burning Questions:
Stephanie Ewing, RD, SNS and Cambria
Falcon

4:15-5:15 Industry Partner Meeting (Oak Farm Vineyards)

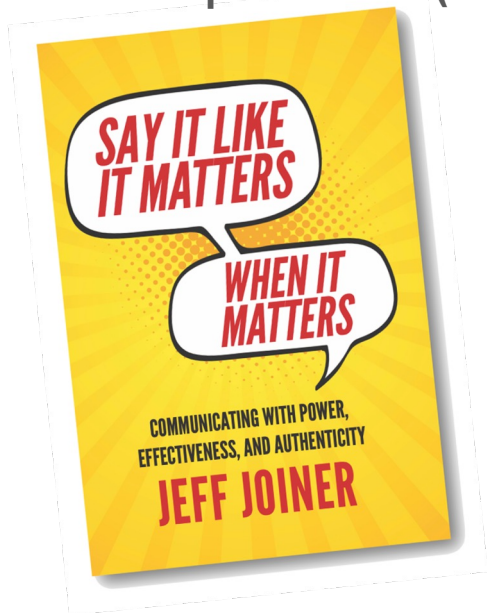
• Register with Renee Sanchez:
rsanchez@lodiusd.net



Department Updates

Professional Development (All Nutrition Staff)

- Topic covers (team building & food safety)



3. Accomplishments



Accomplishment

- **Procurement Review** (once every 8 years) - no findings
- **An overall 4% increase in meal participation.** (updated March 25)
 - Previously 4% increase in the last SY
 - A 10% increase in breakfast
 - A 2% increase in lunch



What's working well

- Second chance breakfast
- Two week cycle menu
- Emergency supply shelf stable milk
- Food recovery program
- Allergy labels
- Communication with district nurses team



What's working well

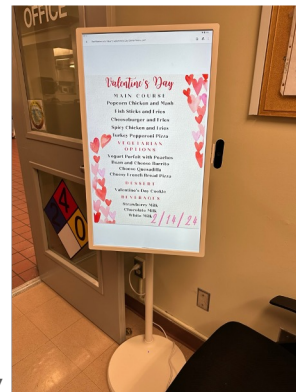
Service Line (newly installed in Oct 2023)

- A major contribution to an increase in lunch participation @ SSFHS



Challenges

- **Student interference with digital signage**
 - Piloting at both HS
- **Walk out days on Feb 3rd**
 - Lunch 18% drop and breakfast 20% drop from previous day
- **Upcoming central kitchen renovation**
 - Staffing redistribution, limited storage space, conversion of freezer unit



Challenges

Compostable Products

- Overwrapped packaging combining with high-moisture content food often leads to performance issues.



5. Plan

Plan





Tilt Skillet SEL4071

- Purchased with last State Equipment Assistance Grant
- To be installed on both HS
- Increase scratch cooking capacity

Plan



Vended Meals

- RFP was conducted to obtain a vendor to provide student meals during the central kitchen modernization.
- Moon Chef was selected as the most qualified to meet the district's needs based on 15 criteria.
- June 1 2025 to July 31 2026



Plan

Vended Meals

- Daily hot meals delivery (Baden, Skyline Middle College, EL Camino HS and Children Centers)
- Warehouse driver pick up frozen meals from vended meal company one day in advance and store in our refrigeration unit @ warehouse



Plan

- **Oliver packaging machine**

- Cost effective
- Reduce plastic waste
- Excellent maintenance program



- **Cereal dispenser**

- Cost effective
- Increase student engagement



- **Nutrition messages**

- More nutrition related information on in-house packaging / label
- Short nutrition messages to display on digital signage
- Potential partnership with student media group



5. Questions

QUESTIONS



Thank You

