

PHS Athletics Parents Night

Athletic Director – Mike Hood

- Phone: 541-929-3211
- Email: mike.hood@philomath.k12.or.us

Athletic Administrative Assistant – Ashley Toombs

- Phone: 541-929-2043
- ashley.toombs@philomath.k12.or.us

Athletic Trainer – Taylor Schroeder (Samaritan Athletic Medicine)



Coach and Parent Communication Guidelines



Communication from coach to parent/guardian

- Program philosophy, expectations, practice/game schedule, team requirements, process if injury, discipline and eligibility

Communication from the parent/guardian to the coach

- Concerns relating to the treatment of your student-athlete, behavior of your student-athlete, and suggestions to help your student-athlete

Topics that coaches will NOT discuss with parents/guardians

- Team strategy
- Playing time
- Other student-athletes

Self-Advocacy Opportunity for Student-Athletes

Required Paperwork



1. **Registration - ArbiterSports** (see athletic page)
2. **Current Physical** on file (email or drop off to athletics office)
3. **Participation Fee** is \$50 per sport, can pay at office or will be billed on student account at the end of the first week of the season.
4. **ImPact Test** - concussion management
 - a. Wednesday, 8/13 at 8am and 3pm in Computer Lab
 - b. Thursday, 8/14 at 8am and 3pm in Computer Lab
 - c. Friday, 8/15 at 8am in Computer Lab
 - d. If a different time is needed, please contact Ashley Toombs at ashley.toombs@philomath.k12.or.us
5. **Additional Forms (if necessary)**- additional district medical forms. If a student has an inhaler, epi-pen, diabetes, or other medical condition that requires them to carry specific medication, district forms must be completed for athletic participation.
6. **Past fees paid (if applicable)**- for lost uniforms, lost locks, equipment, spirit packs, participation fees, etc. from their prior sport before being given awards or being issued a clearance for the next sport.

Other General Information



MEDICATIONS/INJURIES

- If your child is seen by a doctor after an accident or injury, **a doctor's note is required to reinstate the student back to regular participation. This includes suspected concussions (which require a specific form that must be used).** Release notes must be turned into the athletic office.
- Coaches are not allowed to provide any medications to athletes.

SCHEDULES

- Game schedules and Rosters - OSAA website (PHS Athletics page links to OSAA) Track and Field & Cross Country on Athletic.net
- Practice schedules will be provided by coaches

TRANSPORTATION

- Transportation via bus is provided by PHS for all away games (required), some teams may use vans
- Each team has a different policy regarding transportation after an away game has concluded
- Cannot ride home from an away game with another family unless alternate transportation form on file 24 hours in advance

HAZING

- The Philomath School District has a zero tolerance hazing policy
- Hazing, harassment, intimidation or bullying, menacing, and acts of cyberbullying by students, staff or third parties toward students is strictly prohibited.

Academic Eligibility



- All students participating in athletics/activities **must be enrolled full time** (minimum of 4 classes worth 2 credits)
- **Freshmen** are academically eligible the first trimester.
- **Sophomores** must have **4.5 credits** to start the year, must have **passed 4 classes** and have **2 credits** previous trimester.
- **Juniors** must have **10 credits** to start the year, must have **passed 4 classes** and have **2 credits** previous trimester.
- **Seniors** must have **17 credits** to start the year, must have **passed 4 classes** and have **2 credits** previous trimester.
- Students that do not meet eligibility requirements have the option to apply for an academic hardship through the OSAA.

Academic Eligibility



(NEW) Philomath High School Requirements

- Student-athletes must be passing all classes weekly. There will be a grade check the first day of each school week. This grade check will start the third week of the school year in September. If a student-athlete has a F, then they will be placed on Academic Probation until the next grade check, the following week.
- At the next grade check, if a student on academic probation still has an F in any class, then they will be academically ineligible until the next grade check the following week. If they do not have an F, then they will be moved off of academic probation.
- If a student receives an F at the end of a trimester, then they will be academically ineligible for the first two weeks of the next trimester. After the first two weeks of the next trimester, they will be eligible again, but they will be placed on academic probation.
- **Academic Probation:** student-athletes are eligible to participate in practices, games, and all other aspects of the sport. If placed on academic probation, then the student has until the next grade check to raise their grade. If a student on academic probation at the next grade check still has an F, then they will be considered academically ineligible until the grade check the following week.
- **Academically Ineligible:** student-athletes are not allowed to participate in game competitions. They can still practice and participate in team activities, but cannot miss any class time to travel with their team.

Substance/Tobacco Abuse Policy



- **Philomath High School and District Student Code of Conduct and Substance/Tobacco Abuse Policy applies to all school sponsored events (including summer) for the calendar year of August-to-August.**
- **RULE:** Student athletes will not use, possess or sell: 1) Alcohol, 2) Controlled substances, or 3) Tobacco in any form nor be in attendance with others that are doing so. Student athletes known or cited for (regardless of plea) violation of any of the above will be subject to immediate suspension in accordance with the following policies. These rules apply to both on and off the school grounds.
- **RULE:** Student athletes who have been disciplined by the school administration resulting in out-of-school suspension for any offenses will be immediately suspended from their teams or activities. In addition, student athletes who are cited or convicted of any of the above outside of school will be immediately suspended from their teams or activities.
- **FIRST OFFENSE FOR STUDENT/ATHLETES:** Students will be subject to participation suspension for two calendar weeks which must include a minimum of one (1) interscholastic contest. If suspended from school the student will not be allowed to practice or participate in contests or meetings. Upon the return to school the student must attend all practices, meetings and home contests, for the remainder of the ten (10) day suspension. The enforcement of above mentioned policy will extend one (1) calendar year from date of infraction.
- **SECOND OFFENSE FOR STUDENT/ATHLETES:** Students will be suspended for six (6) calendar weeks which must include a minimum of 50% of contests.
- **THIRD OFFENSE FOR STUDENT/ATHLETES:** Students will be suspended for three (3) sport seasons.

Code of Conduct



Ejection from a contest

- Any student/athlete ejected from an athletic contest will miss the following contest (as per OSAA rules)
- Be required pay the ejection fine
- Complete the NFHS sportsmanship class
- Further ejections may result in disciplinary action and/or removal from team

Attendance

- Student athletes must be in all of their scheduled classes on practice and competition days
- If they miss class due to illness, they will not be able to practice or compete on that day
- Pre-arranged absences for doctor, dental, etc., are acceptable

More Info and Questions?

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