

# COMPREHENSIVE SAFE SCHOOL PLANS: EMERGENCY PREPAREDNESS IN OUR SCHOOLS AND COMMUNITIES

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# Discussion Points

- Background and purpose
- The Big Five states of readiness
  - Drop, Cover, & Hold
  - Evacuation
  - Lockdown/Barricade
  - Secure Campus
  - Shelter-in-Place
- SSFUSD emergency preparedness plans
- Emergency drills
- Training, support, & partnerships
- Mental health resources
- Emergency preparedness for families at home

# The Big Five – San Mateo County

- 23 school districts, 20 law enforcement agencies
- Approx. 94,000 students across 20 municipalities and unincorporated areas
- Sharing a common language and understanding of immediate response protocols in an emergency
- Standardized response system adopted by emergency services agencies in San Mateo County
- Provides immediate action steps to protect our school communities
- “The Big Five” developed by the San Mateo County Coalition for Safe Schools and Communities in 2014
- Result of a year-long stakeholder engagement process involving educators, law enforcement, fire dept’s, public health, government agencies, and the community at large

# The Big Five



ACTION	DESCRIPTION
<b>DROP, COVER &amp; HOLD ON</b>	During an earthquake or explosion to protect building occupants from flying and falling debris.
<b>EVACUATION</b>	When conditions outside the building or off-site are safer than inside or on-site. Orderly movement to a pre-determined safe location
<b>LOCKDOWN / BARRICADE</b>	<b>IMMEDIATE</b> threat of danger, no one is allowed to enter or exit rooms for any reason unless directed by law enforcement.
<b>SECURE CAMPUS</b>	<b>POTENTIAL</b> threat of danger in the surrounding community. All classroom/office doors are locked, Instruction continues as planned
<b>SHELTER IN PLACE</b>	Isolate students and staff from the outdoor environment, provide greater protection from harmful contaminants.

# District and Site Emergency Response Plans

- **The Big Five** response protocol is at the core of the District's Emergency Management Handbook
- Each school develops an annual Safe School and Emergency Management Plan, which includes the District handbook.
- All plans are compliant with state and national standards:
  - CA Standardized Emergency Management System (**SEMS**)
  - National Incident Management System (**NIMS**)

# Site Plans

- All plans submitted to Student Services, reviewed annually:
  - Verification of required components
  - Suggestions/Recommendations for improvement
- Each school site has completed a Safe School and Emergency Management Plan for the 2023-24 school year.
  - Each plan includes updated Safe School Environment Guides and Emergency Management Action Plans, approved annually by School Site Council or PTA within each school.

# Site Plans – Protecting the School Community

## Component highlights:

- Site Maps, Evacuation Routes, and Utilities Locations
- Utility-Shutoff Procedures
- Safe School Programs/Activities
- Emergency Management Action Plan
- Team Roles and Responsibilities
- Staff w/Emergency Skills Training
- First Aid and Emergency Supplies
- Students & Staff with Special Needs
- Emergency Contact Info
- Drill Schedules

# District Emergency Response Handbook

- The District's revised Emergency Management Handbook is included within each school site plan.
  - Maintains a clear and consistent emphasis upon San Mateo County's **Big Five** response protocol
  - Utilities Outages
  - Air Quality Protocol and Procedures
  - COVID-19 safety considerations
  - Alternate Communications Protocol
  - Parent-Child Reunification Process

# Emergency Drills

## 1. Drop, Cover, & Hold (Earthquake)

→ Elementary & Middle: 1 per quarter

→ High School: 1 per semester

## 2. Evacuation (Fire)

→ Elementary: 1 per month

→ Middle: 1 per quarter

→ High School: 1 per semester

## 3. Lockdown / Barricade

→ All Schools: 1 per semester

## 4. Secure Campus

→ All Schools: 1 per school year

## 5. Shelter in Place

→ All Schools: 1 per school year

## 6. Site Plan and District Handbook Orientation w/Staff

→ All Schools: 1 per school year

# Emergency Drills (continued)

- All school site drill schedules submitted to Student Services annually at the end of each school year
  - End-of-year reporting process:
    - Proposed drills for the upcoming school year
    - Final actual dates of drills/exercises conducted for the completed school year.
    - Drill logs emphasizing strengths, areas for improvement
- Improving practices for difficult campus situations:
  - Utilizing trauma-informed drill strategies
  - Performing evacuations w/the possibility of obstacles, power outages
  - Parent-Child reunification
  - Quick, Reliable Lockdowns and Secure Campus – taking into account non-regular staff and visitors on campus.

# Training, Support, & Partnerships

- Ongoing Emergency Broadcast System Tests
- Improvement of Communications Processes, Crisis Communication messaging
- Partnership with Via Heart
  - AED Devices at all sites
  - AED/CPR Training
- San Mateo County Coalition for Safe Schools and Communities
- SMCOE Safe Schools Framework

# Mental Health Resources – SSFUSD Counseling

- Counselors have Pupil Personnel Services – School Counseling Credentials
- Two Counselors + Wellness Counselor at each Middle School (WBMS pending)
- Two Counselors + Wellness Counselor at Baden HS
- Four Counselors + Wellness Counselor at El Camino and South San Francisco High Schools
- School Psychologists at each school (1 at each ES, MS, and Baden, 2 at each HS)

# Mental Health Resources – Partners

- **Youth Services Bureau (YSB) of the YMCA**
  - School Safety Advocates Program at middle and high schools
  - Elementary Counseling program, all elementary sites
- **San Mateo County Human Services Agency (HSA)/StarVista**
  - Family Resource Center, on site clinician
  - Family, clinical, community services, suicide prevention hotline
- **Daybreak Health**
  - Comprehensive online counseling support - for youth ages 11-19
  - Anxiety, motivation, academics, concentration, depression, & more
- **Care Solace**
  - Online resource with a live 24/7 concierge
  - Assists students and families w/finding local mental health related programs and counseling services.
- **SMCOE Safe and Supportive Schools**
  - Provides several resources to support school safety and wellness

# Additional Mental Health Providers for Students with Special Education Services

## □ SSFUSD Mental Health Clinicians

- Individual Counseling- All Grade Levels
- Parent Counseling
- Group, individual, and crisis intervention supporting elementary school level Therapeutic Milieu Program.

## □ County Mental Health

### ■ Behavioral Health and Recovery Services (BHRS)

- Individual Counseling- All Grade Levels
- Parent Counseling
- Group, individual, and crisis intervention supporting high school level Therapeutic Milieu Program.

## □ Nonpublic Agencies

### ■ Beacon Therapeutic

- Individual Counseling – Elementary and Middle
- Parent Counseling
- Group, individual, and crisis intervention supporting middle school level Therapeutic Milieu Program.

# Emergency Preparedness for Families at Home

- SMCOE Safe Schools and Communities
  - ▣ The Big Five – [Community overview and packet](#)
- Emergency Preparedness for Families at Home
  - ▣ [Checklist and Resources](#) for building a family plan (Ready.gov)
- How to Build an Emergency Supply Kit
  - ▣ [Checklist](#) and [Resources](#) (Ready.gov)
- COVID-19 Prevention for Families (CDC)
  - ▣ [Household Checklist](#)