



PARKWAY INTERMEDIATE

SEPTEMBER 8-12

BREAKFAST

Breakfast After the Bell Offered Daily

Cereal offered daily

Monday: Pancake on a Stick

Tuesday: Breakfast Bar

Wednesday: Snackin' Waffles

Thursday: Mini Cinni

Friday: Muffin

LUNCH

Pizza (cheese pizza, pepperoni pizza and cheesy breadsticks served daily)

Monday: Sausage

Tuesday: Taco

Wednesday: Supreme

Thursday: Hawaiian

Friday: Meatlovers

Grill

Monday: Chicken/Spicy Chicken Burger

Tuesday: Cheeseburger/Hamburger

Wednesday: Chicken/Spicy Chicken Burger

Thursday: Cheeseburger/Hamburger

Friday: Chicken/Spicy Chicken Burger

Everyday Selects

Monday: Chicken Tender Basket

Tuesday: Twisted Hot Dog

Wednesday: Walking Taco

Thursday: Chicken Alfredo Pasta

Friday: Arroz con Pollo

All Ephrata Students Eat Free Daily

This institution is an equal opportunity provider.

Additional nutritional information available online at: ephrataschools.nutrislice.com/menu