

# COUNSELOR CONNECTION

Pittsburg Jr. High- Krystal Kuban

August 2025

## A NOTE FROM THE COUNSELOR

I am thrilled to be the school counselor at PJH. This is my 20<sup>th</sup> year in education and 17 of those have been as a school counselor. I can not wait to partner with you!

## MONTHLY CHARACTER TRAIT

**August:** School Spirit & Citizenship

**September-** Respect

## PARENT CORNER

In this section I will always have some fast tips for parents. Parenting is the best, yet undeniably the HARDEST job I have ever had! Please note every child and family is unique, so there is no one size fits all model, but that is where your school family can partner with you! Reach out to your child's teachers, school staff, and myself. We are part of your team!

Skyward Notifications- Set up alerts on your child's grades & missing assignments

What Middle Schoolers need to Thrive- Podcast

## CLASSROOM LESSONS

This month we will be focusing on starting off the school year with success with the future in mind. \*Please see linked slide shows to learn more.

**7<sup>th</sup> Grade**- School Spirit, Respect, & Responsibility.

What steps can we take to show pride in yourself & your school work?

**8<sup>th</sup> Grade** - School Spirit, Respect & Career Interest Survey. What might we be interested in after high school, and how does our attitude about school/learning impact our plan.

## PITTSBURG JR. HIGH PROGRAM

Brochure



## SCHOOL HOUR CONTACT INFO

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