

SSFHS – PHYSICAL EDUCATION GRADING POLICY

- Students shall be graded on a point system. Each of the four Activity Units each semester shall consist of 15% of the semester grade with the weekly run making up 20% and the final exam making up 20%.
- In cases of special need, a student may petition his/her instructor for extra work to earn make-up points.

Unit Grade Breakdown:

Unit grades shall be composed of skills (physical, social, behavioral), knowledge testing (where appropriate), effort (best) and participation.

Percentiles for Unit Grades

- 90% to 100% = A
- 80% to 89% = B
- 70% to 79% = C
- 60% to 69% = D
- 50% to 59% = F

Activity Points

- 90 to 100 pts. = A
- 80 to 89 pts = B
- 70 to 79 pts = C
- 60 to 69 pts = D
- 50 to 59 pts = F

POINTS SHALL BE DEDUCATED FROM THIS TOTAL FOR THE FOLLOWING INFRACTION

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| • 1 to 5 pts. | Class Disturbance |
| • 1 or more pts. | Failure to Warm up properly |
| • 1 to 2 pts. | Late to roll call area |
| • 2 - 3 pts. | Partial Suit Cuts |
| • Up to 5 pts. | Non-participation |
| • 2 to 5 pts. | Absent (excused vs. unexcused absence) |
| • (1-5) pts. | Not on task |
| • 5 pts. | Suit Cuts (not made up) |
| • 5 pts. | Referrals/Suspensions |
| • 5 pts. | Truants/unexcused absences |
| • 10 pts. | Wearing sweats over school clothes |

Please retain this form for future reference. Indicate you have received and read this form that describes the South San Francisco Unified School District’s policies on Physical Education by **your signature on form** ①

PHYSICAL EDUCATION – THINGS YOU NEED TO KNOW

Physical Education Curriculum for 9th – 12th grades is designed to offer a variety of activities to develop physical fitness, skills (decision making, social, physical, behavioral), sportsmanship, self-respect, knowledge, and values for lifetime participation.

LOCKERS AND LOCKS: The P.E. Department would like to inform you of our locker room policies which are designed to safeguard your belongings. Lockers issued to students are secure. However, **we strongly suggest that students not store expensive valuables or large amounts of cash in these lockers.** This is an open invitation to theft. Lock it up or lose it! Lockers are for P.E. only and only the period you have P.E.

- Issued a personal storage locker. **DO NOT SHARE.**
- Bring your own lock. **BOYS/GIRLS COMBO. DO NOT SHARE.** Combo must be given to teachers when issued the locker assignment.

P.E. UNIFORMS/P.E. SUIT: (Can be purchased at the student store.)

- **COLORS;** Royal Blue, White, or Light Gray
 - **SHORTS/SWEATS:** No belt loops; must be longer than fingertips when arms are at sides
 - **T-SHIRTS:** Must be school appropriate
 - **TENNIS SHOES:** Indoor court type that will not mark gym floors.
- Pants, no flies or belt loops, marked as shorts. Sweatshirt/hoodies can be worn if they meet the school colors and/or they represent the school (ie: dance team, clubs, sports, etc)

DESIGNER WARM-UP SUITS ARE NOT APPROPRIATE.

TARDIES:

- Activity roll call station (8) minutes after the tardy bell is considered a tardy. (when teacher tells you)

SUITCUTS:

- All students are required to dress for class everyday, *even P.E. Medicals.*

WEARING SWEATS OVER STREET CLOTHES IS A SUIT CUT! - Constitutes a double suitcut! 10 points.

SUIT CUT POLICY: Not being dressed according to the guidelines constitutes a suit cut. Teachers may take the following actions in dealing with the first three suit cuts. (If a student has a suit cut due to a theft, that suit cut should not be counted toward the total suit cuts, thefts must be reported to teacher.)

1. Confer individually with student concerning the suit cut.
2. Require the student to serve teacher-assigned detention before or after school or at lunch.
3. This is a semester policy. (10 suit cuts in a semester is a F semester grade.)

On all subsequent suit cuts, the following procedure shall be enforced:

- 1-3 suitcuts : Student conference
- 4 suitcuts: Card goes home
- 5 suitcuts: Teacher will call home
- 6 suitcuts: Parent conference with Assistant Principal, teacher and student
- 7 suitcuts: Referral to AP, assign Saturday School
(if student misses Saturday School, student will be assigned 1 day suspension)
- 8 suitcuts: Teacher/Student conference with assistant principal
- 10 suitcuts: Dropped from class and placed in Study Hall for remainder of the semester.

P.E. OFFICE:

- May enter only if requested to do so and a P.E. instructor is present.

MAKE-UPS:

- Offered by individual teacher and students are responsible to request make up times from their teacher.
- Students may earn EXTRA CREDIT by make-ups if given permission by their teacher.
- Special circumstances – arrangements made with teacher of record.

MEDICALS:

- Illness/medical excusal of (3) days or less, shall bring a note from home (signed by a parent) to the P.E. instructor, student must suit up. After 3 days a doctor's note is required.
- Students who are ill during swimming for more than (3) days must bring a note from a doctor.
- Students with a medical excuse (doctor's note required) for more than 3 days will be assigned to the library with a written assignment appropriate to the type and length of the medical excuse. While the student is out on PE Medical their grade shall be frozen IF they turn in quality written assignments on time. IF no work is submitted or the work is submitted is not deemed quality work by the instructor then the grade will go down.
- When a student is medically excused from P.E. for 6 or more weeks during one semester, that student shall be medically dropped by the appropriate assistant principal.