

PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Godwin Elementary

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of Godwin Elementary’s School Counseling program is to help students create an anchor for life by connecting them, as well as parents, schools and the community, with the tools and resources for academic, social and emotional success, college and career readiness.

Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors lead on delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

Competencies

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal – setting process

Student Competency: Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete tasks

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

Organizational Elements-

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals (highlighted) & Process

Needs Assessment Results: Improve Student Behavior, Increase Attendance, Assess Program Balance using Time Tracking

We reviewed the following data points:

- Behavior incidents
- Attendance reports

We following patterns will be evaluated in our data:

- Incident types
- Incidents by grade level
- Incidents by semester
- Attendance by nine weeks
- Types of absenteeism

- Types of non counseling duties

We found the following areas of significance in our data points:

- Incidents by grade level is significantly high in 3rd grade

The most significant needs identified in needs assessments were:

- Needing resources for parenting tips

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at our leadership meeting to elicit revisions/additions
- TBD through discussions of student concerns at RTI meetings, counselor academy, and leadership meetings.

Program SMART Goals for the 2025-2026 Year

1. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

2. By May 2026, school counselors will decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

3. By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs - ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Personal Health and Safety
3. Intrapersonal Effectiveness
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance
3. Advocacy
4. Consultation
5. Program Management
6. Professional Behavior
7. Professional Standards
8. Leadership
9. Coordination

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum - 35-45%
2. Responsive Services - 30-40%
3. System Support - 10-15%
4. Individual Planning - 5-10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Respect, Self-Respect, Anti-bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, College & Career lesson, Smart Goal/Growth Mindset, social media safety

SMART Goal/s-

- By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.
- By May 2026, school counselors will decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

2. Strategic Content Area-Interpersonal Effectiveness-(Anxiety)

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

3. Strategic Content Area-Personal Health & Safety-(Emotional Regulation)

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, social media

SMART Goal/s-

- By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.
- By May 2026, school counselors will decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

4. Strategic Content Area-Post Secondary Education and Career Readiness, Successful in 6th Grade (5th Grade)

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset

SMART Goal/s-

- By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.
- By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.
- By May 2026, school counselors will decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Campus Responsive Services -

Identified Need #1- Family Changes

Preventative, Remedial, or Crisis- Remedial & Crisis

Intervention/Plan of Action- Counseling services based on student need

Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Identified Need #2- Anxiety

Preventative, Remedial, or Crisis- Preventative, Remedial, and Crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Emotional Regulation

Preventative, Remedial, or Crisis- Preventative, Remedial, and Crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Individual Planning Priorities

Domain-Personal

Goal- Identify attributes for achievement and growth
 School Counselor Considerations- Grade level diversification
 Advocacy- Equity for all students

Domain- Education

Goal- Understanding the importance of education
 School Counselor Considerations- Grade level diversification
 Advocacy- Equity for all students

Domain- Career

Goal- Introduction to different options
 School Counselor Considerations- Grade level diversification
 Advocacy- Equity for all students

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Program Balance Chart/Weekly Schedule- see next page.

Week A	M	T	W	Th	F
	Teacher	Teacher	Teacher	Teacher	Teacher
Counselor	Figueroa	Silva	Burnham	Riley	Moseley
Counselor	Moody	Lyons	Lujan	Yost	Acosta
Counselor	Lamboy	Miller	Slough	Frazier	Meuir
Computers	Young	NONE	Vickrey	Mihigo	NONE
Computers	Burk	Myers	Davis	Allender	Parra
Computers	Fields	Manaka	Stovall	Vanderslice	Mitchell
Week B	M	T	W	Th	F
Counselor	Young	NONE	Vickrey	Mihigo	NONE
Counselor	Burk	Myers	Davis	Allendert	Parra
Counselor	Fields	Manaka	Stovall	Vanderslice	Mitchell
Computers	Figueroa	Silva	Burnham	Riley	Mosely
Computers	Moody	Lyons	Lujan	Yost	Acosta
Computers	Lamboy	Miller	Slough	Frazier	Meuir

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

<u>Components</u>	<u>Content Areas</u>
Guidance Curriculum	Interpersonal Effectiveness
Responsive services	Intrapersonal Effectiveness
Individual Planning	Personal Health and Safety
System Support	Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2025-2026 Year

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

3. Campus Improvement Plan Goals:

Goal 1: Improve scores of the student population to reach 60% or above in Reading at Meets for 4th and 5th grade students.

Goal 2: Improve scores of student population to 59% or above in Math at Meets for 4th and 5th grade students. .

Goal 3: Improve scores of students in 4th and 5th grade for Academic Growth in Math to at least 74% or above.

CALENDAR

August

Content Area- Introduction to the Counselor & Counseling Program

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Interpersonal, Intrapersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)-Counselor Introduction and School Counseling Program (K-5)

Major Projects/Events-

- Self-Introduction to students through guidance lessons.
- School Counselor parent letter
- Parent Info night about volunteer opportunities-PTO meeting

Individual Planning -

- Time Tracking
- Counselor Bulletin Board
- BOY CAT/Anti-Bullying Meeting (Planning Stage)
- Update Materials for teachers to post the character trait posters
- Classroom Lesson Prep

Character Trait - Kindness Kickoff

- Teachers will focus on procedures and expectations. Character Traits will begin in September

Guidance Lesson

- **Name of Lesson:** The Rabbit Listened
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** My School Counselor Can Help Me

Guidance Lesson

- **Name of Lesson:** How does my counselor help me?
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** How the School Counselor Can Help Me

Guidance Lesson

- **Name of Lesson:** How does my counselor help me?
- **Lesson Source:** Counselor Created
- **Target grade(s):** 2
- **Lesson Topic:** How the School Counselor Can Help Me

Guidance Lesson

- **Name of Lesson:** Getting to Know Your School Counselor
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** How the School Counselor Can Help Me

Guidance Lesson

- **Name of Lesson:** Getting to Know Your School Counselor
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** How the School Counselor Can Help Me

Guidance Lesson

- **Name of Lesson:** Getting to Know Your School Counselor
- **Lesson Source:** Counselor Created
- **Target grade(s):** 5
- **Lesson Topic:** How the School Counselor Can Help Me

September

Content Area- Growth Mindset/Goal Setting

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Postsecondary Readiness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Growth Mindset/Goal Setting - Smart Goals

Major Projects/Events-

- Peanut Butter Drive
- Counselor Parent Newsletter
- CAT/Anti-Bullying committee Meeting
- 4th Grade YES! Assembly

Individual Planning -

- Time Tracking
- BOY Teacher & Staff Compliance Trainings
- Character Trait Focus Board
- Create Materials for teachers to post the character trait posters
- Group Counseling/Individual Needs
- SST Meetings (as needed)
- Counseling Lesson Prep

Character Trait - Respect

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by school counselor

Guidance Lesson

- **Name of Lesson:** The Power of Yet/Giraffes Can't Dance
- **Name of Lesson:** Identifying Feelings
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Developing a Growth Mindset

Guidance Lesson

- **Name of Lesson:** The Magical Yet
- **Name of Lesson:** Green and Red Light Choices
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** Developing a Growth Mindset

Guidance Lesson

- **Name of Lesson:** The Magical Yet
- **Name of Lesson:** Flipping a Lid
- **Lesson Source:** Counselor Created
- **Target grade(s):** 2
- **Lesson Topic:** Developing a Growth Mindset

Guidance Lesson

- **Name of Lesson:** After the Fall
- **Name of Lesson:** Tame my Anger
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Developing a Growth Mindset

Guidance Lesson

- **Name of Lesson:** Growth/Fixed Mindset
- **Name of Lesson:** Coping Skills
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** Developing a Growth Mindset

Guidance Lesson

- **Name of Lesson:** SMART Goals
- **Name of Lesson:** Being Organized
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Developing a Growth Mindset

October

Content Area- Drug Prevention, Personal Safety

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Drug prevention, personal safety, healthy choices

Major Projects/Events-

- Red Ribbon Week
- Parent Newsletter about Character Trait-Responsibility
- Watch DOGS begins October 3rd
- PALS Program Referrals Start
- National Principal Month
- National Boss's Day-Oct 16th

Individual Planning -

- Time Tracking
- Group Counseling/Individual Counseling Needs
- SST Meetings (as needed)
- Character Trait Focus Board
- Create Materials for teachers to post the character trait posters
- Classroom Lesson Prep

Character Trait - Responsibility

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by school counselor

Guidance Lesson

- **Name of Lesson:** The Couch Potato
- **Name of Lesson:** WHO (We Help Ourselves)
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Drug Prevention, Personal Safety, Healthy Choices

Guidance Lesson

- **Name of Lesson:** Healthy vs. Unhealthy Coping Skills
- **Name of Lesson:** WHO (We Help Ourselves)
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** Drug Prevention, Personal Safety, Healthy Choices

Guidance Lesson

- **Name of Lesson:** Candy Vs. Medicine
- **Name of Lesson:** WHO (We Help Ourselves)
- **Lesson Source:** Counselor Created

- **Target grade(s):** 2
- **Lesson Topic:** Drug Prevention, Personal Safety, Healthy Choices

Guidance Lesson

- **Name of Lesson:** Sticking up for myself
- **Name of Lesson:** Coping Skills
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Drug Prevention, Personal Safety, Healthy Choices

Guidance Lesson

- **Name of Lesson:** What is bullying?
- **Name of Lesson:** Ignoring Distractions
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** Drug Prevention, Personal Safety, Healthy Choices

Guidance Lesson

- **Name of Lesson:** Peer Pressure Decision-Making
- **Name of Lesson:** Executive Functioning Skills
- **Lesson Source:** Counselor Created
- **Target grade(s):** 5
- **Lesson Topic:** Drug Prevention, Personal Safety, Healthy Choices

November/December

Content Area- Kindness, Respect, Anti-Bullying

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Kindness, Respect, Anti-Bullying

Major Projects/Events-

- Parent Newsletter about Character Trait-Gratitude
- Watch DOGS Program
- Canned Food Drive
- Angel Tree
- PALs Program
- Veterans Day-Nov 11
- Thanksgiving Feast

Individual Planning -

- Time Tracking
- BOY Teacher & Staff Compliance Trainings
- Character Trait Focus Board

- Create Materials for teachers to post the character trait posters
- Group Counseling/Individual Needs
- SST Meetings (as needed)
- Angel Tree Applications
- Thanksgiving Lunch

Character Trait - Gratitude

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by school counselor

Guidance Lesson

- **Name of Lesson:** Have you filled a bucket?
- **Name of Lesson:** Personal Space/Hands to Self
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Kindness, Respect, Anti-Bullying

Guidance Lesson

- **Name of Lesson:** Cotton ball/Sandpaper Words
- **Name of Lesson:** Small vs. Big Problems
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** Kindness, Respect, Anti-Bullying

Guidance Lesson

- **Name of Lesson:** What does Friendship Mean?
- **Name of Lesson:** Talk it out/ I-Message
- **Lesson Source:** Counselor Created
- **Target grade(s):** 2
- **Lesson Topic:** Kindness, Respect, Anti-Bullying

Guidance Lesson

- **Name of Lesson:** Treasure or Trash Friendship?
- **Name of Lesson:** Problem Solving and Responsibility
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Kindness, Respect, Anti-Bullying

Guidance Lesson

- **Name of Lesson:** Identity
- **Name of Lesson:** Executive Functioning: Self-Control
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** Kindness, Respect, Anti-Bullying

Guidance Lesson

- **Name of Lesson:** Healthy Friendships
- **Name of Lesson:** Friendship Boundaries
- **Lesson Source:** Counselor Created
- **Target grade(s):** 5

- **Lesson Topic:** Kindness, Respect, Anti-Bullying

WINTER BREAK

January

Content Area- Healthy Habits, Puberty, Hygiene

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Healthy Habits, Puberty, Hygiene

Major Projects/Events-

- Parent Newsletter about Character Trait-Courage
- Watch DOGs
- PALs Program
- CAT/Anti-Bullying committee Meeting
- School Board Appreciation Month
- Law Enforcement Appreciation Day-Jan 9th
- National Compliment Day-Jan 24th
- Puberty-5th Grade
- Hygiene-3rd and 4th grade

Individual Planning -

- Time Tracking
- BOY Teacher & Staff Compliance Trainings
- Character Trait Focus Board
- Guidance Lesson
- Create Materials for teachers to post the character trait posters
- Group Counseling/Individual Needs
- SST Meetings (as needed)

Character Trait - Courage

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by school counselor

Guidance Lesson

- **Name of Lesson:** Understanding/Expressing Happy, Proud, Excited
- **Name of Lesson:** Understanding/ Expressing Angry, Worried, Sad
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Problem Solving

Guidance Lesson

- **Name of Lesson:** Talk it out/Apologize
- **Name of Lesson:** Walk Away/Conflict Resolution
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** Problem Solving

Guidance Lesson

- **Name of Lesson:** Teamwork/Sportsmanship
- **Name of Lesson:** Giving and Receiving Compliments
- **Lesson Source:** Counselor Created
- **Target grade(s):** 2
- **Lesson Topic:** Problem Solving

Guidance Lesson

- **Name of Lesson:** The Golden Rule
- **Name of Lesson:** Empathy
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Problem Solving

Guidance Lesson

- **Name of Lesson:** Body Image
- **Name of Lesson:** Conflict Resolution
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** Problem Solving

Guidance Lesson

- **Name of Lesson:** Perspective Taking
- **Name of Lesson:** Just Kidding
- **Lesson Source:** Counselor Created
- **Target grade(s):** 5
- **Lesson Topic:** Problem Solving

February

Content Area- Friendship/Kindness

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Careers

Major Projects/Events-

- PALs Program

- National School Counseling Week- Feb 5-9th
- School Bus Driver Appreciation Day Feb 22nd
- African American History Month
- National Random Acts of Kindness Week
- American Heart Month
- Watch DOGs
- UIL

Individual Planning -

- Time Tracking
- BOY Teacher & Staff Compliance Trainings
- Character Trait Focus Board
- Guidance Lesson
- Create Materials for teachers to post the character trait posters
- Group Counseling/Individual Needs
- SST Meetings (as needed)
- UIL

Character Trait - Honesty

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by school counselor

Guidance Lesson

- **Name of Lesson:** Understanding Others' Feelings
- **Name of Lesson:** Coping Skills
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Friendship/Kindness

Guidance Lesson

- **Name of Lesson:** Choices and Consequences
- **Name of Lesson:** Making Helpful Choices at School
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** Friendship/Kindness

Guidance Lesson

- **Name of Lesson:** Super Student Skills
- **Name of Lesson:** Listening Skills
- **Lesson Source:** Counselor Created
- **Target grade(s):** 2
- **Lesson Topic:** Friendship/Kindness

Guidance Lesson

- **Name of Lesson:** Being an Upstander
- **Name of Lesson:** Types of Conflict
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Friendship/Kindness

Guidance Lesson

- **Name of Lesson:** Tone of Voice
- **Name of Lesson:** Being Assertive
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** Friendship/Kindness

Guidance Lesson

- **Name of Lesson:** Self-Worth/Self-Esteem
- **Name of Lesson:** Personal Values
- **Lesson Source:** Counselor Created
- **Target grade(s):** 5
- **Lesson Topic:** Friendship/Kindness

March

Content Area- Anti-Victimization

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Anti-Victimization

Major Projects/Events-

- Parent Newsletter about Character Cooperation
- Watch DOGs
- PALs Program
- Maintenance Worker Appreciation Day-Mar 1st
- National Employee Appreciation Day-Mar 1st
- Read Across America Day-March 2nd

Individual Planning -

- Time Tracking
- Guidance Lesson
- Create Materials for teachers to post the character trait posters
- Group Counseling/Individual Needs
- SST Meetings (as needed)

Character Trait - Cooperation

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by the school counselor.

Guidance Lesson

- **Name of Lesson:** WHO (We Help Ourselves) Safe Adults
- **Name of Lesson:** Playing Together

- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Anti-Victimization

Guidance Lesson

- **Name of Lesson:** WHO (We Help Ourselves) Safe Adults
- **Name of Lesson:** Empathy
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** Anti-Victimization

Guidance Lesson

- **Name of Lesson:** WHO (We Help Ourselves) Safe Adults
- **Name of Lesson:** Ignoring Distractions
- **Lesson Source:** Counselor Created
- **Target grade(s):** 2
- **Lesson Topic:** Anti-Victimization

Guidance Lesson

- **Name of Lesson:** WHO (We Help Ourselves) Emotional Resilience/Trauma
- **Name of Lesson:** Conflict Escalator
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Anti-Victimization

Guidance Lesson

- **Name of Lesson:** WHO (We Help Ourselves) Emotional Resilience/Trauma
- **Name of Lesson:** Gossip
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** Anti-Victimization

Guidance Lesson

- **Name of Lesson:** WHO (We Help Ourselves) Self-Talk
- **Name of Lesson:** Self-Care/Self-Advocacy
- **Lesson Source:** Counselor Created
- **Target grade(s):** 5
- **Lesson Topic:** Anti-Victimization

April

Content Area- Test Anxiety, Personal Safety

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC)- Test Anxiety, Personal Safety

Major Projects/Events-

- Parent Newsletter about Character Trait-Perseverance
- PALs Program
- Paraprofessional Day-Apr 3rd
- School Librarian Appreciation Day Apr 4th
- National Assistant Principal Week Apr 7th-14th
- National Volunteer Recognition Week Apr 14th-20th
- National Administrative Day Apr 24th
- Trusted World Clothing Drive

Individual Planning -

- Time Tracking
- Guidance Lesson
- Create Materials for teachers to post the character trait posters
- Group Counseling/Individual Needs
- SST Meetings (as needed)
- GEMs (Godwin Elementary Moms) Reading Program

Character Trait - Perseverance

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by the school counselor.

Guidance Lesson

- **Name of Lesson:** I-Messages
- **Name of Lesson:** Apologies
- **Lesson Source:** Counselor Created
- **Target grade(s):** K
- **Lesson Topic:** Personal Safety

Guidance Lesson

- **Name of Lesson:** Take Turns/Take a Break
- **Name of Lesson:** Identity
- **Lesson Source:** Counselor Created
- **Target grade(s):** 1
- **Lesson Topic:** Personal Safety

Guidance Lesson

- **Name of Lesson:** Identifying Emotions

- **Name of Lesson:** Identity
- **Lesson Source:** Counselor Created
- **Target grade(s):** 2
- **Lesson Topic:** Personal Safety

Guidance Lesson

- **Name of Lesson:** Test Anxiety/Self-Talk
- **Name of Lesson:** I-Messages
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Test Anxiety

Guidance Lesson

- **Name of Lesson:** Test Anxiety/Self-Talk
- **Name of Lesson:** Choices and Consequences
- **Lesson Source:** Counselor Created
- **Target grade(s):** 4
- **Lesson Topic:** Test Anxiety

Guidance Lesson

- **Name of Lesson:** Test Anxiety/Self-Talk
- **Name of Lesson:** Digital Citizenship: Respect
- **Lesson Source:** Counselor Created
- **Target grade(s):** 5
- **Lesson Topic:** Test Anxiety

Guidance Lesson

- **Name of Lesson:** Test Anxiety/Self-Talk
- **Name of Lesson:** I-Messages
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3
- **Lesson Topic:** Test Anxiety

May

Content Area- Careers

CSCP Goals Addressed-

Goal 1: By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty percent, by incorporating monthly counseling lessons and teacher support.

Goal 2: By May 2026, school counselors will increase positive student behavior by twenty percent through positive office referrals, special recognition associated with monthly character traits, and morning announcements.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC)- Test Anxiety, Personal Safety

Major Projects/Events-

- Parent Newsletter about Character Trait-Empathy
- Career Fair
- Watch DOGs

- All Around Purposeful People Award
- Nana Puddin’
- PALs Program
- EOY CAT/Anti-Bullying Committee Meeting
- School Principals Day May 1st
- School Lunch Hero Day May 3rd
- Teacher Appreciation Week May 5th-11th
- School Nurse Day May 8th
- National Speech Pathologist Day

Individual Planning -

- Time Tracking
- Guidance Lesson
- Create Materials for teachers to post the character trait posters
- Group Counseling/Individual Needs
- SST Meetings (as needed)
- GEMs (Godwin Elementary Moms) Reading Program

Character Trait - Empathy

- Teachers/SS Teachers will include SEL (Social Emotional Learning) Tuesday morning routine for 10-15 minutes using premade slides created by the school counselor.

Guidance Lesson

- **Name of Lesson:** Paws in Jobland
- **Lesson Source:** Counselor Created
- **Target grade(s):** K-2
- **Lesson Topic:** Careers

Guidance Lesson

- **Name of Lesson:** Career Inventory
- **Lesson Source:** Counselor Created
- **Target grade(s):** 3-5
- **Lesson Topic:** Careers

June

Content Area- Review Data and prepare for new school year

CSCP Goals Addressed- Review data, determine growth achieved

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Review

Major Projects/Events- Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year. Revision of CSCP.

