



# CPE COUNSELOR'S CORNER: AUGUST EDITION 2025

Hello CP Parents!

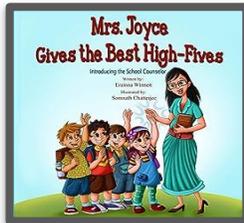
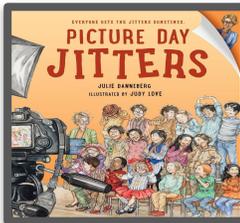
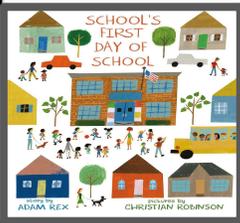
Welcome to the 2025-26 school year! I am so happy to see your kids smiling faces again. What a great school year we have planned! This is my 10th year as counselor and my 21st year here at CP! Where does the time go?? As school counselor, your kiddo's class will come visit me every other week for 45 minutes (PreK will come for 20) to discuss many social and emotional wellness topics (list of topics are below in the review it section). Each month, I will add a newsletter that identifies our learning targets and give a few tips for good books or questions that you can talk with your kiddos about. Have questions or concerns?? Please contact me at 972-968-1442 or at

[kiplingerr@cfbisd.edu](mailto:kiplingerr@cfbisd.edu)

## August Events

- 8/7: Meet the Teacher 5:30PM
- 8/11: Chalk the Walk: all day
- 8/12: First Day of School
- 8/6: Coffee Talk w/Mrs. Miller (virtual) 6:00PM
- 8/9: PreK and Kinder play date 9:00AM
- 8/19: 3's, PreK, & Kinder Curriculum Night 5:30PM
- 8/20: 1st Grade Curriculum Night 5:30PM
- 8/21: 2nd Grade Curriculum Night 5:30
- 8/26: 3rd & PAS Curriculum Night 5:30PM
- 8/25: 5th Grade Curriculum Night 5:30
- 8/27: 4th Grade Curriculum Night 5:30PM

## Read About It!



Here are some first day of school books your kiddos may enjoy reading with you. Reading at least 20 minutes a night is so important for building fluency and stamina. As well, it can help to open conversations about what they are doing in school (rather than "what did you learn today?" "nothing") Each month there will be books that support my SEL topics.

## Review It!

Here are our guidance topics for the year:

- Personal space
- Personal safety
- Internet safety
- Healthy bodies (tied to Red Ribbon Week)
- Bullying/Teasing
- Self-esteem/self-worth
- Self-regulation
- Diversity
- Career readiness

• Lunch groups based on various topics

(1st-5th new students to CP will have lunch meetings with me to talk about CP)

## Talk About It!

Here are some discussion questions to ask your kiddos:

- "WHAT MADE YOU LAUGH TODAY?" ...
- "WHICH SUBJECT WAS YOUR FAVORITE TODAY?" ...
- "WHAT WAS THE BEST PART OF YOUR DAY?" ...
- "WHO DID YOU SIT WITH AT LUNCH TODAY?" ...
- "WHAT WAS THE MOST INTERESTING THING YOU LEARNED TODAY?"
- "WHAT NEW FRIENDS DID YOU MAKE AT SCHOOL?"

