



# **PARKWAY INTERMEDIATE**

## **SEPTEMBER 15-19**

### **BREAKFAST**

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#### **Breakfast After the Bell Offered Daily**

Cereal and Cereal Bar offered daily

Monday: Pancake Bites

Tuesday: Snackin' Waffle

Wednesday: Breakfast Cookie

Thursday: French Toast Sticks

Friday: Donut

### **LUNCH**

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#### **Pizza (cheese pizza, pepperoni pizza and cheesy breadsticks served daily)**

Monday: Sausage

Tuesday: Taco

Wednesday: Supreme

Thursday: Hawaiian

Friday: Meatlovers

#### **Grill**

Monday: Chicken/Spicy Chicken Burger

Tuesday: Cheeseburger/Hamburger

Wednesday: Chicken/Spicy Chicken Burger

Thursday: Cheeseburger/Hamburger

Friday: Chicken/Spicy Chicken Burger

#### **Everyday Selects**

Monday: Chicken Burrito Bowl

Tuesday: Chicken Parmesan Pasta

Wednesday: Chicken Potato Bowl

Thursday: Baked Penne Pasta

Friday: Posole

### **All Ephrata Students Eat Free Daily**

This institution is an equal opportunity provider.

Additional nutritional information available online at: [ephrataschools.nutrislice.com/menu](http://ephrataschools.nutrislice.com/menu)