

Philomath School District Middle School Menu 2025-2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	French Toast Sticks V Pancake Sausage Dog DF Chicken Patty Sandwich & Fries DF Bean & Cheese Enchiladas V	Assorted Waffles V Assorted Breakfast Sandwiches P Southwest Chicken Quesadilla Hamburger DF or Cheeseburger & Fries	Assorted Muffins Breakfast Burritos Chicken Stir Fry Cheesy Bread & Marinara	Freshly Baked Cinnamon Roll V Yogurt Parfait V Chicken Corndog & Tater Tots DF Nachos V DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Cheese Pizza V Pepperoni Pizza P
WEEK 2	French Toast Sticks V Pancake Sausage Dos DF Chicken Verde Burrito Hot Italian Sandwiches	Assorted Waffles V Assorted Breakfast Sandwiches P Creamy Mac & Cheese V Hamburger DF or Cheeseburger & Fries	Assorted Muffins Breakfast Burritos Teriyaki Chicken and Rice DF Chili & Toasted Cheese Sandwich V	Freshly Baked Cinnamon Roll V Yogurt Parfait V Turkey Hot Dog & Fries DF BBQ Chicken Sandwich	Assorted Breakfast Sandwiches P Whole Grain Donuts V Chicken Nuggets w/Fries P
WEEK 3	French Toast Sticks V Pancake Sausage Dos DF Chicken Patty Sandwich & Fries DF Tex-Mex Bowl GF	Assorted Waffles V Assorted Breakfast Sandwiches P Pasta w/Meat Sauce Hamburger DF or Cheeseburger & Fries	Assorted Muffins Breakfast Burritos Sloppy Joe & Fries DF Cheesy Bread & Marinara	Freshly Baked Cinnamon Roll V Yogurt Parfait V Chicken Corndog & Fries DF Nachos V DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Cheese Pizza V Pepperoni Pizza P
WEEK 4	French Toast Sticks V Pancake Sausage Dos DF Bean & Cheese Burrito V Country Fried Chicken Bowl	Assorted Waffles V Assorted Breakfast Sandwiches P Chicken Alfredo Hamburger DF or Cheeseburger & Fries	Assorted Muffins Breakfast Burritos Orange Chicken and Rice DF Cheesy Garlic Toast w/Marinara V	Freshly Baked Cinnamon Roll V Yogurt Parfait V Turkey Hot Dog & Fries DF Chicken Gravy w/Mashed Potato & Roll	Assorted Breakfast Sandwiches P Whole Grain Donuts V Popcorn Chicken & Fries DF

Under the [Community Eligibility Provision](#) from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income. **Families do not need to fill out free and reduced lunch applications for these benefits.**

Dietary Key:
GF: Does not contain gluten ingredients
DF: Does not contain dairy ingredients
P: contains Pork
V: Vegetarian
 Fruit and Vegetables always **GF DF**

For information regarding school meals and lunch accounts contact:
nutrition.services@philomath.k12.or.us

Menus are subject to change, please refer to school day calendar for days in session

This institution is an equal opportunity provider

Available Daily
Breakfast: Assorted Cereal, Assorted Benefit Bar, Fruit or Juice, and Milk
Lunch: Assorted Sandwiches, Full Salad Bar, Fruit, and Milk

