

Part 1: Compliance with Wellness Policy

	Policy Language (please draw verbiage from your school WP)	Not Met	Partial Compliance	Full Compliance	Reconciliation: address any successes (if full compliance) and barriers as well as plans to address challenges
Nutrition Promotion goals	The Fenton Charter Public Schools (FCPS) are committed to providing a school environment that promotes and protects children’s health, well-being, and the ability to learn by supporting healthy nutritional choices and physical activity. The FCPS Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for FCPS students.			X	<p>The Local School Wellness Policy (WP) is a comprehensive organized set of policies, procedures and activities. The WP is designed with the goal to support and promote healthy eating, healthy behaviors and physical activity in the Fenton Charter Public Schools and was developed, implemented, and reviewed, by stakeholders including:</p> <ul style="list-style-type: none"> • School Administrator • Parent • Teacher • School Health Professional • School Food Authority • Student • General Public (by invitation through link on website) <p>The WP also develops strategies for promoting staff wellness and for involving parents/guardians and the community in reinforcing students' understanding and appreciation of the importance of a healthy lifestyle</p>
Nutrition Education goals	The Fenton Charter Public Schools are committed to teaching, encouraging, and supporting healthy eating by students. The Fenton Charter Public Schools will provide nutrition education and engage in nutrition promotion that: <ul style="list-style-type: none"> • Is offered at each grade level as a part of a 		x		Fenton Charter Public Schools’ four governing councils (Budget, Facilities, and Safety; School-Community Relations; Curriculum and Assessment and Human Resource and Personnel) and committees (Instruction, Finance, Parent-Community Network and Instruction) will develop, implement, monitor,

	<p>sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health;</p> <ul style="list-style-type: none"> • Is integrated across within other content areas as appropriate • Includes enjoyable, developmentally appropriate, culturally-relevant, participatory activities. • Promotes fruits, vegetables, whole grain products, low-fat and fat-free dairy products, healthy food preparation methods, and health –enhancing nutrition practices. • Emphasizes caloric balance between food intake and energy expenditure. • Utilizes a multi-media approach • Includes training for teachers and other staff. 				<p>review, and revise as necessary school nutrition and physical activity policies as pertinent to each council or committee’s duties.</p>
Physical Activity goals	<p><u>Integrating Physical Activity into the Classroom Setting</u></p> <p>In order for students to fully embrace regular physical activity as a personal behavior, students need opportunities for physical activity beyond physical education classes. Towards this end:</p> <ul style="list-style-type: none"> • classroom health education will complement physical education by reinforcing the knowledge and self-management skills needed to maintain a physically-active lifestyle and to reduce time spent on sedentary activities, such as watching television. • opportunities for physical activities will be incorporated into other subject lessons; and <p><u>Physical Education Pre-K-6</u></p> <p>All students in grade Pre-K-6, including students with disabilities will receive physical education for a minimum for 100 minutes every ten days. Psycho-motor teacher assistants will be employed to implement the physical education program under the supervision of the administrators. Psycho-</p>			X	<p>Physical activity promotes student wellness, and the various opportunities for physical activity have remained consistent.</p>

motor teacher assistants will implement the SPARKS PE program. Pre- and post-test data aligned to the California State mandated Physical Fitness Test (PFT) will be collected and analyzed for fifth grade.

Daily Recess

All students will have a 20-minute morning recess period scheduled by grade level to insure a safe and supervised playground.

Safe Routes to School

The Fenton Charter Public Schools, in conjunction with the Los Angeles Police Department have set up supervised drop-off lanes in the morning. These procedures are provided to parents on an annual basis.

Campus security is stationed around the school in the morning and at dismissal to ensure students' safety.

Physical Activity Opportunities Before and After School

Before school, the playground is open between 7:00 – 8:00 a.m. for students enrolled in the YPI program. Afterschool, the playground is open from dismissal until 5:30 or 6:00 p.m., depending on the campus. Periods of physical activity with appropriate playground equipment are interspersed with quiet reading and homework time. Additionally, afterschool programs such as LAs BEST and 21st Century Kids incorporate organized team sports and clubs.

Physical Activity and Punishment

	<p>Teachers and other school and community personnel will not use physical activity (e.g. running laps, pushups) or withhold opportunities for physical activity (e.g. recess, physical education) as punishment on a regular basis. Students shall not be denied access to school meals or adequate time to eat as a form of punishment.</p> <p><u>Use of School Facilities Outside of School Hours</u> School spaces and facilities will be available to students, staff, and community members, before, during, and after the school day, on weekends, and during school vacations according to the Weekly Bulletin. These spaces and facilities are available to community agencies and organizations offering physical activity and nutrition programs with prior school approval. School policies concerning safety will apply at all times.</p> <p>.</p>				
Student Wellness	<ul style="list-style-type: none"> • Additionally, all classrooms are equipped with a sink. For the primary grades, the entire class will wash their hands together, either in the classroom or in the bathrooms as a class, prior to eating. • All classrooms and offices are equipped with hand sanitizers. Teachers dispense hand sanitizers before the students leave the classrooms for lunch. • Hand sanitizers are also available in the cafeteria area. • Posters depicting proper hand washing and cough covering techniques are posted in every classroom and throughout the school. • Filtered water is available at all water fountains throughout the campus, including the meal 			X	The WP is designed with the goal to support and promote healthy eating, healthy behaviors and physical activity in the Fenton Charter Public Schools and was developed, implemented, and reviewed, by stakeholders.

	service area.				
Meal Standards	<p>All foods and beverages provided through the National School Lunch/School Breakfast Programs meet nutritional requirements of the National School Lunch Act.</p> <p><u>School Meals</u> Meals served through the National School Lunch and Breakfast Program will:</p> <ul style="list-style-type: none"> • Be appealing and attractive to children; • Be served in clean and pleasant settings • Meet, at a minimum, nutrition requirements of the School Breakfast Program, National School Lunch Program, After School Snack Program, and the CACFP Supper Program. • Offer a variety of fruits and vegetables. • Serve only low-fat (1%) and fat-free milk and nutritionally-equivalent non-dairy alternatives; and • Ensure that all of the served grains are whole grain. 			X	<p>To maximize the CMO's ability to provide nutritious meals and snacks, all Fenton schools participate in available federal school nutrition programs, including the National School Lunch and School Breakfast Programs.</p> <p>All school meals meet or exceed USDA standards and priority is given to serving unprocessed foods, made with fresh ingredients.</p> <ul style="list-style-type: none"> • All food served to students is prepared in health-inspected facilities under the guidance of food safety certified staff. A copy of the most current inspection is posted in each kitchen facility.
Competitive Food Standards	To maximize the CMO's ability to provide nutritious meals and snacks, all Fenton schools participate in available federal school nutrition programs, including the National School Lunch and School Breakfast Programs.			X	All school meals meet or exceed USDA standards and priority is given to serving unprocessed foods, made with fresh ingredients.

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Food sold on campus	All foods and beverages sold during school between 12 am and 30 min after the conclusion of the school day comply with Smart Snack requirements.			X	
<p>Food offered on campus</p> <ul style="list-style-type: none"> • School Fundraising • Classroom Celebrations 	<p>FOODS AND BEVERAGES SOLD INDIVIDUALLY (i.e. foods sold outside of reimbursable school meals such as through fundraisers, fundraisers, etc.)</p> <p>A qualified nutrition professional will oversee and provide guidelines for all food and beverages sales including fundraisers and rewards. The Fenton Charter Public Schools will insure that foods and beverages used for fundraisers and rewards meet at a minimum, nutrition requirements established by SSIS. All foods used for fundraising purposes that are sold from midnight to</p>			X	<p>Fundraisers are approved by one of the governing councils.</p> <p>Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items.</p> <p>Fundraising activities involving the sale of food will either comply with Smart Snacks in Schools (SSIS) or take place outside the school day AND meet the Competitive Foods guidelines.</p> <p>External organizations, parents, and others using school property are notified of the school's fundraising policy via website.</p>

	<p>30 minutes after school will be SSIS compliant. The Fenton Charter Public Schools will encourage fundraising activities that promote physical activity. All fundraising activities are approved and monitored by the School-Community Relations Council and the Parent Community Advocacy Committee.</p> <p><u>Class Celebrations</u></p> <p>Parties involving healthy foods will be encouraged, and teachers will create a plan for classroom celebrations.</p> <p>Non-nutritious foods such as cupcakes and soda will be strongly discouraged. All food brought into the school for classroom activities will be store bought and in the original and unopened package. A list of appropriate healthy snacks and/or alternative party ideas will be provided to parents upon request. Parents/guardians or other volunteers shall be encouraged to support FCPS nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class celebrations. Class parties or celebrations shall be held within the last 30 minutes of school no more than once a month and non-nutritious foods will not be</p>				
Marketing (food and beverage) on campus	N/A				

<p>Public Involvement (WC consists of mandatory stakeholders)</p>	<p><u>Program Implementation and Evaluation</u> The FCPS Board shall establish a plan for measuring implementation of the policy. The Director of each school will designate at least one person at each school who is charged with operational responsibility for ensuring that the school sites implement and comply with FCPS wellness policy. The specific quality indicators that will be used to measure the implementation of the policy district wide shall include, but not be limited to, state health and physical fitness assessments; nutrition and wellness education; an analysis of the nutritional content of meals served; student participation rates in school meal programs; and sales of non-nutritious foods and beverages in fundraisers outside the district's meal programs; and feedback from food service personnel, school administrators, school staff, the Wellness team, parents/guardians, students, and other appropriate persons. The designee shall report to the FCPS Board at least every year on the implementation of this policy and make recommendations for policy modifications, if indicated. The FCPS District Wellness Team is also permitted to participate in the implementation, review and update of the policy.</p>			<p>X</p>	<p>Each school site shall post a copy of the Wellness Policy and regulations on nutrition and physical activity in public view within all school cafeterias or other central eating areas and in the main offices.</p> <p>The CMO shall disseminate health information and the Wellness Policy to parents/guardians through school newsletters, handouts, and school websites. Outreach to parents/guardians shall emphasize the relationship between student health and academic performance.</p> <p>Staff has been provided general wellness resources and opportunities and a copy of the WP. Information included in the WP is covered during Staff Development trainings and Council meetings.</p> <p>School staff serve as role models for students and are the key to successful implementation of wellness programs. Staff present Wellness Plan information to students and follow the guidelines of the plan. School staff members constantly communicate importance of healthy eating habits to students.</p>
<p>Public Notification (Notification of changes/updates to WP: made public and how?)</p>	<p><u>Posting Requirements</u> Each school shall post the district's wellness policy on its website and at each school site location in the main school office for easy access and viewing by parents, students and community members. (Education Code</p>			<p>X</p>	<p>Public notification informing and updating the public (parents, students, and others in the community) periodically about the content and implementation of the local school wellness policy.</p>

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Leadership	<p><u>Program Implementation and Evaluation</u></p> <p>The FCPS Board shall establish a plan for measuring implementation of the policy. The Director of each school will designate at least one person at each school who is charged with operational responsibility for ensuring that the school sites implement and comply with FCPS wellness policy. The specific quality indicators that will be used to measure the implementation of the policy district wide shall include, but not be limited to, state health and physical fitness assessments; nutrition and wellness education; an analysis of the nutritional content of meals served; student participation rates in school meal programs; and sales of non-nutritious foods and beverages in fundraisers outside the district's meal programs; and feedback from food service personnel, school administrators, school staff, the Wellness team, parents/guardians, students, and other appropriate persons. The designee shall report to the FCPS Board at least every year on the implementation of this policy and make recommendations for policy modifications, if indicated. The FCPS District Wellness Team is also permitted to participate in the implementation, review and update of the policy.</p>			X	Local designation must include one or more local education agency officials or school officials to ensure that each school complies with the local school wellness policies.
Water availability	Schools provide access to free, safe drinking water during meal times in the food service areas. Filtered water drinking fountains are available throughout all campuses. Students are encouraged to consume water regularly for the purpose of promoting hydration for optimal health.			X	Filtered water is available at all water fountains throughout the campus, including the meal service area.

Part 2: Comparison to Model Policy

	Model Policy	Our School's Policy
How do current nutrition goals compare to those indicated in model WP?	<p>The District will teach, model, encourage and support healthy eating by all students. Schools will provide nutrition education and engage in nutrition promotion that:</p> <ul style="list-style-type: none"> Is designed to provide students with the knowledge and skills necessary to promote and protect their health; 	<p>The Fenton Charter Public Schools (FCPS) are committed to providing a school environment that promotes and protects children's health, well-being, and the ability to learn by supporting healthy nutritional choices and physical activity.</p>
How do current physical activity goals compare to those indicated in model WP?	<p>The District will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. The physical education curriculum will promote the benefits of a physically active lifestyle and will help students develop skills to engage in lifelong healthy habits, as well as incorporate essential health education concepts</p>	<p>All students in grade Pre-K-6, including students with disabilities will receive physical education for a minimum for 100 minutes every ten days. Psycho-motor teacher assistants will be employed to implement the physical education program under the supervision of the administrators. Psycho-motor teacher assistants will implement the SPARKS PE program. Pre- and post-test data aligned to the California State mandated Physical Fitness Test (PFT) will be collected and analyzed for fifth grade.</p>
Policy Strengths	Comprehensive and detailed focus on nutrition education and staff wellness	Community wellness and well merchandised and rec'd school nutrition program
Areas of Improvement	N/A	More thorough assessment of staff desire for nutrition education materials that can be incorporated into classroom curriculum.
Outline opportunity for public input	N/A	Website contact, social media

Part 3: Progress

Please describe the following:

Integrating nutrition and physical activity into overall curriculum. How are we working toward this?

Beginning to survey teachers' needs; discussion at meeting about how to produce a video

Ensure professional development of staff includes nutrition and physical activity components. IS this happening at Staff Development Day(s)?

Can be improved

Successes: Briefly describe successes with overall implementation of Wellness Policy

WP is well received by students and school community

Barriers: Briefly describe any problems with implementation and provide information or suggestions on support to overcome said barriers.

Development of presentation for staff/professional development days to include information on incorporating physical activity into curriculum (brain breaks, etc.)

Triennial Assessment Report to Public

Identify and Attach supporting documentation: copies, mailers, website screenshot printout, social media screenshot, etc. outlining how the Wellness Policy information was published to the following:

Who	Method	Date
<input type="checkbox"/> School Board	Policies, Information, and approvals brought to the board	October FCPS Board Meeting Yearly
<input type="checkbox"/> Parents	Information Meetings at each school site, website, Parent Orientation at each school site	Yearly
<input type="checkbox"/> General School Community	Website	2015 to Present
<input type="checkbox"/> Students	Posters, Assemblies	Yearly
<input type="checkbox"/> Teachers	Discussion at Council and Staff Meetings, flyers, and digital copies of plan sent to staff	Yearly – October &

		February
<input type="checkbox"/> School Administrators	Meetings, emails, and shared drive from CAO	Yearly
<input type="checkbox"/> General School Staff	Flyers, Posters, and copies of the plan available in front office at each site	Yearly