

Eastwood Athletic Handbook

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*****NOTE – Any change in Eastwood Board of Education policy supersedes contrary provisions contained within this handbook.**



Eastwood Athletic Handbook

Athletic Department Guide

EASTWOOD ATHLETIC DEPARTMENT PHILOSOPHY

The coaches and school administration of the Eastwood Local School District believe that certain high standards are important to a sound athletic program. The Athlete and Coach have a strong influence in the community, in school, with fellow students and with coaches. This influence must be a positive one.

The intent of the athletic program is to be an important part of the total educational process. It gives the students an opportunity to experience, as an individual or in a group, situations that are physically beneficial, mentally stimulating and socially sound.

The major emphasis of interscholastic athletics should be on the student-athlete in which the needs of the student hold the highest importance. While on the field, skilled play and good sportsmanship are of high demand. Every attempt should be made to provide favorable playing conditions in order that the competitive experiences of the athletes may be wholesome and result in the attainment of desirable attitudes and conduct. The rules, regulations and supervision of the program must ensure the maximum protection of the health and safety of the players.

The athletic department and its members must promote fair play and good sportsmanship through their actions and words. All rules and regulations of this policy book, Eastwood Local Schools, Northern Buckeye Conference and the OHSAA must be followed. No coach should be put under pressure by the department, school administration or community to win at all costs.

The ultimate goal of the athletic program should be to realize the value of participation without overemphasizing the importance of winning and to develop and improve sportsmanship and positive citizenship traits among the program's participants.

ATHLETIC COUNCIL

The Athletic Council is composed of two board members, middle school principal, high school principal, high school athletic director, middle school athletic director, assistant athletic director and superintendent. The high school principal serves as the Chairman and the high school athletic director serves as the secretary of the Council. The athletic program is an extension of the school experience.

The purpose of the Athletic Council shall be the betterment of the Eastwood interscholastic athletic programs. In doing so, the following objectives should be considered:

1. Maintain a successful, efficient, balanced and harmonious athletic program.

2. Develop an effective channel of communication between the board of education, administration, coaches and staff.

3. Develop understanding, needs, wants, etc., of each individual sport and establish policies to correlate with them.

4. Act as a policy-making group for the athletic program within the authority vested by the Board of Education.

The High School Athletic Director coordinates establishing quarterly meeting dates.

By-laws of the council are as follows:

1. Requests by and for the coaching staff will be directed to the council through the athletic directors.
2. Minutes of the athletic council meetings will be recorded and distributed by the athletic director to each member of the council.
3. Meetings will be noticed through similar channels used for Board of Education meetings.
4. An agenda for the council will be distributed to the membership one week in advance of the meeting.
5. Requests to be heard at the council meeting should be submitted at least ten days before the council meeting

ADMINISTRATIVE ORGANIZATION

The Administrative Head of the Eastwood Athletic Program is the High School Principal. He may appoint the Athletic Director to act in his place in the administration of the Athletic Department.

When a problem arises, the chain of command shall be:

Step 1 - Head Coach
Step 2 - Middle School/High School Athletic Director
Step 3 - Principal
Step 4 - Superintendent
Step 5 - Board of Education

CRITERIA FOR COACHING POSITIONS

The Eastwood Athletic Department believes that the gymnasium, field or track are merely extensions of the classroom where instruction takes place. Even though a coach is hired primarily to instruct players in the fundamentals of a competitive sport, his/her job also includes the teaching of citizenship, manners, morality, stability and whatever makes up the character of a well-rounded person.

Therefore, the following criteria will be considered in the hiring of a person for the position of coach of an Eastwood interscholastic team:

1. Applicants should possess a level of expertise commensurate with the expectations of the position for which he/she is applying.
2. It is preferred that applicants have playing experience in the sport they desire to coach.
3. Applicants should possess personal integrity, confidence, and moral clarity.
4. Applicants should demonstrate the ability to work cooperatively with others.
5. All coaches are required to maintain a valid Pupil Activity Permit, which includes all certifications required to obtain the permit through the Ohio Department of Education and the Ohio High School Athletic Association. Proof of all certifications must be on file with the Athletic Department prior to coaching.
6. Applicants should be able to demonstrate how they will be able to aid in the development of Eastwood student-athletes.

HIRING PROCEDURES FOR COACHES

1. When a coaching position opens, the respective athletic director will notify the HR Director so they can advertise among the Eastwood staff according to the Negotiated Agreement.
2. Applications received for the positions should be sent directly to the respective athletic director.
3. The respective athletic director shall interview the applicants he feels are appropriate for the position.
4. The athletic director will, when necessary and with the approval of the principal, establish and coordinate the activities of a screening committee to evaluate applicants for key positions. The screening committee will normally consist of the athletic directors, principal, and their designees.
5. The respective athletic director shall call references and make the recommendation to the principal and then to the superintendent.
6. The superintendent shall make the recommendation to the local board of education.
7. All vacancies, which occur unexpectedly, will be handled on an individual basis within established time frames.
8. Athletic Director and Head Coach will determine in conjunction qualifications for hiring of assistant coaches and recommendations will be made together.
9. Head coaches will have input in the hiring of high school and middle school coaches.

ADMISSION AND TICKET SALES

The Northern Buckeye Conference set the ticket prices for all boys and girls contests.

The Eastwood Athletic Department offers an All Sports Pass. These passes will allow the purchaser to attend any home contest in any sport at the middle school or senior high by showing the ticket taker their pass. The passes may be purchased in three categories: All Sports Family Pass; All Sports Adult: and All Sports Student and out of district Senior Citizens. Family members who have graduated and are still living at home or attending college will have to pay the adult fee for the pass.

The Eastwood Athletic Department also recognizes Senior Citizens (60 years of age), who reside in the Eastwood Local School District, by offering a Golden Eagle Pass at no charge. The Golden Eagle Pass can be obtained by contacting the Athletic Director and is good for admission into any Eastwood contest excluding tournaments. In addition, the Golden Buckeye Card will allow the bearer admission at the current student rate. (Adopted, April 1996)

ATHLETIC PASS POLICY

Distribution

The distribution of the free passes for athletic contests shall be conducted by the high school athletic director with the approval of the high school principal.

Northern Buckeye Conference Passes

At the beginning of each school year, the commissioner of the Northern Buckeye Conference issues five executive passes and 25 regular passes. These passes are valid for all Northern Buckeye Conference middle school and senior high events.

Because of the nature of their responsibilities to the athletic programs and their encouraged attendance at these events, the following people shall receive the executive passes (family passes): superintendent of schools, high school principal, high school athletic director, and middle school athletic director.

For the same reasons, the middle school principal and the five board of education members shall receive regular season passes. These passes admit two people to all Northern Buckeye Conference contests. The remaining passes shall be distributed to the head coaches, cheerleading adviser and any other coaches for the purpose of scouting or for the service they perform for the athletic department or school.

Eastwood Athletic Department Passes

The Eastwood Athletic Department issues a complimentary pass to individuals who perform a service for the athletic department or school. The pass is good for the bearer only and is not transferable. Each pass is valid for one school year and for both the fall and winter sports season at Eastwood Middle School and Senior High School only.

Golden Eagle Pass

Anyone 60 years of age or older who is a resident of the Eastwood School District can receive a pass to all middle school and senior high athletic events. The pass will admit one person.

4-Year Letter Winner

An athlete who was a 4-year letter winner in a single sport will receive a lifetime pass to all middle school and high school athletic events.

Types of Work or Service

Passes shall be issued for the following work or service (number of service opportunities required to obtain a pass is subject to athletic department need): ticket sellers, ticket takers, scorekeepers, timers, hosts or hostesses, concession stand operators, limited concession stand workers, physicians, football chain gang, announcers, tournament workers.

TOURNAMENT PARTICIPATION

When athletes qualify for advanced tournament competition, the Athletic Department will cover expenses for the qualifier. Admission for the contest, room and meal expenses will be covered for every player in uniform, alternates and the coaches. Those teammates who did not qualify will be required to cover their own expenses. Students will be excused from school for practice and competition that is customary for the particular sport. In addition one teammate may also be excused to accompany the qualifier.

Pay To Participate Guidelines

The participation fees at the HIGH SCHOOL are as follows:

1st Sport - $125.00

2nd Sport - $100.00

3rd Sport - $50.00

$550 District-wide Cap Per Household

CHEERLEADING - $62.50 PER SEASON

***Those students who have qualified for free and reduced lunches will also qualify for a reduced rate for the athletic participation fees. Those students who qualify for a *free* lunch will not pay any participation fees. Those students who qualify for a *reduced* lunch will pay half of the participation fee for that season/sport.

All athletic participation fees must be paid no later than 3:00pm on the day of their first contest in order to be able to participate in that contest or any further contests. Beginning with the winter season, all school fees and athletic fees must be paid in order to be able to participate.

Parents can contact the athletic director to make arrangements for payment options in the case of extenuating circumstances.

***MIDDLE SCHOOL* Athletic Participation Fees**

As a part of the district's financial plan, the Eastwood Athletic Council has added a middle school athletic participation fee. This fee will go into the General Fund and be used to offset the rising cost of the athletic programs (athletic trainer, facilities, transportation, etc). Fees for the middle school are as follows:

1st Sport of the school year:	$65
2nd Sport of the school year:	$40
3rd Sport of the school year:	No cost

*Cheerleaders will pay ½ of the rate per season ($32.50 or $20 depending on the season).

The participation fee MUST BE PAID BEFORE THE FIRST CONTEST.
Your son / daughter will not be permitted to travel, participate, or dress with the team until this fee is paid in full.

1. Make checks payable to Eastwood Local Schools. This is NOT a part of the middle school academic fees, so a separate check must be written.

2. In the "Memo" line please write the athlete's name, grade and sport.

3. Please turn payment in to the middle school office – ***coaches are not to accept any money.***

If you are approved for and receive free or reduced lunch, you are eligible for free/reduced participation fees. Families under the reduced lunch plan would pay $32.50 for the 1st sport and $20 for the second; families under the free lunch plan would have all participation fees waived. If you have any questions about the fees, please call the Middle School at 419-833-6011.

EASTWOOD TICKET ACCOUNTABILITY

Sport _____ Grade _____ B or G

Eastwood vs. _____

Adults _____ End # _____
(color)

Price _____ Beg # _____

Total _____ = _____

Students _____ End # _____
(color)

Beg # _____

Price _____

Total _____ = _____

Ticket Total _____

Actual Total _____

Difference _____

Ath. Director _____

Pass List

1._____	2._____	3._____
4._____	5._____	6._____
7._____	8._____	9._____
10._____	11._____	12._____
13._____	14._____	15._____
16._____	17._____	18._____
19._____	20._____	21._____
22._____	23._____	24._____
25._____	26._____	27._____
28._____	29._____	30._____
31._____	32._____	33._____
34._____	35._____	36._____

EASTWOOD ATHLETIC DEPARTMENT
EQUIPMENT NOTIFICATION

DATE_____

NAME _____ GRADE _____ SPORT_____

Our records indicate that you still have athletic equipment that has not been returned. If you still have the equipment, you must return it to your coach or the Athletic Director immediately. If you have lost the equipment, you must pay the replacement cost listed below.

Number _____ Item _____ Replacement Cost _____

Your help in returning borrowed equipment promptly is greatly appreciated.



Eastwood Athletic Handbook

Coaches Guide

COACHING EVALUATIONS

I. Statement on Evaluation of Coaches

Coaching at the interscholastic level goes far beyond winning games. A truly successful coach is one who positively impacts student-athletes through leadership, mentorship, and a commitment to their overall growth—physically, mentally, and emotionally. Success in coaching cannot be measured by wins alone. Not every great coach is defined by a record, and not every winning coach is truly effective in developing young people.

Effective coaches bring a wide range of skills and knowledge to their programs. Understanding adolescent growth and development, physical conditioning, mental health and wellness, stress management, maturity levels, motivation, and how athletes learn are all critical components. Coaches must also stay current with modern training methods, skill progression, safety protocols, and inclusive practices to meet the needs of all student-athletes.

Coaching is both an art and a science. It requires intentional planning, clear goals, and a commitment to continued learning. Without clearly defined program objectives and expectations for coaching competencies, it becomes difficult to evaluate progress or support professional growth. By setting high standards and focusing on holistic development, coaches help shape student-athletes into successful individuals on and off the field.

II. Evaluation Procedure
Athletic Coaches Evaluation Procedures

The basic purpose behind the evaluation and the effort of everyone is for improving the instruction athletes receive.

The following procedures are to be observed in the use of evaluation:

1. The High School Athletic Director will evaluate Head Coaches.
2. Coaches may provide a rebuttal to evaluations.
3. The Athletic Director and the building Principal will be responsible for the contract recommendation.

FAMILY NIGHT

All efforts will be made to end school practices and games by 7:00 PM on Wednesday nights. Exceptions will be made for league or state contests.

CALAMITY DAY POLICY

When school has been closed due to inclement weather, the Superintendent, Transportation Director, and Athletic Director will review conditions and determine if games, practices, weight training, etc, may take place later in the day, with the Superintendent having final say. If conditions improve, events may be reinstated.

SUNDAY PRACTICES

Sunday practices are limited. It is understood that under some circumstances an isolated need for a Sunday practice may occur. All Sunday practices must be cleared with the Athletic Director and/or the Principal prior to their occurrence.

TRANSPORTATION OF ATHLETIC TEAMS

1. Arrangements for transportation of teams are made by the Head Coach, the Athletic Director and the Transportation Director.
2. Coaches are expected to inspect the bus for cleanliness and any visible damage both before and after travel. Any concerns or irregularities should be communicated directly to the driver prior to the team boarding. Proactively reporting issues helps ensure the safety and accountability of all parties and protects both the team and coaching staff from potential misunderstandings or false accusations.
3. The coach is responsible for the conduct of his or her team while being transported. All rules for bus riding should be adhered to at all times.
4. All team members are expected to ride the bus to and from the contest. Under special circumstances, if a player must return home with a parent rather than ride the bus, the parent must sign the athlete out with the coaching staff.
5. Bus Guidelines
   - A. A minimum of one coach must accompany the bus when a contact sport is on the road.
   - B. Coaches are required to have Emergency Medical Forms.
   - C. The coach will assume all responsibility for conduct and discipline on the bus in conjunction with the driver.
   - D. Athletes must be ready to leave 15 minutes prior to departure.
   - E. No food or drink will be allowed on the bus unless prior approval has been given by the driver.
   - F. All athletes are expected to dress appropriately for trips.
   - G. No spikes or cleats are to be worn on the bus.

H. The coach will check the bus when it returns to see if all equipment has been removed.

COACHES CLINICS

All Eastwood Coaches are encouraged to attend professional meetings (coaching schools, clinics, etc.) to help keep abreast of new developments in the sports which they are coaching. It will be the Athletic Departments policy to pay for some or all of the expenses incurred while attending these professional meetings. All coaches will adhere to the following guidelines when attending clinics.

1. With the approval of the building Principal, a Head Coach may be absent from their teaching duty for two contract days, without loss of pay, for attending a coaching clinic in their sport. Assistant coaches will be allowed one contract day. (Including middle school coaches)
2. In the event a coach (head or assistant) is coaching more than one sport, he/she may use no more than three (3) contract days to attend clinics.
3. The Athletic Department will cover the cost of registration for one clinic, 1 room for the head coach, and 1/2 of room cost for assistant coaches (2 assistants in a room will cover the full cost) for each sport. All travel and food expenses will be covered by the coach.
4. Reimbursement of expenses will be paid after receipts have been turned in to the Athletic Director. Each coach should obtain a tax exempt form prior to attending a clinic since the Athletic Department will not pay for State taxes.
5. Requests to attend said clinics must be submitted at least two weeks in advance to the building principal for approval.
6. If a coach requests to attend additional clinics, all expenses must be paid for by the coach.

REQUISITIONS AND PURCHASES

All coaches and the athletic director must follow the procedure set up by the Treasurer and Board of Education. Requests for the purchase of new athletic equipment are to be made by the head coach to the athletic director. A purchase order signed by the athletic director, principal, and superintendent must be completed before any order is placed with a dealer. No payments or reimbursement will be made unless the correct procedures have been followed.

At the completion of each sports season, all head coaches will submit a list of needs for the following season.

Equipment and uniforms are school property and are never to be given to the athletes. Old and no longer used equipment may be purchased by the athletes with approval from the athletic director.

FUNDRAISING POLICY

All fundraisers (camps, tournaments, spirit item sale, etc.) will first be approved by the athletic director, principal, treasurer and superintendent using the appropriate form.

All fundraisers must follow guidelines established through Board of Education policy.

PROCEDURES FOR INJURIES AND ILLNESS

Since all physical activity involves a certain amount of risk as far as injuries to the athlete is concerned, coaches must be aware of certain established procedures to follow when an injury occurs.

1. You must provide first aid and evaluate the extent of the injury. If there is no trainer available, call for help immediately by notifying the nearest EMS squad.
2. Coaches must have an athlete's Emergency Medical Form and follow the instructions on it. If the parents are not present, telephone them immediately and give them only the necessary information. Do not go into detail or try to diagnose the injury.
3. An Athletic Injury Report form should be filled out on FinalForms after the injury and filed with the athletic director and trainer no later than 24 hours after the incident.
4. If an injury occurs at another school, stay with the injured player in spite of the game conditions. Have an assistant coach or another adult stay with the team until someone arrives to help the injured athlete.
5. As a matter of personal interest and professionalism, contact the athlete or parents at a later time concerning the injured athlete.
6. Illness to an athlete should be treated the same as an injury.
7. Athletes that have been out of action for a time because of illness or injury, and were under the treatment of the trainer or family physician must have a written statement allowing return to competition.

FACILITIES AND PRACTICE TIME

Since 12 athletic teams seek use of the five gymnasiums in the Eastwood School District during the winter sports season, it is necessary that certain procedures be followed in an effort to avoid confusion and conflicts.

1. The Athletic Director and involved Head Coaches will set the master schedule for gym use.
2. Coaches shall follow very closely the time frame made available to them as a matter of courtesy to other coaches.
3. The athletic director along with the coaches will give all programs, boys and girls, equal treatment in regard to times and the number of practices.
4. Attempts should be made to schedule practices early for any team, which has a game on the following night.

5. Any coach who desires to deviate from the posted schedule must notify the athletic director so adjustments can be made. This includes the notification if a practice is canceled.
6. Coaches shall use reasonable judgment in regard to the number and length of practice sessions.
7. For summer and off-season open gym and conditioning, all coaches must follow all rules set by the OHSAA. All coaches must remember that this is not in-season practice time and it should not be everyday during the summer.

USE OF ATHLETIC EQUIPMENT AND FACILITIES

It is important to emphasize to all athletes their responsibilities as squad members to take care of school equipment and facilities and to report any abuses to their coach or the Athletic Director.

1. Athletic department-issued equipment is to be worn only during practice sessions and contests, or by permission of the coach. At no time are athletes to wear school-issued equipment or uniforms for:
    A. Gym classes
    B. Work or job
    C. Socially

2. In particular sports where athletes buy a portion of their practice or game uniforms, these may be worn at the discretion of the athlete.
3. Athletic equipment of the school district will not be loaned to outside groups except with the approval of the Athletic Director.
4. All athletic facilities will be scheduled by the request of the coach with the Athletic Director.

LOCKER ROOM RESPONSIBILITIES

Security

1. Each coach is responsible for the actions of members of his/her team from the time they report to the locker room until they leave the building after practice.
2. The coach shall see that lights and showers are turned off, the doors are locked, equipment is locked up and the room left as neat as possible.
3. Since many coaches will be using the locker room office area, each coach must make an effort to keep this area as neat and clean as possible.

Athlete Rules

1. Rough housing is not allowed in the locker room.
2. No one except coaches and assigned players are allowed in the locker room.
3. No glass containers are allowed in the locker room.
4. All spiked or cleated shoes must be put on and taken off outside of the locker room in extreme muddy weather. No spikes or cleats are allowed in any other part of the school building.
5. Equipment must be removed from all lockers by the end of the first school day following the conclusion of each sports season.
6. Athletes are not to be in the training room unless they are receiving treatment or being examined by the trainer or coach. Use of training equipment must be authorized and supervised by qualified personnel of the school.
7. The weight room will be controlled by the Weight Room Coordinators. Both out-of-season and in-season coaches may supervise the weight room on a schedule as established by the Weight Room Coordinators. At no time are athletes to use the weight room without authorized supervision. You have the responsibility of being in the weight room with athletes under your supervision.
8. Cell phone use is not permitted in the locker room.

SQUAD SELECTION

Philosophy

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program, we encourage coaches to keep as many students as they can without compromising the integrity of their sport. Obviously, time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport. However, when developing policy in this regard, please strive to maximize the opportunities for our students without diluting the quality of the program.

Cutting Policies

1. Choosing the members of athletic squads is the sole responsibility of the coaches of those squads.
2. Lower level coaches shall take into consideration the policies as established by the Head Coach in that particular program when selecting team rosters.
3. Prior to trying out, the coach shall provide the following information to all candidates for the team:
    a. extent of try-out period
    b. criteria used to select the team
    c. number to be selected
    d. practice commitment if they make the team
    e. game commitments

4. When a squad cut becomes a necessity, the process will include three important elements. Each candidate shall:
    a. have completed three to five practice sessions.
    b. have performed in at least one intra-squad scrimmage.
    c. be personally informed of the cut by the coach and the reason for the action either face to face or in writing (individual letter in envelope)
5. Cut lists are not to be posted.
6. If a coach foresees difficulties arising as a result of squad cuts, he/she should discuss the situation with the Athletic Director.

INTERSCHOLASTIC SCRIMMAGES

Scheduling

Interscholastic scrimmages shall be scheduled by the head coach of each sport with the approval of the Athletic Director.

a. Scrimmages are to be scheduled with no loss of school time.
b. Junior Varsity, Freshmen and middle school scrimmages may be arranged.

Definition of a Scrimmage

The Ohio High School Athletic Association regulations are:

a. An interscholastic scrimmage shall be defined as a contest in sports in which the rules of the sport are not followed in all respects. The length of the scrimmage shall be limited to a maximum of three consecutive hours per squad or individual per day for grades 9-12 and two consecutive hours for grades 7-8.
b. A scrimmage may involve any number of teams from various schools.
c. No admission of money, materials or supplies may be charged for a scrimmage. Voluntary donations of supplies or money may be accepted at a scrimmage, but cannot be required for admission.
d. In short, scrimmages cannot equal or approximate actual game conditions.

ATHLETIC AWARD SYSTEM

The award system at Eastwood is structured to honor participation and performance in sports. The coach has the privilege of adding to or detracting from this rule. The coach must be sure his decision is best for the individual, the sport, and the school.

1. A student may receive only one varsity block (E) letter for all sports in which he/she participates and successfully meets the requirements necessary to win the award.
2. A student will receive an insert, which can be placed on the letter, for each sport in which he/she may receive a letter.
3. The second year award is a certificate and a bar insert.
4. The third year award is a certificate and a bar insert.
5. The fourth year award is an informational plaque, lifetime athletic pass and a bar insert.
6. A manager may receive a letter at the discretion of the coach. It is recommended that a letter be awarded after two seasons of varsity work. The seasons do not have to be consecutive.
7. The giving of awards to an individual is based on the individual's meeting the necessary requirements in each sport set by the coach and on the recommendation of the respective coach.

The requirements for an athlete to earn a varsity letter award are established by the head coach of each sport. The coach's criteria for such awards must be submitted and approved by the athletic director or principal prior to the beginning of the season. If no changes or additions are submitted by a coach, the requirements as listed in this policy manual shall be in effect.

TEAM AWARDS

In the event a Varsity team is recognized as NBC Champions, the athletic department will purchase championship T-shirts up to $8.00 per item and championship chenille patches for each athlete and coach. Chenille patches will also be purchased for teams/individuals who win a District Championship, Regional Runner-up or Championship, or State Qualifier.

GUIDELINES FOR AWARDS NIGHT

Head Coach

1. Thank everyone who helped with your season.
2. Keep comments about season brief and positive
3. Make sure every player is introduced by name.
4. Comments about each player should be brief and positive. Keep most comments for seniors.
5. Do the talking for your team. You run the awards part of the program.

Jr. Varsity/Freshman Coach

1. Thank people special to your season.
2. Comments about your season should be brief, positive. Save time for the varsity coach to make most of the comments.
3. Introduce each player by name. Save time by calling the entire team forward together, then introducing each player.

General Guidelines

1. Unexcused players - no comments.
2. Public predictions or announcements of next year's varsity players are unfair to underclassmen.
3. There are parents in the audience who care only about their athlete. Play by play descriptions of a season makes your presentation drag and takes time away from honoring the teams.
4. Be positive - no excuses need to be made for anything.
5. Double check names, grade level, numbers - people pick up on this.

Comments to Avoid

1. Talking about the past (players or coaches).
2. Predictions about the future (they can haunt you).
3. Anecdotes not appropriate for a more formal awards ceremony.
4. Recruiting for next year's team - it makes this year's players feel inadequate.
5. Talking about other teams or schools.
6. We are not inferior to any team we play - especially St. Johns, Perrysburg, etc.
7. Season review - keep it short and positive.
8. If you plan to resign from your coaching position, please do not announce this at the awards banquet.

VARSITY TRACK

A athlete will receive a varsity award if he or she:

1. Participates in 50% of all meets.

2. Averages one and one quarter scheduled meet. Relay points will be divided among the members of the team. During invitational meets, each member of the relay team will get credit for the place points.

3. Meets one of the following standards under meet conditions: (no practice performances allowed)

Field Events	Boys	Boys	Girls	Girls
Shot Put	39'		30' 0"	
Discus	115'		95' 0"	
High Jump	5'6"		4' 6"	
Long Jump	18'3"		14'3"	
Triple Jump	37'		28'6"	
Pole Vault	11'0"		7' 6"	

Running Events	HAND	FAT	HAND	FAT
110 M. High Hurdles	17.0	17.24		
100 M. Hurdles			18.7	18.94
100 M. Dash	11.7	11.94	13.8	14.04
1600 M. Run	5:00.0		6:00.9	6:00.24
400 M. Dash	56.0	56.14	67.0	67.24
300 M. Hurdles	44.0	44.14	56.1	56.34
800 M. Run	2:12.0		2:41.9	2:41.24
200 M. Dash	24.5	24.74	29.1	29.34
3200 M. Run	11:00.0		13:06.9	13:06.24

4. All varsity awards will require recommendations of the coaches even though the above standards may be met. Particular attention will be given to the athlete's attendance at all practice sessions and at varsity meets.

5. Senior who has been with the program for two or more years.

6. The coach may, at their discretion and with the approval of the athletic director, waive the above requirements if, because of illness, injury or another extenuating circumstance, deem it to be in the best interest of the athlete.

7. All others not lettering will receive a Jr. Varsity certificate or participation certificate upon recommendation by the coach.

SOCCER (Boys and Girls)

A athlete will receive a varsity award if he or she:

1. Varsity E Award - The participant must:
   (1) Attend 90 percent of all games and practices,
   (2) Must play in at least 50 percent of the possible number of halves during the season, or
   (3) Be a senior who has participated at least two years if they did not meet the 50 percent of the quarters requirement.

2. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

3. An athlete who does not qualify for the above awards will be presented with either a reserve certificate or a participation certificate.

FOOTBALL AWARDS

An athlete will qualify for a varsity football award according to the following:

1. The player must start and finish the season with the team, unless kept from doing so by illness or injury

2. The player must be considered a starter – offense, defense, special teams or work with the first offensive or defensive unit

3. Senior who has been with the program for two or more years.

4. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

5. An athlete who does not qualify for the above awards will be presented with either a reserve certificate or a participation certificate.

CROSS COUNTRY AWARDS

An athlete will qualify for a varsity award when:

1. He or she averages in the top seven (7) runners or better in all the meets.

2. Run 18:30 or faster at least twice in the season, for male runners.

3. Run 22:30 or faster at least twice in the season, for female runners.

4. Be in the top 5 in 20% of the meets.

5. Run varsity in 50% of the meets. "Run varsity" means either:
   a. Run in the varsity race at invitationals. (If there is unlimited participation, then this option is invalid.)
   b. Be in the top 7 Eastwood runners.

6. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

7. An athlete who does not qualify for the above awards will be presented with either a reserve certificate or a participation certificate.

BASKETBALL AWARDS (Boys and Girls)

An athlete will qualify for a varsity award when he or she:

1. The player must start and finish the season with the team, unless kept from doing so by illness, injury, home crisis, or a move to or from another district, etc.

2. Must play in at least 1/2 the number of quarters played by the team during the course of the season, including tournament play. A quarter is designated as having signed into the official scorer for one or more times.

3. A varsity award is to be granted to any senior who has participated in the program for two or more years at the high school level, even though he or she may not meet criteria number two above.

4. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

5. An athlete who does not qualify for the above awards will be presented with either a reserve certificate or a participation certificate.

WRESTLING AWARDS

An athlete will qualify for a varsity wrestling award when he or she:

1. He has a proper attitude and dedication to the sport at all times and must attend all practices except when previously excused.

2. Participates in 50% of varsity matches or participates in the NBC Championships Tournament

3. Senior who has been with the program for two or more years.

4. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

5. An athlete who does not qualify for the above awards will be presented with either a reserve certificate or a participation certificate.

BASEBALL AWARDS

An athlete will qualify for a varsity baseball award when:

1. He participates in 1/2 of the total innings played unless he is a part-time or full-time pitcher (by recommendation of the baseball coach with approval by the athletic director)

2. Is a senior and has participated at least two years.

3. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

4. Jr. Varsity awards are based on the same criteria. Anyone not qualifying for a varsity or Jr. Varsity award will receive a participation certificate.

SOFTBALL AWARDS

A girl will qualify for a varsity softball award when:

1. She participates in 1/2 of the total innings played.

2. Is a senior and has participated at least two years.

3. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

4. Anyone not receiving a varsity award will receive a participation award.

VOLLEYBALL AWARDS

A girl will qualify for a varsity volleyball award when:

1. The athlete has had a significant amount of playing time at the varsity level. This is at the discretion of the Head Volleyball coach.

2. If she is a junior varsity player and has been moved up to play varsity and contributed to the team.

3. Is a senior and has participated at least two years.

4. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

5. Jr. Varsity awards will be given on the same basis as varsity awards. Anyone not receiving a varsity or jr. varsity award will be awarded a Certificate of Participation.

GOLF AWARDS (Boys and Girls)

1. Played in at least half of the Varsity matches.

2. Averaged in the top seven golfers in terms of average nine-hole score.

3. A Senior that has been a member of the Golf team for two years.
4. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

5. Those not receiving Varsity awards will receive Reserve awards or participation awards based on similar criteria and coach's discretion.

MANAGER AWARDS

A boy or girl will qualify for a varsity manager's award when:

1. A manager for a varsity team shall receive a certificate after one season; a varsity letter after two seasons; a plaque after three seasons; a plaque or trophy after four or more seasons.

2. A manager for a junior high, freshman, or reserve team shall receive a certificate after each season.

3. All managers at the high school level shall receive identifying shirts.

4. The coach will decide if the manager qualifies for the award.
   (Adopted-Athletic Council March 1984)

CHEERLEADING AWARDS

A girl will qualify for a varsity cheerleading award when:

1. She participates in at least 90% of contests as a member of the varsity football team and/or, basketball squad.

2. The coach may, at their discretion and with the approval of the athletic director, waive the above requirement if, because of illness, injury, or another extenuating circumstance, deem it to be in the best interest of the athlete.

3. Jr. Varsity and freshman awards are based on the same criteria. Anyone not qualifying for a varsity or jr. varsity award will receive a participation certificate.

INDIVIDUAL SPORTS AWARDS

The athletic department will provide end of season awards to each program. The coach can determine what "special" awards they want to give out at the end of their season since each sport is unique and each team is unique. The athletic department will pay for plaques for "special" awards with the following criteria:

Programs with less than 10 participants = up to 3 plaques purchased by the department

Programs with 10-20 participants = up to 4 plaques purchased by the department

Programs with 21-40 participants = up to 5 plaques purchased by the department

Programs with over 40 participants = up to 6 plaques purchased by the department

ANNUAL SPECIAL AWARDS

1. SCHOLAR ATHLETE AWARD

This award exemplifies the commitment that the OHSAA has dedicated to academic excellence while participating in interscholastic athletics.
The guidelines as approved by the OHSAA Board of Directors are as follows:

1. Award recipient must be a senior.
2. Highest scholastic average at the end of the first semester of grade 12.
3. Recipient must receive a minimum of four varsity "letters" in all sports combined.

2. MR. & MISS EAGLE AWARDS

These awards go automatically to the boy and girl who have earned the greatest number of varsity letters during his or her career at Eastwood. To be eligible, an athlete must (A) be a senior and (B) have earned at least one varsity letter as a senior.

3. MALE & FEMALE ATHLETE OF THE YEAR AWARD

These awards are presented by a vote of all the head coaches to the boy and girl athletes who have excelled during the current year. To be eligible, an athlete must (A) be a senior and (B) earned a letter as a senior.

4. OHSAA ARCHIE GRIFFIN SPORTSMANSHIP AWARD

This award goes to one male and one female student who demonstrate outstanding traits of sportsmanship.

5. 1ST TEAM ALL-STATE HALLWAY

The criteria for inclusion in the 1st Team All-State Hallway are as follows:

Voted Sports
In sports such as Football, Volleyball, Soccer, Basketball, and Softball respective coaches associations are involved in a voting process. An athlete is named All-Ohio through this process. If they are voted to the 1st Team, they have qualified for this award. In Baseball, there are two ways to gain inclusion: 1) be voted to the 1st team by position by the coaches association, 2) be selected to represent your District in the Ohio High School Baseball Coaches Association All-Ohio Game.

Qualification Sports
In sports such as: Golf, Cross Country, Wrestling and Track & Field, an athlete obtains all-state honors based upon performance. Traditionally, the top eight athletes in each individual event are considered 1st Team All-Ohio; however the respective coaches associations may modify this structure.

Additional Criteria
In all sports, an athlete should qualify for the All-State Hallway if the Coaches Association in that sport designates an athlete to the 1st Team All-Ohio.

Representation
Any athlete who has met the above criteria shall be recognized with their accomplishment placed in the hallway near the gymnasium. Whenever possible, a picture of the athlete will be placed on the award and when a picture is not possible, a plate with the OHSAA or Caches Association logo will appear in its place.

Awards will be placed on the Wall following the completion of the student's senior year.

COACH'S CHECKLIST
BEFORE THE FIRST PRACTICE:

_____ Check with AD on new equipment purchases.

_____ Communicate with your assistant coaches concerning their responsibilities and your expectations.

_____ Check to make sure all coaches have completed the necessary sports medicine, OHSAA Coaching Certification, CPR requirements and all necessary fingerprinting.

_____ Join any coaches associations that may be applicable.

_____ Publicize and hold an organizational meeting for your sport, including a meeting with incoming freshmen, if applicable.

_____Discuss with the AD the athletic budgets.

_____ Check with AD on any athletic department policies, if needed.

_____ Pass out the athlete/parent information brochures. Explain information to all athletes.

_____ Assure all athletes have forms completed in FinalForms, especially the Athletic Physical

_____ Check on practice time schedules with AD, if applicable.

_____ Check on picture day times, if applicable.

BEFORE THE FIRST GAME

_____ Attend rules interpretation meetings, if required.

_____ Discuss with your team the Code of Conduct and Disciplinary Procedures.

_____ Record equipment that each athlete receives making sure that all equipment is marked.

_____ Update rosters on FinalForms, remove any athletes no longer with the program, add jersey numbers if applicable to your sport.

_____ Communicate with AD on any problems with athletes or parents.

DURING SEASON

_____ Verify accuracy of provided eligibility list.

_____ Report results to local media and the athletic department, win or lose.

_____ Check daily absence list on all days of practices and games and check for ineligible athletes.

_____ Communicate with AD on any problems with athletes or parents.

_____ Have a conference with any athletes that decide to quit the team. Make sure all equipment is turned in.

BEFORE THE ATHLETIC BANQUET:

_____ Attend any meetings for the selection of all-conference or all-district players.

_____ Turn in awards list to AD and secretary.

_____ Collect all equipment from your athletes, inventory and store.

_____ Turn in your inventory list, lost equipment list, and season summary report to AD.

_____ Turn in season summary list, list of special awards, and letter awards to the secretary promptly, after the conclusion of your season.

_____ Evaluate your staff and complete self-evaluation.

DURING THE OFF SEASON:

_____ Complete the budget requisition for the next school year.

_____ Consult with the AD on purchases for next year.

_____ Attend clinics to improve as a coach. Reimbursement may be made if the budget allows for it.

_____ Encourage your athletes to stay involved with off season training (ex. Weight training, open gym, etc.).

_____ Plan a camp for your athletes, if applicable.

_____ Attend and support other sport and school functions.

SEASON SUMMARY

SPORT_____ LEVEL _____ GIRLS _____ BOYS _____

COACH _____ LEAGUE RECORD _____ OVERALL _____

	Opponents	Home	Opp.		Opponents	Home	Opp.
1.				16.			
2.				17.			
3.				18.			
4.				19.			
5.				20.			
6.				21.			
7.				22.			
8.				23.			
9.				24.			
10.				25.			
11.				26.			
12.				27.			
13.				28.			
14.				29.			
15.				30.			

Special Honors (team, individual, all league, district, state, etc.)

_____

_____

_____

_____

_____

Broken Records (list new records):_____

_____

SPECIAL AWARDS*

NAME OF RECIPIENT	NAME OF AWARD
1.	
2.	
3.	
4.	
5.	
6.	

*PLEASE CHECK THE HANDBOOK TO FIND OUT WHAT AWARDS YOU ARE TO GIVE

Academic Awards for Seniors:

EASTWOOD HIGH SCHOOL ATHLETIC AWARDS

SPORT _____ **COACH** _____

YEAR _____ **RETURN FORM BY:** _____

Please list name/grade of athletes to receive awards (or attach on a separate document).

<table>
<tr><td rowspan="2">1st Year Letter Award Grade</td><td rowspan="2">2nd Year Letter Award Grade</td><td>3rd Year Letter Award Grade</td></tr>
<tr><td>4th Year Letter Award Grade</td></tr>
<tr><td>1st Year JV Grade</td><td>2nd Year JV Grade</td><td>3rd Year JV Grade</td></tr>
<tr><td></td><td></td><td>4th Year JV Grade</td></tr>
</table>

EASTWOOD ATHLETICS
INVENTORY

SPORT _____ DATE _____

COACH _____ SEASON _____

Amount	Item	Cost per Unit to Replace	Total	Stored

Storage Places: Please write the exact location of this item in case we need to locate them after you have left.



Eastwood Athletic Handbook

Student-Athlete Guide

EASTWOOD HIGH SCHOOL/MIDDLE SCHOOL
ATHLETIC CODE OF CONDUCT

Revised June 2025

Athletic Code of Conduct

The athletic department, administration, and Board of Education of the Eastwood Local School District believe that participation in athletics is a privilege. Athletes are those individuals that participate in interscholastic competition and cheerleading. Additionally, since athletes are in positions of influence among their peers and with younger students as well as others within the community, they should be positive role models and demonstrate appropriate leadership. Therefore, student-athletes are expected to seriously accept the privilege and responsibility of representing Eastwood Local Schools and its community while participating in interscholastic athletics. All athletes should act in a manner which will bring honor to themselves, their team, squad, or school as opposed to putting themselves, their team, squad, or school in a position of disrepute, unfavorable regard, or disdain. This means that high standards of sportsmanship will be the prevailing hallmark of Eastwood athletes at all times while they are engaged in athletic competition or activity. Additionally, high standards of civility, decency, and behavior need to be maintained in school, at home, and in the community. To that end, all athletes must conform to the guidelines and directives of the Ohio High School Athletic Association (OHSAA), Eastwood High School's Athletic Code of Conduct and Student Code of Conduct, and laws of the community.

Specifically, with regard to the above, all athletes are directed to refrain from the use, possession, or transmitting of drugs, alcohol, narcotics, intoxicants, or any mind altering substance in any form. Athletes are also directed to refrain from the use or possession of any tobacco or nicotine containing products or materials as defined in the Eastwood Local Schools Board of Education Policy 5512.

This drug/alcohol and tobacco/nicotine regulation will be enforced twenty-four hours a day for one calendar year (starting with the first day of practice in the fall).

The following procedures will be followed and consequences assessed by the Athletic Director or Principal when an athlete is found to be in violation of the athletic code of conduct:

Drug/Alcohol/Tobacco/Nicotine/Steroid Violation

Definitions

1. Self-Referral
    a. Athlete turns themselves in before being confronted by a coach or school official. Parent/Guardian of athlete turns son/daughter in before athlete is confronted and admission results.
2. Non-Self Referral:
    a. Matter of public record. Police log or report.

b. School personnel or government official with first hand knowledge reports violation to any coach, athletic director, or principal.

c. School officials, upon investigation, determine that in his/her best judgment, a violation of the conduct code has taken place.

3. Denial of Participation

a. Students who violate the Athletic Code of Conduct may be denied the privilege of participating in athletics. The "Denial of Participation" will be completed by the athletic director or principal.

b. The number of games/contests/points an athlete can be denied will be determined as a percentage of the number of scheduled games/contests/points. Coaches may allow an athlete to participate in practices with the approval of the athletic director.

c. Any player who has been assigned an in-school reassignment may practice but cannot participate in games or contests that day.

d. Any player who has been suspended out of school or expelled is not eligible for practices or contests.

e. A student under investigation will not practice or participate until the investigation is completed and a decision is made.

First Offense

1. Self Referral to any coach, athletic director or principal. This is to be taken as a "Cry for Help". An administrator will meet with the athlete and the parents to determine steps for assessment. This is to be paid for by the parent/guardians.
2. Non-Self Referral - This will result in the athlete being denied participation for 20% of their season. There is no opportunity for reduction.
3. The athlete will forfeit all leadership roles on their team.
4. The student will meet with the school's alcohol/tobacco/other drug counselor.
5. The team member may practice at the discretion of the coach.
6. If the infraction occurs near the end of the season, the number shall be applied to the remaining games including tournament games. This may be carried over to another sports season, which must be completed by the athlete to qualify.

Second Offense

1. This will result in 100% denial of participation in that season or the equivalent of.
2. It can be reduced to 50% if the student/athlete and their parents agree to have the student/athlete evaluated by an outside certified drug/alcohol/tobacco counselor and the student/athlete complies with the recommendations of the counselor. Must be done at parents' expense and evaluation must occur before reduction of denial of participation goes into effect. A copy of the evaluation and recommendations of the evaluation must be released to the athletic director in order to qualify for the reduction provided for in this paragraph.

3. The athlete will forfeit all awards and leadership on their team.
4. The team member may practice at the discretion of the coach.
5. If the infraction occurs near the end of the season, the number shall be applied to the remaining games including tournament games. This may be carried over to another sports season, which must be completed by the athlete to qualify.

Third Offense

1. This will result in the athlete being denied participation for one calendar year for all extra-curricular activities from the date of denial as determined by the administrator.
2. The denial of participation can be reduced to 100% of season if the student/athlete and their parents agree to have the student/athlete evaluated by a certified drug/alcohol/tobacco counselor and the student/athlete complies with the recommendations of the counselor. This must be done at the parents' expense and the evaluation must occur before reduction of denial of participation goes into effect. A copy of the evaluation and recommendations must be released to the Athletic Director in order to qualify for the reduction provided for in this paragraph.
3. All awards and leadership roles will be forfeited.

Fourth Offense

1. Non Self-Referral – This will result in denial of participation for the remainder of the student/athletes' high school career. There will be no opportunity for reduction.

*****After one calendar year from the 4th offense the student/athlete and his parents can appeal to the Athletic Council for reinstatement to the athletic program.**

Violations of Student Behavior Code

First Offense

1. Notification of parent/guardian.
2. The team member ***may*** be denied participation by the coach or school administration for a total of 20% of the regularly scheduled games, meets, or matches. Denial of participation will begin immediately with the next scheduled contest.
3. The team member may practice at the discretion of the coach.
4. If the infraction occurs near the end of the season, the number shall be applied to the remaining games including tournament games.
5. This may be carried over to another sports season, which must be completed by the athlete to qualify.

Second Offense

1. Notification of parent/guardian.
2. Removal from athletic participation for the remainder of that sports season.

Criminal Violations

First Misdemeanor Offense

1. Notification of parent/guardian
2. The team member may be denied participation by the coach or school administration for a minimum of 20% of the regularly scheduled games, meets, or matches depending upon the severity of the violation. Denial of participation will begin immediately with the next scheduled contest.
3. The team member may practice at the discretion of the coach.
4. If the infraction occurs near the end of the season, the number shall be applied to the remaining games including tournament games.
5. This may be carried over to another sports season, which must be completed by the athlete to qualify.

Second Misdemeanor Offense or Felony Offense

1. Notification of parent/guardian
2. Removal from athletic participation for one calendar year.

Player Responsibilities

1. All equipment issued to a player is to be worn only at practice sessions or scheduled games.
2. Each player and his/her parents are individually responsible for all equipment issued. Equipment lost or not returned at the end of the season will be charged to the athlete at current replacement prices. Until all equipment is returned or restitution made, the athlete will not be eligible to participate in the following sports season.
3. When it is necessary for an athlete to leave school early because of a tournament or match, it is the responsibility of the athlete to complete all homework or assignments.
4. As a matter of respect to a coach and other members of a team, an athlete is expected to attend the awards banquet or other awards presentations.
5. If an athlete decides to quit a team, he/she has the responsibility to return all equipment immediately to the coach.
6. An athlete will not be allowed to practice or participate in a succeeding sports season until he/she has returned all equipment or uniforms from the preceding season and paid all related fees for that sport. The athlete also will

not receive any Eastwood awards; and will not (in the case of seniors) receive grades at the end of the school year until all equipment is turned in and fees paid.

7. An athlete will not engage in criminal activity or violations of civil law. See preceding Code of Conduct for consequences of violation of this policy.

DUE PROCESS PROCEDURE

The due process rights of athletes are recognized and protected by this policy. The following due process procedures are guaranteed to all athletes when an infraction is reported:

1. All alleged infractions, which could result in an athlete's denial of participation, shall be investigated by the Athletic Director in conjunction with the appropriate parties.
2. When an alleged infraction of the Athletic Code of Conduct becomes known, the athlete shall be given a written notice of "Intent of Denial of Participation" by the Athletic Director. This notice will outline the reason(s) he/she may receive punitive action. During this time period a student may be denied participation.
3. An informal hearing will take place and the athlete and his/her parents will be informed of the findings and subsequent punishments by the Athletic Director.
4. If requested an appeal hearing will be scheduled with the building principal, parents/guardians, and athletic director within 24 hours of the decision or as soon as possible.
5. The building principal will make the final decision regarding denial of participation.

ELIGIBILITY

For a student athlete to be eligible to participate in extracurricular activities, all of the following must be followed:

1. Complete all OHSAA required forms, including the OHSAA physical examination and Emergency medical form, on FinalForms.
2. Payment of the student participation fee (see attachment for details of this fee)
3. Scholastically eligible as determined by the Eastwood Student handbook and the OHSAA.
4. Adhere to all regulations as set forth by the OHSAA.
5. An athlete must be in attendance at school at least the last four periods the day (10:09 am) of a game or a practice session. The building principal may waive these restrictions under certain circumstances. Circumstances could include, but are not limited to, doctor's appointments, funerals, court dates or family emergencies, CCP schedules, etc.
6. Adhere to the Eastwood Athletic/Academic Policy as listed below.

Scholarship Eligibility Requirements

1. Eastwood athletics shall be governed by all the rules and regulations of the Ohio High School Athletic Association (OHSAA).
2. Eastwood athletics shall conform to the adopted policies of the Eastwood Board of Education. These policies may be in addition to, but not to conflict with the bylaws of the OHSAA.

OHSAA Bylaw 4-4 Scholarship

High School: A student must enroll in at least (the equivalent of) 5 credits and he/she must pass all five subjects. Eligibility will be determined on a quarterly basis. An athlete's eligibility status will become effective the fifth school day of the new term. An athlete will remain eligible/ineligible for the entire quarter. No special recitations or tests shall be given for the purpose of making a pupil eligible.

Any student entering their Freshmen year, must pass 4 credits (or the equivalent) in the fourth quarter of their 8th grade year.

An ineligible student may practice at the pleasure of the coach, but may not dress nor participate in any interscholastic scrimmages or games during the period of his/her ineligibility.

Middle School: A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of previous academic performance. Thereafter, in order to be eligible, a student in grades seven or eight must be currently enrolled and must have been enrolled in school the immediately preceding grading period and receive passing grades in that grading period in 4 credits (or the equivalent).

Eastwood Board Adopted Policy

A grade point average (GPA) of 1.5 must be maintained throughout an athlete's career at Eastwood. The GPA will be based on the preceding grading period.

Pass/Fail Policy

No student shall be eligible if he/she receives more than one failing grade in the preceding grading period. (A student becomes ineligible on the second failing grade.)

TWO SPORTS IN ONE SEASON

Any athlete may play two sports in one season given that the following guidelines are adhered to:

1. The coaches agree on practice/game schedule for the athlete prior to the season
2. The athlete's parents and coaches meet with the athletic director prior to the season's beginning.
3. One sport must be chosen as a primary sport and it would take precedence should there be a conflict in game schedules