the Bellingham healthy technology Promise

A lifetime of healthy and productive technology use:

We believe technology provides powerful tools to help children discover and develop passions, contribute to their communities, and achieve fulfilling and productive lives.

Throughout the school day, Bellingham Public Schools supports the use of technology that encourages creativity, supports healthy relationships, and develops essential critical thinking and communication skills.

Our Vision:

In Bellingham, we encourage a lifetime of healthy technology by teaching developmentally appropriate technology skills, using technology as a tool to amplify powerful learning experiences, and supporting family and community priorities for digital health.

These simple technology values guide use to make healthy choices in our schools:



Use technology for CREATING, COLLABORATING and COMMUNICATING

MONITOR media consumption, CHOOSE activities that build relationships, new learning, and skills

AVOID behaviors that are not healthy, kind or safe

With healthy and productive technology use we can:

1. **Build accurate understanding of local and global issues and take action that makes a difference;**
2. **Sustain healthy relationships by being respectful and compassionate online;**
3. **Find balance in our digital lives through self-awareness and self-management;**
4. **Present our best selves while protecting safety and privacy;**
5. **Prepare to utilize existing and emerging technologies for educational or vocational purposes.**

References:

The district policy and procedure 2022 help align our daily practices with the Healthy Technology Promise above. Visit **bellinghamschools.org/policies-and-procedures** to review policy and procedure 2022.

For more information on how to put the Healthy Technology Promise into practice, go to **bellinghamschools.org/about/departments/educational-technology/.** See right sidebar for the Student 1:1 Technology Handbook and the link to Technology Resources for Families.

Bellingham Public Schools

a collective commitment

bellinghamschools.org