

SEPTEMBER



**COLUMBIA RIDGE
ELEMENTARY**



**GRANT
ELEMENTARY**

	MON	TUE	WED	THU	FRI
SEPT 2-5		Breakfast: Muffin w/ String cheese Lunch: Bean & Cheese Nachos Chicken Pimento Burger American Sandwich (GF,DF) Hot Veggie: Aztec Corn	Breakfast: Breakfast Cookie Lunch: Pizza (GF,DF) Turkey Sandwich Hot Veggie: Italian Roasted Chickpeas	Breakfast: Cheese Omelet Lunch: Spaghetti Hot Italian Sub (GF,DF) Fruit & Yo to go Box Hot Veggie: Parmesan Green Beans	Breakfast: Donut Lunch: Cheesy Breadsticks Orange Chicken Bowl Tuna Sandwich (GF,Df) Hot Veggie: Seasoned Carrot Coins
SEPT 8-12	Breakfast: Cereal Bar Lunch: French Toast w/ Sausage Chicken Tenders Protein Power Box (GF,DF) Hot Veggie: Curly Fries	Breakfast: Breakfast Bar Lunch: Twisted Hot Dog Arroz con Pollo (GF,DF) Cold Italian Sub Hot Veggie: Baked Beans	Breakfast: Breakfast Sandwich Lunch: Pizza (GF,DF) Ham & Cheese Sandwich Hot Veggie: Roasted Green Beans	Breakfast: Party Pancakes Lunch: Walking Tacos Grilled Cheese Sunbutter & Jelly Sandwich (GF,DF) Hot Veggie: Potato Wedges	Breakfast: Banana Muffin Square Lunch: Chicken Potato Bowl Bean & Cheese Enchilada Pizza Box (DF,GF) Hot Veggie: Seasoned Corn
SEPT 15-19	Breakfast: Cereal w/String Cheese Lunch: Cheesy Breadsticks Popcorn Chicken Strawberry Parfait Hot Veggie: French Fries	Breakfast: Snackin' Waffle Lunch: Quesadilla Chicken Pimento Burger American Sub (GF,DF) Hot Veggie: Mexican Black Beans	Breakfast: Pancake Bites Lunch: Pizza Ham & Cheese Sandwich (GF,DF) Hot Veggie: Corn	Breakfast: French Toast Sticks Lunch: Baked Penne Pasta Teriyaki Dippers w/ Rice Turkey Sandwich (GF,DF) Hot Veggie: Parmesan Green Beans	Breakfast: Donut Lunch: Chicken Sandwich Posole (GF,DF) Sunbutter & Jelly Sandwich Hot Veggie: Potato Wedges
SEPT 22-26	Breakfast: Cereal Bar Lunch: Chicken Nuggets Hot Italian Sub (GF,DF) Blueberry Parfait Hot Veggie: Cheesy Mashed Potatoes	Breakfast: Breakfast Pizza Lunch: Cheeseburger (GF,DF) Crunchy Taco Ham & Cheese Sandwich Hot Veggie: Tator Tots	Breakfast: Breakfast Cookie Lunch: Pizza (GF,DF) Chef Salad w/ Roll Hot Veggie: Roasted Chickpeas	Breakfast: Frudel Lunch: BBQ Chicken Tenders Nachos American Sandwich (GF,DF) Hot Veggie: Aztec Corn	Breakfast: Cinnamon Roll Lunch: Chicken Drumstick w/Roll (GF,DF) Mini Corn Dogs Sunbutter & Jelly Sandwich Hot Veggie: French Fries
SEPT 29-30	Breakfast: Cereal w/String Bar Lunch: Cheesy Breadsticks Teriyaki Dippers w/ Rice Pizza Box (GF,DF) Hot Veggie: French Fries	Breakfast: Snackin' Waffle Lunch: Soft Taco Chicken Pimento Burger Sunbutter & Jelly Sandwich (GF,DF) Hot Veggie: Refried Beans			

This institution is an equal opportunity provider.

Additional nutritional information available online at: ephra schools.nutrislice.com/menu