

SSFUSD Community Forum

October 24, 2024



Community Forum Agenda

6:00-8:00pm

1

Welcome & Purpose

Why are we here today?

2

Connecting to Our Portrait of a Graduate & CARE Core Values

3

SSFUSD Safety Measures & Mental Health Supports

4

Next Steps

What steps are we taking as a district?

5

Open Forum

Community Discussion



1. Welcome & Purpose: Why are we here today?



We come together as a community
to address a critical topic:
safety in our schools



The safety of our students, staff, and community is our **top priority**



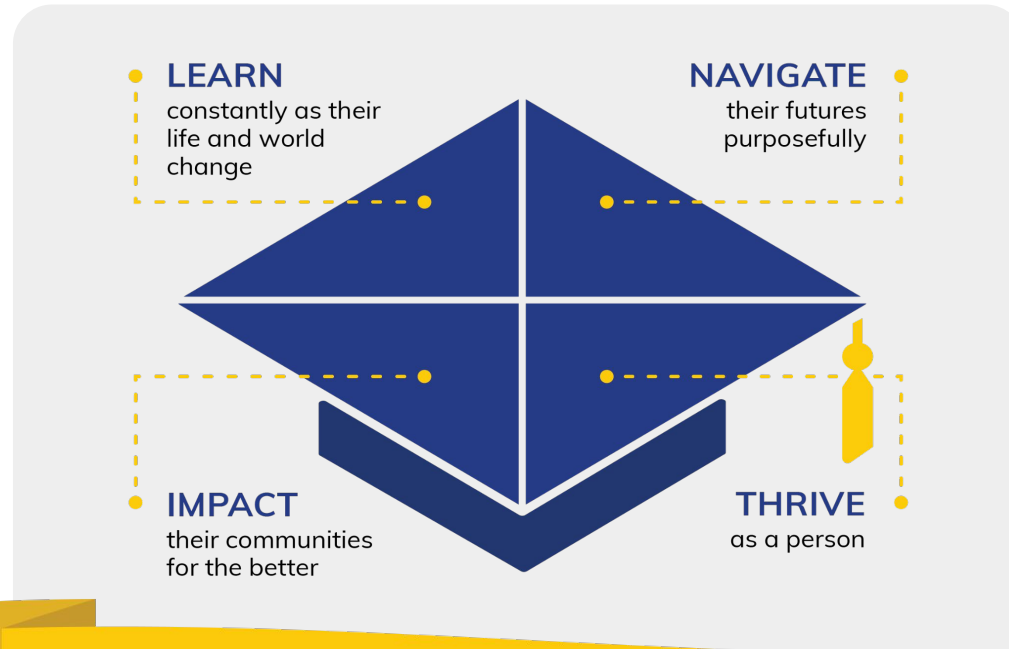
We are here to **share** steps we are taking & to **listen**, so we can **work together** to ensure everyone in our community feels **safe & supported**



2. Connecting to our Portrait of a Graduate & CARE Core Values



To achieve our **Portrait of a Graduate** vision for all students, safety is essential



THIS IS OUR PROMISE TO EACH SSFUSD STUDENT



Our CARE Core Values guide our efforts to keep our school communities safe, inclusive & thriving

C

Community is our strength

Ensuring safety is a collective effort where everyone plays a role

A

Authentic relationships matter

Trust & communication are critical to creating safe environments

R

Resilience propels us forward

We commit to learning from safety challenges & continuously improving how we address issues

E

Equity is our north star

We strive to ensure all students have access to safe, supportive learning environments



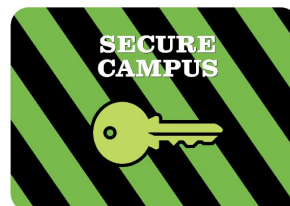
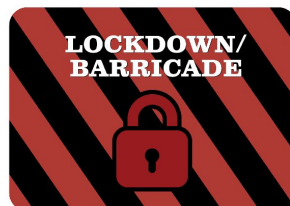
3. SSFUSD Safety Measures & Mental Health Supports



Safety Measures: San Mateo County's "The Big Five"

San Mateo County's "The Big Five" is a set of **standardized emergency response protocols** used by all county schools, including SSFUSD, to ensure the safety of students and staff

Developed in collaboration with local law enforcement and emergency services, "The Big Five" provides **clear actions for different types of emergencies:**



Safety Measures: District & Site Emergency Response Plans

“The Big Five” response protocol is at the core of SSFUSD’s **Emergency Management Handbook**

This district handbook is included in each school’s **Comprehensive Safe School Plan**, which school leaders update annually to comply with national, state, and county standards & review with their staff



SSFUSD’s Student Services department & San Mateo County’s Safe & Supportive Schools team **review each plan to verify content & make recommendations for improvement**



Safety Measures: Strong Partnerships with Local Law Enforcement



Scott Campbell
SSFPD Chief



Ken Anderson
SSFFD Emergency
Services Manager



Michael Valdes
SSFPD School
Liaison Officer



Safety & Mental Health Partnerships

- **Youth Services Bureau (YSB) of the YMCA**
 - School Safety Advocates Program at SSFUSD Middle & High Schools
 - Elementary Counseling program at all SSFUSD Elementary sites
- **San Mateo County Human Services Agency (HSA) / StarVista**
 - Family Resource Center & on-site clinician
 - Family, clinical, community services & suicide prevention hotline
- **Daybreak Health**
 - Universal mental health screener for all Middle / High School students
 - Comprehensive online counseling for youth aged 5 to 19 to address anxiety, motivation, academics, concentration, depression & more
- **San Mateo County Office of Education Safe & Supportive Schools**
 - Resources to support school safety & wellness



For more info, please visit: <https://www.daybreakhealth.com/>; <https://www.smcoe.org/>; <https://www.smcgov.org/hsga>;
<https://www.ymcasf.org/locations/urban-services-ymca/affiliate-locations/youth-service-bureau---south-san-francisco>

Mental Health Supports: School-based Support Staff

- **School Counselors:** Academic, social-emotional & college / career counseling support
- **Wellness Counselors:** Social-emotional & short-term intervention counseling for students who need additional support
- **School Psychologists, Mental Health & Behavioral Therapists:** Support for students who need services through their Individualized Education Plan (IEP)



Mental Health Supports: District Support Staff



Elín Cervantes
Counselor on Special
Assignment (COSA)



Matthew Steinborn
Psychologist on Special
Assignment (POSA)



Mental Health Supports: Wellness Centers

Wellness Centers are spaces where students & staff can access resources that support their mental & emotional well-being

- **Current:**

- Parkway Heights MS
- Baden HS
- El Camino HS
- South San Francisco HS

- **In development:**

- Westborough MS
- District Family Resource Center



4. Next Steps: What steps are we taking as a district?



As a district, we are taking the following **next steps**



Expanding restorative practices to help students repair harm, improve self-regulation & make thoughtful decisions when conflicts arise



Increasing education-based supports for substance education & providing more tools for conflict resolution to equip students with the knowledge and skills they need to navigate challenges



Augmenting our student support team by hiring additional staff to ensure a well-rounded, multi-tiered system of care that addresses the diverse needs of all students



Developing school-based Wellness Centers & a Family Resource Center to create safe, supportive spaces where students & other community members can easily access wellness / mental health resources



We are also evaluating additional **safety & mental health resources**

- **STOPit Anonymous Reporting Program:**
San Mateo County districts are piloting this tool, which allows students, staff & families to confidentially report concerns about safety, bullying, or other issues to help keep our schools safe
- **Supplemental crisis & response systems:**
 - Centegix
 - Blue Point Alert Solutions
 - Raptor Technologies

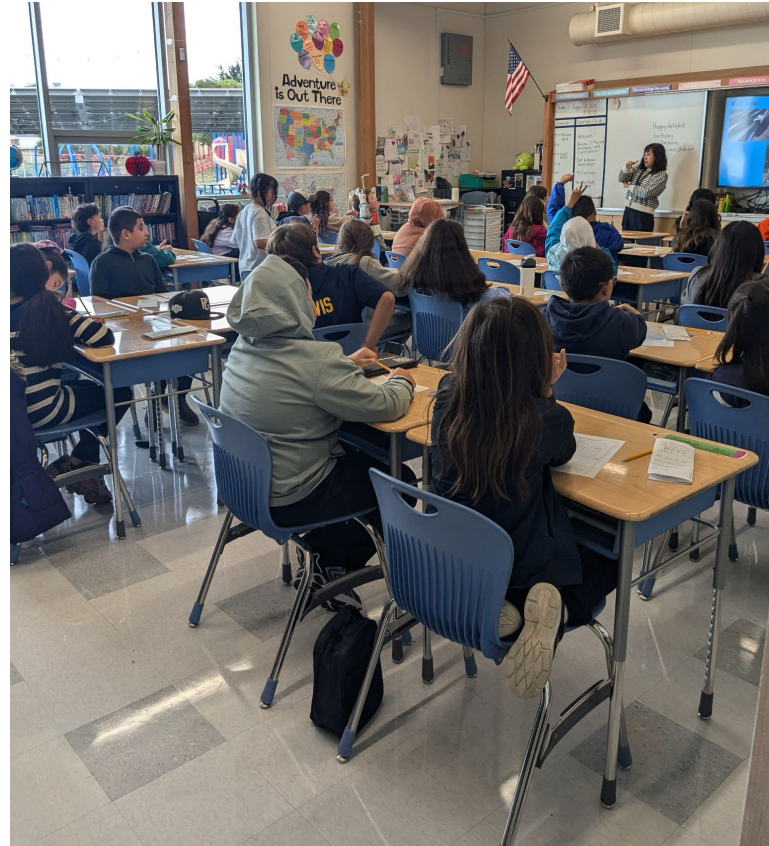


For more information please see the following websites:

<https://www.stopitsolutions.com/>; <https://www.centegix.com/>; <https://bluepointalert.com/>; <https://raptortech.com/>



5. Open Forum: Community Discussion



Community Discussion Questions (1/2)

- **What does safety mean to you?**
We'd love to hear what safety means to you as a parent, student, educator, or community member
- **What safety concerns do you or your children have?**
How have these concerns impacted your sense of safety?



Community Discussion Questions (2/2)

- **What information do you still need?**

What safety or mental health resources do you want to learn more about? What is the best way to share them?

- **How can the district and our community partners better support student safety & well-being?**

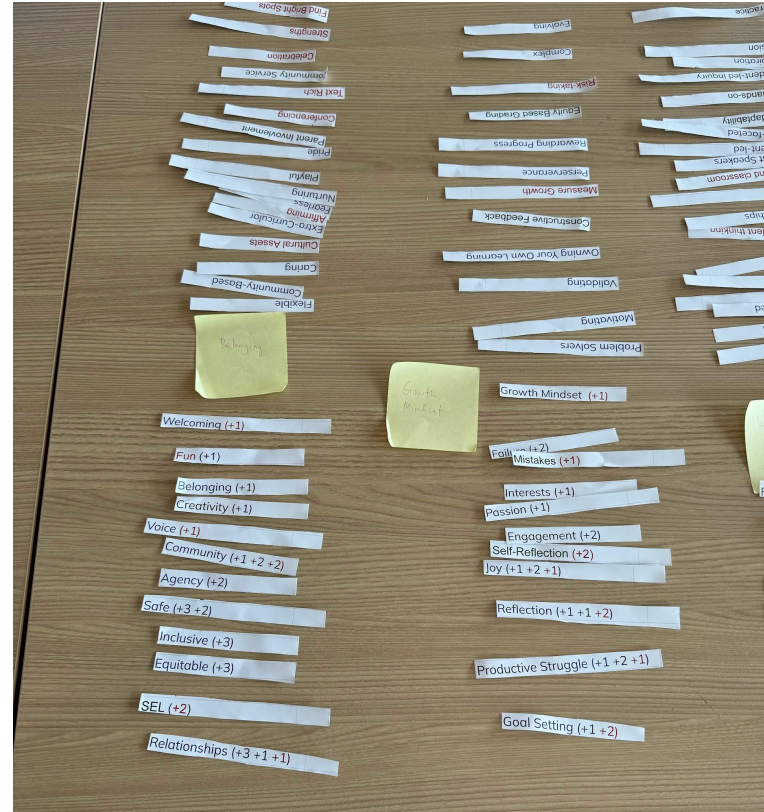
What additional resources would be helpful? What ideas do you have for improving safety in our schools? How can we work together more effectively?



Thank You



Appendix: Additional Resources



“The Big Five”: Key Actions by Emergency Type

ACTION	DESCRIPTION
DROP, COVER & HOLD ON	During an earthquake or explosion to protect building occupants from flying and falling debris
EVACUATION	When conditions outside the building or off-site are safer than inside or on-site, orderly movement to a predetermined safe location
SHELTER IN PLACE	Isolate students and staff from the outdoor environment to provide greater protection from harmful contaminants
BARRICADE	IMMEDIATE threat of danger; no one is allowed to enter or exit rooms for any reason unless directed by law enforcement
SECURE CAMPUS	POTENTIAL threat of danger in the surrounding community; all classroom / office doors are locked, but instruction continues as planned



“The Big Five”: Regular Emergency Drills

1. Drop, Cover, & Hold (Earthquake)

- Elementary & Middle: 1x per quarter
- High School: 1x per semester

2. Evacuation (Fire)

- Elementary: 1x per month
- Middle: 1x per quarter
- High School: 1x per semester

3. Shelter in Place: All sites: 1x per school year

4. Lockdown / Barricade: All sites: 1x per semester

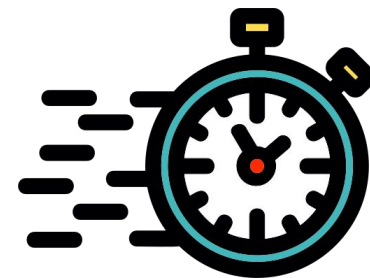
5. Secure Campus: All sites: 1 per school year



SSFUSD Response Plan: Immediate Response

Immediate Response:

- Secure school site / campus
 - Determine need for medical or emergency agency response
 - Engage appropriate state of readiness (“The Big Five”)
 - Engage incident command & applicable site team members (i.e. Threat Assessment, Crisis Response teams)
 - Communicate with law enforcement, district & site staff, community
 - SchoolMessenger
 - Remind
 - Press releases (in coordination with law enforcement)
 - SSFUSD website
- Determine if re-engagement process is needed



SSFUSD Response Plan: After-incident Response

After Incident Response:

- Conduct an emergency staff meeting
- Determine if mental health supports are needed in the future
- Conduct a debrief session (site / district)
- Conduct debriefs with law enforcement & emergency response agencies as applicable



Safe School Plans: Development Process

Each SSFUSD school updates their **Comprehensive Safe School Plans** annually

- Plans are developed in **collaboration** with our local Police & Fire Departments and include Site Safety Committee input & Site Council approval
- Each plan includes **two (2) primary sections**
 - (1) Public
 - (2) Internal
- Beginning in SY24-25, all plans are entered into the **Document Tracking System (DTS) platform**



Safe School Plans: Section Content Highlights

Public section (22 modules)	Internal section (8 modules)
● District-wide policies, protocols & processes: ○ Student threat assessment ○ Suicide prevention ○ Child abuse reporting ○ Anti-bullying ○ Discrimination ○ Sexual harassment ○ “Big Five” procedures ○ School discipline policies & guidelines ○ Positive school climate policies ○ Naloxone toolkit procedures	● Planning committee representatives & meeting dates ● Drill schedules ● Key emergency agency contact info, district & site contacts ● Incident command & team roles ● Site maps, utilities locations & shut-off procedures ● First aid & emergency supplies locations ● On-site & off-site evacuation locations / alternatives ● Ingress / egress & site access info



Safety Measures: Training, Communications & Partnerships

- **Ongoing annual emergency broadcast system tests**
- **Communications processes, crisis communication messaging:**
 - SchoolMessenger
 - Remind
 - District website & Superintendent community updates
 - Partnership with Via Heart
- **AED Devices at all sites & AED / CPR Training**
- **Partnership & collaboration with South San Francisco, Daly City & San Bruno Police and Fire Departments**
 - SSFPD School Resource Officer
 - Every 15 Minutes
 - YES Program



Safety Measures: San Mateo County Partnerships

- **San Mateo County Coalition for Safe Schools & Communities**
 - “Big Five” updates & improvements
 - San Mateo County Office of Education “Big 5” Training Series
- **San Mateo County Office of Education Safe & Supportive Schools**
 - Student Threat Assessment Protocol
 - Suicide Prevention Toolkit
 - Naloxone for Schools Program
 - STOPit Anonymous Reporting Program
- **SMCOE Safe Schools Framework**
 - Developed in consultation with San Mateo County Health (SMCH), this reflects California Department of Public Health (CDPH) & other relevant guidance for schools



Mental Health Supports: SSFUSD Counseling Staff

- **Counselors & Wellness Counselors**

- 2 Counselors & 1 Wellness Counselor at each Middle School
- 2 Counselors & 1 Wellness Counselor at Baden HS
- 4 Counselors & 1 Wellness Counselor at El Camino HS & South SF HS

- **School Psychologists**

- 1 at each Elementary & Middle School
- 1 at Baden HS (shared with Monte Verde ES)
- 2 at El Camino HS & South SF HS



Mental Health Supports for Elementary Students

- **Youth Services Bureau (YSB) of the YMCA:**
 - Individual counseling with family consultation
 - Psycho-social group counseling
 - Parent support and education groups
 - May be utilized for educationally-related mental health services (ERMS) for student with Individualized Education Plans (IEPs)



Mental Health Supports for Middle & High School Students

- **Youth Services Bureau (YSB) Safe School Advocates (SSA)** are embedded mental health professionals who:
 - Work with our students on a daily basis
 - Address family & personal issues
 - Preempt bullying or violence towards others, self-harm or attempted suicide
 - Assist with:
 - Counseling services
 - Crisis intervention
 - Mental health assessments
 - Referrals for services
 - Pro-social skills group facilitation & conflict mediation



Mental Health Supports: Additional Mental Health Providers for Students with Special Education Services

- **SSFUSD Mental Health Clinicians & School Psychologists**
 - Individual counseling & guidance
 - Therapeutic classrooms with mental health supports
 - Floating mental health clinician
 - Parent counseling
 - Therapeutic special education placement
- **County Mental Health - Behavioral Health and Recovery Services (BHRS)**
 - Individual counseling at all grade levels
 - Parent counseling
 - Group, individual & crisis intervention for HS-level Therapeutic Milieu Program
- **Non-public Agencies - Beacon Therapeutic**
 - Individual counseling for Elementary & Middle School students
 - Parent counseling
 - Group, individual & crisis intervention for MS-level Therapeutic Milieu Program



Safety & Mental Health Supports for SSFUSD Employees

- **Workplace Violence Prevention Plan (WVPP) & training**, per CA Senate Bill 553 (SB 553), CA Labor Code (LC) 6401.7 & LC 6401.9, which focuses on recognizing warning signs of violence, conflict resolution & emergency response procedures
 - SSFUSD plan and training materials in development; training plan to be implemented this school year
- **Employee Assistance Program (EAP)** offered through San Mateo County Insurance Group, which assists employees & their family members on a wide range of issues, including:
 - Counseling services
 - Financial advice
 - Legal advice
 - Family support
 - Relationship support



Next Steps: Training

SSFUSD will continue to provide staff with training & resources in the following areas:

- Restorative Practices (including chats & circles)
- Positive Behavioral Interventions & Supports (PBIS)
- Alternatives to Suspension (ATS), emphasizing site-based solutions
- Substance Education
- Brief Intervention Program
- Customized solutions for serious ongoing misconduct
- Conflict mediation
- Multi-tiered Systems of Support (MTSS)
- Alternatives to Suspension (ATS)

