

# NEWSLETTER

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## parenting with **KNOWLEDGE**

OCTOBER  
2025

As this curriculum is being created, conversations around Artificial Intelligence are everywhere. The implications to schools, jobs, and the way we take in information are all being hotly debated. What remains true, however, is that we need to continually learn new things as people, even if we rely more and more on technology to take on different roles in our lives.

As a parent, consider how you model learning new things. Do you take classes, listen to informational podcasts, read books, or subscribe to a digital newspaper? How do you speak as a family about what you learn, read, or hear? In an ever-changing dynamic, this conversation will become more and more important for your student to learn how to gain knowledge, to filter out what's not true, and to have a healthy conversation about what they are learning.

### Questions to consider:

- What is the last new thing you remember learning? What made that memorable?
- How do you take in new information?

### Questions to ask your student:

- What is something you have found yourself curious about recently? How could you learn more about that topic or idea?
- What do you do when you are tired of learning? How do you give your brain a break and then come back?

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## KNOWLEDGE:

Learning something new so that you can be better at whatever you do

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### WEEK ONE:

If you could learn anything new, what would it be? This week is about dreaming and looking outside of our normal experiences to think about what it would be like to learn about something brand new to you — maybe marine biology, space exploration, the tax code, or color theory! If learning something new made you better at what you do, what do you want to know more about?

### WEEK TWO:

Learning new things might require that we adopt a growth mindset and be open to failing a few times before we get it right. This week we will learn about (or review) having a growth mindset and how that can help us be ready to learn new things.

### WEEK THREE:

Have you ever asked yourself: why isn't everything my teacher teaches sinking in and staying forever? Usually, being taught something doesn't become knowledge until we pause to reflect on it. Until we sit with it and think about how it applies to the world. Without that reflection (sometimes called studying), information we are taught just becomes verbal stimuli in our environment. This week, we'll talk about how we can reflect upon and apply what we are learning.

### WEEK FOUR:

How do you know if what you see on TikTok, or YouTube, or Instagram or a website or even the news is real and accurate? How do we weed out the click-bait, fake posts, and spam emails from the rest? And what are other outlets to gather knowledge: like friends, parents, books, teachers, coaches, and community members for example? If we're going to collect new information, the next step is knowing how to do that. Our challenge this week is about how we gain knowledge, and how we vet those sources for accuracy.