

## Respect FEBRUARY 2026



### **SAY IT:**

I am loved and can love others.

### **KNOW IT:**

#### **FAMILY DISCUSSION TIME**

- What does it look like to show respect and love to other people around us?
- How does it make you feel when people show you they love you?
- How can you show respect to people in your family, community, or at school?
- Do we only need to respect adults or is respect for everyone? Why do you think that?

### **SEE IT:**

Sometimes, we see what happens when someone isn't kind or doesn't listen to grown-ups or friends. Maybe it's happened to us, or we've seen it happen to someone else. In the story *The Boy Who Always Talks Back*, we meet a boy named Max who has a hard time showing respect. But as the story goes on, Max learns what it means to be respectful and how being kind and listening to others helps everyone feel happy and safe.

Take a few minutes to watch this story as a family and see what Max learns about showing respect to the people around him. <https://www.youtube.com/watch?v=VG3arGjg0Hk>

### **BE IT:**

Preschoolers learn best through play. Take some time this month and role-play what it looks like to respect others. This may be sharing a toy, asking politely for help, saying please and thank you, giving compliments, or helping clean up. Take turns playing the child and the grown-up and demonstrate both respectful and disrespectful scenarios. Make it fun through the use of puppets or stuffed animals! Acting out situations helps make the idea of respect more concrete and gives preschoolers tools to practice it in real life.

## PHASE

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# We all want to know that we matter, that we are important.

One way that we can discover how we are important to others is **through work**. Maybe your child isn't ready to put in an 8-hour day at the office (who is!?), but he or she can still do significant work that will help your family and others. From taking out the trash, to doing dishes, folding laundry, or lending a hand to the neighbor, there are age-appropriate tasks that all kids can do.

Doing this work will make them feel important, needed, and connected to others.

**So don't miss it.** This month, look for work that develops independent habits in your child.