



PARKWAY INTERMEDIATE

SEPTEMBER 22-26

BREAKFAST

Breakfast After the Bell Offered Daily

Cereal offered daily

Monday: Waffle Bar

Tuesday: Breakfast Pizza

Wednesday: Muffin

Thursday: Frudel

Friday: Cinnamon Roll

LUNCH

Pizza (cheese pizza, pepperoni pizza and cheesy breadsticks served daily)

Monday: Sausage

Tuesday: Taco

Wednesday: Supreme

Thursday: Hawaiian

Friday: Meatlovers

Grill

Monday: Chicken/Spicy Chicken Burger

Tuesday: Cheeseburger/Hamburger

Wednesday: Chicken/Spicy Chicken Burger

Thursday: Cheeseburger/Hamburger

Friday: Chicken/Spicy Chicken Burger

Everyday Selects

Monday: Teriyaki Beef Dippers & Rice

Tuesday: Crunchy Tacos

Wednesday: Sweet & Sour Chicken Bowl

Thursday: Nachos

Friday: Taco Burger

All Ephrata Students Eat Free Daily

This institution is an equal opportunity provider.

Additional nutritional information available online at: ephrataschools.nutrislice.com/menu