



### IMPORTANT

If the student wants the services, but the parent does not want the services, the service can still be provided to the student per Virginia Code.

(Reference Virginia code § 54.1-2969.(E-3))

*“A minor shall be deemed an adult for the purpose of consenting to medical or health services needed in the case of outpatient care, treatment or rehabilitation for substance abuse as defined in: § 37.2-100 - Definitions. “Substance abuse” means the use of drugs, enumerated in the Virginia Drug Control Act (§ 54.1-3400 et seq.), without a compelling medical reason or alcohol that (i) results in psychological or physiological dependence or danger to self or others as a function of continued and compulsive use or (ii) results in mental, emotional, or physical impairment that causes socially dysfunctional or socially disordering behavior and (iii), because of such substance abuse, requires care and treatment for the health of the health of the individual. This care and treatment may include counseling, rehabilitation, or medical or psychiatric care. (§ 54.1-2969.(E-3))”*

SA Educational Intervention Program referrals will only be received from School Administrators, SST or the Executive Direct or of Student Services.

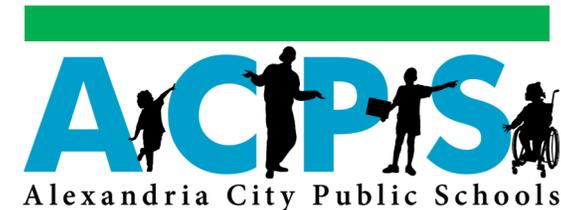
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K-12 Substance Abuse Prevention & Intervention Services Department of Student Services & Equity  
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## Sample Service Cycle

1. An incident which involves alcohol or other drug takes place.
2. The School Administrator investigates and determines any disciplinary outcomes.
3. The School Social Worker (SW) and/or Counselor is informed.
4. The School Administrator in collaboration with the SW and/or Counselor contacts the Substance Abuse Counselor and refers the case for SA services.
5. The Substance Abuse Counselor contacts parents and the student to schedule a screening session.
6. **If** no symptoms are present or no factual events are related or involve drug use, the case is closed.
7. The Substance Abuse Counselor provides feedback to the Administrator.
8. **If** the results indicate low risk of probability for substance abuse: Parents are informed and a basic substance abuse educational curriculum is provided.
9. **If** the results indicate high risk of probability for substance abuse: The Substance Abuse Counselor may perform a more thorough assessment.
10. Depending on results, the case may be referred for services in coordination with the School SW, Psychologist or Counselor.
11. If a student is returning from an inpatient program, and is willing to voluntarily participate in relapse prevention support, they may be screened and may receive prevention support.
12. Once a student completes their participation in the curriculum the case is closed.



## K-12 Substance Abuse Prevention & Intervention Services

ACPS provides Substance Abuse (SA) prevention and intervention services for schools K-12. This service is offered by the Department of Student Services, & Equity (DSSAPE) using a Multi-Tiered System of Supports (MTSS) approach and Positive Behavioral Interventions (PBIS) to deliver services to students involved with substance use or abuse related problems. Services include:

- Screenings
- Assessments
- Early Educational Intervention
- Substance Abuse Educational Seminar
- Targeted Case Management
- Prevention Campaigns

Alcohol and illegal drug use and abuse are prohibited by the ACPS Student Code of Conduct in compliance with all applicable federal, state or local laws and ordinances.

Department of Student Services & Equity

(DSSE)

## ACPS Substance Abuse Services

ACPS K-12 substance abuse prevention and intervention is founded in two approaches:

- Multi-Tiered System of Supports (MTSS) to provide a differentiated response through TIERS of services.
- Positive Behavioral Interventions (PBIS), which is part of MTSS, recognizes and matches behavioral interventions with level of need.



### Universal—TIER 1

- Tier 1 focuses on all students in a school and community awareness.

### Selective—TIER 2

- Tier 2 focuses on students who display problems at school and have an above-average risk of developing substance abuse issues.

### Indicated—TIER 3

- Tier 3 focuses on those who are presenting addiction, antisocial or other risky behaviors such as truancy, academic failure, or hanging out with peers who misuse.

## Prevention

### Prevention Campaigns:

ACPS engages in awareness campaigns utilizing both local and national resources. These campaigns may be done in collaboration with ACPS offices such as the School Health Services, the Family And Community Engagement (FACE) Center, the Health and Physical Education office, and school based Student Support Teams (SST). (TIER 1)

### Standards of Learning

Drug education content is embedded in Standards of Learning (SOL's) that the Health and Physical Education Department (H.PE) delivers. The SA counselor supports teachers in the implementation of drug education content by providing consultation and technical assistance in collaboration with the H.PE curriculum department. (TIER 1)

### Substance Abuse Education Seminar

The 'Opportunity Program (OP)' helps students and their parents with drug involvement related problems. This Early education program focuses on helping eligible students and their parents to:

- Learn about legal consequences of drug use
- Get facts and consequences of drugs use
- Process what happened
- Identify developmental assets
- Participate in a restorative practice circle, and
- Get information about resources in the community.

. (TIER1)

### Consultation & Networking

A certified Substance Abuse (SA) Counselor and Board Registered Qualified Mental Health Professional (QMHP) is available for clinical and educational consultation to all ACPS teachers, administrators, parents and SST teams. The SA counselor also provides consultation at disciplinary hearings, and school attendance panel hearings. If an ACPS member has a concern or would like to consult on a case, the SA Counselor is available to provide support and assistance. Also, ACPS values networking and building partnerships to support drug education in Schools. (TIER 1)

## Educational-Intervention

### Screenings & Assessments

If a student needs substance abuse services, he/she may be referred by the Director of Student Services, and/or school administrator. The ACPS certified SA counselor will conduct a screening (TIER 2) and/or assessment (TIER 3) to identify the type of substance (s) involved in the incident, the severity of substance use (mild, moderate or severe); and the level of treatment-service indicated. Parents and/or guardians must be informed and consent to the service.

### Early Educational Intervention workshops

APCS Substance Abuse Early Intervention uses an evidence-based substance abuse educational curriculum. Referred students learn about: (TIER 1, TIER 2)

- The laws and social consequences regarding substance use.
- The effects of substances on the body and mind.
- The scope of substance use (self-evaluation).
- The basic tools to prevent further use by developing an action plan.

### Targeted Case Management

ACPS short-term targeted case management is a service that links students to supports that match their needs (*by conducting referral to specialized services in the community*), or collaborating with existing services. Short-term case management is limited in time to specific goals and also includes monitoring and consultation for to school re-entry cases. (TIER 3)

*ACPS substance abuse counseling services include prevention and early intervention, our program does not provide treatment for substance abuse disorders.*