

Welcome to the El Camino High School

ATHLETICS NIGHT

(Fall, Winter, & Spring Sports)

Pre-Season Parent / Guardian Meeting

Tuesday - August 23, 2022
7:00 pm in the Little Theater

INTRODUCTIONS

Vice Principal in charge of Athletics - Mr. CHRIS LAVEGLIA (x6011)

claveglia@ssfusd.org

Co-Athletic Directors -

Mr. JEFF COSICO (x6051)

jcosico@ssfusd.org

Mr. ERIC JACOBSON (x6052)

ejacobson@ssfusd.org

SPORTS OFFERED

FALL

Cross Country
Football
Girls Volleyball
Girls Golf
Cheer
Girls Tennis

WINTER

Wrestling
Girls Basketball
Boys Basketball
Girls Soccer
Boys Soccer
Cheer

SPRING

Boys Golf
Boys Tennis
Swimming
Track & Field
Baseball
Softball
Boys Volleyball
Badminton

El Camino High School - Block Jackets

Activities Director: Mr. Chris Nichols (Room 6)



BLOCK JACKET VENDORS

Goetz brothers (San Carlos)

<https://goetzsports.com/>

Neff Co. Online store

<https://www.neffjacketshop.com/BrowseCatalogs.asp?VPath=1140|1145|10081>



Athletic Block Criteria

Student-Athletes need a minimum of **80 points** to be eligible to earn the EC Athletics Block



LETTER	DESCRIPTION	POINTS POSSIBLE
A	VARSITY TEAM CHAMPIONSHIP	60
B	VARSITY PLAYER	25
C	VARSITY CAPTAIN	10
D	NON-VARSITY CHAMPIONSHIPS	40
E	F/S & JV PLAYERS	20
F	F/S & JV CAPTAIN	5
G	INDIVIDUAL LEAGUE CHAMPIONSHIPS	60
H	SPIRIT SQUAD MEMBER	25
I	SPIRIT SUAAD NATIONAL CHAMPIONSHIP	60
J	SPIRIT SQUAD FIRST PLACE @ REGIONALS	25
K	MASCOT DUTIES	25

REQUIREMENTS for all Student-Athletes

- Be enrolled in a minimum of 20 semester units (4 classes)
- Grade Point Average of a 2.0 or better (CIF By-Law 200 Series - 205)
- Attend all classes (prior to dismissal time) during the contest date
- Cleared Status on the SPORTSNET website

elcamino.ssfusd.org → Athletics → Participation → SportsNet Inc.

- which include: parental consent, medical insurance, emergency contact information, *an updated physical exam indicating clearance for competitive, after school athletics*, parent & student code-of-conduct, etc.

Full-Time **ATHLETIC TRAINER**

Mrs. Gina Guglielmoni (El Camino - Class of 2014)

San Jose State - Class of 2018

Bachelors of Science in Athletic Training

2020 - Masters of Arts in Kinesiology



Accreditation: ATC (Certified Athletic Trainer)

Covid Restrictions / CDPH Guidelines

- Indoors - There are no longer **MASKS MANDATES**
- In case of a “close contact” - If there are any signs of COVID symptoms = stay home to protect coaches, teammates, and/or opponents; take an antigen test
 - If positive, please follow the school notification policy
 - Make sure communicate with your coaches
- Flexibility with game schedules, etc.
 - May require last-minute changes (date/times, etc.)

COMPLAINTS

If you or your child has a complaint (in this order):

1. Speak w/ your **CHILD**
2. Have your child speak w/ **COACH(ES)** about their concern
3. Reach out to the **ATHLETIC DIRECTOR(S)**
4. Contact the appropriate **ADMINISTRATOR**

If nothing gets resolved:

1. Can request a meeting with the Student-Athlete, Administrator, Athletic Director(s), and Coach

PRICE of ADMISSION

(Peninsula Athletic League)

General Admission	\$8.00
Adults Over 60	\$4.00
Students K-12th Grades	\$4.00
Kids 4 years-old & under	Free

DIGITAL TICKETING

Visit - www.gofan.co

Search - El Camino High School



GoFan - EL CAMINO HIGH SCHOOL
HOME PAGE TO PURCHASE TICKETS TO
ALL HOME ATHLETIC EVENTS!

Livestream Camera - Field & Gymnasium

NFHS Network

Watch Events **1669 LIVE** Find your school, event, association...

Subscribe to NFHS Network

Pass Account Payment

FIRST, LET'S CHOOSE A PASS THAT WORKS FOR YOU

Annual Pass **45% off**
\$79.99/yr
Billed annually
Equal to 12 months at \$6.67/mo.

Monthly Pass
\$11.99/mo
Billed monthly. Cancel anytime.

Choose an Annual Pass to participate in the High School Support Program, which gives schools and athletic programs the financial boost they need right now. [Learn more.](#)

All Passes include:

- Full access to live regular season and post-season sporting events.
- Immediate access to events when they are available On Demand.
- Support for participating school's programs.

My Schools

LIVE	UPCOMING	ON DEMAND
<div> Junior Varsity Girls Volleyball</div> <div> Away</div> <div> El Camino High School - South San Francisco</div> <div>Aug 25, 2022 7:00 PM EDT South San Francisco, ... Pub. by El Camino</div>	<div> Varsity Girls Volleyball</div> <div> Away</div> <div> El Camino High School - South San Francisco</div> <div>Aug 25, 2022 8:00 PM EDT South San Francisco, ... Pub. by El Camino</div>	<div> Junior Varsity Football</div> <div> El Camino High School - South San Francisco</div> <div> San Mateo High School</div> <div>Aug 26, 2022 7:00 PM EDT San Mateo, CA Pub. by San Mateo</div>

NFHS Network - Pixellot Camera System

Pixellot



Share Sample
Footage

New Athletic Booster's President:

Mrs. Ember Junio



Get
involved
in our
athletic
programs!



Please complete the interest form.
Use your camera to get to the link
using the QR code above!

?????
What are
Boosters
?????

Boosters play a role in providing student-athletes with a positive experience through their enthusiastic efforts. They can support teams and athletics departments through donations of time and financial resources which help student-athletes succeed on and off the playing field.

- Provided a donation in order to obtain season tickets for all sports at ECHS.
- Participated in or has been a member of an organization promoting ECHS athletics programs.
- Made financial contributions to the ECHS booster organization..
- Assisted in providing benefits to enrolled student athletes or their families.
- Been involved otherwise in promoting ECHS athletics.

ECHS ATHLETIC BOOSTER CLUB

PAST CONTRIBUTIONS

Funds for block letters, enabling about 100 students to receive their **athletic blocks** / Recognition for **Senior** Athlete Night

New, larger snack shack at **Colt Field**

Refurbished **trophy case** and repair for broken trophies in the gym

Visors, pants and helmets for **softball team**

Funds towards uniforms, pull-up bars, resistance bands for **wrestling team** / Gymnasium Spotlight - also used for other gym activities (rallies, etc.)

New training equipment, uniforms and warm-ups for our **boys soccer team** / 20 Soccer Balls for **ladies soccer team**

New parka jackets, kickboards, line/cable and flags for the **swim team**

Practice mats for **cheerleading team**

Jerseys for the **ladies basketball team** / Vertical Jump Challenger girls & **boys basketball team**

New balls for **boys & girls tennis teams**/ 12 new golf bags for **boys & girls golf teams**

Warm up uniforms for **track team** / Seiko stopwatch / printer for **cross country team**

Nail drag and Drag mat for **baseball team**

Vertical Precision setter trainer for **volleyball team**

FALL COACHES

Girls Volleyball -	Coach Apollo Madayag	amadayag@ssfusd.org
Girls Tennis -	Coach Kevin Wu	kwu88@live.com
Girls Golf -	Coach Abraham Espiritu	abrahamespiritujr@gmail.com
Cross Country -	Coach Amber Valenzuela	a_valenzuela@ssfusd.org
Football -	Coach Rustin Mayorga	rustin_mayorga@ssfusd.org
Cheer -	Coach Jenn Spigno	coach_js@sbcglobal.net

Link to the entire ECHS Coaching Staff (Fall, Winter, & Spring):

https://docs.google.com/document/d/e/2PACX-1vQ3iAGYRkgZREH4cpXpil8a3LLuiA3fNct8uOd-PnXEL2Ox_IJAAaLYOResTfskAfrVvspqXfM77DwZ/pub