



# Appleton East Wrestling Club

**Dates:** December 7, 2025  
through March 4, 2026

**Time:** Sundays 5:30-7:00 pm  
Wednesdays 6:00-7:00 pm

**Cost:** \$50.00 per student  
Plus fundraiser; Financial assistance available,  
See information on the sign-up form

**Location:** Appleton East High School  
2121 E. Emmers Drive, Appleton  
Use Schaefer Street Entrance, Door #24  
Training will be in Wrestling Room,  
take stairs to the left, inside the door

**The sport of wrestling teaches both girl and boy  
athletes discipline of the mind and body**

Learn and practice together  
with high school coaches and athletes

**Kids will learn the sport of wrestling  
and will have fun while they make friends**

Athletic clothes, wrestling shoes or clean tennis shoes,  
and headgear are all that is needed to join the fun!

**Club fee helps to cover: Quality instruction, Appleton East Wrestling t-shirt, one tournament, end of year celebration**



## Open to all students K-8



**Any student, girls and boys, K-8 can join the Appleton East Wrestling Club.  
Do not need to live in the Appleton East School District or be an Appleton Area student.**



Scan the QR code  
to sign-up

Contact us with questions:  
[mcgrath\\_kelly\\_j@hotmail.com](mailto:mcgrath_kelly_j@hotmail.com)



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