



Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

Daily Bulletin

Tuesday, August 19th, 2025

 **CMS Spirit Week is off to a great start! Today is Day 2 of our Grade Level Spirit Week Competition, and the 6th graders are in the lead with 115 points!** The seventh graders are not too far behind with 96 points, and the eighth graders are in third place with 88 points. However, it is early in the competition! Today is **Beach Day!** The sun is out, and we hope you are all ready to earn points for your grade level. Teachers, PLEASE complete the form that Mrs. Wells sent out to you this morning to record today's spirit count. Remember, the students cannot earn points for dressing up unless you fill out the form. Be sure to come out to the main quad to earn more spirit points for your grade level by participating in a beach day activity! Don't forget that tomorrow is **Picture Day**, and you need to "Dress Your Best" to earn points. **Thursday** will be: **Sport Your Favorite Sports Day**. Pull out your favorite team's jersey or dress up in your favorite sports uniform. Then on **Friday**, it's - **Cougar Pride Day**. Wear our school colors or LOTS of Carmel gear so you can earn spirit points on the final day of the week. **Go Cougars!**

Sports Tryouts Continue TODAY!

 **All Soccer Tryouts** kick off TODAY and continue through Thursday. The boys will meet the coaches on the Upper Track Field, and the girls will meet on the lower field beginning at 3pm.

Volleyball

7th or 8th Grade Girl's Volleyball Tryouts will continue after school today from 3-5pm in the gym.

All Boys Volleyball Tryouts will take place tomorrow and Thursday.

6th Grade Girls Tryouts will be held on August 26th and 28th.

 **Cross Country Practice** will begin next Monday, August 25.

For a complete list of all Fall Sports Tryout dates and times, please visit our webpage and click on **ATHLETICS.**

 **Picture Day is tomorrow!** You will have your photo taken during your PE class period. Don't forget to bring your best look and your brightest smile!

 **Do you ride the bus?** Beginning September 2, bus passes will be checked by the drivers as you get on the bus. If your parents have not already purchased your annual pass, please ask them to head to the Carmel District website to get yours to be attached to your Student ID during Picture Day!

Today's Lunchtime Activities:

 **Card and Board Games!** Hosted by Mr. Mayer, Room C6 is open every day at lunch for all students, as a fun place to hang out, eat lunch, play games, and even to get help with math. We hope to see you there!

 **Attention Studio Ghibli Fans!** Mrs. Krislyn is showing a film in her class! Come to D7 today and Thursday at lunch to watch *Kiki's Delivery Service*.

 **Today's Menus: Breakfast:** Maple Waffles, a Crumb Square, and Reduced Sugar Trix

Lunch: Sweet & Sour Chicken w/ Fried Rice, a Hamburger, Bosco Sticks, or a Yogurt Parfait with Granola.

 **Happy Birthday to:**